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The Bates Student

THE VOICE OF BATES COLLEGE SINCE 1873

WEDNESDAY

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Lewiston, Maine

FORUM

Ayesha Sharma '18 explores the intersection between southern food and racism.



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ARTS & LEISURE

Ariel Abonizio '20 reviews the 2018 Spring Dance Concert.



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SPORTS

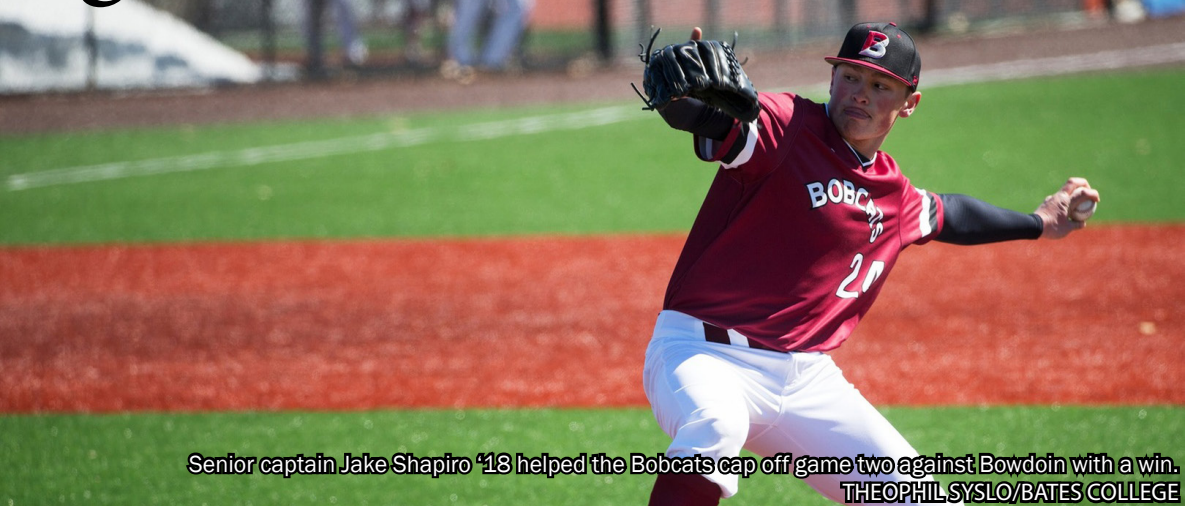
Sarah Rothmann '19 talks to the men's and women's rowing teams about their plans for the spring season.



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Inside Sports:

Baseball Splits Games Against Bowdoin



Senior captain Jake Shapiro '18 helped the Bobcats cap off game two against Bowdoin with a win. THEOPHILSYSLO/BATES COLLEGE

MAX PETRIE
ASSISTANT SPORTS EDITOR

The Bates baseball team played a three-game series against Bowdoin Friday, March 30 and Saturday, March 31 opening up their NES-CAC play for the spring. They lost on Friday by a score of 3-1, and then dropped the first game on Saturday 4-3 in extra innings. In this game, they were down 3-1 heading into the seventh inning, when Connor

DiVencenzo '18 singled to left field. Next up was Kyle Carter '20, who also singled. After another single by Dan Trulli '19 and a sacrifice bunt by Jack Arend '20, Bates had runners on second and third with one out. Zach Avila '20 delivered, grounding out but bringing in Carter to tie the game. Unfortunately, Bowdoin scored a run in the top of the eighth to take back the lead, and the Bobcats could not answer in the bottom of the inning.

During the sixth inning of the

first game, DiVencenzo saved the Bobcats from a potential bases clearing hit by Polar Bear Colby Joncas. DiVencenzo made an outstanding diving catch to end the inning and helped the Bobcats get back into the game. Although this play was not enough to help Bates earn the win, it was definitely a highlight of the game. DiVencenzo, Arend, and Trulli all tallied doubles in the

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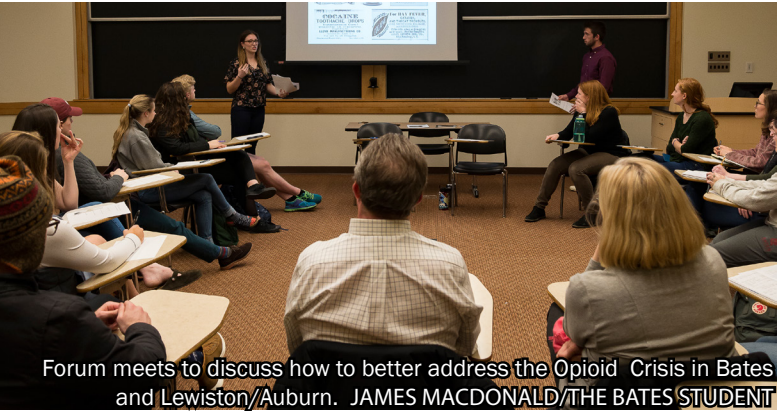
Bates Community Discusses Stigma Surrounding Opioid Crisis

TRICIA CRIMMINS
NEWS STAFF WRITER

Initially used to treat headaches, menstrual cramps, and coughs in the late 1800's, opioids are at the center of an epidemic that directly or indirectly involves all Americans. The national opioid crisis is racialized, stigmatized, and all-encompassing, and the reaction of the Bates community has a multitude of consequences and implications.

Livie Gilbert '19 and Jon Sheehan '19 hosted a forum on the subject on Wednesday, March 28. The forum, titled "The Opioid Crisis: How Stigma is Shaping Our Community's Response," functioned as a way to educate members of the Bates community and involve them in dialogue surrounding the epidemic. Many attendees expressed interest in learning more about the opioid crisis and its implications, while others identified themselves as personally affected by the crisis.

Sheehan explained that the goal of the forum was not to "come up with hardline policy ideas" or "a solution," but stressed the importance of an open conversation about the topic. Gilbert and Sheehan expressed the harrowing reality that the opioid crisis is relevant to everyone. We are a part of the crisis, both as Americans and as inhabitants of Lewiston.



Forum meets to discuss how to better address the Opioid Crisis in Bates and Lewiston/Auburn. JAMES MACDONALD/THE BATES STUDENT

Many of the stigmas discussed during the forum focused on how, and who, opioid users are stereotypically perceived to be. Put simply, it is widely believed that drugs are "bad," and that doing drugs makes one a "bad" and "stupid" person. Attendees of the forum discussed the converse as well, that "good" and "smart" people cannot be addicted to drugs.

Both stigmas have lasting and detrimental consequences concerning the way we react to drug use in our community. When we believe that "smart" people cannot be addicted to drugs, we bypass the opportunity to monitor each other's harmful drug use. The discussion in the forum revolved around the idea that, just because someone doesn't seem like the type of person that would misuse drugs, does not mean they will not or, more immediately,

are not.

Attendees of the forum also spoke about the assumption of normality when addressing opioid usage. Some health professionals and members of the Bates community immediately assume that students are not misusing opioids. However, the crisis could be better addressed by assuming that everyone either could or could not be. Assuming the latter acknowledges that we are all equally susceptible to drug and substance misuse. Forum attendees expressed that being cognizant of that reality incentivizes members of our community to pay attention to the behaviors of those around us.

Unfortunately, stigma runs rampant in discussions surrounding sobriety and rehabilitation from

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Mariam Jalabi Reminds Us "We Are Part of a Global Village"

HALLEY POSNER
EDITOR-IN-CHIEF

As this year's speaker from the University of Maine Law School's Justice for Women lecture series, Mariam Jalabi came up to our neck of the woods to talk about her life in fashion turned activism. Born in Damascus and growing up in the Golan Heights, Jalabi was surrounded by her family of activists throughout her life. Currently, she

is the UN Representative of the Syrian Opposition Coalition, living and doing her activist work in New York.

Fashion and political activism seem to be at opposite ends of the spectrum. "It seems like such a big shift but really I approached fashion from a very political perspective," Jalabi remarks. "I got into fashion because I believed that I could dress women in a more liberated and a more democratic way. Clothing is not just clothing; it's not a piece of

cloth. It's actually a language that you use to represent yourself to the outside world. And the way women dress is a way they speak to the world or how society addresses them. It's a code that we all use. I wanted to create something that was practical, that was comfortable, and that was very fashionable for women who wanted to dress in a modest way."

She saw fashion, not merely

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Inside Forum:

A Call for BCB Transparency

DANIELLE FOURNIER
CONTRIBUTING WRITER

The Budgets & Clubs Board (BCB) is the governing body for all club funding on campus. There are currently 94 active clubs and the great majority receive funding through BCB. The ten members of BCB are students selected through an interview process by the Committee Selection Board. I served as BCB Chair from January 2017 through January 2018 and helped implement many changes during my tenure, but there is still a great need for better structure and transparency.

Clubs are required to renew annually with BCB to continue as an active club for the following academic year. "We like to meet with each club to discuss their budget for the upcoming year so we can better understand what they want to do as a club," said Willy Anderson '19 BCB Chair of Allocations. Allocations are a chance for clubs to show off the work they have done all year long. Making the structure of this process more transparent and more formal would benefit all concerned.

The Office of Campus Life dictates the amount of money BCB has available to distribute annually to student clubs. However, Campus Life does not have this information prepared in time for spring club budget allocations. When BCB makes initial allocation decisions, as it did from March 24 to 28 this year, BCB works from a loose target of how much money it will have the following school year. Flying somewhat blind, BCB make preliminary allocations hoping the figures will be within range of the final budget to be announced in September. Clubs do not receive any notification of funding prior to the second week of school in September, at which point budgets are given directly to club leadership and never published to the campus community.

