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# The Bates Student

THE VOICE OF BATES COLLEGE SINCE 1873

WEDNESDAY November 15, 2017

Vol. 148, Issue. 7

Lewiston, Maine

## FORUM

Korbin Houston '18 gives the inside scoop on black activism on campus.



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## ARTS & LEISURE

Ariel Abonizio '20 lauds Nate Stephenson '18's thesis performance, *Diary of a Madman*.



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## SPORTS

Kerry Manuel '21 speaks to Billy Lahart '21 about his experience with the men's basketball team.



See Page 7

## Counseling and Psychological Services Reveals Changes to Infrastructure



CAPS is open to all who need it. JAMES MACDONALD/THE BATES STUDENT

MADELINE POLKINGHORN  
STAFF WRITER

As the academic demands continue to spike throughout the course of the school year, there is an undeniably palpable sense of anxiety pervading the campus. Bates students stand at the unique intersection of being members of a rigorous, famed academic community while simultaneously joining the most anxiety-ridden generation, statistically speaking.

Thus, prioritizing the mental health of students has never been as crucial and material to greater student safety as it is now. One of Bates' most indispensable student services, the Office of Counseling and Psychological Services (CAPS), has recently undergone a series of substantial structural changes to its operating systems and leadership board.

I spoke with Doctor Aileen Park, who was appointed as the new Director for the Office in September, to learn more about these developments. Dr. Park was previously

employed at Bowdoin College, where she served as Associate Director for the college's counseling services.

Firstly, Dr. Park walked through the appointment making process, among the new operating procedures CAPS has adopted. Appointments can be made over the phone, in person, or via email correspondence. By employing three full time mental health professional staff, the office's administration aims to keep slots open so that no student will have to wait longer than a week or a week and a half to make a non-urgent appointment.

In a similar vein, Dr. Park told me that the office conducts an "emergency hour" during weekdays at 3:00 p.m. "This hour is reserved for when students are experiencing an urgent mental health issue or crisis, and need to be seen on a same day basis. The front desk has a screening form that a student can fill out to help make a decision if the emergency hour is right for them."

See CAPS, PAGE 4

## Inside Forum:

# LePage vs. Medicaid Expansion

SARAH MCCARTHY  
ASSISTANT FORUM EDITOR

Last Tuesday, Maine voters overwhelmingly approved Medicaid expansion in the state. It is estimated that, as a result of the passing of this referendum, over 80,000 additional Mainers will qualify for Medicaid under the Affordable Care Act (ACA). The health law allows states to decide whether or not to give Medicaid eligibility to any citizen with an income of up to 138 percent of the poverty level.

Although Maine is not the first state to expand eligibility for this program, it is the first state in which this referendum was passed by the voters. Advocacy groups argued that expansion would not only allow for greater coverage, but would also reverse infrastructure in rural parts of the state and even create new jobs. Even despite the astounding support for the referendum, and its passing

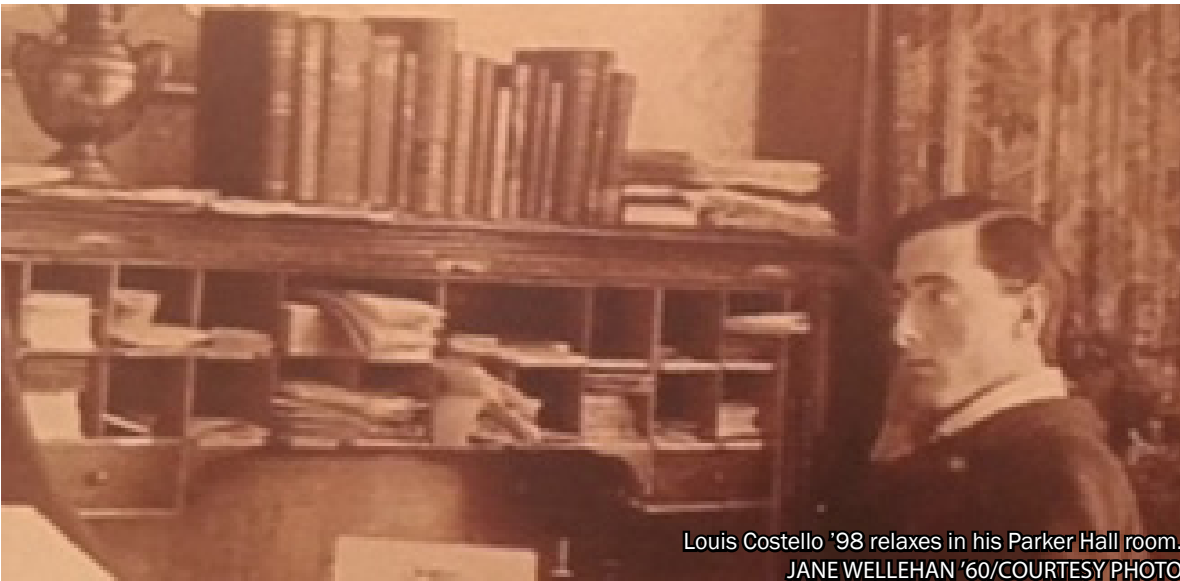
by voters, Maine Governor Paul LePage continues to vehemently oppose health care expansion.

According to an article in *The New York Times*, before the vote had even occurred, LePage said the expansion would burden taxpayers. He described it as a form of welfare. LePage also argued in an audio address that "free" healthcare is actually very expensive, but someone else pays for it.

Before the issue was brought to the voters, LePage had vetoed Medicaid expansion bills five times. He claims that the expansion would cost \$63 million (an estimate created by the Maine Department of Health and Human Services) and refuses to look into or even consider the estimate that was conducted by the state's Office of Fiscal and Program Review, which is independent, and was put in place to advise the Maine legislature.

See LEPAGE, PAGE 3

## Inside Arts & Leisure: Bates Is a Family Tradition



Louis Costello '98 relaxes in his Parker Hall room. JANE WELLEHAN '60/COURTESY PHOTO

JANE WELLEHAN '60  
CONTRIBUTING WRITER

I arrive on campus and see the tremendous changes from when I lived at 97 Bardwell Street, now the home of a faculty member. I used to run up the street to visit my grandparents, Louis and Sadie Brackett Costello, at 45 Campus Avenue, which is now a parking lot. It brings back memories of my grandparents, my childhood, and Bates.

I remember looking over to the campus from my grandparent's fabulous front porch. I watched gatherings for graduations and homecoming weekend, but for me, across the street to the campus seemed a world of its own. Little did I know that I would grow to appreciate my grandfather's deep love for and involvement with Bates; little did I know that I would one day be a student and Bates alumna, and come to love Bates myself.

Louis Costello and Sadie Brackett met at Bates when they entered the class of 1898. Louis was from Wells and Sadie from Phillips, ME. They began their newspaper careers at Bates by working for *The Student*. He told his friend Charlie that



Sadie Brackett '1898. JANE WELLEHAN '60/COURTESY PHOTO

"Sadie is the brightest and most prominent of the '98 girls." After working closely together for two years, Louis confessed his love. Sadie told him she would "entertain that idea," and their love blossomed.

Louis was the Business Manager his junior and senior year, as well as class of '98 Student Council President. He roomed in Parker Hall.

Sadie was a contributing writer and board member. They were very active members of their class and their love for the school and participation in its activities continued for the rest of their lives.

Louis and Sadie were married in 1900 and very soon after became involved with the *Lewiston Daily Sun*. Louis was the Business manager and Sadie was the Women's Editorial Writer. They had two children, Russell and Louise. Sadie continued to write for the paper for many years. Louis would eventually own and run the paper until his death in 1959. Louis was elected to the Bates Board of Trustees in 1916 and awarded an Honorary Doctor of Law from Bates in 1952.

See FAMILY, PAGE 6

## Taking No Waste November by Storm

EMMA SOLER  
CONTRIBUTING WRITER

November is a magical month. Leaves fall to the ground, providing a lovely crunch with each step. Morning walks to Commons are characterized by cool air and bright sunlight. And as Thanksgiving break quickly approaches, Bates students, staff, and faculty alike are delighted.

But November offers us more than just exquisite weather and some much-needed time off. It also

provides us with an opportunity to examine what we waste and why we waste it. So, in honor of No Waste November, I took to Commons to ask Bates students how and why they reduce their food waste.

Beanie O'Shea '18 said that she takes her time choosing what to eat at meals; that way, she can be sure she wants to eat everything she puts on her plate. "I take a lot of laps before deciding. A lot," she said. "I also use smaller plates, so I can't fit as much." According to O'Shea,

reducing our individual food waste helps us to be aware of how lucky we are.

"At Bates, we're very fortunate with what we can have access to in terms of food. [Reducing food waste] is one of the things we can do to address not only environmental issues, but also to address our privilege and to really think about what it means to have access to so much," she said.

See WASTE, PAGE 4

## Inside Sports: SAAC Initiates Community Projects



Vanitel Elizabeth Duncan '10 of American Red Cross accepts \$1,311.14 check from SAAC on November 10, 2017. PHYLLIS GRABER JENSEN/BATES COLLEGE

SARAH ROTHMANN  
MANAGING SPORTS EDITOR

Varsity, club, and intramural sports are a tremendous aspect of a student-athlete's experience at Bates. Although participating in competitions and attending regular practices are a significant part of these athletics programs, as student athletes, it is also important to always consider one's role in the classroom and the community. To help with this, Bates, along with every other school in the NESCAC conference, has a

Student Athlete Advisory Committee (SAAC).

According to its mission statement, "SAAC promotes and maintains among the Bates College student-athletes good sportsmanship, academic excellence, and involvement in the campus and local community....SAAC representatives meet directly with the Director of Athletics and the SAAC Advisor on a regular basis and through that interaction, positively impact the general administration of the athletics program to the benefit of the intercollegiate sports participants."

