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Student Album **Feature**

Page **VII**



Vol. 149, Issue 1 September 19, 2018

The Athlete's Balancing Act Page x



Sarah Rothmann, Editor-in-Chief



The Erroneous Ecstasy of 80s

"80s dances are a staple for many U.S. universities and schools, and all are united in a simple idea: nostalgia."

> EIGHTIES, **PAGE IV**

Christopher Hassan, Managing Forum Editor

President Clayton Spencer Voices Her Vision for 2018-19 and Beyond

Sarah Rothmann, Editor-in-Chief

September is always a hectic month at Bates College. New and returning students are settling into their dorms, classes, sports, and clubs. Faculty and staff are prepping for courses and campus events. Ultimately, everybody is transitioning from the relaxing summer months to a bustling start to the fall semester.

At this year's Convocation, President Clayton Spencer, Student Government President Walter Washington '19, and Associate Professor of History Joseph Hall discussed the importance of empathy when cultivating a community of engaged students, faculty, and staff. As a senior, I wanted to pause and begin this 2018-19 year with a clear understanding of what's on the rise for the Bates community.

When thinking about "empathy," I also realized that this will be my fourth year on campus and I know little about its roots. President Spencer was kind enough to address my questions and engage in a conversation about the academic, administrative, and social goals in store for Bates.

The Bates Student (TBS): What were your first impressions of Bates?

Clayton Spencer (CS): First, that Bates was a really academically serious place with a noticeable engagement between faculty and students. The seriousness of that engagement culminates in the thesis or capstone experience. I also noticed the vibrancy of the student

Finally, I was struck by how Bates was founded as an institution

actively engaged with the issues of its time in a progressive way. We had the notion that all human potential needs to be developed.

TBS: In what ways has Bates changed since your arrival to cam-

CS: It felt to me that it would be a long-term threat to Bates if we didn't engage with Digital and Computational Studies. We have a number of courses already off to the races this year. I thought we could also do a much better job of making a case for the liberal arts as the most adaptable preparation for a life in a time of work and career. I think we needed a much more grounded and explicit philosophy about what we are doing so there came Purposeful Work.

TBS: What are some valuable lessons you have learned from your time as a student, and President, that students can carry with them this year?



to pull back the frame, broaden interests and explore early enough so you can really find out what sparks your creativity. I didn't develop my own agency in running my life. I kept asking what was expected of me and 'will I perform?' 'Will they choose me?' What you really want

ture of persuasion. It is not a culture of positional hierarchy. **TBS:** What is your vision for this

I need?' and 'How am I going to

push through things?' I have also

learned that the best ideas in any

organization come from the people

who care the most and are affected

the most. Finally, college is a cul-

academic year and beyond?

CS: Number one, I am super excited about Malcolm Hill as the new dean of faculty. He is addressing faculty concerns and paying attention to the coherence of the academic experience for students. Second, we need to continue our upward trajectory in admissions and fundraising and work on the quality and vibrancy of student social life.

TBS: How have you been involved with The Bates Student in the past?

CS: I am completely accessible. I think it is an important communication device so I am happy to work with you on whatever basis you want and make it a priority. Writing for the newspaper does three things: it hones your thinking, your writing and your modes of expression which are only going to serve you well throughout life. It helps you learn what is going on at this institution.

TBS: Any words of wisdom for seniors to make the most of their last year as students of the college?

CS: I think it is worth pausing. It may be excessively dorky, but I actually think it could be fun to create a bucket list of things at Bates and in Lewiston/Auburn you haven't done and would like to do. I am psyched for this year!

"College is a culture of persuasion. It is not a culture of positional hierarchy." —Clayton Spencer

CS: I didn't take enough risks early enough – intellectual risks. I always tell students at the time of drop-off

to say is 'I am driving this bus and how am I going to get the skills

PLOTting for a Sustainable Future

Margy Schueler, Contributing Writer



Chances are, if you've visited the vegan or salad bar in Commons since classes have started, you've been fortunate enough to sample produce from the newly instated Bates Garden. Located just west of campus off Russell Street, it's a quick walk to the 1.6-acre plot. In one year, the garden has gone from an ambitious idea to an impressive reality. Nell Houde '18 worked all of last year to establish the Bates Garden and create the Bates Garden Club, PLOT. Her efforts paid

off, and with the help of Bates faculty and volunteers, the garden was conceived in the spring.

This summer, two students had the opportunity to stay at Bates and cultivate about a quarter-acre plot of land, producing vegetables for the Bates Dining Services and learning what it's like to manage a sustainable garden. All involved in the garden are looking forward to its advancement and evolution for the 2018-2019 academic year.

The Bates garden is a student-run

operation, and as senior Isa Moise '19 put it at the first PLOT meeting this past week, "A garden takes

a lot of work." Especially if the garden is fully functioning and moving towards sustainability like the Bates Garden.

Heading up the Garden
Club alongside Moise is
senior Katherine Gaillard
'19, who when asked what
students should know
about the garden, said, "The num-

ber one thing people should know is that it is a productive garden and giving back to Commons."

So far this summer, the garden has produced over 573 pounds of tomatoes, 379 pounds of cucumbers, 624 pounds of summer squash, as well as an impressive array of other fruits and vegetables. All of that produce goes directly to Bates Dining Services.

The garden will soon begin prepping for the winter season, fortunately there are many opportunities volunteer get involved. Things need to be done to prepare the garden, such as building cold frames, which wooden frames with covers on top that help extend the growing season. Soil also needs to be tossed in order to loosen the ground and improve drainage. For the

Garden Club is considering greenhouse and re-

spring time the

getting its own greenhouse and removing some more of the trees and

"The number one thing

people should know is that

it is a productive garden and

giving back to Commons."

—Katherine Gaillard '19

foliage that mar the plot. PLOT is seeking people to aid in all of these ventures. To help the garden, students can also sign up for times to water, or simply pull up weeds when they see them.

The two leaders want Bates students to know that the garden is a welcoming space for everyone. Gaillard and Moise both stress that students can choose any amount of involvement they would like and point out that the garden is there to serve whatever purpose students need. That can mean anything from getting your hands dirty to involving yourself in some of the administrative aspects of the Garden Club.

The garden will have open hours from 10 to 12 pm on Tuesdays and 11 to 1 pm on Saturdays. Students can use this time to support the collective efforts of PLOT or simply spend time acquainting themselves with the garden.

At the end of the day the garden is there for students to learn. "It is important for you to be connected to where your food is coming from," remarked Gaillard.

In addition to monthly meetings, PLOT is looking to have community talks on topics relating to sustainability, food justice, and obviously gardening. The club is hoping to have speakers from places like the Trinity Jubilee Center.

If you want to take part in the diverse range of opportunities PLOT has to offer, you can attend the next meeting which will be held October 10 at 6 pm in the

Environmental Studies lounge in Hedge Hall or stop by the garden during any of its open hours.

Foreign Language T.A. Spotlight: Alina Popova

Madeline Polkinghorn, Assistant News Editor

Last year, The Student ran a column highlighting the invaluable work done by foreign language teaching assistants. This week I spoke to Alina Popova, the new teaching assistant for the Russian department.

When learning a difficult language like Russian, students stress the importance of a teaching assistant in the foreign language learning experience. According to Russian student Gabe Nelson '20, "It's useful to have someone who's actually from the country you're learning about so you can learn about their country from their perspective."