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Inside Arts:

An Interview with a Bates Alumnae: Abigail Abbott '17

HANNAH PALACIOS
STAFF WRITER

Sure, it's posted on the face of every Bates brochure; job outcomes after graduation from Bates College are near perfect. A staggering 99.5% of the class of 2017 reported being settled. But do we actually see this affect back on campus? In my experience, yes. I sat down with Abigail Abbott '17, an Education Fellow at the Bates Museum to discuss just that.

The Bates Student (BS) First, could you tell me a little about your position and how you came to land in it?

Abby Abbott (AA): As an Education Fellow at the Museum, I work with Anthony Shostak who is the Education Curator, and I help him with all the educational pro-

Historically, clubs receiving the most funding have been WRBC, Outing Club, Club Frisbee (Women's and Men's), Club Skiing, and the Equestrian Team.

One critical element missing from the budget process is specific feedback from BCB to clubs for budget cuts. When BCB does not approve requested funding, its explanation often does not enable clubs to understand the cuts and improve their budget processes. BCB does provide line-by-line notes on items it opts not to fund. But, the feedback is generally opaque. A common justification is: "Funding for particular event cut due to the need for greater discretionary cuts to all budgets." This ambiguous line is a catch-all that fails to give the transparent and student-centered feedback BCB should provide.

Another missed opportunity to improve the club funding process is under the control of Bates College Student Government (BCSG), which reviews and votes on all expenditures made by BCB. BCB is a sub-committee of BCSG, but BCSG oversight is essentially a rubber stamp. Remarkably, BCSG has not denied nor formally reviewed a single decision made by BCB in the last three academic years. This system of supposed checks and balances is clearly not functioning as intended because there is never a substantive review of BCB decisions by the BCSG assembly. One reason for this may be that BCSG has no criteria for evaluation or approval of BCB requests. The process only puts the requests up for a majority vote by the general assembly. A concrete set of funding parameters and guidelines for the BCSG assembly members would provide needed framework for club funding approval.

gramming that we do here at the museum. I help him with all the outreach to local K-12 schools, for example at Auburn Middle School we go in and do week-long printmaking workshops, and we'll also offer workshops throughout the school year here at Bates. That's one part of my job, and then I also work on reaching out to Bates students. I am trying to figure out ways to get students more involved with and more aware of the Museum. We have done things like holding a paint night or printmaking workshops, in hopes that it will sort of 'spread the word' about what we offer here and how the Museum works for Bates students. I also manage the Museum's Instagram account, and we will have professors bring in their classes to look at works from our permanent collection. There are many different facets to this position

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Question on the Quad

What is your favorite place to study on campus?

“The Ronj.”
–Sukanya Shulka ’20



“PGill Atrium.”
–Ben Stratton ’21

SARAH MCCARTHY/THE BATES STUDENT

Racism Is Embedded in Southern Food Culture

AYESHA SHARMA
MANAGING FORUM EDITOR

Most white folks who speak to me about Charleston, South Carolina tell me they’ve “heard so much about it!” “I’ve heard it’s really cosmopolitan, and the food is great, right?” they ask me. I’m not sure how to respond to that, in all honesty. I usually pause with hesitation, searching for a way to explain the racism that’s inextricable from its culture and atmosphere. Then I just laugh nervously and say “um...it’s an interesting place.” But what I really want to say is this: Charleston racism is similar to liberal racism—it’s built into the very structure of its institutions, and it’s steeped in respectability politics.

What’s respectability politics? I speak about the phrase in quite a few of my articles. In the context of this conversation, it’s the quiet nature of southern racism. It’s funneled through white southern expectations of civility—that is, chivalry, charm, and politeness. These expectations for civility are a tool that the white south ends up using to police and invalidate southerners of color. But, more than this, southern respectability politics permit white southerners to appropriate the POC (people of

color) cultures. White southerners not only possess this financial power to enact appropriation, but also have the social power too. White culture rules the most (economically) highly valued areas of the city, and so this generally disempowers communities of color in accordance with the standard logics of white supremacy.

According to an article entitled “How Gullah Cuisine Has Transformed Charleston Dining” in *Eater*, “the rise of the Charleston restaurant scene in the last 20 years has coincided with a gentrification that’s brought with it higher residential and commercial rents, and changed the demographics of the city from being over 60 percent [B]lack in the ’80s to being only roughly 30 percent black” as of 2014. In Charleston, white appropriation of Gullah food and culture has profited white businesses and accelerated gentrification. It has quite directly benefited white folks and not only disadvantaged but oppressed and exploited Black Gullah people. Gullah and Geechee people are the descendents of West African slaves who, according to historian Joseph Opala in an article published by the Freeman Institute, “worked on the rice plantations in South Carolina and Georgia.”

Charleston isn’t necessarily intent on repairing the injustices

that it claims are isolated to the past. Its downtown area celebrates its colonial and racist past quite openly. The city has it all: streets called King, Queen, and George, horse carriage tours, and cobblestone roads. And to top it all off, Charleston hosts an appropriated food culture. It does so after already making open efforts to displace Gullah people while still attempting to utilize Gullah culture for the benefit of generating a cosmopolitan Gullah culture from which white southerners garner the majority of the profit. The town of Mount Pleasant is undergoing massive development, and one of the consequences of this is the displacement of Gullah people who live there and the businesses they run. Gullah people have historically constructed sweetgrass baskets and other grass-made objects. They have previously sold them in Mount Pleasant, but are now increasingly unable.

This displacement and structural oppression of Gullah people in many parts of the city cannot be ignored while white-owned restaurants are profiting off of Gullah Geechee heritage that, according to *Afroculinaria*, was nourished by the “skills, knowledge and blood” of Gullah ancestors.

BatesRates



Temperatures have hit upwards of 40 degrees.

Get ready to see wall-to-wall hammocks on Alumni.



Trump states “No more DACA deal.”

What is wrong with our president?



April break is around the corner.

I think I can, I think I can, I think I can



Villanova won March Madness

Whose bracket came out on top?



End of the year concerts and recitals

See all your artistic friends present their hard work!

North Korea Agrees to Talk

HALLEY POSNER
EDITOR-IN-CHIEF

The time is finally upon us. North Korea has agreed to have diplomatic talks with both South Korea and the United States. Kim Jong Un will meet separately with both South Korea’s Moon Jae in and Donald Trump of the United States. While the South Korea meeting date is set, April 27, the United States’ formal time has yet to be determined.

It should be remembered that North Korea has engaged in diplomatic talks, notably the Six Party Talks held six times on and off between 2003 and 2009 in Beijing. In this case, the negotiations took the form of six countries – the United States, North Korea, South Korea, Japan, China, Russia – all taking to each other; “multilateral negotiations” in political jargon. While the focus of these talks was to dismantle the North Korean nuclear program, no changes in favor of denuclearization or halting of the project occurred. The talks ended when North Korea tested a Taepo Dong-2 three-stage rocket, billed as part of a civilian space program, after repeated warnings from the United States, South Korea, and Japan and condemnation from the UN Security Council.

From then, North Korea, under Kim Jong Un’s leadership since 2011, has ramped up their nuclear missile testing programs and refrained from engaging in negotiations. However, this changed when, on March 8, President Trump accepted Kim Jong Un’s invitation to return to the negotiating table. Although the date is not yet officially set, these talks between North Korea and the United States will, at this point, take place in May.

While diplomacy and negotiations are always a good sign, *New York Times* reporter Mark Lander notes that this meeting is a “breathtaking gamble.”

These negotiations are vastly different than any others. One: no sitting president of the United States has ever met with a North Korean leader. Two: The State Department is still sparsely staffed and concerningly unstable. Remember, Rex Tillerson was ousted on March 13 and Mike Pompeo, former head of the CIA, was nominated

to take his place. According to *Politico* “...of the 163 Senate-confirmed positions for the State Department and the U.S. Agency for International Development, 65 positions don’t yet have a nominee, while many nominees have yet to be confirmed...” In other words, many of the top tier jobs in the State Department are empty or have new leadership. We are, a country operating without seasoned diplomats. Three: there is still no ambassador to South Korea. How can the United States make informed decisions about Korean culture and politics without a specialist?

Lastly and most importantly: heads of state, Kim Jong Un and President Trump, are meeting in the preliminary rounds of negotiations. Having this high-level meeting is also a huge concession to the North Koreans. Negotiations of this caliber normally are started by low level diplomats because they have the ability to change their minds without having massive blowback on their political carriers.

This is not the case with heads of state. Hypothetically, when the president comes in with an ask and then changes his mind, that receives much more attention than if that same situation happened with some low-ranking diplomat. Bringing in the president is like starting a baseball game with a relief pitcher, it’s taking the rules of the game and turning them on their head.

Another recent change is that Kim Jong Un visited China last week. Let me say that again; the most reclusive leader in the world left his stronghold for the first time since assuming control to go and meet with President Xi Jinping. This meeting could be seen as a trial run for future talks with South Korea and the United States. According to *CNN*, discussion points ranged from Kim’s commitment to denuclearization with some caveats, and to Xi’s acceptance of Kim’s invitation to visit Pyongyang.

But what was this meeting really about? Was this an effort to strengthen bilateral relations between China and North Korea? Is there an agenda that we just don’t know about? What role will China play in the upcoming negotiations?

This next month will definitely be a time to watch closely.

The Bates Student

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Reflecting on Social Media and Virtual Communication

SARAH MCCARTHY
ASSISTANT FORUM EDITOR

When you walk into Commons, how often do you see a table of people sitting together, yet each person in their own world? In class, how often do you see people with their heads stooped down attempting to slyly be on their phones or even rattling away at their computer keyboards even though the professor hasn't made a noteworthy comment in ten minutes?