"My interactions with the SAAC have been extremely positive," Jason Fein, Bates' new Athletic Director, says. "We had a great first meeting where we talked about the direction of the program and the committee. I believe that we need to empower our students to affect positive change in our community. As the administrators, we are here to support their vision for the committee and their ideas for fundraisers, charity events, and building activities are excellent."

See SAAC, PAGE 8



# Mainers Say No to Casino in York

**WILL HIBBITTS**  
CONTRIBUTING WRITER

Last Tuesday, Mainers rejected a ballot measure by a margin of 83 to 17 percent, that would have allowed multimillionaire Shawn Scott, an executive of Northern Mariana Islands-based Bridge Capital, a license to operate a casino in York County. The corporate-funded campaign for this casino promised jobs and benefits education through tax revenue provided by the casino's operations.

Surely we all favor more educational opportunities for students, and the rights of our neighbors to earn a decent living. But there was a reason Mainers overwhelmingly rejected this proposal. Many saw through it and recognized that it was clearly a ploy by Scott to expand his profits.

But even if a casino license in York County were to be sold through an auction, it would have negative consequences for working-class Mainers. Let's think of the demographics of those who gamble in general. These people aren't necessarily the one percent. In fact, Politifact reported that people with incomes of \$35,000 to \$100,000 per annum are people who are most

likely to visit casinos, and those with incomes less than \$35,000 a year are more likely to be gambling addicts than those in other social classes. And in my own experience, the only time I've ever heard adults seriously talking about playing the lottery was when I had a summer job in Pittsburgh. The reason they wanted to play the lottery was quite clear to me, they wanted a better deal in life than to work eight hours a day not getting paid very well.

Some might say that the casino might afford people the opportunity to increase their standard of living if they win. That is only true for an extremely small minority of cases. The vast majority of working class people lose significant amounts of money when they play at the casino. And where does this money go? Into the casino's profits.

Now it's this profit that would be taxed by the state. The cash obtained from working-class people would have funded things like better education. Therefore it should be plain to all that casinos and lotteries are taxes, taxes that are levied on the wrong people.

We want better education, we want better infrastructure, we want Medicaid expansion. But, of course, we have to pay for these things. A

casino is not the only option Mainers have. It's possible to get this essential funding by taxing the top one percent so working-class people don't lose money that they might need in the future on a slot machine.

But we will have to go farther than that. We must ask ourselves this question: why do people feel the need to waste their money on casinos and the lottery? We live in a money-obsessed society. In the United States, economic mobility is overestimated by many Americans, making it hard for working people to significantly increase their income in their everyday lives. This is what drives people to casinos, to give them a better hand in life. In addition to that, the economic system that we live under incentivizes employers to keep wages and salaries as low as possible to increase profitability. This leads to people coming under economic stress, which helps to explain the frequency of gambling addiction.

If we want to make sure that nobody feels the need to buy a lottery ticket or to set foot in a casino, we need to create a new economic system that is based on meeting the needs of people, not profit.

# What Can Angry Black Kids Get Done?

*Student Activism Series: Part I*

**KORBIN HOUSTON**  
CONTRIBUTING WRITER

Fall of 2015 was a wonderful time for angry black college students.

It started with the angry kids at Mizzou, and then their corruptive influence spread to college campuses across the nation. There were angry black kids at Columbia, angry black kids at Yale, angry black kids at Oberlin, angry black kids at Dartmouth, and angry black kids at many more collegiate institutions. Then there was us angry black kids here at Bates. The 2015-2016 academic year became a scene in which groups of ungrateful black kids across the nation were whining to their institutions that they were tired of this and in need of that from their already giving and supporting institutions.

Never heard of that here at Bates? There are some pretty probable reasons why you may not have been aware of students of color organizing on this campus. First, our demand list was not published until Short Term of 2016, versus other schools publishing and gaining mass attention from theirs during the Fall of 2015.

We also have had relative cooperation with administration,

so there has not been much need for escalation to get demands met unlike some of the institutions you may have seen in protest during the Fall of 2015.

We also had the impression to some that we were not inclusive being that our group was majority black. (Trust me, even though the group has been majority black, there have been other ethnicities/races involved with the group. Not as much as we would have wanted, but that is a conversation for another time why that has not been the case). The group has also been pretty low key, especially in the beginning, due to how we organize and function as a group.

So what can angry black kids accomplish in all of our whining? Here are some of our successes:

- Getting the institution to think critically about diversity in the faculty and the curriculum.

- Getting more transportation help for students when traveling for breaks (with this being reworked due to the new Concord Coach service on campus).

- Successfully advocating for the increase of student wages from \$7.75, \$8.00, and \$8.25 (the previous A,B,C rates) to \$8.10, \$8.40, and \$8.60, before the Maine minimum wage went up to \$9.00, affecting a majority of students' pay

rates on campus

- Advocating for students who have to stay on campus for breaks which resulted in the Break at Bates fund which helps provide money and access to space for students to have programming over break (this came out of wanting the college to provide a meal plan for break—a request that was basically shot down)

- Advocating for and having an OIE review conducted, to address the concerns students had about the functioning and programming coming from the OIE (the review was completed this past winter semester and Short Term)

In terms of what we have been doing now, the group, The Concerned Students of Color at Bates College, with the Bates+Who? Coalition have been addressing the follow-up issues that we have had with getting our original demands met (which you can see through the online *Bates Student*), and dealing with the accountability of the incident with Security that occurred during this past Short Term.

If you have questions or would like to get involved, please email us at [batesoc@gmail.com](mailto:batesoc@gmail.com). Also keep on the lookout for coming articles going into more detail about past and present student activism on campus, and other topics as well.

# The Real World in Finance after Liberal Arts

**QUINN GARDNER**  
CONTRIBUTING WRITER

Getting a job after college is something most competent seniors can manage. Getting a good job after college, however, can prove far more challenging.

I will begin with my sophomore year experience of interviewing. I knew very little of the job world but, as a young economics major, I knew I wanted to enter the finance world.

Learning that a sophomore year internship is hard to come by, I decided the best route was to email everyone my parents knew in the finance world. I ended up using a personal connection through my brother's ex-girlfriend's dad. And yes, I know, it was a convoluted way to find a job. But he worked for UBS Financial Services in a Wealth Management office. Fancy words for managing wealthy people's money and making money on fees. You might think, "great — a foot in the door at UBS, you will now have a long career there." False.

My junior year, I decided that I wanted to do investment banking (IB). I taught myself finance and networked all summer. I interviewed at UBS IB, Barclays IB, and a few smaller shops. I was asked bizarre questions, none having to do with finance.

I will list a few to give you a taste of what you can be prepared to answer if you decide to interview for an investment banking position: "How many lawn mowers are sold in the U.S. each year?" (Fidelity AM), "You are walking in the woods, and see two paths, one paved, one not. Which do you choose and why?" (UBS IB), "Square root of 456." (Citi S&T), "If I gave you the dollar amount for each numerical value on a die. And I rolled it once. How much would you pay me to play that game and why?" (Goldman IB).

But each time I received the "I

regret to inform you," call. I decided that maybe my liberal arts degree and UBS internship was not enough for the big jobs. Or, maybe my personality sucked.

But, either way, I moved on, looking for the next thing. I found a connection at Fidelity in an Audit department. And yes, I know what you are thinking — Audit sounds boring. But Fidelity sounds exciting. I accepted, and all summer I worked on trying to figure out where I can work senior year. I have since interviewed at Citi for Sales and Trading, denied, and most recently Goldman Sachs investment banking.

It ll boiled down to stepping away from these large names.

Each firm wants you to have your life story in line with working at their firm. They want a pledge of loyalty. Each subsequent interview I improved, but never understood how I could tell them 100 percent this is the role I want.

Liberal arts schools place you in a bubble of the world. But, if someone hasn't, I will be the first in telling you that the world is not accommodative of your needs. It is about everyone else's needs.

My advice to anyone beginning college: start earlier than you think is reasonable, and don't take anything personally. Even getting a final round of Goldman means you are in the four percent of applications they receive each year. And, most importantly, when you get your rejection letter, put it up on the wall, and move on to the next one.

I urge you to beat the number I currently have. And, my advice to employers: don't ask questions like, "write me a sentence with every letter in the alphabet." (UBS IB).

Instead, get to know the next generation of your firm. After receiving an offer from Goldman, I have learned that every rejection makes you better.



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# Lewiston Mayoral Race: Runoff Edition

MADDY SMITH & KAT CABRAL  
CONTRIBUTING WRITERS

Following Election Day, Lewiston’s mayoral race will now be pushed into a head-to-head runoff between the two top candidates, Ben Chin and Shane Bouchard.

Last Tuesday, Bates alumnus Ben Chin received the most votes of all the candidates in the five-way mayoral race. According to the Sun Journal, Chin reigned in 4,239 votes, which amounts to 41 percent of total votes. Due to the Lewiston City Charter, which states that a candidate must win at least 50 percent of the vote to be determined the winner of a mayoral race, the two candidates that received the most votes will be facing off one more time. Chin will be running against Shane Bouchard, who captured 29 percent of the total vote. This runoff election is a chance to elect an official that will truly work to better the Lewiston Community!

Ben Chin’s platform is devoted to making sure that all Lewiston residents have access to basic necessities and services.

One great example of this is Chin’s Belonging Agenda: an initiative that will tackle Maine’s opioid epidemic, and other substance abuse disorders, from a public health perspective. This will help more people receive the care they need in order to move forward, and give back to their community.