For Andrea Glenn '19, learning with a foreign language TA "[A] dds diversity in what you hear, because Dennis [Browne, Associate Professor of Russian] and Alina sound very different, which strengthens our knowledge of the language."

The Bates Student (TBS): Hi Alina! Where are you from?

Alina Popova: I am from Orel. It's a small provincial town in Russia about 500 kilometers from Moscow, our capital in the central part of Russia.

TBS: What is your hometown like?

AP: My hometown is small. It used to be an industrial town, but nowadays there aren't many factories there. It has become more urbanized I think, and reminds [us] of big cities like Moscow. We have no metro, but still at least there have

appeared some things you can do on the weekend, some places where you could go out. My town is changing.

TBS: Why did you decide to teach Russian?

AP: I was mainly interested to teach Russian because I love international communication and I love different cultures, getting to know new people. I take it as my own education because you're always going to find something that you can learn from other people. I'm glad to represent Rus-

TBS: How have you liked Bates?

AP: Oh, it's a super, super social college! There's always lots of activities to do. Everyone's so helpful and amiable and gregarious... I love it. One more thing I especially love about Bates

is that all the

activities are super organized, there are lots of people who are in charge of particular things, particular

jobs. It's very organized and well

TBS: How have you adjusted to living in America?



AP: I have a cousin living in New York and I spent about a week there before going to Bates. He

gave me some advice. He told me what American people are like so I was ready to face a new culture at Bates College. But still, it took me about five days to get adjusted because it's another pace of life I'm not used to. So

hectic, but in a pleasant way.

TBS: Do you ever get homesick for Russia?

AP:

Frankly speaking, I can't say that I'm homesick. I'm missing my parents, missing my friends. But most of my friends live not in Russia. They have already moved to Italy or Israel. I miss my people.

TBS: When did you learn English?

AP: I learned English since my early childhood, when I was in the second form at school. So practically all my life I have been learning English and English speaking cultures.

TBS: Are you taking any other

classes at Bates?

AP: Yes, I am taking French. I started learning it in Russia at my university. I feel that I lag behind other teacher's assistants because they have more experience with living in an English-speaking country... that's why I've also decided to take an American literature class, to pick up some vocabulary and listen to other people express their points of view and attitudes.

TBS: How long will you be teaching at Bates?

AP: For eight months, so I will be leaving at the end of April.

TBS: Do you have any future plans after Bates?

AP: I hope I will be invited back [to Bates] one more time. I love this culture very much and I love the surroundings. There are lots of trees and greenery. Teaching at Bates College is a once in a lifetime opportunity. It's a life-changing experience, and it's sure to change me as a person and as a specialist. I'm also going to take a master's degree because I have only finished my bachelor's degree. Frankly speaking, I'm not sure which direction I'm choosing yet because there are so many interesting things and I need to be sure on what exactly I want to be focusing my attention on for the nearest 10 years.

†

Christina Perrone, Managing News Editor

Commons Napkin Board Artist Eludes All

If you've ever found yourself shuffling through the dish return line amidst the post-12 o'clock lunch rush—AKA the great exeunt of Commons—you've probably entertained yourself by reading the fresh and quirky "Napkin Board" along the wall.

Cheryl Lacey, head of dining operations at the college, sat down to talk with The Bates Student about the job of the elusive Napkin Board Correspondent who writes the creative responses.

The esteemed position of Napkin Board Correspondent is a privilege exclusive to seniors. "We limit it to seniors to begin with because we feel that seniors have had the opportunity to get to know Commons intimately. They also have had three years of checking out other responses to napkins on the board," Lacey explained.

Lacey looks for someone with wit and creativity in their responses. All candidates submit a short writing sample to showcase their sense of humor. One of the more memorable submissions was a student's screenplay set in Commons.

With the growing popularity of memes, some students also submit some original meme work to show they've got what it takes for the job.

The first step in the Napkin Board process comes from the students themselves. Commons eaters are welcome to pin their questions, comments, original artwork, inspirations to the bulletin board in Commons.

"I love the napkins that will REALLY get out there," Lacey said. She went on to give an example of a student who had a really elabor-

Abigail Kany, Contributing Writer

ate theory about the Illuminati and its presence on Bates campus and how it related to the food being served. "It was two napkins long. Somebody really took the time to craft that," she said.

Among the many napkins each year, there is usually one napkin in which someone makes a case for something they want in Commons, to which they then add, "Clayton Spencer wants it too." Cheryl laughs, "I've had conversations with Clayton Spencer..."

If you've been waiting on the edge of your wooden Commons chair all week, waiting for the declarative napkin that will signal a yes or no to your avocado request, don't bother keeping your eye on the comings and goings of napkin-wall dwellers. You'll never see the Napkin Correspondent at the wall.

"The thing here is that the Napkin Board Correspondent is guaranteed complete anonymity," and there is an art form to this," Lacey explained. Lacey takes down the students' napkin requests on a Monday and scribbles a general guideline for the senior: "yes" or "no." This collection is put into an envelope and pinned somewhere

secret in Commons for the incognito writer, who knows the rendezvous location and can covertly collect the napkins. The respondent then emails Lacey (usually by Wednesday) with a first draft response.

At this point in her explanation, Lacey pointed out, "You've probably figured out there's a little bit of poetic license the student is allowed to take while responding to the napkins."

Lacey continued to explain that the writer has complete agency over responses and only rarely does she need to step in and suggest that perhaps a line is being crossed in a response. "There's a certain amount of snarkiness that students anticipate in the responses, and that's fine!" she said.

After getting the OK from Lacey, the envelope is returned back to the rendezvous point with the sticky note/meme responses ready to go. Lacey collects these and pins them up Friday morning.

"Nobody sees them pinning up or taking down a napkin. That way nobody knows who the napkin board respondent is. The anonymity gives them extra creative freedom," she added. "I constantly get asked who the Napkin Board Respondent is, but I never reveal."

The Commons Napkin Board is a longstanding tradition that's been here long before Cheryl Lacey began running Commons dining over twenty years ago. No one knows exactly how it started: "I think someone just pinned a napkin up one day and they just kept coming," Lacey said. It's been a lighthearted and fun way to communicate requests and compliments to our lovely dining facility and highlights the comfortable and interactive atmosphere of Commons.

For interested seniors, feel free to email questions about the application process to clacey@bates. edu. The job "Napkin Board Correspondent" is posted on Handshake under Dining. Cheryl's advice? "Give us your best in your creative writing sample."

There's Something About Rom Coms

Christina Perrone, Managing News Editor

On Wednesday Sept. 13, 2018, Professors Sue Langdon of the Psychology Department and Josh Rubin of the Anthropology Department held a lunch discussion centering on gender roles and sexual violence in romantic comedies, or "rom coms."

The discussion is the first in a year-long grant series of monthly lunches coordinated by Bates Alumna Sadie James '17, who currently works as a project coordinator for the Bates Department of Justice and Office of Violence against Women campus program.

"We want to change the conversation from,

'Oh, this is so bad, evil, etc.' to really speaking towards a more primary prevention, started Lang-"because don, we do think we can bring down rates of sexual violence if we have these types of intentional conversations."

As part of an opening exercise, Rubin asked those attending the lunch to think

about some of the most "reductive, problematically, commonsensical conceptions of gender that come immediately to mind."

Students and staff contributed keywords such as "Demure," "Irrational vs. Rational," "Assertiveness vs. Passivity" to start the conversation on some beliefs portrayed in popular culture.