Recently, I have heard many people talking about how they want to limit their social media usage or have turned their phone settings to grayscale to make it less appealing, but when do we really ever think about what the device that is everpresent in our pockets or hands is capable of and what it means for our lives. With news like the recent Facebook and Cambridge Analytica

scandal, many people have been evaluating the virtual identities they have been curating and the implications of these identities. For me, I have been contemplating how and why I use my phone for about a month, since I started participating in #nosocialsunday, a movement to curb social media use on Sundays in the hopes of being more present and engaged in the "real world."

Cell phones, and smartphones to be more precise, have created a world of new possibilities and added a tremendous amount of security and ease to those privileged enough to interact with them. The ability to call and video call people half way across the country or even the world has facilitated long-distance business as well as personal relationships. While ease and convenience are things most people seek in products and vacations and in general, it is hard to not feel that we are sacrificing other things such as face-to-face

contact or the silent surprise that comes from receiving a thoughtful letter in the mail. I am guilty myself of sending a text when a call is warranted. While we move towards greater reliance on virtual contact, we should be reflexive about why we are choosing to use particular methods of communication. If we are mindful and conscious about our use of such devices, it may feel less like of a sacrifice when sending a text as opposed to getting a cup of coffee and catching up.

Social media is a whole separate beast. It is used consciously as well as unconsciously. How often do you open an app—say, Instagram—and realize you had literally just closed it? Yet, how long do you take on the app before you post a picture? Maybe you have a special editing app or send it to your friends for advice? To what end are you consciously shaping your image? Social media, in my opinion, is all about curating

your life: who you choose to follow, who you allow to follow you, and the pictures you choose to "represent" your lived experiences. But, social media, like the smartphone, has the power to bring people together. Sending people memes and being invited into a meaningful experience in someone's life via their photos can promote bonds and strengthen connections amongst people.

While this may sound like a confused millennial rant, my suggestion is mindfulness. It seems simple but, when you think things through and are aware and present with yourself, the things you engage with become more meaningful. When you are mindful, and make deliberate choices, it does not feel like you are sacrificing something else to be in the present moment. I'm not saying delete your accounts and throw your phone into the Puddle, but what I am saying is be an active and conscious user.

BCB

CONTINUED FROM PAGE 1

Another concerning area surrounds new clubs petitioning. If a new club applies for approval and is denied by BCB, there is an opportunity for appeal. Unfortunately, the appeal must be made to the same group of BCB students who declined the initial application. A new grievance body should be formed, separate from BCB, to give students a fair appeals process for new club applications.

Not only does BCB lack transparency in funding decisions, it also currently suffers from lack of organizational unity in decision making. Internal power struggles among BCB co-chairs have impeded board members' ability to work well together, provide a cohesive forum for club funding applications and decisions, and make unbiased funding decisions for the campus community.

The path forward should involve refocusing BCB efforts on providing funding and support to all student clubs through transparent, rational BCB processes. Explicit rules should be created, published and consistently enforced to develop an environment where club leaders can trust BCB to make reasoned decisions about funding for club activities. A full publication of club budget allocations and additional funding requests (including denied requested and budget cuts) would help ensure accountability for both BCSG and BCB as they allocate club funding.

"Just Arm The Teachers"

NICK MORGOSHIA
STAFF WRITER

We have all heard someone say it. At a time when our nation continues to ruminate on the debilitating legacy of the Parkland shooting – and the memories from Sandy Hook, Virginia Tech, and countless other tragedies have returned to haunt the American psyche yet again – the president, congressmen, and NRA-apologists hold their heads high and say confidently, as if it is a cure for all societal ills, "Just arm the teachers!" Police are often slow to arrive, the logic has it, and allowing educators to act as first responders could save lives. Hence green light to guns in school classrooms, cafeterias, and gyms? Not so fast.

Worryingly yet unsurprisingly, tragedies like Parkland stoke human impulses – prodding the most well-intentioned among us to opt for radical solutions. As a conservative, I am appalled at the deluge of hostility towards the Second Amendment: the nonsensical lumping of law-abiding citizens, whose right to bear arms the Constitution vouchsafes,

together with assault rifle-wielding thugs. At the same time, I must confess the proposal to arm educators gives off the same stench of extremism; so much so that one might struggle to decide which aspects of it are most odious.

First and foremost, investing in the concept of "teachers with guns" would reorient schools from their primary purpose: education. If the federal government mandated that every school employ teachers proficient at using firearms, the schools would inevitably start to prioritize gun-adept candidates in their hiring procedures, overlooking their qualification as educators. And, from a purely fiscal standpoint, that would make sense: when public school funding is extremely scarce, why not open doors to teachers who are already experienced gun users – even if they are not the cream of the crop education professionals – to save on training?

According to *The Washington Post*, arming 718,000 teachers could cost upwards of \$251 million (and that is only if we assume the cheapest instruction and discounted Glock). If we instead take into account the full-price, more

expensive firearm and advanced training, the cost could go well beyond \$1 billion. At a time when thousands of public school teachers work two jobs to make ends meet, pay for classroom supplies out of their own pocket, and still struggle to surmount the achievement gap between low-income and financially secure students, I cannot help but ask: would not the same money be better spent on improving learning methods and outcomes?

As Parkland senior Ryan Deitsch aptly put it, "We need to arm our teachers... but with pencils, pens, paper, and the money they need."

It is no secret that public high schools, especially in low-income areas awash in poverty and crime, are hotbeds of violence. While teachers designated to carry firearms would supposedly have to pass background and mental health checks, flooding schools with guns only increases the likelihood they would fall into the wrong hands – those of students, non-teaching staff members, and outside intruders.

Last but not least, there is an issue of state-chartered militarization of our schools. Many of America's public schools already conjure up

images of warzone bases rather than educational institutions, and arming teachers would only make matters worse. According to *The Atlantic*, school police in several Colorado and California districts regularly wear AR-15 rifles and have even stocked up on grenade launchers and armored personnel carrier. Even the unabashedly bizarre suggestion of *Newsmax* host Wayne Roote to equip schools with armed drones does not seem too detached from reality anymore.

Perhaps, instead of rehashing ideological arguments, we should draw upon empirical evidence. Look no further than America's police forces: militarized to a point where shooting of unarmed civilians – a disproportionate number of them minority individuals from low-income neighborhoods – surprises no more. Applying the same failed practice to schools, institutions tasked with providing inclusive and nurturing environments, advances the calamitous reasoning that the only way to keep citizens out of harm's way is an ever-militarized state.

Loving Yourself Even When You're Loving Someone Else

KATE FARRELL
CONTRIBUTING WRITER

We've all been there. You started out the night bursting out all of the lyrics to the classic Kelly Clarkson throwbacks and braved the frigid walk to a party. Then, you've spotted your Commons Crush—and things have gone from fun and flirty on the dance floor to hot and heavy in the dorm room. Or, maybe, you are spending the night with your long-term partner. You trust, love, and care for each other—why would you need condoms? You're not seeing anyone else.

Whether it is a short or long term relationship, the same responses persist:

"I don't like condoms"
"Don't you trust me?"
"It doesn't feel as good."
"I guess you don't really love me."

And, regardless of how many times Salt N' Pepa can say "Let's Talk About Sex," conversations about sex and condoms can be

both intimidating and awkward. Sexual Education talks tell us that condoms are a clear safeguard from STIs and pregnancy. Yet, even with this knowledge, only 54 percent of college students report using condoms, and that number only decreases when combined with the use of alcohol and drugs.

Further, one in two sexually active people have STIs before they are 25 years old; one in four college students have an STI; and 80 percent of these people do not experience noticeable symptoms.

Using and talking about condoms is not only about sexual health, but it is also about implementing communication skills about your wants, needs, values, and standards; skills which are important both inside and outside of the bedroom.

So, if your partner does not want to use condoms, find out why and talk it out:

"I don't like condoms." Why not?

"Don't you trust me?" Trust isn't the point. People can have an

STD without knowing it. It only takes once to get pregnant or pass an STD.

"It doesn't feel as good." With a condom, you might last even longer, and that'll make up for it.

"I guess you don't really love me." I'm not going to 'prove' my love by risking my health. Do you really love me? Do you want me to feel safe? Condoms can help me relax and enjoy myself more; why do you not want that?

Often, when we think about condoms, we are thinking only male partners. But, condoms can be used for both male and females, in both heterosexual and queer relationships. Another example of when condoms are not used is during oral sex.

"Who even knows what a dental dam is?" I do. And I know that they are a way to transmit sexually transmitted diseases, orally. It is a thin, flexible square piece of latex that helps prevent the spread of STIs or other germs during oral sex. They are easy to use. They are also FDA-approved for safer sex. If you are unable to find a dam, you can

cut the condom, and place it over the vulva for safer oral sex.

Additionally, even after talking with your partner, there is the fear that they will still not want to use a condom. In these situations, the woman can use a female condom, instead.

"Why do we need to use a female condom?" "Won't that be uncomfortable for you?" The female condom is bigger than a male condom, but it is not uncomfortable. Female condoms are able to offer convenience and control. They are small, discreet and portable. Female condoms let you take charge of your health. Therefore, even if your partner does not want to wear a condom, you can still protect yourself.

Condoms are about more than just sexual health: they are about consent, security, comfort, and communication. And, if after a clear, direct conversation your partner is still refusing, maybe it is time to take some advice from Queen B and tell them: Boy, *bye*.

learn

question

grow

with

The

Bates

Student

Club Spotlight: Active Minds

MADELINE POLKINGHORN
STAFF WRITER

If you have been spending any time recently with Bates students, you have likely heard the echoes of the dreaded March anxieties and blues. Winter appears interminable, the stress from finals is undeniable, and the end of school year is in sight, but not quite close enough to touch.