In addition to topics like affordable housing and inclusivity to all

Lewiston residents, Ben Chin will also work towards tax fairness for seniors, landlords, and homeowners. This is especially important in Lewiston because, over the past eight years, property taxes have increased substantially as a result of three major statewide tax breaks for the wealthy. Lewiston is just one of many cases where trickle-down economics has negatively impacted working communities.

Chin’s opponent, Shane Bouchard, is a conservative who will uphold this unfair tax system ensuring that the rich keep getting richer, while the poor keep getting poorer.

But worse, he has been blatantly lying about Ben Chin while knocking on doors and trying to garner more of the vote.

Chin says, “from the feedback I’ve heard from supporters at the door, it seems like Bouchard has been telling folks I brought the Somali community to Lewiston - which is such a ridiculous statement on so many levels that I don’t know where to begin.”

Bouchard’s motives for attempting to spread this lie carry strong undercurrents of racism and xenophobia. Bouchard, who has been compared to Trump by many, has mysteriously omitted any discussion of Lewiston’s sizeable Somali community from his platform.

Bouchard claims that those who want to end divisiveness (whether it’s the income gap between the wealthy and the poor, or the Somali community that is adapting to life in Lewiston) are “simply projecting

a false narrative to stand on higher ground.”

Here, Bouchard not only ignores the immense difficulties faced by Lewiston’s Somali community, but denounces those who are trying to make things better for immigrants in Lewiston. Safe to say, if Bouchard is elected Mayor, Lewiston’s Somali community will suffer.


While Ben Chin, a 2007 Bates graduate, did not bring the Somali community to Lewiston, he is currently working to help them, and in doing so he is helping Lewiston as a whole. Chin is taking a stand against Bouchard’s anti-immigrant views.

He says, “My goal is to work off the broad consensus I think we’ve established. We need to make sure everyone can learn English, find good jobs, and become citizens. The only people against us are the haters, and there’s only so long we can let them hold us back.”


While Chin has run a clean campaign, his opponent has been spreading lies about him. And, according to WGME News, he had roughly one thousand dollars worth of picket signs stolen. However, these tactics cannot stop your vote!

Now more than ever, your vote counts! For this runoff, early voting has already begun, and the official election day is December 12 with Longley Elementary School as your polling place. In this head-to-head fight, the margins will be extremely close. Be sure to make your voice heard.

## BatesRates

 Thanksgiving break is on its way.

A.K.A. thesis crunch time for seniors.

 The weather is getting colder.

We finally got snow, but that means we also got ice...

## LEPAGE

CONTINUED FROM PAGE 1

Since the passing of this referendum, LePage has continuously vowed to not enact the expansion. He is firmly against allowing impoverished people to have access to health care because they are “able-bodied.”

The one problem is, he doesn’t actually have the authority to veto or block the bill, the most he could do would be to slow down its implementation.

If the bill were to be stopped, it would have to be done by the Maine Congress, who are unlikely to interfere based on their past support of health care reform. The cornerstone of LePage’s argument against expansion is that it is fiscally irresponsible and will be detrimental for the state’s budget.

As a tea party Republican, he stated that he would not raise taxes in order to fund this bill and has urged members of the Maine legis-

lature to find large sums of money to make this possible.

LePage has reached his term limit. He only has one year left in office. Still, he should listen to what the people of his state want.

Other prominent members of the Maine legislature have urged him to pass the bill, even the Republican Senate President Michael Thibodeau. Thibodeau argued that the people have shown what they want and now it is up to the legislature to find and make the means to allow more Mainers access to health care. Part of what makes democracy, especially local democracy, so powerful is the voice of the average citizen.

If LePage does not listen to what the people of his state clearly want, he not only has failed to serve his constituents, but has also fundamentally violated the legislative process our nation was founded upon.

# Question on the Quad

## What’s your favorite Commons meal?

*“Chicken parmesan.”*  
–Erick Gredonia ’21



*“General Tso’s chicken.”*  
–Kyle Crans ’20



*“Taco bar.”*  
–Matt Goldberg ’18  
*“Hashbrowns on Wednesdays.”*  
–Sylvie Tuchman ’19





# Medicaid Passes and Bates Responds



CHRIS HASSAN  
MANAGING NEWS EDITOR

The past several months on campus have been abuzz with talk of local Maine elections and get-out-the-vote initiatives. On November 7, Bates students and Maine residents rushed to the polls to vote on the local mayoral election, an initiative to merge Lewiston and Auburn into one city, along with other statewide initiatives.

One of the most significant statewide ballot initiatives, which was ultimately passed, was Question 2, titled “Medicaid Expansion Initiative.” Since being approved by the electorate, this measure will “require the state to provide Medicaid through MaineCare for persons under the age of 65 and with incomes equal to or below 138 percent of the federal poverty line,” according to Ballotpedia.

*The New York Times* reports that this initiative will make over 70,000 Mainers eligible for Medicaid and will specifically help hospitals and patients in rural areas of the state. Maine is the first state where the expansion of Medicaid was decided by a referendum vote and not by legislators or governors. The success of the ballot question is particu-

larly pertinent given the ongoing efforts of Republicans and the Trump Administration to repeal and/or replace the Affordable Care Act.

According to the *Sun Journal*, the ballot question received a comfortable majority of nearly 60 percent, yet there is reason to believe its implementation may be stagnant. Governor Paul LePage, who spoke against the initiative from the beginning, immediately said he would not implement Medicaid expansion until it received full funding from the Legislature. This statement has prompted Democrats in the Legislature that they will tirelessly fight any obstruction to implementing the referendum. Republicans in the Legislature, meanwhile, have stated that they will respect the decision of the voters but will neither increase taxes nor dip into Maine’s rainy day funds to pay for the initiative.

According to the *Beacon*, it was Governor LePage’s vetoes on past health care legislation that prompted Mainers for Health Care, the organization who spearheaded the “Yes on Question 2” campaign, to go out and collect signatures to put the question of Medicaid to a popular vote.

Here at Bates, many students and faculty alike have had mixed reactions to seeing this initiative passed. Megan Currie ’19, President

of the Bates College Democrats, said it “was heartening to see Question 2 pass so convincingly on Election Day this year. Medicaid expansion is an important step forward, and it is particularly exciting to know that Bates students were able to have a voice in this decision.”

James Erwin ’18, president of the Bates College Republicans, was much more skeptical. According to Erwin, “medicaid expansion fifteen years ago resulted in a succession of budgetary crises, mounting hospital debts, and stop-gap measures such as selling the state liquor industry or consolidating Maine schools to find money to pay for it. The number of uninsured people in Maine barely declined at all... The State of Maine has been struggling economically and demographically for years; we simply do not have the money for this.”

Among Bates faculty, I spoke to Peggy Rotundo, Director of Strategic and Policy Initiatives at the Harvard Center, who was ecstatic to see Question 2 passed. Rotundo shared with me a letter she penned to the *Sun Journal* on November 1 to express her support for the soon-to-be-passed ballot question.

During her sixteen years serving in the Maine state Legislature, she heard stories about people without health care that haunt her to this day: “the working woman in her 50s that was diagnosed with cancer, but had no insurance; the student who lost her insurance and couldn’t continue with her college education without the drugs necessary to treat her mental illness... The list goes on and on.”

For now, we must wait to see how the politics play out. For those interested in local elections, Lewiston is having a runoff mayoral election on December 12 between candidates Ben Chin and Shane Bouchard. Early voting at Lewiston City Hall has already begun.

# Student Non-Profit Work this Summer Makes a Long Term Difference

MATT MORRIS  
ASSISTANT NEWS EDITOR

On Thursday November 9, three Bates students shared their experiences interning with non-profit organizations this summer. The three students, Kiernan Majerus-Collins ’18, Julia Mehl ’19, and Joe Tulip ’18, each had internships in very different fields, ranging from public policy to history to dentistry.

Mehl gave the first presentation of the session, which focused on her work for the non-profit Beyond Housing, based in her hometown of St. Louis, Missouri. As part of her internship, Mehl worked on several voter registration drives in neighborhoods in northern St. Louis.

Mehl’s project was a part of a larger initiative by Beyond Housing to improve these neighborhoods. Some of the other projects that the non-profit worked on included building a health clinic, a movie theatre, and a senior center that employed residents of the local community. Mehl was particularly excited to work for Beyond Housing because she grew up in St. Louis and liked the idea of working for her city.

“[The internship] was a great opportunity to go home and give back

to my community,” said Mehl in her presentation.

Up next was Tulip, who worked in Washington County, Maine with Maine Mobile Health. As part of his work for the non-profit, Tulip examined the oral health of the children of migrant farm workers. The non-profit provided examinations for these children and also worked to educate families about proper oral hygiene. Though it was often hard to provide this service for a population constantly on the move, Tulip was able to make a major impact for many children.

Since returning to Bates, Tulip has been able to parlay his experience this summer into his senior thesis, which involves doing similar work in the Lewiston community. Tulip felt that dentistry and oral health, while often underappreciated, is nonetheless very important.

“It’s important to talk about creating a preventative culture with dentistry,” he said.

The final presentation was done by Majerus-Collins, who interned with the Frances Perkins Center in Damariscotta, Maine. The Frances Perkins Center is an educational facility focused on the work of Frances Perkins, who was the Secretary of Labor under Franklin Delano Roo-

sevelt and the first female member of the United States Cabinet. As Secretary of Labor, Perkins helped to spearhead several important pieces of legislation that are still in place today, such as bans on child labor.

As an intern at the Frances Perkins Center, Majerus-Collins mostly greeted, talked to, and educated tourists who came into the center with limited or no knowledge of Perkins’ life. As a current History major at Bates, Majerus-Collins felt that it was a privilege to get to work for a history related non-profit, something he wasn’t sure would be possible.