After writing keywords on the whiteboard, Langdon turned back to the audience, "So let's talk about some of the myths that we have, or society has, if you will, about sexual violence. Why don't we primarily focus on stalking, because when we think about Rom Coms in regards to sexual violence—that's what we see a lot of."

Rubin responded, "Going backwards to another distinction, I was thinking about the mysterious and transparent. And this comes from

this idea that there's tons and tons of literature about the way that women are represented as a mystery that then have to be puzzled out by men. An extension that it might have in stalking is like if you could just know somebody and what they actually care about, you get under that mystery and know who they are. And so, like the trope of finding someone's diary and reading their diary as like 'I can see inside your head now! Your mystery is gone and now we can love."

After more conversation on common tropes in rom coms."

Professor Rubin discusses the role of sexual violence in Romantic Comedies.

CHRISTINA PERRONE/THE BATES STUDENT

Langdon then turned on the projector to show a short video about stalker behaviors in rom coms. "The Washington Post, a while ago, posted a really nice four minute video clip which summarizes a lot of what we've been saying and also gives some really great examples," she explained.

The video exhibited clips from movies such as "Say Anything," with John Cusack holding a radio, and "Love Actually's" poster scene. After reporting statistics of stalking in the U.S., the video played a re-edit of "There is Something about Mary" with eerie music playing over scenes depicting stalking and possessive behaviors—exposing the often overlooked instances of sexual violence in films.

After the video, students and staff discussed other movies in the genre that made light of posses-

sive behavior and stalking including "The Notebook," "You've Got Mail," "Pretty Woman," "Overboard," and even "Groundhoug Dav."

Day."

"It's a story of amnesia, in the sense that she's living the same day over and over again," said Rubin on "Groundhog Day." "He gets to try different things and learn more about her, and then of course, at the end, because he's realized how bad the previous iterations of himself were, she in effect had to suffer through all of those—if we take all of those days to be equally real. So it's kind of like he gets this person-

al growth at the expense of her stasis."

During the final moments of the discussion, Langdon asked, "How do we think about having healthier gender roles but still have fun, still have movies?"

Possible solutions from the crowd included the importance of communicating, keep-

ing active in while listening, and thinking critically especially when watching romantic comedies or TV shows like "The Bachelor," that depict problematic conceptions of gender roles and sexual violence.

To Rubin, critical thinking should not be a chore, but rather a rewarding exercise. "[There] is often this idea that you enjoy a movie and then you think more about it, and you then don't like it. You're like, 'Oh, the tropes in this were really bad.' But does that make thinking critically not fun?" he explained.

"I think that understanding why I like something is in fact a really rewarding and fun exercise. So if you watch a movie and like it, but there's a trope in it that you can't quite figure it out—go on Reddit!"

Mock Campaigns Kick Off at Bates

Georgina Scoville, Contributing Writer

At noon on Wednesday, Sept. 12, students approached Commons to find it transformed. A podium, an American flag, and a golden retriever replaced the typical spattering of penny boards and scooters. Max Gardner '20 stood at the center of the display, announcing his intention to run as a Democratic candidate for President as part of Associate Professor of Rhetoric, Film, and Screen Studies Stephanie Kelley-Romano's course "Presidential Campaign Rhetoric."

Gardner was chosen for the class last spring, after Professor Kelley-Romano selected fifteen students out of around thirty who had attempted to petition into the class. The course is viewed as a notorious seminar in the Rhetoric department, particularly for those majoring or minoring in Rhetoric.

The process lasts until November, when the mock campaign culminates in a vote by the student body and soon after, an inauguration. In the meantime, the class participates in simulations of what happens during presidential campaigns, which "helps [them] see what would happen in real life and really be immersed in the process," says Lucy Faust '20, who plays the role of Gardner's spouse in his campaign. Some of these simulations include debates held during Back to Bates weekend, a town hall, and be considered in the comming weeks.

released in the coming weeks. Dylan Metsch-Ampel '20, Campaign Manager of the Republican Party, added that one of the goals of the course is to help give the students a preview of what it takes to run for public office. He believes that this "promotes political involvement because it may encourage [them] to actually run in the future, to appreciate the reality of running a campaign, or both." The mock campaign helps involve students across campus as voters whilst also instructing a smaller class to take a deeper look at the process of campaigning.

Although the Democrats are running as a more traditional ticket, Faust explained that Gardner was chosen not because he was male, but because their team felt he was most qualified and would be a great candidate. Important to

their campaign are values of inclusivity; their goal is to be supportive of everybody in the community regardless of what they look like, or the identities they align with. "For us, that means that what we look like isn't necessarily going to represent the policies that we support," explained Gardner.

The Republicans, meanwhile, chose Julia Panepinto '20 to run for the party. Her campaign kicked off at 3:30 p.m. on Sept.14 by the Puddle. During her speech, female students looked on, holding posters with the words "Women for Panepinto."

Although the Democratic team may have an advantage since Bates is predominantly liberal, the Republican team hopes that utilizing a female candidate will help to dispel negative stereotypes surrounding their party.

Metsch-Ampel explained, "When our group met to decide campaign roles, Panepinto expressed that she wished to run. She is a great student and candidate, so we were all excited that she wanted to run," and acknowledged that, "there are certain advantages to having our candidate be a woman."

Competition aside, both parties expect that their mock campaign may have the potential to positively influence the political involvement of Bates students.

Faust hopes "that this campaign gets everyone at Bates excited to vote. November—no matter what party you align with—is going to be a really influential and important election, and traditionally many people don't vote in the midterm elections."

Regardless of who wins the class's internal election in November, the mock campaigns could be able to increase the voter turnout for Bates students, an outcome even more impressive.



Kyle Larry, Assistant Forum Editor

Nicholas Morgoshia, Assistant Forum Editor

80s: Do the Right Thing

Christopher Hassan, Managing Forum Editor

Since the moment I stepped on campus as a first-year, the 80s dance was instantly infamous amongst current students. "80s Weekend" is, for many first-years, the first big initiation into the party life at Bates. We all can recount our AESOP leaders making small talk during our trips and hyping up the first big dance of the year. 80s has always had a kind of forbidden veneer to it. It is the biggest event put on by Bates that hosts the most debauchery per square centimeter.

In many ways, this hype is well earned. This year alone, the Chase Hall Programming Board in cooperation with other groups like Filmboard and the Office of Intercultural Exchange worked tirelessly since Friday night on events. These included trivia in Commons, a kickback open mic celebrating 80s hip hop and R&B, and a screening of "Back to the Future" (a personal favorite of mine).

80s dances are a staple for many U.S. universities and schools, and all are united in a simple idea: nostalgia. All decade dances are rooted in the idea of reviving forgotten trends in popular culture from fashion to music to cinema. Dances like 80s ask us teenagers and 20-somethings to immerse ourselves in fond memories for a decade we never experienced. In 2018, with hit shows like "Stranger Things," movies like "Thor: Ragnarok" and it's retro aesthetic, and hit-songs like "Africa" by Toto making meme history, it seems more appropriate

than ever that Bates follows in this tradition of second-hand nostalgia.