But beyond these shared experiences of boredom and stress, college campuses face an unprecedented epidemic of mental illness, and student suicide has become a legitimate and pervasive threat. Bates club Active Minds is determined to counter these deeply troubling and tragic realities.

I spoke with the club's future co-president, Ted Burns '19, to get a better grasp of the group's mission.

The Bates Student (BS): What is Active Minds?

Ted Burns (TB): Active Minds is a student-led group on campus that focuses on raising awareness for and erasing the stigma around mental illness, but it's also about being conscious of mental health in general.

BS: Why did you join Active Minds?

TB: I joined Active Minds, because of my own experiences with mental illness, but also just on a whim when I was wandering around the Club Fair in September. At the first meeting, I didn't know anyone, but the environment was so fun and positive that I haven't missed a meeting to this day! Everyone in the club is awesome.

BS: What kind of things do you guys do in Active Minds?

TB: We meet once a week for 30 minutes to chat and check in with each other in a very relaxed setting, but we also use that time to plan events on campus. Some examples of events we've done were the Self-Care Fair and the Share Your Story events. Both had great receptions and were really rewarding to be a part of.

BS: Do you have any personal connections to mental health?

TB: I've been taking medication for anxiety since 2015, and mental illness runs in my family. Needless to say, it has had a huge impact on who I am as a person. I also feel very strongly about getting rid of the stigma surrounding mental illness. It should be regarded no differently than the flu or a broken bone; it is an affliction that requires treatment.

BS: Why should Bates students join Active Minds?

TB: Bates students should join this club, because it has really cool people in it, and it's very low-key. Even if you have no experience with mental illness, you should join, because you can help others who do in very achievable ways. My favorite reason to be a part of Active Minds is the fact that I've gotten to know great people that I never would've been able to meet otherwise.

BS: What are your future plans for Active Minds?

TB: I'll be co-president of the club next year with Sara Dardis '20, and I'm really excited about the opportunities! We're already talking about teaming up with Filmboard to start a discussion about depictions of mental illness in media, organizing panels with professors, as well as continuing to do all the excellent things we already do.

BS: What has been your most meaningful experience with the club?

TB: My most meaningful experience with Active Minds was when I shared my experience with anxiety at the Share Your Story event. It was incredibly moving to share such a personal story to a room full of people who wanted to listen, and the possibility that hearing my story might've helped someone made it that much more special. It was inspirational to hear others' stories as well.

Former Ambassador Burns Takes Trump to Task

MATT MORRIS
ASSISTANT NEWS EDITOR

Students, staff, and the rest of the Bates community had a chance to hear a lecture from a former United States Ambassador and current Harvard Kennedy School of Government professor, Nicholas Burns, on Thursday night in the Olin Arts Center. Burns was an ambassador to Greece and the North American Treaty Organization (NATO), an alliance that includes the United States and most of Western Europe.

Following an introduction by both President Clayton Spencer and politics professor Jason Scheideman, Burns began his speech on a light-hearted note, telling the story of how he had been waitlisted by Bates as a high school senior and jokingly letting President Spencer, an old friend from their work on Capitol Hill and at Harvard University, know that he was "still waiting."

"We [Clayton and I] have known each other, I won't say how many decades," Burns joked.

From there, Burns spoke of the need for America to be confident in itself on the global stage and spoke optimistically of the future, including the current generation of students.

"Our generation will very quickly be handing the baton to you, to be the teachers in our schools. To run on school committees and city councils; to be our CIA; to run our businesses; to run Bates college. I think there's a lot we can be hopeful for," Burns told the audience.

Burns spent the bulk of speech laying out the ways in which he believes President Donald Trump has deviated from previous presidents on foreign policy issues, which he organized into four categories: alliances, trade, immigration, and the worldwide promotion of democracy. Overall, across each of these issues, Burns was highly critical of President Trump and presented his foreign policy as a push towards isolationism that hadn't been seen since before World War II.

Burns called on his experience as a former NATO ambassador to explain the way the United States

has needed its allies in the past, and criticized Trump for not doing enough to support its allies or focus on diplomacy in general. Burns gave the example of President Trump's decision to withdraw from the Paris Climate Accord.

"Right now, we have a situation where the largest economy in the world, the second-biggest carbon emitter in the world, is saying that we're out of the game... We said we're not going to work with the rest of the world," said Burns.

Burns was also critical of Trump's flippant attitude toward the North American Free Trade Agreement (NAFTA), a trade agreement between the United States, Mexico, and Canada. Burns views NAFTA as a net positive for the United States economy. In particular, Burns singled out Trump's criticism of Mexico in speeches as being bad for the alliance.

"He [Trump] somehow makes Mexico out to be an enemy of the United States, when Mexico is a virtuous friend of the United States... he is disavowing what made us great economically: seventy years of trade

with the rest of the world," said Burns.

Towards the end of the speech, Burns also criticized Trump on his handling of domestic issues, like the violence surrounding a white supremacist rally in Charlottesville, Virginia last summer. Burns felt that Trump did not do enough to disavow the "racist, American neo-Nazis," involved in the protests.

According to his Harvard staff page, Burns also served as the Undersecretary of State for Political Affairs, the third highest position in the State Department, for three years under President George Bush.



Bates Observes Trans Visibility Day

CHRISTINA PERRONE
MANAGING NEWS EDITOR

On Thursday, March 23, Bates celebrated Trans Identity Day by hosting a space to discuss and learn about experiences of people in the trans community and some issues they face in regards to representation and identity. Before discussion, everyone agreed to being recorded and featured in this article.

After watching a video, students and faculty joined in a round table discussion, answering questions regarding the video and its content. The first question asked to participants was, "What is your experience with HIV/AIDS been and what social or cultural elements have had an impact on this experience from your life?"

For Raye Chappell '18, HIV/AIDS was very real growing up, "We talked about it a lot just because a lot of people had it. But there's a lot of stigma attached, especially to some notable figures—like Magic Johnson, Eazy-E...I think we know it's serious, but we think it's always someone else, we don't think that it's our problem. We need to talk about this too...It's a community and public health topic: it's not something to be pushed to the side, you know you wouldn't joke about cancer."

For many, past discussions about HIV/AIDS never left the Health Classroom. Cameron Huftalen '19

reflected, "There's just a disconnect and I think that it's harmful, because it takes away any type of personal face or connection to it: so you start thinking of it as this far-off concept. You don't get the sense that it actually affects people. You're like, 'This is some awful disease and we talk about it in health class once.'" They added, "You only hear about it in the context of people suffering, really you don't get to hear, in your health class or your isolated communities about people who are living with this and doing work with it and being successful."

Dylan Carson '18, a SPARQ Peer Mentor highlighted how people have recently turned to normalizing HIV/AIDS: "I feel like the last few years have had this shift from all this attention for how it was treatable or how people can live for years and stay healthy and have sexual activity and lead regular lives with it, so it also decreases the urgency of it when people are still getting infected by it and not everyone may necessarily have access to PrEP or adequate healthcare to stay healthy."

One goal of the group conversation was to dismantle typical narratives that we hear regarding the trans community and trans individuals. For Angela Eustache '20, "Something that I struggle with, that I see happening in the black community, are the hate crimes against people who identify as gay or LGBTQ. It's



After talk, students were asked to hang posters around campus
CHRISTINA PERRONE/THE BATES STUDENT

very normalized, and to be someone of color, and to witness some of things that go on in the black community, it's very disheartening and trying to address it with your peers who might think it's a joke or it's not that big of a deal."

For Danny Carmona '18, a SPARQ Peer Mentor, one issue they face at Bates is the expectation placed on people who identify as trans to advocate for all trans individuals: "A lot of times that [expectation to be a representative for an entire identity] further puts on a burden onto those people who hold these identities because it's like, not only do they have to deal with figuring out themselves, but they also have to appease other people and deal with the notions of people thinking that their identities aren't valid because you have to dress a certain way, or like you have to uphold someone else's standards— which is something I think

we don't talk a lot about, and a lot of the blame for their subjugation goes onto them rather than society as a whole."

Near the end, people discussed how to keep the balance between discussing issues that severely impact trans women while also not erasing other identities. According to Lexi Mucci, the Assistant Director of the Office of Intercultural Education, many outside things influence the erasure of the trans community, "The binary notions of what transness needs to look like and the representation across the media of what the problems are within the trans community, who is deemed as trans enough, and what that looks like—I think all of that plays into the erasure of the trans community and the hyper visibility of the struggles and who those struggles impact, and those are the only people included in this community."

OPIOIDS

CONTINUED FROM PAGE 1

opioids as well. The forum also discussed debunking the myths that opioid users don't want get better and that medication-assisted treatment does not correctly address the problem. Beliefs such as these lead our community further and further away from providing the help and resources individuals misusing opioids need to recover. Forum attendees discussed the expansion of Medicare as a policy-based solution to the crisis, as it could potentially

offer more resources for a longer amount of time to those dependent on opioid use.

The forum discussion also stressed a change in the language we use to describe drug use and the opioid crisis. Using terms such as "substance use" and "substance misuse," instead of "substance abuse" eliminates the blame placed on individuals who are dependent on opioids.

Additionally, the forum discussion clarified that substance use dis-

order is a mental illness and should be treated as such. Detrimentially, most hospitals will not provide safe spaces for those dependent on opioids during recovery. However, individuals can check themselves in to most hospitals by claiming that they are a potential danger to themselves due to mental illnesses. The obvious disconnect present was identified by many during the discussion.