“[The internship] was a great opportunity that connected to my major and extra-curricular interests. I even made some money, which I’m probably going to spend at the Den,” he said jokingly.

The presentation was a part of a series put on by the Harwood Center that was meant to highlight the work students have done this summer through Bates’ Purposeful Work Initiative. Friday’s presentation was the last in the series for the semester.

While the non-profit work that Majerus-Collins, Mehl, and Tulip each did this summer varied greatly, every one of them was able to make a lasting, positive impact.

## CAPS

CONTINUED FROM PAGE 1

One of the largest overhauls recently conducted by the center is the new ProtoCall program, put into practice last winter, which aims to provide psychological and counseling services to students when the main CAPS services are closed or otherwise not operating.

“ProtoCall counselors,” started Park, “are licensed, trained, and supervised mental health professionals who specialize in crisis phone support for many college campuses and other organizations across the country. CAPS collaborated closely with ProtoCall so that they are attuned to specifics of the Bates community.”

ProtoCall provides a two-fold value to the Bates community: firstly, it allows discreet psychological counseling to students in need, who

may find it daunting to approach the CAPS office in person. Secondly, it serves as a tremendously useful service to the college’s Residence Life staff, who may contact a ProtoCall counselor if they are concerned about the mental health or welfare of a student.

Dr. Park is dedicated to employing her expertise in the fields of psychology to ensure that Bates is fully equipped to address every possible concern regarding the mental health of its students. “We make any and all changes in order to best serve the Bates student community, in as efficient and helpful way as is possible with the staffing and resources CAPS currently has.” Dr. Park also indicated that she has plans for more changes in the future to further develop the office’s outreach.

# Colombia’s Future Told through Journalism

CHRISTINA PERRONE  
ASSISTANT NEWS EDITOR

Photojournalist Christian Escobar Mora came to Bates on November 9 to present his work covering Colombia’s five decade-long internal conflict.

Escobar Mora was born in the capital, Bogota, and has been published in publications such as *National Geographic*, *The New York Times*, and *The Los Angeles Times*.

The Colombian conflict is anything but simple. It has involved indigenous people, farmers who grow coca plants, left-wing guerrilla groups, right-wing paramilitary groups, and the Colombian military and government.

“I really think that it’s important, as a photojournalist, that I can talk with people about the conflict in Colombia. Today in the morning, an older woman asked me, ‘Why do you come back to Colombia if it has all this conflict?’” Escobar Mora responded, “‘Because of my wife, because of my country, and because it is the most important thing for me to talk about the conflict and show the conflict to people who think the war is at an end.’”

“In 2012,” he continued, “Colombia was in the midst of a very deep conflict. After the 1990s when all the drug cartels lead by Pablo Escobar were upturned, towns and cities were continually attacked by all kinds of groups. There was a lot of poverty, a lot of need.” He then showed a photo of a woman with an ectopic pregnancy. The hospital took 70 days to come to her aid, and while waiting, she died.

“FARC, the Revolutionary Armed Forces of Colombia, this year is 53 years old. It is the oldest guerrilla group in Latin America,” continued Escobar Mora flipping the photo slide. “This is a house damaged by a car bomb by the FARC, one and a half hours from my house.”

During their reign, FARC used car bombs, cylinder bombs, and other kinds of homemade explosives on the civilian population.

Some of the key players in the Colombian conflict are the farmers, according to Escobar Mora: “coca leaf growers are regular farmers who have regular farms. There are places in Colombia where you don’t pay with pesos or dollars, you pay with coca grams. So if you want a cup of coffee, you ask how many grams [of coca].”

A huge part of the conflict is

that no one can tell if someone else is indigenous, a guerrilla, a paramilitary member, or in the army.

“To the army, I’m a guerilla soldier, for the guerrillas I am a soldier, to the indigenous people I’m either a soldier or a guerilla soldier, and to my girlfriend, I’m perfect,” joked Escobar Mora.

The police and military are supposed to protect people in the town and surrounding areas, but in situations involving cocaine, those lines are so thin that the authorities and the outlaws are basically indistinguishable. Once the Colombian army changed their uniform, the guerrillas soon after put on the same attire, causing countless casualties due to confusion.

According to Escobar Mora, “you can buy military uniforms in stores and no one will ask you if you are member of the military.”

Next, Escobar Mora showed a slide of a woman whose house was burning behind her. The army had told Escobar Mora that they had burnt her house because they saw a guerrilla walk passed it. “Whenever the military comes to town, the FARC comes in with their homemade weapons to attack and end up killing civilians accidentally,” he elaborated.

The root of the conflict stems down to territorial disputes; farmers encroach the land of the indigenous people to grow drugs such as coca and marijuana.

“So the indigenous people say that the farmers own all the land and the farmers accuse the indigenous people that they have all the land and don’t use most of it. The indigenous people don’t like the farmers or the black people. The farmers like neither the indigenous people nor the black people. The black people don’t like the indigenous people or the farmers. The state doesn’t like anybody.”

When President Santos was re-elected in 2014, he started a strong campaign to initiate the peace process that came into effect in 2016. During the talks, some guerrilla leaders were killed and FARC continued to kill indigenous people. Eventually, FARC ordered a unilateral cease fire to celebrate the Christmas season.

However, Escobar Mora worries that the conflict is not over, as other guerrilla groups like the ELN (National Liberation Army) have recently sprung up.

For now, no one knows what the future will hold.

## WASTE

CONTINUED FROM PAGE 1

Bryce O’Brien ’20 and Celia Feal-Staub ’20 take multiple trips to get food in Commons rather than filling their entire plates on the first go. “You can always go up for more,” O’Brien tells.

According to O’Brien, sustainable habits can have positive economic impacts in the long term. “If students were consistent in cutting down on food waste, Bates would adjust the menu sizes and save a lot of money,” he said.

For Feal-Staub, reducing food waste is about using individual actions to affect collective change. She said that “if every individual person reduces their own food waste in Commons, Commons would then know better how much food to make at each meal. This would mean that Commons as a dining hall would make less food, which would make a bigger impact than any individual person.”

Maya Chessen ’21 says that she

cuts back on wasted food by testing out new foods in Commons before she serves herself large portions. “If I don’t know what something is or if I’ll like it, I’ll take a really small amount, so if I don’t want it I don’t throw out too much,” Chessen ’21 states.

According to Chessen ’21, extra food that isn’t composted is wasted, and subsequently hurts our planet. “It’s really important to reduce waste, not only because it’s bad for

Bates financially, but because it has really negative environmental impacts too,” she said.

Whether you choose to do laps before serving yourself, take multiple trips up to food stations, or start with small portions of new foods, your actions in Commons can have positive and important impacts. Reducing food waste doesn’t have to be hard. If every Bates student wasted just one ounce less per meal, Commons could save approximately

\$46,000 annually. That’s just two fewer chicken nuggets, three fewer French fries, or a third less of a slice of pizza.

So, during this No Waste November, consider cutting back on your food waste using simple strategies that can and will have complex, sweeping impacts.



# Diary of a Madman: From 1835 to 2017



Stephenson '18 poses next to his poster. JAMES MACDONALD/THE BATES STUDENT

**ARIEL ABONIZIO**  
ASSISTANT ARTS AND LEISURE  
EDITOR

*Diary of a Madman* was a show to remember. The performance happened from Thursday, November 9 through Tuesday, November 14 in the Black Box Theater; I was afraid tickets would be sold out completely, but I managed to sign my name for Saturday’s show waitlist. Prior to watching the thought-provoking show, I had already interviewed Nate Stephenson ’18; I knew what to expect. Having watched a couple other pieces of acting by Stephenson, I was sure the acting component of his senior thesis for the Theater Department would be phenomenal. Senior Lecturer in Theater Katalin Vecsey adapted and directed this show based on Nikolai Gogol’s short story from 1835, which bears the same iconic name, “Diary of a Madman.” As I walked in this one-man show, a pair of words from Stephenson’s previous interview echoed in my head: “visceral emotions.”

The original story portrays a working person that is driven insane. He works sharpening pencils in an office but has delusions of grandeur and ambition. After falling in love with his boss’s daughter, he goes progressively insane and ends up in an institution, believing he is the rightful heir to the Spanish throne.

As one can imagine, the writing, in diary-like format, is emotionally intense with unique character development. In the adaptation to theater, Stephenson plays “Everyman,” the only, though nameless, character physically in the show.

“It starts off with a guy that is pretty normal; he is a little odd, [...] but by the end of it he is a broken human being,” he summarized. Adapted to the 21<sup>st</sup> century, Stephenson is surrounded by 18 monitors that show dates, text, and images that bombard the audience with an extra input of information. On interview, Stephenson commented on the great timing of the show. With the recent political developments of the Catalanian movement for secession, *Diary of a Madman* was able to use real headlines on the monitors to bring the story to life. Adding further relevance to today’s world, the dates mentioned in the original story, such as Wednesday, October 4, happened to fall on Wednesday this year.