But that is ultimately the deceitful nature of decade dances. They are always a sort of revisionist reenactment of history. We do not actually attempt to recreate authentic fashion from the 80s. Our neon workout clothes and wacky shirts are for most (myself included) a distorted version of actual 80s fashion. Us Bates students mimic our looks off of our friends who mimicked their looks off of students who came before them who mimicked their looks off of people who came before them. We are so far removed from the meaning this culture had for its original actors that Iean Baudrillard himself might as well have coordinated the wardrobe for the evening.

pop culture For other moments, our second-hand nostalgia goes beyond caricatures of 80s style. Despite all the greatness to be found in classic films and TV tropes, we too easily forget how different things were in these "politically incorrect" times. We reenact a decade when gay slurs and derogatory words for neuroatypical people were everyday vernacular. We look longingly on the romance and hijinks in movies like "The Breakfast Club" and "Ghostbusters" while ignoring the blatantly misogynistic actions of the main characters that we, the audience, are expected to forgive.

like "Africa" by Toto making meme
history, it seems more appropriate
This last distorted memory is, to me, the greatest sin of 80s.

It's no secret that so many people (women, sexual, and gender minorities in particular) walk into this night knowing they will have to navigate unwanted touching, coercive contact, and all manner of toxic behaviors. And this is despite (or perhaps in spite of) the first weeks of the school being filled with Green Dot trainings, Bates students and staff working to provide contraceptives and medical resources, and many important lectures on consent. Unfortunately, it often seems that those legendary 80s stories told in tandem with these lectures serve less as cautionary tales than as challenges to be out done.

In many ways, this might be the biggest callback to the actual 80s; a decade where queerness was disgusting, women could only excerpt power in manufactured spaces (this was, afterall, the dawn of corporatist feminism), and the modern characteristics of toxic masculinity began taking hold.

I can't say I hate 80s, because I don't. This year and every year past, I've had great times with my friends and I have my own share of crazy stories to tell. But morals and standards don't take a night off. Respecting consent and truly learning about the good and bad of older cultures are duties we cannot and must not shirk on. So for those of you who still have three, two, or even one 80s dance left at Bates, I offer some simple advice from what is, in my opinion, the best movie of the decade: "Always do the right thing."

So What's Wrong With a War Crime?

Ashka Jhaveri, Contributing Writer

In his first major public appearance as National Security Advisor, John Bolton attacked the International Criminal Court on the eve of the seventeenth anniversary of 9/11. Why? The ICC is said to be announcing an investigation into possible war crimes committed by American troops in Afghanistan. His aggressive and hostile 50-minute speech left people torn on what side to support.

The court was established in 2002 in response to the egregious actions committed during the Rwandan Genocide and the ethnic conflicts in the former Yugoslavia. It's primary directive is to handle issues of genocide, war crimes, and crimes against humanity. 123 countries are considered parties to

countries are considered parties to the court, and only those who have agreed to the court's legitimacy may be subject to a trial. The United States is one of many countries who has not agreed. However, Afghanistan did and has made any and all crimes within their borders subject to trial, regardless of the

criminal's country of origin.

Bolton, upon feeling as though U.S. sovereignty was somehow at risk, threatened judges with travel bans and sanctions. He carried the views of the White House on his back as he tore into the institution. At the end of the speech a rousing applause solidified the fact that, according to our administration, the United States is above the idea that all nations should be bound under international norms to correct and punish horrific crimes. This is an arrogant and unrealistic statement.

Mr. Bolton was Under Secretary of State to President George Bush in 2002 and has made a career out of his hatred and strife for the ICC. He has claimed that his proudest achievement has been the American Service-Members Protection Act which restricts the U.S.'s involvement with the court.

"We will not cooperate with the ICC. We will provide no assistance to the ICC. We will not join the ICC," said Bolton in Washington D.C. while speaking to the Federalist Society on September 10th. This is an aggressive statement of defiance against the ICC and has never been vocalized from such a high rank in the White House.

However, one cannot deny that the practices of the ICC are at times flawed. The time it takes for

trials to conclude is agonizingly long, which often leads to the common opinion that the ICC is inefficient. They have also been accused of only prosecuting African and Eastern European countries while ignoring the crimes of Western Europe and the United States.

From the beginning, the U.S. has been wary of such an entity. Although their values are morally valid, their practice of controlling every country and every person seemed to us undemocratic. This was part of the reason why President Bush refused to sign the Rome Statute, the legislation that created the ICC. Additionally, the ICC has opened a preliminary investigation into Israel's actions against Palestinian terrorist attacks. Given that the U.S. has declared itself a steadfast ally of Israel, our hostile relationship with the ICC has only grown.

Since this speech, dozens of articles have popped up in support of and in opposition to Mr. Bolton's threats. On one side, writers like Constanze Stelzenmueller, writing for the Brookings Institute, says that "Mr. Bolton's threat of sanctions is outlandish; his dig at the ICC as a 'European neocolonial enterprise' is absurd." Meanwhile, conservative writers like Marc A. Thiesson, writing for The Washington Post, have said that by "taking on the ICC, the Trump administration is not just protecting U.S. citizens and American sovereignty—it is striking a blow for democracy across the world."

The trouble now lies in who is right. The notion of "America First" clings to this issue and has influenced readers' opinions on whether or not Bolton's actions are justified. Should we blindly defend our service members and ignore the accusations of a legitimate court, or should we allow the ICC to continue its investigation and ensure that the practices of American soldiers in international wars are warranted?

To accept the denial of war crimes from the highest levels of international authority is a crime. To take down a court that is making an effort to defeat the evil in this world is a crime. To accept the labels of arrogance and rudeness that this country is putting into policies is a crime.

Kaepernick and Capitalism

Eben Cook, Contributing Writer

For those who have somehow missed the headlines from the past couple of weeks, Nike's new campaign honoring its 30th anniversary of their slogan — "Just Do It" — features Colin Kaepernick, a former NFL quarterback infamous for kneeling during the national anthem in order to protest racism, police brutality, and a nation that does not represent all people equally. Kaepernick is the face of this campaign; his ad includes his face along with the statement: "Believe in something. Even if it means sacrificing everything." Other athletes featured in this campaign include LeBron James, Serena Williams, and Odell Beckham Jr.

Before I dive into my concerns regarding this move, the message Nike has sent to the world through this campaign is assuredly a positive one, and I am glad that Nike has chosen to establish themselves as "for the cause." That being said, many questions enter my mind when weighing the implications of this campaign. For one, what took Nike so long? Kaepernick began kneeling two years ago during the preseason, and he opted out of his contract at the end of the season (if he hadn't opted out, he would have been released by the 49ers organization). That time frame would have been as good a time as any for Nike to stand with their contractual partner. Instead, they sat it out until Kaepernick's deal with Nike expired just a couple of weeks ago, waiting until they extended his contract.

While Nike intended to align the timing of the campaign with his contract renewal, the message certainly does not feel as genuine as it could have been if they had backed him from the get-go. One must consider why Nike waited all this time to endorse Kaepernick, leaving him on an island unsigned by any NFL organization since the beginning of the last season.

Some might justify the timing of Nike's campaign by considering the business aspect of spreading a progressive message. With many viral clips surfacing of people burning their Nike products, some jump to the assumption that Nike has made a risky move in "pushing an agenda." Therefore, they must have spent the past year questioning the stakes of such a radical campaign... right? History tells us otherwise, as this isn't the first time Nike has profited in the face of controversy. When Michael Jordan first began playing in the NBA, Nike marketed the Air Jordans—a pair of basketball shoes that violated the NBA rules for uniformity of jerseys. Jordan ignored these rules and proceeded to wear his shoes on the court, while Nike promised to pay the fines given to Jordan by the NBA. Given Jordan's substantial success on the court in his rookie year, this Nike campaign received attention from across the globe, thus leading to a grand sale of Air Jordans. If there's anything to take away from the decision to publish an ad narrated by Kaepernick, it's this:

Nike knows exactly what they are doing. They know their audience, and they know how much they'll lose from this campaign. Again, the message is not the issue — rather, the motivation behind the message demands critique and questioning.