The forum closed with a brief conversation surrounding Johann

Hari's idea that "the opposite of addiction isn't sobriety; it's connection." Forum attendees expressed that creating environments and safe spaces in which those dependent on opioids can connect with support networks is one of many preventative solutions. Dialogue surrounding this topic is paramount, because substance abuse can be caused by social isolation. It's important to watch out for friends and pay attention to the drug use of those around us.

JALABI

CONTINUED FROM PAGE 1

as the clothes on your back, but as a conscious representation of yourself to the outside world. In Islamic culture, there are certain norms in which women who want to dress conservatively are encouraged to comply. But Jalabi started her own consultancy and worked with clients in places like Turkey and Saudi Arabia to help women transcend those norms.

Jalabi remarks, "And it was something that was my passion—to help women represent themselves in a better way to the world. I was also interested in women's entrepreneurship programs that had helped them create their own lines, their own work, and their own embroideries and their own ideas of what beauty was. Because beauty is really in the

eye of the beholder. Beauty is something that we create."

For Jalabi, changing society was not limited to the fashion industry. Once the Syrian conflict broke out in 2011, Jalabi knew she needed to be involved and active while still running her fashion business. As she became involved in the movement and became a regular face at all the meetings she could, she started to notice that "...women were not represented at the level that I wanted them to be represented at." So she kept going to the meetings, creating contacts, and speaking up to promote the narrative that she wanted to be heard.

In November of 2012, when the Syrian Opposition Coalition came together and asked if she would be

their representative to the United Nations, Jalabi readily agreed under one condition. "I will do it if we worked as part of my job to include more women and marginalized group in the effort to represent Syria and work with the UN," Jalabi remembers.

Fast forward six years, Syria is still embroiled in this conflict and Jalabi is still engaged in this work. At her lecture later that evening, "The Struggle for Human Rights: From Syria to Maine" she emphasized the seemingly never ending nature of the conflict and the necessity of including all people in finding a solution.

"You can't create a solution for Syria without including the whole population," Jalabi states in reference to women's inclusion in the

peace process. Women have been entrenched in protests from the very beginning. Women engage in peaceful protests all over Syria and throughout the conflict. Specifically, the Brides of Damascus were a group of women protesters in November 2012 who wore wedding dresses in the Medhat Basha market holding red banners calling for a peaceful end to the conflict.

Jalabi argues that the crisis in Syria echoes loudly throughout the world. "We live in a global village," she argues. Events on one side of the globe reverberate past what we can see and have longer effects than we will know. Engaging in social action work right here in Maine can have positive effects the reach out farther than our borders.

The Spring Dance Concert Puts Forth an Incredible Program



Christopher Castaneda '20, Alexandria Onuoha '20, Drew Murdock '21, and Maya Church '20 dancing on the piece "Connection Beneath, Colored the Same Within." JAMES MACDONALD/THE BATES STUDENT



Dancers from the piece "El Oh Vi Ee" choreographed by Sofia Elbadawi '18 perform on stage. JAMES MACDONALD/THE BATES STUDENT



Dancers in pedestrian clothes rehearse for the 2018 Spring Dance Concert. JAMES MACDONALD/THE BATES STUDENT

ARIEL ABONIZIO
ASSISTANT ARTS & LEISURE
EDITOR

It was Friday 7:30 p.m. after a long week and I could not wait to see the performers lineup at the 2018 Spring Dance Concert. I have attended most if not all of the large dance concerts at Bates since I arrived in 2016. The broad range of performances and styles never ceases to surprise me. I often see the dance concerts as the frontline of celebrations of student achievement, along with the Mount David Summit and the Arts Crawl. The 2018 Spring Dance Concert is a great example. In this concert, dance didn't strike me as an end-point as much as it is a method for student research. All of the pieces were well grounded in the history of dance and movement as well as on contemporary discussions on culture and identity. One can see student achievement particularly in the senior theses choreographed by Sofia Elbadawi '18 and Jorge Piccole '18. These artists have come a long way in their Bates career. In their unique styles and discussions of culture on their own terms, both Piccole and Elbadawi's choreography revealed the power of critical minds using movement to create and communicate complex ideas.

The 2018 Spring Dance Concert was divided in two programs, Program A and Program B. Program A started with "El Oh Vi Ee," choreographed by Elbadawi in collaboration with dancers. The piece reflected much about social norms and personal feelings surrounding love today. The use of repetition was particularly interesting and complex during this piece in which even the saying of one letter could take on many different meanings depending on body language, movement, and intonation. It seems to me that Elbadawi perfectly balanced pedestrian movement in the piece, which was simultaneously intriguing and hilarious.

In sequence, "Shape the Groove" choreographed by Danielle Ward '20 explored movement with a nice attunement to rhythm over the song *Ghostwriter* by RJD2. "Tell Me Again," choreographed by Libby Wellington '20 also intrigued with three very talented dancers on stage. Helen Carr '21, Shae Gwydir '20, and Dawrin Silfa '21 conveyed a range of different moods with incredible clarity. Together, "Shape the Groove" and "Tell Me Again" interested me as formal explorations of

movement. Following them, "Jezebel Dagger," choreographed by Samuel Hersch '18 put forth something that was more familiar to me. The performance used downstage light to project the performers' shadows against a white screen, which created a powerful effect. The classy costume design and the simulacra effect of the shadows immersed me immediately in this piece.

"Connection Beneath, Colored the Same Within," choreographed by Mickai Mercer '19 presented a dance piece about skin and its connotations. Following the juxtaposition characteristic of postmodern dance, Mercer overlapped movement and voice to put forth concerns about skin, this entity that lives somewhere between the realm of biology and social life. "As It Is," by Sara Hollenberg '19 followed up with a performance that seemed at first deceptively simple, but then revealed technical complexity. The use of retrograde and the clarity of movement stuck with me. Another great performance followed: "Between Dinner and a Show," choreographed by Shae Gwydir '20. I found this piece particularly humorous and intriguing. The playful use of sharply performed pedestrian movement made of this piece one of my highlights of the night.

Closing the broad range of performances on Program A, "What Are We Dancing To" will stay on my mind for some time. Choreographed by Piccole, this piece focused on the social world that comes along with hip hop. The performance combined audio recordings with music. Seeing the dancers' hip hop moves while listening to a person talking about authenticity escapes my power of description: it was powerful and intelligently arranged. Caleb Perlman '19, one of Piccole's dancers, talked to me about the piece a bit and told me that it is "both personal and universal in its message," which is a great way to put it. In this brilliantly choreographed performance, one is reminded that dance exist in a complex cultural and social world that is worth consideration.

Having seen only Program A, I cannot wait to see Program B. Program B has four other intellectually engaging pieces; with a total of 12 unique choreographers, the 2018 Spring Dance Concert is an incredible burst of creativity and research.

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Gutterman's Little Shop Delightfully Entertains

TRICIA CRIMMINS
STAFF WRITER

This semester, sophomore Julia Gutterman triumphantly directed Howard Ashman and Alan Menken's rock musical, *Little Shop of Horrors*. The show ran from Friday, March 30 to Sunday, April 1 in Gannett Theatre. The show follows Seymour, played by Justin Demers '18, a young man working at Mushnik's Skid Row Florists. Mr. Mushnik, the owner of the flower shop, is played by Xavier Hayden '19. Audrey, another employee of Mr. Mushnik's, is played by Caroline Carreras '19.

On the stoop outside Mr. Mushnik's, Chiffon, Crystal, and Ronnette, played by Sarah Curtis '18, Margaret Trombley '18, and Becca Kraft '20 respectively, sit and interact with passerby and the store's employees.

In an effort to attract business, Seymour purchases a strange looking Venus Fly Trap to display in the window of the flower shop. As a show of his affection for Audrey, Seymour names the plant Audrey II. As the show progresses, it becomes evident that Audrey II, played by Elliot Chun '18, is animate as it asks Seymour to feed it human flesh.

Audrey II's first casualty is Audrey's sadistic and abusive girlfriend, dentist Orin Scrivello. In addition to her gender-bending performance as Scrivello, Maddie Rozells '20 plays various other ensemble roles.

Presented by the Bates College Robinson Players, the show is a joy to watch and experience. The cast is energized and enthusiastic; they genuinely convey their excitement about *Little Shop* to the audience. The talent and work of musical director Sam Findlen-Goldman '20 and choreographers Shae Gwydir '20 and Ellie Madwed '20 are particularly evident in the performances of Curtis, Trombly, and Kraft as they guide the audience through Seymour's trials and tribulations through top-notch harmonies and sharp dance numbers.

Demers and Carreras excel in their duets and solo numbers. Carreras breaks the audience's heart in her solo, "Somewhere That's Green," as her gorgeous voice and vibrato convey Audrey's dream of vibrating a family. Demers' Seymour is endearing and lovably goofy, and his vocal range is incredible. The chemistry between Carreras and Demers is adorable, and the two sound marvelous together. The fan-favorite "Suddenly Seymour," delivers, the audience is hanging on each of Carreras and Demers' well-sung notes.