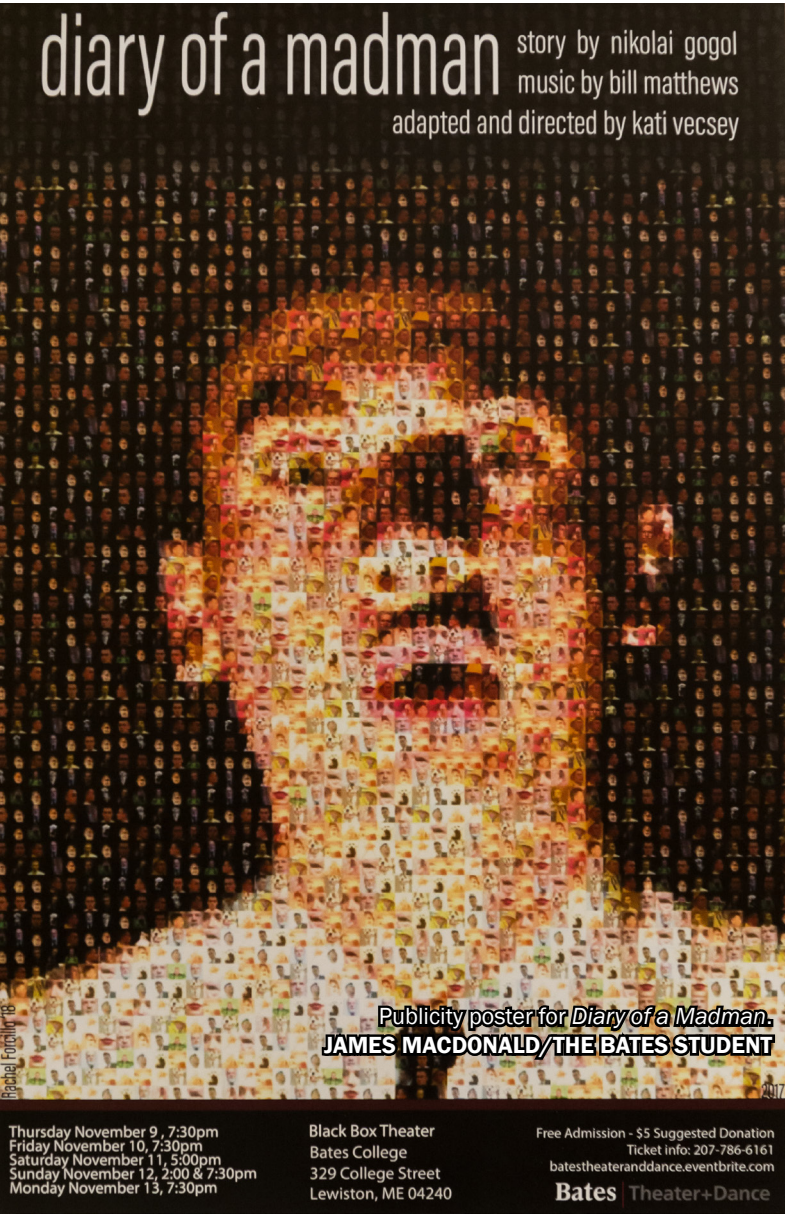
Stephenson spent six weeks in Moscow over the summer of 2017 with the Moscow Art Theatre, an organization founded by renowned director and actor Konstantin Stanislavski. During his 42 days in Russia, Stephenson saw 34 shows. He has been engaged in this show since February, when Vecsey extended an invitation to collaborate on this piece. The whole team’s preparation

and research was visible in the final product.

Stephenson’s acting is honestly fantastic, especially considering that he is alone on the stage for this hour-long show. Stephenson told me that having all the information for this one show without a partner to bounce off of was a long, but stimulating process. “Relating to the character personally was more difficult for me, because there really is no character. The idea is that something like this could happen to anyone,” Stephenson said. I was astonished to see his mastery; the lines, body score, and emotional intensity rise to what seems to be one of the most challenging pieces of acting I have seen at Bates.

Stephenson mentioned that this show is the closing of a cycle for him. “My first major role at Bates was as Mankind in this play called *The Castle of Perseverance*,” he mentioned citing the play from Winter Semester, 2015. Playing Everyman in his thesis performance, he finishes his theatrical tenure at Bates through again representing a universal condition.

It has been a pleasure for me to accompany, even if for only a couple of years, the development of Stephenson’s acting. For me, *Diary of a Madman* was a show of cycles, beautifully linking 1835 to 2017, and masterfully connecting an actor to his character.



Publicity poster for *Diary of a Madman*. JAMES MACDONALD/THE BATES STUDENT



Stephenson bows after his senior thesis performance. VICTORIA DOBBIN/THE BATES STUDENT

# Lil Yachty and Chaos in the Gray Cage

**TORY DOBBIN**  
ARTS AND LEISURE MANAGING  
EDITOR

A DJ’s thumping bass blares throughout the Gray Cage, I am gently swaying with the pulsating crowd; communication with friends becomes a game of lip-reading. Where am I? The Gray Cage before Bates’ Fall Concert performance, Lil Yachty.

As many of you know, this past weekend our campus hosted the 21-year-old rapper Miles Parks McCollum, famously known as Lil Yachty. Rocketed to fame after singing or featuring in songs such as “One Night,” “iSpy,” and “Broccoli,” Lil Yachty is best-known for his self-named style of “bubblegum trap.” Indeed, his tracks show the influence of the percussive musical staples found in trap music paired with sounds from animated children’s shows and gaming consoles, thus aptly fitting his style. His lyrics vary, often including references to drugs and sex; these themes are consistent with the trap style, though Lil Yachty also sings positive songs without explicit lyrics.

The process of bringing Lil Yachty campus began last spring when the Chase Hall Programming Board (CHPB) sent out their general interest survey regarding artists to bring for the fall concert. According to the CHPB co-presidents, over 700 Bates students proclaimed their interest in Lil Yachty. The organization had since worked diligently to bring the up-and-coming rapper to campus. Some of you may be wondering why a rap artist came to Maine; I have no answer to this, other than that CHPB must have



Lil Yachty performs in the Grey Cage. JAMES MACDONALD/THE BATES STUDENT

been very convincing in their attempts to adhere to students’ wishes.

The concert experience was similar to any other large concert: metal detector wands, security scanning QR codes, and long lines for restrooms. Tickets and event emails indicated that Lil Yachty would start his set around 9:00 p.m., however, at exactly 11:04p.m. the artist finally took to the stage.

The set itself was exactly what students expected; Lil Yachty sang through some hits such as “Minnesota,” “iSpy,” “One Night,” “Bro-

ccoli,” and “Peek A Boo.” Some of his stage crew or sound mixers seemed a little distracted, and my taller friend noted that one of them was on his phone. Regardless, Lil Yachty’s energy kept the performance going strong.

Interspersed throughout his set, he tried to get students and attendees to form circles, presumably for dancing. He would pause between songs and call for the crowded mosh pit before the stage to spread out into a large circle. I was standing towards the back, so I did not ever

see his goal come to fruition. What I did experience was an uncoordinated, drunken push away from the stage followed by several people shoving back towards the front each time Lil Yachty attempted to make his circles work. Towards the end of the concert, he gave up; maybe he finally figured out that drunk college students are not very good at following directions.

The set ended at around midnight, however, the fun continued for all concert goers with a Bates ID or friend with a Bates ID; Memorial

Commons hosted 50 or so pizzas (including gluten-free pizza) and a DJ until 2:00 a.m. Exhausted from trying to resist the rowdiness of the concert crowd and content with my concert-going experience, I grabbed a few slices before heading home for the night.

Looking back, I had a wonderful time Saturday night. This fall concert was a success in the books; even though I graduate this spring, I know that Bates will bring another student-centered performance to campus next fall.



# A Place at the Table: Hunger in the US

BRIA RIGGS  
STAFF WRITER

Although one of the richest nations in the world, the United States still suffers from chronic hunger. In fact, the US ranks worst in hunger among the world's most developed countries. But in this country, food shortages are not the issue, cyclical poverty is.

This the main message that *A Place at the Table* presents. The film screening, hosted by the EcoReps last Wednesday night, presented these issues in an emotional and captivating way. The documentary follows various stories of hunger around the U.S. such as Rosie, the middle schooler in in Colorado who depends on friends and community organizations for food; and Barbie, a single mom from Philadelphia who, despite her best efforts, has been unable to escape poverty and struggles to feed her children on a weekly basis. By following these personal stories, the film is able to provide its audience with a look inside the lives of the 49 million people who struggle with hunger in the United States.

Not only does this film highlight the fact that so many people living in this country struggle to feed themselves and their families

everyday, but more importantly, the film discusses the complex food systems behind that struggle. There is no shortage of food in the United States; in fact, 40 percent of our food grown for consumption is wasted every year. This is enough food to feed 25 million people who face hunger.

The issue that really causes hunger in this country is continual poverty and the intense difficulty many people face when trying to escape the cycle. Coupled with a lack of legal and federal action to support programs such as the Supplemental Nutrition Assistance Program (SNAP), previously known as food stamps, not only are people that face hunger in the United States unable to afford adequate amounts of food, they are also unable to acquire help from the government.

But what defines hunger? Even still, a large portion of the rhetoric surrounding hunger involves an image of a starving, bone-thin child in a foreign country. Something that is so important in order to understand the issue of hunger in the United States is making the connection between hunger and obesity in this country. *A Place at the Table* highlights this link well. The film discusses the messy systems that indirectly control the prices of food in

the United States. The United States Department of Agriculture (USDA) is responsible for both agriculture and food programs such as SNAP. Big business agriculture has a tight grip on this system and prevents legislation for better food programs, such as school breakfasts and lunches, from moving through congress.

What is more astonishing is that the current subsidy system supports products such as wheat, soy, and corn but not fruits and vegetables. Thus, people struggling to afford food choose more calories per dollar because it will last longer, but it will also have detrimental health effects. So even if you make enough to not qualify for the SNAP program, like Barbie in the film, the food that you are able to afford is not healthy.

*A Place at the Table* discusses a very hard topic, one that many United States politicians are afraid to speak about publicly. The film does so in such an informative yet emotional way as to draw the audience in and not only tell us why we should care about hunger in the United States, but also how it is so difficult to breakout of the hunger with the current system. By putting emphasis on the systematic issues, *A Place at the Table* helps its audience start rethinking what exactly it means to be hungry in the U.S.