The historical malpractice of Nike has not even been brought to attention yet. Since the 1970s, Nike has been under fire for the use of sweatshops in Southeast Asia, to which Todd McKean, the director of Nike in 2001, commented, "Hey, we don't own the factories. We don't control what goes on there." Just this year, company surveys exposed the extremely misogynistic culture of the company, which resulted in at least six male executives announcing their plans to leave, including the head of diversity and inclusion and a vice president in footwear. These negative reputations Nike has established for itself center around marginalization and inequalityboth concepts that are directly condemned through this campaign. Before Nike preaches messages about opportunity for all, they need to take a step back and ask if their own company abides by them.

It is practically impossible for a product ignited by a capitalist system to take a genuine stance on a real-world problem. Everything a company does stems from the need to earn money, even if the ideological messages are valid. Continue to rally behind Colin Kaepernick and his story, but don't sing Nike's praises.

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The Power of Separation

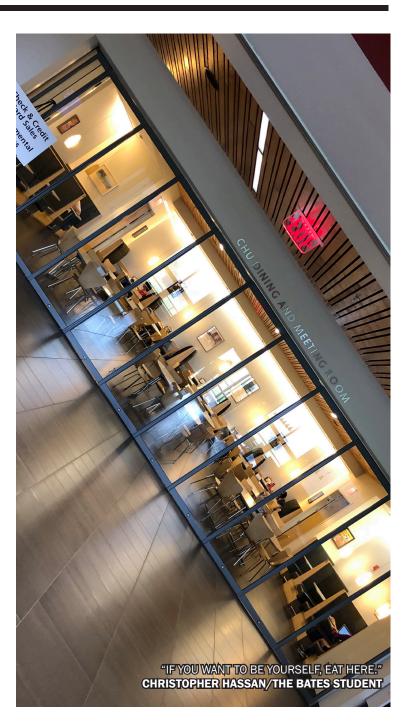
Kyle Larry, Assistant Forum Editor

"The legal battle against segregation is won, but the community battle goes on." This quote by Dorothy Day highlights how, legally, people have the ability to be in the same space with people who come from backgrounds different from their own. However, due to societal hierarchies, not everyone has the ability to interact in the same way in the same space. This can even be seen at a "welcoming" campus such as Bates College. Bates prides itself on opening its doors to students who come from marginalized groups and on how most of the students go here because they want to be an ally. However, Bates neglects the fact that being liberal and seeking positive change is code for more inclusivity, which means making the people of marginalized groups feel supported and appreciated by the Bates community. This is completely opposite of the Bates plan, which is only improving diversity rate. Now, one of the main arguments that I hear quite often, usually from white individuals, is "I tried to be friends with them [referring to people of color], but they all just hang around each other." Now this is typically followed by the buzzword that everyone loves or hates: "selfsegregation." This term gets thrown around a lot, especially in the beginning of the school year, even though the people who use it don't understand the true power that the word possesses. "Self-segregation," similar to "reverse-racism," is a lazy term because segregation prevented

people of color from daily tasks, such as going to school or eating at a restaurant. Now people make it seem like these structures that took power away from people are a choice.

To truly understand the extent of segregation and why it's such a harmful structure, we need to establish the role it played in American culture. Modern segregation started in 1896 with the Supreme Court case Plessy vs. Ferguson. The case stated that there is a difference between white and black people. Henceforth, people should be separated by race. This happened right after slaves became free and was a way for white people to "preserve the dominant race [referring to themselves, of course]." Segregation became the staple of what people in this country were and weren't allowed to do. People of color weren't allowed to have the same education as white people, which meant we were less qualified for jobs. People of color had to enter through the service door of restaurants. Just think about how people had to enter the service door to get food that they are paying for. Plessy vs Ferguson drew a barrier between people of color and white people, and created an imbalance in who had and has power.

Plessy vs. Ferguson was eventually overturned by Brown vs. Board of Education and the Civil Rights Act. However, by that time the idea that people should stick within their own racial group had already been embedded into the minds of Americans. People of color on campus stay within their racial homogenous groups because white people forced our ancestors to do so. We don't have a choice to choose what groups we can join because the darker your skin pigmentation, the more you're judged and criticized for being different. We stay in racial homogenous groups out of necessity, unlike our white peers who do it out of luxury. When you're on a campus where people who do not look like you are dominant, you do not know how to navigate that space without the feeling of getting judged, so we help each other out and remind each other that we're here for a reason. Constantly using the term "self-segregation" is a way for white individuals to not acknowledge their white guilt because they don't want to acknowledge that their ancestors caused groups of people to suffer and be disenfranchised. This doesn't even mention how segregation is a power structure that white people created to disempower black people. Therefore, black people cannot use it to help them in any way. In any case "self-segregation" is a myth and a term that only has the purpose of trying to make people of color feel bad in an already hostile environment. If that's the case, why don't people criticize white people for only hanging out with each other? In order to get rid of the segregation on campus, we must make the campus feel accessible for all racial groups without one overpowering the other. That starts with the people who made the



Republicanism Under Trump

power structure in the first place.

Nick Morgoshia, Assistant Forum Editor

With President Trump in office, it does not get better until it gets worse. Every time we find ourselves thinking the apogee of indecency, hotheadedness, and disregard for the truth has been reached, Mr. Trump rises to the challenge and proves us wrong.

out or pilloried into retirement. Take for instance Sen. Bob Corker (R-TN), Rep. Mark Sanford (R-SC 1st.), and former Minnesota Governor Tim Pawlenty, whose pushback against the president

Trump found themselves primaried candidate is "Trumpier?"

Look no further than Ron DeSantis, Florida's Republican nominee for governor, whose campaign ad about indoctrinating his own children into Trumpism earned him a first class ticket to

when his statements are virulently unpatriotic and detached from facts... All of them—all of us—are to blame. Has the time come to abandon the sinking ship that is the Republican Party? Many have suggested anti-Trump Republicans should consider voting for centrist Democrats, but I beg to differ. As someone who has canvassed, attended town halls, and written articles on behalf of the Bates College Republicans, I must confess I had serious doubts about my ability to carry on GOP activism work. The metastasis of Trumpism throughout all echelons of my party was posing too great a moral barrier—one that even my

> Then I realized my take was wrong. The idea that voting for Republicans could transplant old school Republican values into today's Democratic Party is far-fetched. Democrats have been straying away from the political center and towards rigid progressivism for quite some time now. Forget Jimmy Carter, Bill Clinton, and perhaps soon, Barack Obama. Bernie Sanders, Alexandria Ocasio-Cortez, Kamala Harris, and Elizabeth Warren—those are the new faces of the Democratic Party. The tectonic shift in favor of higher taxes, lax immigration enforcement,

> commitment to conservative values and principles could not surmount.

principles of free trade, dynamic

foreign policy, and freedom of

the press to the ash heap of media

history... elected officials who are

much too willing to give President

Trump the benefit of the doubt

did resolve to take a stand against over one question alone: which who seem to have consigned the and run-amok growth of federal minimum wage augurs the 2020 Democratic presidential platform.

Our best bet for salvaging the Republican Party is two-fold. First, we have to make sure collegeeducated, women, marginalized people, and millennial Republicans turn out to vote—particularly in the primary elections. It is no secret that as of today, Republican primaries are somewhat of a magnet for old, white, and generally stubborn voters.