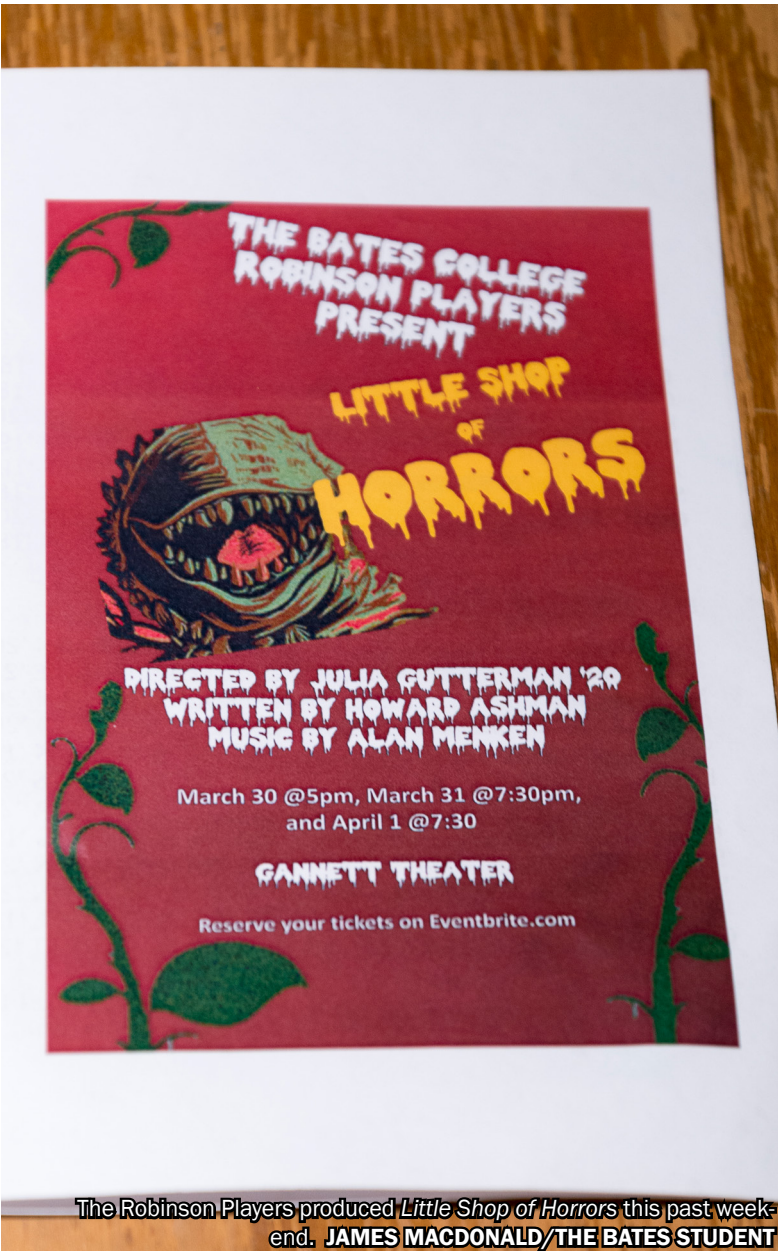
Demers and Hayden also make a phenomenal father and son pair, after Mr. Mushnik adopts Seymour in their song and dance number, "Mushnik and Son." Hayden's performance as Mr. Mushnik is heartwarming, clever, and hilarious. It is so genuinely fun to watch him prance across the stage, grumbling about Seymour's mistakes, celebrating the shop's newfound success

with Audrey II, or advising Audrey to leave her no-good girlfriend, Scrivello.

Gutterman refreshingly updates to the show with her choice to cast Rozells as Orin Scrivello, a traditionally male role. Gutterman's casting plays well in the show, and, more importantly, dispels the show's traditionally skewed gender dynamics by placing a female actress in a powerful, yet evil, role. Though Chiffon, Crystal, and Ronnette are take-no-BS types of characters, the majority of the show's female energy is usually centered around Audrey, who is unfortunately submissive and controlled by her abusive significant other. Rozells shone in the spotlight she made for herself as a female Orin Scrivello. She was intimidating while undeniably feminine.

From within his enormous plant-like contraption of a costume, Chun also shone as Audrey II. His quips were well-delivered, his tone threatening and ominous, and his mannerisms gave Audrey II her appropriately quirky personality. He also bellowed fantastically disguised as a homeless person in the show's first full-cast number, "Skid Row."

Gutterman's *Little Shop* was a feel-good experience that was definitely worth seeing. I was grinning from ear to ear as the cast sang the show's finale ultimo, "Don't Feed the Plants." I was lucky to be able to see the show this past weekend, and everyone involved with the production did an amazing job.



The Robinson Players produced *Little Shop of Horrors* this past weekend. JAMES MACDONALD/THE BATES STUDENT

Bleachers Bring Down the House at State Theater

TORY DOBBIN
MANAGING ARTS&LEISURE EDITOR

If you haven't heard of the band Bleachers, you're missing out. This group, led by ex-fun. front man Jack Antonoff, recently came to Portland's State Theatre for a colossal concert experience. The band, on tour this year with their 2017 album *Gone Now*, shared music, jokes, and personal anecdotes under lights Friday, March 30 for a crowd of thousands.

The band started with track two off the album, "Good Morning." The strong drums and piano gently introduced the theme for the rest of the concert: energy. As the group transitioned into more tracks from *Gone Now*, they carried the energy level and excitement they started with. Many of the songs the group performed highlighted their particular 80s pop/rock vibe; "Everybody Lost Somebody," "Let's Get Married," "I Miss Those Days," and "Don't Take the Money" all used synths and harmonies reminiscent of a John Hughes film soundtrack.

While the majority of the performance emphasized the 2017 album, several tracks from *Strange Desire* were played; "Wild Heart," "Rollercoaster," and "I Wanna Get Better" are all some of my favorite works by this group and I was happy to hear them performed. The group also played "Carry On" made famous by fun. and "Alfie's Song" released by Bleachers earlier this year.

One of the most surprising aspects of the performance was the saxophone player, Evan Smith of Portland, ME. He played a prominent role both in the songs and in the stage presence of the group. His riffs and melodies helped carry the band's songs from *Gone Now*, as most of that album uses a saxophone in the band.

While the band's energy and sound were all upbeat, the lyrics and personal anecdotes shared throughout the performance were much

more somber. "The pain of waiting alone at the corner/ Trying to get myself back home/ I gotta get myself back home soon" embedded in "Everybody Lost Somebody" demonstrate that even the upbeat, pop-y songs have dark roots. When trying to hear what a crowd member was yelling ("Do you want to get a drink with me?") Antonoff revealed that he was on medication to manage his depression and consequently could not get a drink or even smoke pot with the person who yelled. He later implied that the management of his illness has been tumultuous and challenging, but a source of lyrical inspiration.

The group closed off their set list with three high-profile songs, "You're Still a Mystery," "I Wanna Get Better" and "Don't Take the Money." While the first and third songs listed recount experiences in romantic relationships, "I Wanna Get Better" harkens back to the personal struggle Antonoff (and many of his friends) underwent in their management of various mental illnesses. As the title suggests, the narrator of the song tells the story of someone dissatisfied with themselves; the resolution is "I put a bullet where I shoulda put a helmet," a reference to a choice many people dealing with mental illness elect.

While much of the concert was all cheers and band banter, I picked up on the darker undercurrent resultant from the inspiration of each song's emotional lyrics. Bleachers were truly masterful in their performance. They both demonstrated their excellent musicianship while also hinting at the inner struggles bandmates and audience members alike share. If you are looking for subtle yet gripping lyrics and a pop-rock sound, look up the band on your music app of choice; I promise you will not be disappointed.

Hillel Sedar Celebrates Jewish Life at Bates



Hillel gathers for the Bates Sedar. JAMES MACDONALD/THE BATES STUDENT

SOPHIE ROCKLAND
CONTRIBUTING WRITER

The first Seder of Passover at Bates, held on Friday, March 30 in Memorial Commons, was a great way to kick off the holiday. As someone who has been to a few Hillel events, I found this one to be organized especially well. Twenty or so round tables were filled with friends talking, laughing, and reading the Haggadah (the text recited at the Sedar) together. Co-presidents Brooke Drabkin and Matthew Winter led us through the service, beginning by explaining the reason for the newly introduced orange on the Seder plate; it is a symbol of women's rights as well as a symbol of gays and lesbians and others who are marginalized within the Jewish community. In addition, each orange segment has a few seeds to be spit out, a gesture that repudiates homophobia.

Next, we delved into the service, lighting the candles, saying the kiddush, and breaking the matzah. All first-years in attendance were then called upon to read the four questions. The first question we ask is "How is this night different from

all other nights?" with the main difference being that on most nights we eat sitting up or reclining, but on this night we recline to commemorate the freedom of the Jews. The second question, "Why on this night do we only eat matzah?" deals with the idea that the bread did not have enough time to rise as the Jews hastily left Egypt and this was also the bread the enslaved produced. The answer to the third question "Why on this night do we eat maror?" is that it reminds us of the bitterness of slavery in Egypt. Finally, the fourth question, "Why on this night do we dip twice?" allows us to understand that the salt water in which we dip the herb into is bitter to represent the tears the Jews cried in Egypt and that dipping food is considered a luxury and a sign of freedom. Reciting these questions in Hebrew after not reading them for years was slightly difficult, but made easier by the help from my peers; everyone was leaning on one another, allowing all first years to participate in reciting the four questions.

We then delved into the ten plagues, putting ten drops of wine on our plates to represent each

of the plagues: blood, frogs, lice, beasts, cattle disease, boils, hail, locusts, darkness, and plague of the firstborn. As we continued along in the service, eating maror, charoset, and matzah, everyone seemed to thoroughly enjoy each other's company as well as the story of Passover, told shortly but succinctly throughout the service. After some more prayers and Dayanuh, it was time to feast. Dinner was spectacular with all the favorites: charoset, matzah ball soup, kugle, and honey glazed chicken, followed by flourless chocolate cake and macaroons for dessert.