## My Mother's Clothes Are Not My Mother Speaks the Truth About Letting Go

LUIS DAVID MOLINA RUEDA  
STAFF WRITER

Piling up a bunch of fancy clothes with plans to give them away to Goodwill's sounds like a very charitable deed. The struggle, however, begins when you need to make a choice about what you let go and what you don't. It is then that what you keep, whether it is clothes or not, triggers you to think of that past with your clothes and loved ones. Portland writer and educator Elizabeth Peavey comes to Lewiston this month to speak the truth about the inevitable circle of life, where the passing away of a mother can hit you hard.

Presented as a truthful comic solo piece written by Elizabeth Peavey herself and directed by Janet Mitchko, *My Mother's Clothes Are Not My Mother* won the 2013 Maine Literary Award for Best Drama. On Friday, November 10, I ventured off campus to experience this personal work firsthand. I was not disappointed.

Written and performed as a series of connected monologues that make up a one-woman show, Peavy's piece walks its audience through her childhood, teenage, and adult relationship with her mom, to finally come to the present day. At the core of the play, a task is left for Peavy: rummaging through her mother's clothes and possessions and sorting them. Possessions and material reveal themselves to be essential to Peavey, each superficial and superfluous piece of clothing a signifier for deeper emotions.

The clothes are only the trigger; the memories and history each piece of clothing represents the main action of the solo piece. Peavy takes us on a journey in which we meet her

mother, Shirley Peavey, without actually seeing her person onstage.

She talks about her mother in an ambivalent way; she hates on her as much as she remembers to love her. Words become harsh and, as she reflects on herself being the last child in the house for her parents, she bitterly remembers her parents telling her "they did the best they could" when they raised her. As Peavy's narration progresses, her mother goes from an independent "super senior" to a hard-to-excite "condo mom."

Peavey becomes then the parent to the mother that once parented her, and she starts to gain a better understanding of why her mom used to say "we did the best we could." Now, Peavey uses the same words her mom had used and realizes the difficulty of parenting the people that previously took care of you.

Though obviously more sympathetic to the Maine middle class population- for instance, she references places and situations 50-year-old local middle class audiences can best understand - the tone set by Peavey in her narration of a lifetime with her mother is often skeptical of its target audience.

As Peavey reminisces about her childhood, she starts singing Billy Murray's "A Man Without a Woman," a song that was taught to her as a child. It is in that song's lines, in which women are compared to silver dollars that go from man to man, that Peavey reveals her desire to criticize the middle class mannerisms and sexist customs of her childhood.

*My Mother's Clothes Are Not My Mother* will be running at The Public Theater through November 19. As days get colder on campus, a visit to the theater in Lewiston will help maintain that warmth of character.

## FAMILY

CONTINUED FROM PAGE 1

My name is Jane Costello Wellehan '60. My dad, Russell H. Costello '28, attended Bates for two years before transferring to MIT in Boston. Even though my parents lived down the street, I lived on campus when I transferred from Manhattanville College of the Sacred Heart my sophomore year. I felt it was the only way to really experience the school. My interest as an alumna is in the Bates College Museum of Art. We didn't have a museum building when I was there, so I was very excited when Bates built it.

The class of '60 was the first class to live in what is now known as Page Hall but we called it "Smurd" — I don't know why. We were the first class to jump into "The Puddle" and the last class to have The Mayoralty Campaign, a great tradition at Bates during Winter Carnival. The event got too rowdy, so it was stopped by the powers that be. The Blue Goose was a hangout for our class and I hear it is still a hangout now! Dancing to the jukebox and listening to the Platters was a favorite Saturday night event.

Although I graduated from Bates with an English Degree, the

classes that stayed with me and fed my soul were the two-year, four semester required courses of Cultural Heritage, which awakened my love for ancient cultures and religions, art and architecture. I loved studying Comparative Religions, too.

Two of my granddaughters, Bridget Ruff '18 and Amelia Damboise '21 are taking classes in some of the same buildings and walking on the same paths their great-great-grandparents did over 120 years ago! What an incredible tradition. Louis and Sadie would be proud of the articles that Bridget has written for *The Student* — harking back to when she sat in her room and wrote her own articles.

So much has changed at Bates, and yet at its core, much remains the same.

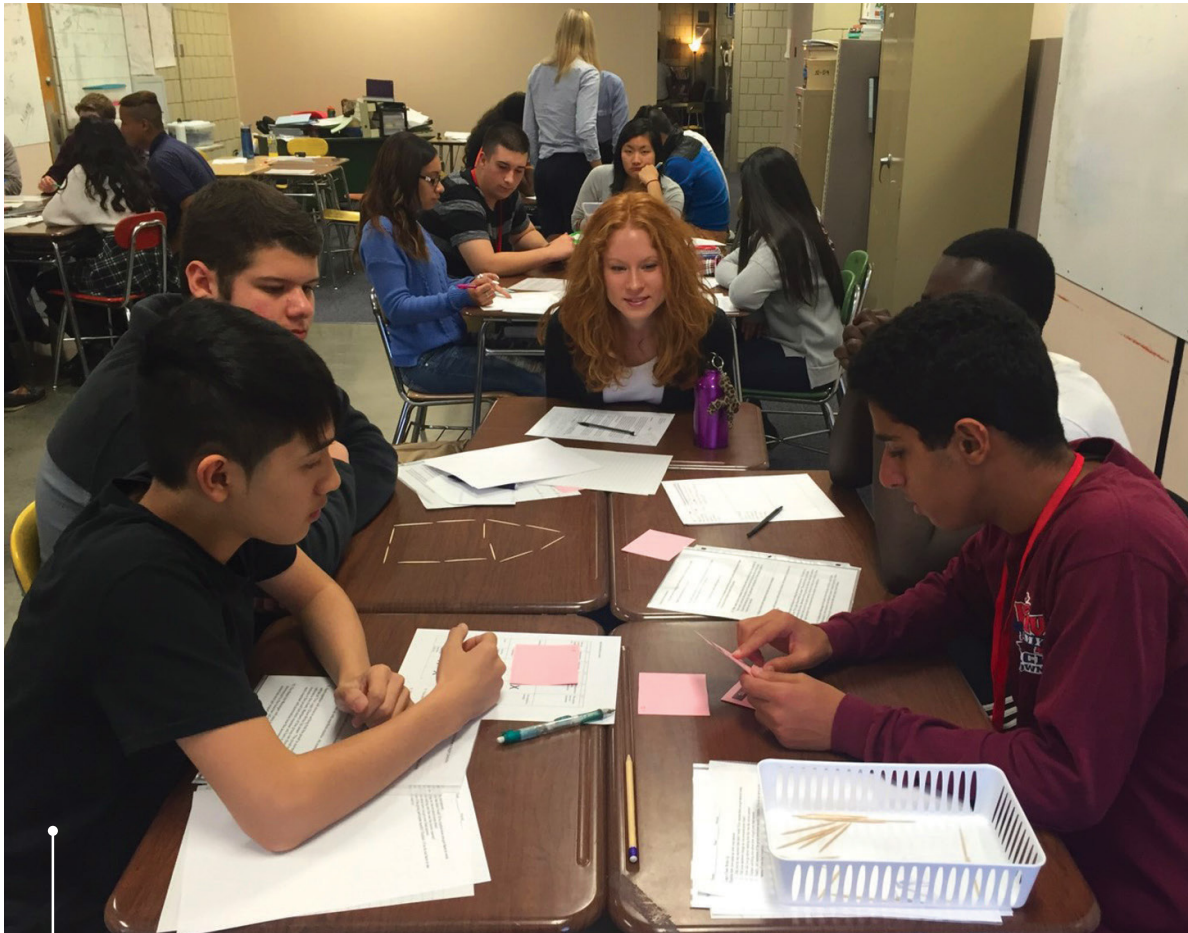
Sadie and Louis fell in love with Bates and each other as their minds were exposed to new ideas and professors, just as I was, and my two granddaughters have been and will be.

From my little corner of Campus Ave and Bardwell Street, my love for Bates and what I learned there enriched my life.



Louis Costello '1898 receives his Honorary Doctorate of Law from Bates' President Charles Phillips in 1952.  
JANE WELLEHAN '60/COURTESY PHOTO

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Men's Basketball

# Inside Men's Basketball 2017-18 Season Spoken by: Billy Lahart '21



Men's basketball team practices in Alumni Gym to get ready for upcoming season. SARAH DU PONT/THE BATES STUDENT

KERRY MANUEL  
CONTRIBUTING WRITER

I interviewed first-year Billy Lahart '21 from Franklin, MA on his experience thus far with the Bates men's basketball team.

*Q: How has college basketball been different than high school?*

A: The difference is in the professionalism. The guys on the team understand what it means to be productive and they come to practice with that attitude every day.

In college, presence of mind is so important. Margin for error is small. We practice like it is a game.

People talk a lot about the speed of the game, and that is certainly evident, but what I notice especially with this team is the level of talent and skill. This year we are heavily loaded with guards. We have guys who can shoot the lights out, and they will finish it. You see the ball go through the hoop a lot more than in high school. There is a jump in talent for sure.

*Q: What have you learned so far by being a part of this team?*

A: Nothing is given. We have a lot of talent and a lot of guys with natural ability but at same time these guys are up at 6:15 a.m. doing conditioning, giving 110 percent every practice...their desire to win is unwavering. Our unspoken mantra is: "iron sharpens iron." The only thing going to make a teammate better is another teammate giving his absolute best. First-years to seniors, our team is made of absolute grinders. I think we will surprise a lot of people.