Trump was historically unpopular as a general election candidate, with various projections predicting his landslide loss to Clinton, Kasich, and Rubio. Nevertheless, he was able to surf into the Oval Office on an unusually tall wave of primary votes. And if the 2016 GOP primaries swung the pendulum towards populism and demagoguery, we can make the 2020 cycle a referendum on our nostalgia for fiscal conservatism, rule of law, and political sanity.

Second, we have to invest in educating future voters. Given that Trump is unpopular among otherwise right-leaning youth, failing to present a viable alternative to the president's version of firebrand populism stands to translate into lost generations of Republican voters. There has never been a more pressing time for the right-leaning think tanks, activists, and role models to match their fidelity to the conservative values with their opposition to President

So, to be or not to be a Republican in the age of Trump?



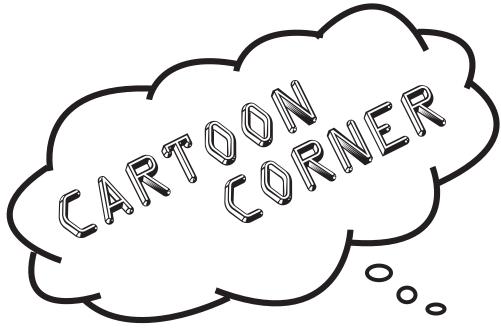
While the mainstream GOP leaders would certainly prefer to have someone other than Trump in the White House, they have long realized that forgoing the temptation of holding POTUS' feet to the fire pays extraordinary political dividends. Those who

proved enough to hail the full wrath of Trump supporters at the ballot

The rhetoric across GOP primaries has dwindled from a competition of conservative ideas and policy proposals to a battle the state's general gubernatorial election.

It is not just Trump that is the problem; it is the Republican Party at large. Voters who cast ballots in a cult of personality-like fashion... conservative TV and radio hosts







Mary Richardson '22, Contributing Cartoonist



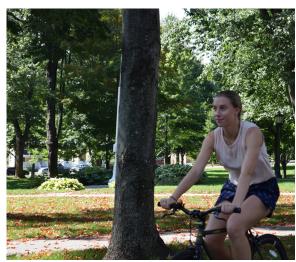
Jack McLarnon '20, Staff Cartoonist

Submit your comics to be considered for our Cartoon Corner feature! Email as JPEG image to srothman@bates.edu

Question on the Quad

Vanessa Paolella, Managing Sports Editor

Where is your favorite place on campus to study the night before an exam?



Ayden Eickhoff '19

"Personally, I like the basement of Hedge because it's quieter than the main floor of the library and it's a more intimate space."



Jackson Sell '22

"My new favorite spot is the White Lounge on the second floor of the Library. I like it because it has big windows and you can see the Quad."



Andrew Chen '19

"I try to avoid Ladd because you'll probably run into a bunch of people in the same class who'll stress you out. Study earlier in Ladd and then do some final reviewing in your own room."



Arts & Deisure

Pippin Evarts, Assistant Arts Editor

On Friday Sept. 12, I had a chance to chat with Ted Burns '19 who released his most recent album, "Atlantic," this past summer. Burns makes music under the name "Short Shorts," his musical persona. Burns explained his motivations for creating Atlantic, his creative process, and what he plans to do next.

"Atlantic" was composed during a time of continuous change in Burns' life and the album helped him process the progressive separation he felt from those he was once close to. All in all, Burns sees the album as "a meditation" on "what separates people," what that separation feels like, and how that separation can be reconciled. In fact, the title of the album itself flows along those same lines: "Atlantic" references the Atlantic Ocean, the aquatic expanse that symbolizes the separation between the Old World and the New.

Burns feels that "Atlantic"'s central themes are most present in his personal favorite song on the album, "Superstar," which he described as "the thesis of the album." When writing the song, Burns strove for simplicity to get his point across lyrically. Burns told me that identifying "Atlantic"'s overall concept helped him write and compose each song.

Burns shared that his creative process usually begins with writing lyrics. The artist is an English major with a love of close reading, and he keeps a notebook on him to jot down words and phrases that inspire him. Once he has solidified the words to his songs, Burns usually begins composing.

In making "Atlantic," Burns'

goal was "to make songs where everything is just firing on all cylinders." He elaborated by explaining that "the music supports the lyrics, and the lyrics support the music."

Beyond that, the musician encourages his own creativity by taking a limitless approach to songwriting and composing. According to Burns, "If you let yourself do anything ... there are no rules." Correspondingly, he pulls from as many musical genres as possible. "When I'm inspired by something, I want to steal it," he admitted.

Although he's already an accomplished musician, Burns classifies music as just "something he likes to do... a great way to spend time." Now a senior at Bates, he started making music during the summer of 2016, before going into his sophomore year. Despite having significant experience playing multiple instruments, the only thing that really

stood between Burns and his dreams of composing was the fear of not being able to live up to his own high expectations.

However, during summer 2016, Burns was profoundly inspired by Japanese Breakfast and Car Seat Headrest. He was then motivated to release the pressure he had placed on himself and tried his hand at writing music. Initially, Burns felt songwriting was very difficult, but he assured himself that his "first effort didn't have to

resulted in his second album, Glad You Were Here (2017).

Though most of Burns' music can be found on Bandcamp (under Short Shorts), the current senior hopes to perform "Atlantic "live in the near future. With the

Ted Burns on His Album

"Atlantic"

be amazing."

He explained, "I started writing songs that were all just so bad. But of course when I made them, I'd think 'this is amazing, I made a song," That sense of accomplishment motivated Burns to begin publicizing his newfound hobby, and sharing the music he made with others. From this, the band "Short Shorts" was born.

Over the last two years, Burns has composed countless songs and taught himself both guitar and bass. His musical multi-faceted ness allows himself to singlehandedly play each of the musical elements included in his songs. Short Shorts released their first full-length album, "I'm 19," in June of 2017 on Soundcloud. In the aftermath of "I'm

In the aftermath of "I'm 19," the musician's next goal was to "focus on making some thing good." That ambition

help of friends, Burns is currently working on a live show that will involve other musicians and a musical looping machine. Postgrad, Burns hopes to find himself working in any sort of musical field.

I concluded my talk with Burns by asking him about any advice he might have for new musicians. His suggestions draw from his own experiences and hesitations. Burns encourages those who are interested in pursuing music to "erase any expectations" they may have because "you'll never start if [you're unable to meet] your own high standards."

He also stressed making music "should be something that you want to do. If you're making music that you want to hear, then [you'll] believe in your brand and keep working. Do what you want to do and you'll be so excited about it. People will respond to that eventually."

ABBY MYERS/COURTESY PHOTO

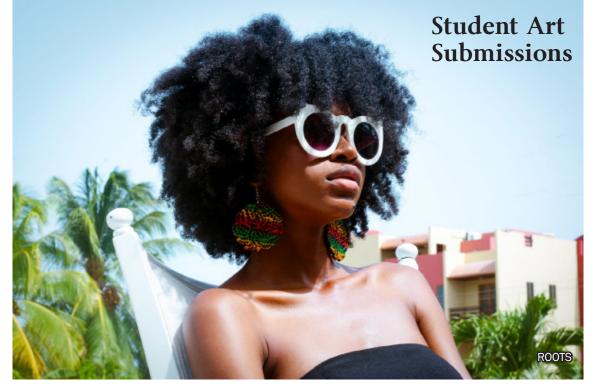




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Michael Morgan, Contributing Artist

My INDOMITABLE Spirit

Anonymous Contributing Writer

There I was at the podium, ready to present as the first speaker in my state wide debate championship. But this debate was not just about a 10 minute moment in time; this journey totally challenged my perception of myself and how I viewed the world around me. It lit a fire that has been burning down obstacles ever since.