Overall, the night was special and the perfect way to begin the celebration of the holiday. Being away from home during the holidays can be difficult, and so the warmth and happiness of the Sedar was comforting for many. On Saturday night, there was a Sedar at the local synagogue, which is a great way for the Bates community to interact with local community members. Passover is an important holiday for the Jewish community, as it symbolizes their freedom from slavery in Egypt; celebrating with a Bates Sedar was the perfect way for it to begin.

ABBOTT

CONTINUED FROM PAGE 1

I came across this job...I think I might have seen it when I was applying for different positions my senior year. I figured it would be a good fit for me, a good post-Bates job (even though I'm still here), something to kind of transition from being a student to learning about the arts and learning about education and other jobs within a museum, and it has been very helpful thinking of what I want to do long-term.

BS: So when you came to Bates, what was your thinking for your career path?

AA: I did a lot of back and forth. When I first came to Bates I knew that I loved art, and then I took a few education classes and I really loved that, so I was thinking about ways to merge the two, but then I was also a psych major, and that also came into play. I was starting to lean more towards doing research about well-being and then I realized that art was my passion and I really enjoyed sharing that with other people, whether that was through teaching or producing my own art. I wanted to be in a position that allowed me to explore different opportunities in both fields. I am still struggling with figuring out what path I want to go down, but you never know what opportunities will arise so you just have to be open minded.

BS: Ok now a couple fun questions, what was your favorite class that you took as a student here?

AA: Oooh that's tough there are so many! I have two favorites. One that led me down the route of education was "Perspectives on Education" with Mara (Prof. Mara Tiek-en), she's an incredible teacher, and I learned a lot from her. The other one would be, I'm forgetting the exact name of it, but it is with Professor David Cummiskey, Philosophy of Health I think. That one was incredible because you learned about how different cultures approach health care and it's so different from everything I was studying in art.

BS: Okay two more favorites, favorite work of art and favorite thing in Commons?

AA: Oh my gosh, I have so many. I feel like it always changes for me. A consistent favorite is Edgar Degas, some of his pastels are just incredible. The artist that I am working on an exhibition for right now, Dahlov Ipcar, is amazing too. She has these incredible paintings with geometric patterns and animals that she basically painted from her imagination. Commons...just everything. One of my favorite desserts is the chocolate no bake cookies — so good. I also love the nuggets that they do. Oh and I miss the omelet bar, I wish I could have that back in my life!

DANCE

CONTINUED FROM PAGE 5



Dancers perform in "Jezebel Dagger." JAMES MACDONALD/THE BATES STUDENT



Drew Murdock '21 performs. JAMES MACDONALD/THE BATES STUDENT



Dancers perform in the 2018 Spring Dance Concert. JAMES MACDONALD/THE BATES STUDENT

Women’s Softball

A Tough Week for Women’s Softball

SOJUNG KIM
STAFF WRITER

The Bates women’s softball team has had an unbelievable start to the season so far. With nine wins total, captain Victoria Fitzgerald ’18 comments about what she thinks has contributed to the team’s success.

“Our trust in each other, ourselves, and the process has been a main contributor to our success,” she says. “In Florida we had some games where we had to work really hard under high pressure situations to pull off wins, because we had a strong confidence and trust in each other, ourselves, and the process.”

Even with great success, there are times where a team will fall. This was unfortunately the case during Friday and Saturday’s games for the



Bates softball player throws to teammate during practice. SARAH DU PONT/THE BATES STUDENT

Bobcats. On Friday, March 30 and Saturday, March 31, the team lost all three games to Trinity College.

On Friday, the Bobcats fell 9-1. Through three innings, the Bantams had an 8-0 lead. In the first inning, Trinity got things going when Erica Merullo started with a base hit before swiping second. The Bobcats threatened for a comeback in the second inning after a walk by Mary Collette ’21, single from Paige Ahlholm ’18, and bases loaded by Kirsten Pelletier ’20. Unfortunately, the Bobcats were left off the scoreboard for the time being.

The Bantams scored twice more from Jenna Thomas’ double to deep left center that scored Nicole Town-er. Later, Thomas scored on a passed ball. In the third inning, Trinity took advantage of three errors made by the Bobcats, putting them in an 8-0 lead.

After a scoreless fourth inning, the Bobcats came back in the fifth when Andrea Russo ’19 led the inning off with a walk and scored on a sacrifice fly by Collette. Pelletier kept the Bantams from scoring in the home half, but the Bantams came through the following inning.

On Saturday, the Bobcats played two games against Trinity. In the first game, the Bobcats fell 6-5. In the first inning, Bates took a 2-0 lead on a two-single run with two outs by Collette. Soon, the Bantams went ahead 4-2 with run-scoring singles by Treglia and Courtney Erickson. The Bobcats then took the 5-4 lead but Trinity was able to tie the score when Thomas blasted her first career bomb. Although it was a close game, the Bantams ended the game 6-5 when Bantam’s Maeghan Race punched the game winning hit.

In the second game, the Bobcats fell 4-3. Bates led the game 3-0 after three innings. Trinity’s Race singled and scored an unearned run in the



Bates softball player practices catching skills to prep for the weekend. SARAH DU PONT/THE BATES STUDENT

fourth inning. Then, Trinity’s Michelle Treglia gave Trinity its lead of the game with her second and third RBI of the afternoon, winning 4-3. Bates’ Caroline Bass ’21 was 5-for-7 with three runs scored and two steals, and both Julia Panepinto ’20 and Russo had three hits in the twinbill.

Having lost all three games this weekend, Fitzgerald mentions that it was a hard moment for the Bobcats. “I would say that some of the hardest moments came from the games we played this weekend,” she says. “However, there were some great learning moments from those games. Coach Barnes actually referred to those games as two ‘learners.’ The team saw how competitive the NESCAC is, and how important it is that we do not let up at all during our games.”

Fitzgerald then remarks that this

was definitely a learning experience for the team. “We didn’t come out on Friday as strong as we could and got a bit of a wakeup call with that game. However, I was impressed with how we bounced back on Saturday by putting together two great games that just didn’t go our way,” she says. “On Saturday, the team was extremely resilient; we battled in both games. Both games were really heartbreakers that could have gone either way. In our next series, the team is ready to come out strong in the first game and to build on that with the next games.”

With one of the best team dynamics Fitzgerald has ever seen at her time at Bates, the support and culture within the team will not only help win their best game, but hopefully also clinch a spot in the NESCAC playoffs.

From Practical to Weird: Superstitions in Sports

VANESSA PAOLELLA
STAFF WRITER

If you talk to any athlete at Bates, you’ll find that each has their own unique pre-competition routine. While many of these actions are practical and are done out of necessity, others may seem odd and nonsensical. People in all walks of life hold personal superstitions. However, athletes may be the most fanatical of them all.

For most athletes, these superstitions seem to develop out of small habits: what they eat, the music they listen to, and the way they prepare their gear before a game. Then, what once was an unmentionable routine begins to take on a new significance, something that may even border on spiritual.

Even as athletes recognize the futility of these actions, they often continue to follow these customs until they are either forcibly broken, or when there is a significant change in the athlete’s life, such as the transition from high school to collegiate sports. Yet, it would be erroneous to believe that personal superstitions remain unchanged over the years.

Three-time All-American Katherine Cook ’18, a member of both the cross country and track teams, says that her pre-race routine and superstitions are always changing, though some have remained the same.

Before a race, Cook notes that she always has to have at least one coffee, drink water with several dissolved electrolyte tablets, and eat a banana an hour before her race “every single time.” Additionally, she makes sure to add a downward-dog stretch to the usual warm up routine and wish everyone at the start line good luck.

“Sometimes, I think of some kind of mantra before running. Depending on what I think my biggest struggle at the moment is, if I’m feeling extra nervous about the

race, my mantra might be ‘courage,’ which I would repeat over and over before racing.”

While many of these current habits may seem practical and useful for settling nerves, she explains they have not always been this way.

“One of my earliest traditions was that I had to wear a pair of bright-green, leopard-print spandex under my uniform, and I did that every single [race]. I was on a relay, and my coach said ‘you can’t wear those, because you don’t match,’ and I basically panicked. [I said to myself] ‘How am I going to run without these bright green leopard print spandex...’ That was my first time diverging from my superstitions.”

Similarly, Brianna Karboski ’21, a member of both the cross country and ice hockey teams, says that she feels compelled to re-tape her hockey stick before every game, whether it needs it or not.

“Before a hockey game, I always re-do the tape on my hockey stick, because I think that I play better and handle the puck better with fresh tape. The tape job has to be perfect. If it’s not, then I get super anxious.”

For her, this simple superstition has continued for years: “I got serious about re-taping my hockey stick probably about three hockey seasons ago. I would practice handling a ball with my hockey stick, and I just liked doing it with new tape rather than old tape.”

No matter how strange or impractical these habits may be, each holds a special significance to the person who practices them: championships won, personal accomplishments, and mental preparedness, to name a few. There may be little to no science backing the validity of these actions; however, what matters most is that people believe in them and, in turn, themselves. This sense of comfort can be invaluable to anyone.

BASEBALL

CONTINUED FROM PAGE 1

In the second game of the double header, the ’Cats were able to avoid the sweep by winning 5-3. Justin Foley ’19 earned the win, pitching five innings and allowing only four hits and one run. Notable hitting performances came from Trulli and Jon Lindgren ’20, who were each responsible for two RBIs, accounting for four of the Bobcats’ five runs. Senior captain Jake Shapiro ’18 was also critical to the team’s success in this game. He came in during the seventh inning, striking out three batters and earning his second save of the season. Foley came back from his loss in game one and earned the win in this game against the Polar Bears. Foley’s record is now 2-2.