*Q: If you could give advice to your*

*pre-college self, what would it be?*

A: The college process is just a naturally stressful process for everyone. The number one thing every good coach taught me is to trust the process. By struggling to find the right opportunity, I may not have savored the last few high school basketball games, practices and moments.

To high school Billy: live in moment and trust the process. If you keep working hard trust yourself, and the doors will open. When you walk through those doors and close them there's no looking back. I have closed those high school doors but when I look to the future, I couldn't be more excited.

*Q: What are your thoughts on the coaching staff?*

A: I think the effort they put in to coach the entire student athlete, not just on the court, is great. They care about coaching the whole person. Coach Furbush, Coach Verdell, and Coach Morin are clearly committed to helping make our experience at Bates the best it can possibly be. We are open to feedback and ready to learn. Just as a good grade is the goal in a class, a win is the goal in basketball.

Nick Beati '20 has also been awesome to have around. He is injured but has stepped in as a fourth "coach." He is a brother but also a great coach figure to have. We are lucky to have him. He is an unsung hero. He does the little things that make the biggest difference. It is a testament to the culture of this team.

*Q: Tell me about the first time you met the team.*

A: I did an overnight in the springtime and I stayed with two of

the guys. I got to meet a majority of the team and they were fantastic. It was a fun-loving group. This year, when we all got on campus, before I got a chance to properly introduce myself we were playing five-on five pickup. It was really getting thrown into the fire.

That was my first impression. Before even talking to them, I knew they were going to be hard workers. I could tell immediately without talking to them that these guys love being on the court. I met them formally after that.

*Q: What are you most looking forward to?*

A: The obvious answer would be winning, but really I am also just looking forward to spending time on the road with the boys and all the little moments that when you add them up will make the experience so sweet. The number one vision I have is of celebrating a NESCAC championship.

*Q: Tell me about your basketball career.*

I have had a unique high school basketball experience. Junior year I went to school in Florida, I returned to Massachusetts for senior year, then did a post grad year at Deerfield, and finally arrived at Bates.

The reason I am so grateful for the opportunity to be at Bates and to be part of the program, is because there is a newfound sense of permanence for me. I have four years to give it all I can. Community is at the forefront of what I wanted for the college experience, and Bates has that. Whether that is on the court, in the classroom, watching other sports play, going out on the weekend; kids at Bates care about kids at Bates.

For example, I was lucky to be put in Milliken House this year. I have my brothers on the court but I am also so lucky to have my friends back in Milliken. We play "2k" (a basketball game) when we come home until late at night. There is a sense of family in our "home away from home."

*Q: What is the leadership like amongst the players?*

A: We are lucky to have two captains this year, Justin Zukowski '18 and Shawn Strickland '18, who, when they were first-years, made it to the championships. They are talented basketball players and good role models who understand what it takes and what attributes a team needs because they witnessed it.

I think the value you put on that experience is priceless. When you watch our practices, they lead by example. They are the most professional kids on the team. They set a great example in terms of work ethic and attitude. They are definitely special.

*Q: How do you feel about playing in Alumni Gym?*

A: We have the best home-court advantage. I am most excited about being part of the intense and exciting atmosphere and I think about it every day. You can never write a game off when it's in Alumni gym.

*Q: What is something most people wouldn't know about the Bates men's basketball team?*

A: We absolutely cherish break-fast after Monday morning conditioning practice in the fall. We can actually smell the sweet aroma of bacon seeping through the air vents in Commons. It taunts us but sometimes I am convinced Coach Seltzer (conditioning coach) did that on purpose.

*Q: What do you want your legacy to be in four years?*

A: Hardest worker, a winner, a good teammate.



Sean Strickland '18, senior captain, gets ready to make a move. SARAH DU PONT/THE BATES STUDENT

## Intramural Sports Offer an Array of Athletic Opportunities for Students

MAX PETRIE  
ASSISTANT SPORTS EDITOR

Speaking about maintaining his health through his participation in intramural basketball, Brian Daly '18 says, "I do it to make up for all the drinking." Ayden Eickhoff '19 says, "I enjoy playing intramural sports because they create friendly competition in a low-stakes environment."

Whatever the reason, there are plenty of intramural sports to take part in at Bates. They all are competitive but do not expect players to have great skill, and they create a welcoming and fun atmosphere rather than focusing solely on winning and competition. Eickhoff says, "because of that environment, the focus is not as much on winning as it is on having a good time."

Bates offers a variety of intramural options, ranging from basketball in the fall and winter to softball in the spring. Whatever you enjoy playing, there is probably an op-

portunity to do it. For example, there did not used to be an intramural soccer team at Bates. Eickhoff speaks to this, saying, "Some friends on the track team made an IM soccer team during short term my first year at Bates. I have stuck with it every season ever since!"

Students can join teams that already exist or create their own if sports they want to play are not currently available. It creates an environment in which anyone can participate, regardless of skill or experience.

The combination of the variety of available sports and the attitude of players to welcome anyone creates an inclusive atmosphere for prospective players. Eickhoff says, "there are so many different sports offered so something is bound to align with your skills. You don't have to be an 'athlete' to make a positive difference on a team." With this kind of attitude from the players, Eickhoff encourages everyone to try something out: "do it!" she says. "It's a great study break and there are no

participation requirements if you end up really not enjoying it."

Players can make it what they want it to be, without feeling pressured to do anything more. For some athletes, this means competing while for others it simply means having fun and being active.

As Sean Lovett '18 says, "I do it to make sure I don't become obese." Many players talk about remaining active even though they don't play a competitive sport anymore. Many others cite the ability to enjoy getting away from the classroom and their studies for a while in order to do something different, even if it is not a sport they have played in the past.

Being able to take some time to do something new is exciting and fun, and provides a new way to meet people and engage with different parts of the Bates experience. Whatever your reason, intramural athletes encourage everyone to try something out and join a sport. You never know what you might end up really enjoying.

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# Women's Cross Country Dominates at DIII Regionals Meet

**JACK MCLARNON**  
CONTRIBUTING WRITER

This Saturday, November 11, the women's cross country team competed in the NCAA Division III New England Regional Meet in Gorham, Maine on the Gorham Country Club golf course, the home course for the University of Southern Maine. Out of 56 teams, Bates finished in an impressive fifth place, thanks to an outstanding team effort from the seven competing runners. Their team total was 150 points, and since cross country races are won with the fewest points, their score was 33 points better than the sixth place score of Amherst College (183), and 17 points better than their total from last year's Regional Meet (167), showing some solid team improvement this year.

Leading the Bobcats on this six kilometer course was senior captain Katherine Cook '18, who finished in fourth place overall with a time of 20:44.7, which gained her the title of All-New England, since her place was in the top 35.

When asked about her performance, Cook actually opted to talk about her team instead: "This is one of the most talented and supportive teams I've ever been on, and I just feel so privileged to have been a part of that." Her great race reflects the positive cross country experiences

she has had all season.

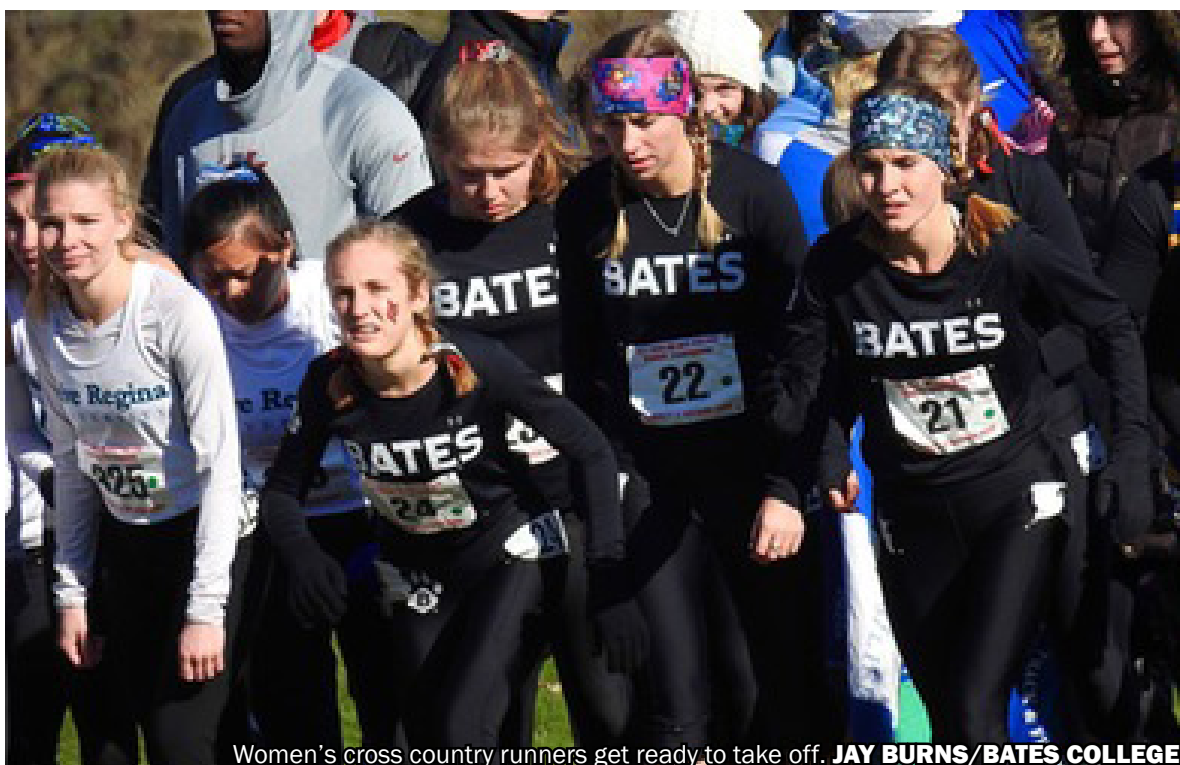
Cook was not alone on her team in earning an All-New England title: Ayden Eickhoff '19 placed 29<sup>th</sup> with a time of 22:11.8, while Abby Hamilton '21 nabbed the 35<sup>th</sup> spot by racing 22:16.6. Rounding off the top five were Katie Barker '19 in 41<sup>st</sup> at time 22:23.9 and Olivia LaMarche '20 in 45<sup>th</sup> with 22:25.6. As shown by their times, the Bates runners used a pack strategy, determined to try to stay close to their fellow racers and motivate each other to keep pushing together.