After being chosen as first chair, I was filled with joy because my hard work had paid off. I was completely ready to represent my school and take home the title...or so I thought. I thought I was a strong and level-headed person who was immune to self-doubt and depression. However, this experience clawed into my soul and ripped out insecurities that I was forced to relive and confront head on.

As a child, I thought I was unworthy of any success because I was a relatively poor and closeted gay teenager in one of the most homophobic counties in my state. I had to learn to live a convincing lie day-in day-out. I felt trapped in my own body, unable to be my true self. I would sleep on my tear-drenched pillow, hoping for a future when I could walk hand in hand with the guy of my dreams. Conventional wisdom would have me exiled to the darkest shadows of society, cut off from family, friends, and my identity.

I knew I had to get creative and be willing to accept continuous discomfort because I wanted to do more than simply survive this harsh climate; I wanted to thrive in it. So when other kids were playing softball, I would be inside practicing my speech. Even though I was a minority in a tiny, underdeveloped town, I always believed that I could challenge the status quo and change the world. People thought I was crazy; with their derogatory words, they would tease me relentlessly.

Overtime, I learned to block out those corruptive thoughts of suicide and self-hate. It took quite some time, but I could finally look in the mirror and shout out loud, "YOU ARE WORTHY!" I felt the pieces of my personality slowly realigning. No longer would I envision failure on the debate stage, because I had conquered more daunting inner demons before. With nothing to lose, I was able to enrich both myself and my school. I was here, not because of charity or luck, but rather it waws my own tenacity that automatically made it impossible for me to accept NO for an answer, EVER.

Yes, we won the debate in an amazing spectacle, but when someone asks about my debate season, I spend little time on that snapshot in time; I became much more than that single speech. I became mentally sharper, emotionally stable, and socially aware. My decision to take myself seriously was the best decision I ever made. I transformed my potential into purpose and passion. Make no mistake, I am very far from completely figuring out this thing called life. 'Adulthood' is still a very foggy figure before me, however, deep down, at my absolute core, I believe I can clear the fog and step into the light, with my indomitable spirit.



Skin Care Routine of the Week! Transitioning from Fall to Winter

Pippin Evarts, Assistant Arts Editor



As the weather starts to get cooler, it's important to update your skincare routine to adapt to the lower temperatures that can result in drier skin. Skin care is a great way to practice self-care, and it is important to transition to different products in order to maintain healthy skin. Luckily, there are many ways to maintain glowing skin after the summer sun is gone. To identify the best tips and tricks for refurbishing your summer skin care routine for winter, I interviewed Batesies and created a comprehensive summer to fall transition skin care routine for readers. Enjoy!

Start off with a basic cleanser

Some of the Bates students I spoke with specified that they have super sensitive skin and struggle to find products that won't cause rashes or other surface reactions. To combat potential reactions, use products that have minimal active ingredients. Unless you are working to minimize acne with a salicylic acid formula face wash, some great basic cleansers are the Neutrogena Ultra Sensitive cleanser, and the Glossier

Milky Jelly Cleanser (which is made from the same ingredients as contact solution, so it's super

Dermarolling

After washing your face, dermarolling is a great way to continue to ready and open your pores before applying a serum or toner. Derma Rollers are a great addition to a skin care routine as they help minimize aging and work to encourage collagen and elastin production. Dermarolling is great to do in the beginning of the day as a way to wake up your skin after a full night's sleep. And self-care in the form of skin care can totally be on a budget. You can find Derma Rollers on Amazon for as little as \$5!

Apply a serum/toner

Fortunately, there are thousands of different serums and toners to choose from. All are made for different purposes. For example, if you suffer from dry skin, you might want to try a hydrating serum! If you're looking to get more of a glow, try a glow serum like Pixi Overnight Glow Serum. Working to minimize acne marks? Try an acne serum! One of the Bates skin-care enthusiasts I

spoke with mentioned The Ordinary store as a great place to start when looking to add serums into your skin-care routine.

Lastly, protect and moisturize!

Even though the summer sun is leaving us, the sun's harsh rays remain. Therefore, applying sunscreen is still extremely important in order to protect your face. I highly suggest you add a daily sunscreen into your skin care routine.

Finally, the biggest and possibly most well-known component of the summer-to-fall skin care transition process is increasing the amount of moisture you subject to your skin. To minimize the cold's dehydrating effect, transition to a denser, more hydrating daily face cream. Your skin will stay supple and moisturized all winter long!

Self-care is about identifying your own needs and working to meet them; skin care is a fabulous example. Loving yourself and treating your body well is incredibly important. Please take the time to be gentle with yourself and your skin!

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Commons Creations: Chocolate Oatmeal

INGREDIENTS:

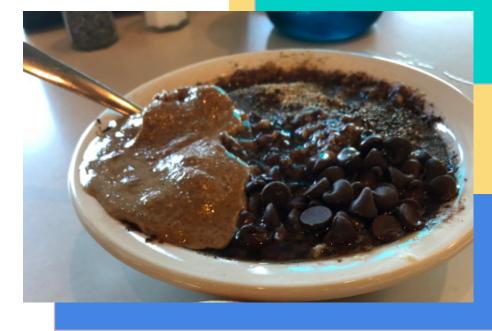
- 1 large bowl of oatmeal
- cocoa powder
- cinnamon
- nutmeg
- honey
- maple syrup
- 10-30 chocolate chips
- chia seeds
- flax seeds
- peanut butter
- 1 apple

Hannah Austin, Contributing Writer

I was inspired to create this dish because I love chocolate, so I thought why not add it to oatmeal! I've been making it ever since high school, so it's really cool to have everything I need in Commons.

Instructions:

- 1. Put as much oatmeal as you want into a bowl.
- 2. Stir in cocoa powder, cinnamon, and nutmeg from the spice rack.
- 3. Drizzle honey or maple syrup on top.
- 4. Add chocolate chips.
- 5. Sprinkle on some flax and chia seeds from the Choices Fridge.
- 6. Finish off with peanut butter or almond
- 7. Add an apple either on the side or sliced on



Submit your recipes to be considered for our Commons Creations feature! Email recipes as word documents and photos as JPEGS to srothman@bates.edu



of the Summer

Patrick Reilly, Contributing Writer

"High as Hope" by Florence + the Machine

With their newest album, the English pop/rock band, led by the enigmatic singer-songwriter Florence Welch, creates an interesting departure from their typical gothic choral style. Gone is the drama and sheer intensity of records like "Ceremonials and Lungs," and in its place a stripped-down and brutally honest Florence remains.

The album is an intensely personal reflection for Welch. She writes about her struggles with her family, drugs, love, and, as she bravely reveals in the opening lyrics of "Hunger," an eating disorder. Florence's writing is extremely intimate on this album and is further complemented by the pared-down accompaniment, allowing her powerful voice to really resonate with the listener. Unlike the other songs that seem to exist in the dark worlds of myth and magic for which Welch is known, the songs on "High as Hope" live in the here and now.