As March ends and April begins, the team heads into the bulk of their schedule, playing a number of series against NESCAC teams. They will play Colby, Williams, Hamilton, Trinity, and Tufts prior to the NESCAC championships.

With all of these important games ahead, Shapiro says, “Obviously this is a big month for us, so we try to approach every game with the same intensity.”

In addition to this difficult baseball schedule, there is the academic calendar to battle with as well. Shapiro stresses the necessity of staying focused as finals come around, the semester ends, and short term begins.

“These couple of weeks can be tough for a lot of guys as they finish up their classes,” he says. “At this point, we want to make sure that everyone gets their work done and is ready for finals, while also making sure we’re ready for our series next weekend against Colby.” Clearly, this is a hard balance at this time of the school year.

Ultimately, the team needs to maintain focus in order to finish the season strong. To this point, Shapiro says, “In order to be successful the rest of the year, it’s going to be important that everyone does their job and stays focused. Especially with the distractions during short term, keeping everyone focused is going to be important.”

The team will play this Wednesday at home against Plymouth State, and then at home against Colby on Friday.

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The Bates Student

Sports Results from Week of March 26

Tuesday, March 27

Baseball vs. UMass-Dartmouth: W, 4-3

Baseball at Endicott: L, 12-4

Men’s Lacrosse: W, 15-10

Thursday, March 29

Women’s Lacrosse at Saint Joseph’s (Maine): W, 17-3

Friday, March 30

Baseball at Bowdoin: L, 3-1

Softball at Trinity (Conn.): L, 9-1

Saturday, March 31

Women’s Rowing at Simmons with Radcliffe, MIT, Georgetown Lightweights: W, 8-2

Men’s Rowing at Harvard Lightweights, Trinity, Boston College: W, 5-4

Baseball vs. Bowdoin: L, 4-3

Baseball vs. Bowdoin: W, 5-3

Women’s Lacrosse vs. Hamilton: L, 14-10

Men’s Lacrosse at Hamilton: W, 19-9

Softball at Trinity: L, 6-5

Softball at Trinity: L, 4-3

Women’s Tennis at Tufts: L, 8-1

Men's and Women's **Rowing**

Rowing Teams Are Ready to Dominate the NESCAC and NCAA This Spring

SARAH ROTHMANN
MANAGING SPORTS EDITOR

One point capped off an incredible 2016-17 season for the women's rowing team. The Bobcats became national champions as their second varsity eight narrowly defeated the Williams Ephs by one crucial point on Mercer Lake in West Winsor, NJ at the NCAA Championships last May. The men's team also had a remarkable 2016-17 season, as they placed a program-best second in the men's varsity eight and first in the second varsity eight at the New England Rowing Championships on Quinsigamond Lake in Worcester, MA during the same month. Both teams look back at these impressive achievements fondly but are excited for a fresh slate this spring.

"We have a large team this year with a strong freshman class, so we're looking to continue to have good depth on our team," says senior captain Olivia Stockly '18 on behalf of the entire team. "Every year presents a new challenge, so we're not necessarily looking at last year, but rather trying to find our full potential this year."

"As a team we are really striving to solidify ourselves as a dominate force, not only within the NESCAC, but also within the rowing community in general," says men's senior captain Kyle Schueter '18. "We are going into this spring season as deep and as strong, across the board, as the team has ever been. Earning a spot in the de facto D1 national championships, IRA's, is something that all of us have our eyes set on. It would be a NESCAC first and Bates first to get an invitation to such an elite event."

Unfortunately, the beginning of the season has proven to be rather difficult for both teams. Relentless March blizzards have kept the Bobcats off the water during practices and races, delaying the start of competitions. Given the slow start, the teams are antsy to get on the water and face new rivals.

"We'll be racing against some teams we've never seen before, which is an exciting new challenge," agrees Stockly and the women's team. "At this point, we're just ready to get on the water, competition or practice! Coming off the high momentum of the fall, we're all very excited to find



Members from the men's rowing team compete finished third at the Head of the Charles in October 2017.
CONOR CAHILL/COURTESY PHOTO

new speed and face some good competition!"

The women not only dedicate their time to hard work in their erg room, but also test their swim racing talents. "Although we spend the majority of the time in the erg room, every so often we dabble in our swimming abilities with relays and laps," adds Stockly. "Mostly, we are splashing and making lots of noise and thinking about how easily the Bates swim team would put us to shame!"

The men have also made the most of their practices. "We have been putting in some serious hard

work indoors," says Schueter. "The amount of bulk work we have been doing inside only makes us relish the moments we get on the water that much more, and we always strive to make the most of our time outside of the erg room," says Schueter.

Saturday, March 31 saw uplifting feats, as both teams used their intensive practices to their advantage and reigned victorious at their respective competitions on the Charles River Basin. The women competed against Simmons, Radcliffe, MIT, and Georgetown and returned to Bates with an impressive 4-1 win. Although a closer result,

the men competed against Harvard, Trinity, and Boston College and came home with a 5-4 win. The success that the men and women's teams saw this weekend foreshadows an exciting spring of regattas.

"Even though most of our competition has been on the water for some time, we're just excited to get out and see what we can do without water time," says Stockly and the women's team. "At this point, we're hoping for warm weather to melt the river!"

"Also, the indoor work has shown just how strong our team is overall compared to previous years,

and it is very exciting to see such powerful underclassmen making their strides in our program, and who are willing to keep pushing the envelope and limits of our successes," says Schueter.

Overall, on both the men's and women's sides, depth has been added to their rosters with strong showings from all class years. The Bobcats look forward to keeping up the momentum from this weekend and jumping into April and May ready to earn huge strides and historic accomplishments.



Members from the women's rowing team compete against MIT, Georgetown, Radcliffe, and Simmons to kick off the season.
CONOR CAHILL/COURTESY PHOTO

Men's **Lacrosse**

Men's Lax Dominates Endicott College

HANNAH PALACIOS
STAFF WRITER

It was an outstanding week for Bates' men's lacrosse team. Coming off a tough loss versus Williams, the Bobcats headed into a non-conference matchup versus the Endicott College Gulls with redemption on their mind.

The Gulls came out strong, putting four goals up, before senior captain Clarke Jones '18 netted a goal with two minutes left in the first quarter off an assist from Brendan Mullally '20. Endicott responded a minute later, putting the Gulls up 5-1 at the end of the first. The Bobcats would not go down without a fight, scoring in the second at 14:07 by way of senior captain Burke Smith '18, and again a minute later by Matt Chlastawa '20.

Halfway through the second, Bates had tied it up, thanks to goals by Matt Kelleher '19 and Jones. It was scoreless for another four minutes. Then, Chlastawa found Jones for a nice goal to put Bates ahead by one. Less than thirty seconds later, Peyton Weatherbie '21 scored his first career goal off an assist by Sean Clark '20, bringing Bates up 7-5.

Endicott responded quickly with one more. However, another from Mullally sealed the second quarter up, with Bates sitting at eight to Endicott's six after being down by four at the end of the last quarter. The Bobcats never trailed again for the remainder of the game.

The teams traded goals all the way through the third, but the

Bobcats never relented. Jones put a pair on the board with eleven minutes left. The Gulls fought for two more at nine minutes left, but Kelleher responded a minute later off of Chlastawa. Endicott didn't score for the rest of the game. Jack Scribner '21 put another one up with five minutes left, and Chlastawa threw in one more for good measure. The Bobcats took the win with a final score of 15-10.

"After last Saturday's loss, the team knew that we weren't going to be given anything, especially in a conference like the NESCAC," says Peyton Weatherbie '21. "That is why Tuesday's game was important for us. It was important for us to get back to our fundamentals and get back in the win column. Now that out of conference play is over, we know that every game is a play-off game, and we are excited to take advantage of every chance we get to show other teams in our conference what we can do."

That proved to be sound advice, as the Bobcats dominated in an away game versus the Hamilton College Continentals. Bates came exploding out of the gate, winning the face off and scoring the first goal of the match within the first minute by Curtis Knapton '20. Bates scored two more before a response from the Continentals, an unassisted goal from Jones, and then one more from Chlastawa assisted by Parker Strong '18.

Jones and Chlastawa are currently tied at the top of the conference with 33 goals, with Chlastawa topping the NESCAC with 59

points and Jones at a close second with 47 points. Bates responded to Hamilton's only tally of the game with two more shots by Mullally and Chlastawa at 3:42, just shy of the last minute of the game.

The Continentals pulled out one more with just 26 seconds to go in the first quarter. The second quarter was completely dominated by the Bobcats, with Jones scoring back-to-back goals in the twelfth minute.

Add to that one more by Knapton, Scribner's first of the game and another for Chlastawa, and the score was 10-2 at halftime. Hamilton came back in the game after the break, putting up four goals and leaving Bates scoreless up until nearly the fifth minute. Jones and Chlastawa teamed up for one, which Hamilton quickly retaliated. The duo quickly put up two more to close out the third, first by Jones unassisted, then a buzzer beater by Chlastawa fed by Jones.

Bates extended their lead in the fourth to seal the deal, outscoring Hamilton 6-2, with goals from Dahniq Brown-Jones '19, a pair by Mullally, one more from Chlastawa/Jones, one from Andrew Small '19, and the first career goal by James Gruver '21.

"It was a really fun and exciting game. Getting another NESCAC win means a lot to everybody on the team and is something we will absolutely build off of. I think we all are excited to keep proving what we are capable of this season and are working hard to keep moving forward," says Drew Collins '20.



Curtis Knapton '20 drives toward the goal.
SARAH DU PONT/THE BATES STUDENT