Also contributing to the team effort and spirit were the Bates displacers, or the 6<sup>th</sup> and 7<sup>th</sup> finishers on the team. Sarah Rothmann '19 placed 57<sup>th</sup> at 22:35.5, and senior captain Mary Szatkowski '18 placed 92<sup>nd</sup> at 23:16.2. All Bates racers finished in the top 100 in this large race of 393 runners.

The conditions were less than ideal, with wind-chill causing the temperature to feel like it was in the low twenties. However, the wind and cold were not going to stand in the way of these determined Bobcats.

"We were mentally prepared for the cold coming into it, and so we were able to tough it out during the race," says Barker.

The cold also failed to keep Bates spectators away, who came to support the team in their race.



Women's cross country runners get ready to take off. JAY BURNS/BATES COLLEGE

Parents, students, alumni, and even dogs represented the Bates spirit and cheered on the runners as they gave their all out on the course.

One of the most impressive parts of the race was the topography, which was far hillier than most golf course races are. The racers fought valiantly against the difficult terrain, working off each other to navigate and endure the twists and hills. This

course was a challenge, but it was one that these Bates runners were ready to face.

Rothmann states, "the course was really fair, and because we have trained at Pineland, we were prepared for any hill that would come. We worked really well together and that let our team perform competitively."

Unfortunately, the fifth place

finish did not result in the team moving on to compete at the National Championships, yet this Regional meet was still an inspiring end to an exceptional season.

Also, Cook's fourth place finish has gained her an individual spot in the National Meet, and the team will continue supporting her in this effort that will take place on Saturday, November 18 in Elsah, Illinois.

## Men's Cross Country

# Men's Cross Country Finishes Season Strong at Regionals



Steve Rowe '18 strides to finish 30th at NCAA Regionals, earning him All-New England honors. JAY BURNS/BATES COLLEGE

**VANESSA PAOLELLA**  
STAFF WRITER

The men's cross country team competed at the NCAA Regional Championships in Gorham, Maine on November 11 and came away with a solid fifth place finish. This is the strongest showing that Bates has had at the Regional Championships since 2013.

With temperatures barely reaching above freezing, this race was difficult both mentally and physically for runners used to the record high temperatures recorded this fall. Despite the poor conditions, some of the Bobcats ran exceptionally well, picking up where others fell short.

Leading the Bobcats in 30th place, Stephen Rowe '18 ran the eight kilometer course in a personal best time of 26:09.4. Senior captain Zach Magin '18 finished close behind him in 32nd with a time of 26:11.0. Both runners earned All-New England honors for their top-35 performance; this is the second year in a row that Magin has received this honor and Rowe's first.

Following right on their heels, Henry Colt '19 came in 37th with a time of 26:14.2. Senior captain Ben Tonelli '18 and Matt Morris '18 rounded out Bates's top five placing 52nd and 60th with times of 26:27.7 and 26:29.9 respectively. Ryan Betz '19 finished in 70th with a time of 26:41.4 and Justine Levine '20 came in 83rd with a time of 26:55.0.

"We had a few guys run a little off where they have been, but then a

few others ran much better and had break out races," head men's cross country coach Al Fereshetian says. "So, overall the team did very well. Stephen Rowe ran an exceptional race, as did Henry Colt, while Zach Magin, Ben Tonelli and Matt Morris all had solid races."

In total, Bates boasted a total spread of 20.5 seconds among its top five runners, once more emphasizing their strength as a team. Bates runners are proud to start together and finish together, carrying each other through the race.

"I think our most impressive accomplishment at the meet was that the spread between our first and fifth guys was only 20 seconds," Rowe says. "We are a team that is built on depth and we worked exceptionally well with each other through the regional meet."

MIT remained New England Regional Champions for the second year in a row, earning a total of 81 points. Amherst came in a close second with 91 points and Middlebury trailed both, receiving 124 points to place third.

While Bates beat Williams at the NESCAC Championships, Williams came out on top in this race placing fourth (137). Brandeis and Connecticut College both fell to fifth place Bates (211), finishing sixth (215) and seventh (218) respectively.

In total, 55 teams and 370 runners braved the frigid temperatures to compete at the Regional Championship meet.

"It was a very good performance by our team, our best finish at this

meet since 2013," Coach Fereshetian says. "The New England region is always one of the strongest and deepest in the nation. A fifth place here really puts you among the best."

Magin echoes this statement: "Not all of our guys had their best day, but we had a number of guys who stepped up and ran really well when we needed it. I know that we are a better team than what we had yesterday, but we've had a great season; we finished the highest our team has finished in three years, which is something to be proud of."

Although the Bobcats narrowly missed qualifying for the NCAA Division III Championships by one place, they remain characteristically positive about their performance and teammates.

"I thought regionals was an amazing way for our team to cap off a phenomenal season," Rowe says. "The course was challenging. [There were] many narrow sections and tight turns where it was easy to lose speed. Additionally, the cold temperature added another layer of difficulty to the meet. Yet despite this, we performed really well...Unfortunately, we didn't qualify for nationals, but...the development we've experienced as a team throughout the season is simply extraordinary."

Although Bates' cross country season has come to a close, most of the men's cross country team will continue training without rest in preparation for the upcoming indoor track season, beginning in early January.

## SAAC

CONTINUED FROM PAGE 1

Bates has two SAAC Advisors, Rebecca Woods, head coach for the Nordic Ski program, and Alison Montgomery, head coach for women's basketball. Woods and Montgomery facilitate SAAC meetings for the student athlete group members once a month at 7 a.m. in Commons.

For Bates, members of the SAAC include: Avery MacMullen '20, Daniel Trulli '19, Holland Doyle '20, James Bullock '20, Leo Lukens '20, Margaret Silverman '18, Maxwell Hummel '19, Olivia Amdur '19, Robert Flynn '18, Shelby McCormack '19, Srishti Sunil '18, and Walter Washington '19.

Speaking about her role as a SAAC group member, Amdur says, "I represent both men's and women's soccer, and if there is any information that needs to be relayed from the students themselves or from the other way around I am the person that they go through. The goal is to really get students more involved and interested in athletics and bring awareness to all aspects of student life including academics, athletics, and community engagement."

Silverman and Hummel represent Bates at the NESCAC conference. At their first meeting, it was established that hurricane relief was a NESCAC wide initiative and therefore, all group members went back to their respective schools and worked with their committee to decide the best possible way to raise money and awareness.

Bates' SAAC committee decided to have a campus wide fundraiser that lasted over three days, starting Thursday November 2 and lasting until Saturday November 4 and will donate all money to the American Red Cross.

Bates' SAAC impressively raised \$1,311.14 for the Red Cross Disaster Relief fund and presented this organization a check Friday, November 10. Vantiel Elizabeth Duncan '10, a six-time All-American track and field athlete for Bates, accepted the check on behalf of Red Cross.

"The Hurricane Relief Fund-raiser for the Red Cross completely exceeded our expectations," Flynn, men's track and field representative, says. "We wanted to raise as much money as possible, and given the short timeframe, we were able to raise over \$1,300 for those in need."

"We raised money for a great cause and we activated the committee on using new ideas to improve on an old model. The use of Venmo probably tripled or quadrupled the amount we were able to raise in a matter of 48 hours and the folks from the Red Cross were thrilled to partner with us and want to make it an ongoing relationship," Fein adds.

At their last meeting, SAAC

talked about field day, which is a huge planning process for the committee, while also coming up with some plans to help support mental health among the Bates community.

"I think one of the biggest things that the members of the SAAC spoke to, and that they found, NESCAC wide, is that there are a ton of resources, surrounding mental health, that many students do not know about," Montgomery says. "As SAAC we really just want to make sure everybody knows about these resources and really normalize different struggles with mental health. We want to eliminate stigma and present mental health as a spectrum that everybody is on in some way and at different times in our lives."

"Without giving too much away, SAAC is looking forward to several events during the winter semester and during short term. Some of these events include a sports recognition event, a mental health awareness campaign, and Field Day. Field day is one of our biggest events for SAAC, and this year the event could look completely different than in years past. There are many adjustments that are being discussed, but probably one of the biggest is the change of date to a Friday afternoon. This would allow more Bates students to participate and for more structure for the schools," Flynn says.

Additionally, the SAAC representatives spend a lot of time communicating with the new athletic director, Jason Fein and have had a lot of discussions about trying to ramp up student excitement for athletics in order to, in Fein's words, "raise awareness of the hard work that student athletes put in each and every day and help the committee spread that to the rest of the campus."

"This will hopefully translate into better relations with all of our campus constituents and more engaging and well attended athletics events," Fein says.

A huge part of this includes coming up with new ways to advertise the athletic competitions to the Bates community, as well as incentivizing people to want to come support Bates through fun giveaways.

"One of our goals is definitely to have the student athletes feel like they control their own destiny in some way, and that they have the support of this office in that journey," Fein adds. "We are here to advise and support as students work their way through this four year journey, not to direct them in every aspect of everything they do. I want them to know that when they have a great idea and a way to execute it, we will be there to support them just the way that we support them in their pursuits of excellence on the fields of play."