Songs like "June," a touching tribute to the Pulse shooting with its heartfelt plea to "hold on to each other," signal that the album is inherently political and, as the name suggests, uncharacteristically optimistic. Although the subject matters of songs on "High as Hope" are anything but "happy," the album is an interesting reflection on Welch's life as she accepts the mistakes she has made.

The band's fourth studio album is a breath of fresh air in an increasingly chaotic world—something Florence believes is a very selfish undertaking. In the final song on the album, "No Choir," she offers what seems to be an apology to the listener and a summation of what the album means to her: "But I must confess /I did it all for myself / I gathered you here/ To hide from some vast unnamable fear." All in all, "High as Hope" is not only just an indication of a new Florence + the Machine, but of a new Welch.

Best Tracks: "Hunger," "Big God," "Patricia."

"Be the Cowboy" by Mitski

Mitski's fifth studio album is definitely the most distinct album from the New York-based Indie rock musician since she emerged on the scene in 2012. In "Be the Cowboy," she combines the classical piano training displayed on Lush, her first album, with the synth-heavy guitar sound she perfected in the critically acclaimed "Bury Me at Makeout Creek." In this way, "Be the Cowboy" is Mitski's most mature album yet.

As a habitually private artist, Mitski's newest body of work is a shockingly intimate foray into her mind and emotional state. The album consists of 14 two-minute songs (the most Mitski has ever put into a single album), with the total runtime at only around 30 minutes. The artist's arrangement is strategic. It allows Mitski to rapidly experiment with her sound from song to song as she showcases her fantastic ability to capture raw and complex emotions in simple, beautiful lyrics.

From the upbeat, disco-tinged, existential dread of "Nobody" to the ghostly piano solo of "Two Slow Dancers," Mitski's compositions and impressive vocal range compliment her storytelling. The album is a thoughtful meditation on love and loneliness and primarily explains how Mitski experiences both as an artist. In the pounding and guitar-heavy "Remember My Name," she pleads to an imagined lover, "Can you come to where I'm staying/ And make some extra love? / That I can save 'til tomorrow's show." That sense of fatigue runs through the entirety of the album.

Directly after "Remember My Name" closes, Mitski can be heard letting out a pained sigh, right before the percussive intro of the upbeat "Me and My Husband." This transition delightfully mimics the experience of Mitski performing the album live. Essentially, that rawness and close proximity to the listener is what Mitski wanted for "Be the Cowboy." She states in an interview for Out magazine that she was inspired by the image of a singer, alone on a dark stage, lit only by a single spotlight. In "Be the Cowboy," Mitski has crafted an album that feels both disconnected from reality and viscerally real at the same time.

Best Tracks: "Nobody," "Two Slow Dancers," "A Pearl."

Best Indie Albums Review of "Miseducation:" Dull, Yet Insightful

Charlotte Karlsen, Contributing Writer

Through a field trip sponsored by the Bates Rhetoric department, a friend and I boarded a yellow school bus that would take us to the Portland Museum of Art to see "The Miseducation of Cameron Post." The field trip attendees were mostly rhetoric majors and students of Professor of Rhetoric, Film, and Screen Studies Charles Nero's Lesbian and Gay Images in Film, a course I'm taking this fall. "The Miseducation of Cameron Post" is based on the 2012 novel of the same name by Emily M. Danforth and was directed by Desiree Akhavan. Akhavan is an Iranian-American director, and "Miseducation" is her second film and follows her 2014 semi-autobiographical breakup romcom, "Appropriate Behavior." Miseducation stars Chloe Grace-Moretz, Sasha Lane, John Gallagher Jr., and Forrest Goodluck.

The film follows Moretz as the titular Cameron Post through her experience in, and eventual escape from, a gay-conversion therapy boarding school. Cameron is sent to the boarding school by her evangelical aunt after her aunt catches her making love with her secret paramour, Coley, after prom. The film features multiple young lesbian sex scenes which fill a gaping hole in popular cinema. Importantly, Miseducation gives viewers a glimpse into gay conversion therapy, an institution that, despite scientific evidence of its ineffectiveness and psychological damage, still exists today. The film's premise is incredibly important in spreading awareness and concern for the damage these "therapies" inflict on youth in homophobic communities.

The beginning of "Miseducation" is a gloomy look at hidden desires in a fundamentalist environment that conflates holiness with abstinence and gender roles. An especially poignant scene follows Cameron wordlessly through prom. She stiffly dances with her boyfriend while trapped in a sticky gym with other primped and pimpled pious adolescents.

With a musical swell, Coley enters the scene and viewers see Cameron for the first time, her relief and desire unveiling her goofy spirit with wild abandon. This was Moretz's standout moment. After Cameron and Coley are discovered, Cameron's aunt sends her to God's Promise, where Cameron is asked to sign a contract that she realizes she has no choice in sign-

Cameron, from the beginning, silently rejects the teachings and tortures that God's Promise inflicts on her. The siblings who lead the "treatment" center play the good and bad cop trope, but each barks a lot more than they bite. There's the realistically chilling Dr. Lydia (Jennifer Ehle) and problematically sympathetic Reverend Rick (John Gallagher Jr.). The latter claims to have been cured of his homosexuality. Cameron is resistant throughout to the siblings' treatment, which frustrates Dr. Lydia. Cameron's resistance endears her to two other rebels: Jane Fonda (Sasha Lane) and Adam (Forrest Goodluck). Jane is an amputee, and her physicality is only addressed enough to be confusing, but not enough to be significant. Adam identifies as two-spirit, which is described poignantly while they tend to their wilderness weed garden. Goodluck managed to be simultaneously gentle and tense, making him a fascinating force amongst the other actors that were largely forgettable.

All in all, what you expect to happen in the film happens. But, due to Cameron's static defiance and Moretz's generally unresponsive facial expressions, the audience never sees Cameron grow. Aside from viewing her objectively horrible circumstances, the audience isn't given a reason to care about Cameron's story. Unfortunately, the inconsistent tone, useless plot points, and mostly poor acting took a compelling premise and made it dull.

"Curious Incident," and Why Representation Matters

Hannah Golub, Contributing Writer

This summer, I finally read "The goes from school to his Curious Incident of the Dog in the Night-Time." My search for summer reading began an hour before I left for the airport to

depart for my summer job. I worked at my summer camp in Colorado, and up until I was about to depart, it hadn't crossed my mind to pack any reading material.

With hardly any time, my only options left were the libraries of my parents and sister. Among their selections of romantic novels, political biographies, parenting advice, poker strategy books, and many other books I had no interest in, I found a few gems: "Curious Incident," "Into the Wild," and "Half Broke Horses."

I immediately dove into "Curious Incident." My high school had just chosen to put on a production of the play adaptation of the novel this fall. Obviously, I felt an intense nostalgia and urge to stay connected to my glory days.

The story begins when Christopher, our protagonist, finds his neighbor's dog,

Wellington, stabbed with garden shears. Christopher, who is high-functioning on the autism spectrum, sets off to find out who murdered Wellington.

Christopher lives with his father in Swindon, Wiltshire, and Christopher's mother died a few years before the beginning of the novel. "Curious Incident" is told from Christopher's perspective as he therapist's office, and back home to reminisce about when his mother was still alive.

As the story progresses, Christopher delves deeper into Wellington's death, or the "curious incident," against his father's request. In doing so, Christopher uncovers more about his life that was hidden from him.

Reading from Christopher's perspective is profound. Readers are able to perceive the world through his eyes. For example, readers learn that when Christopher sees a yellow car on his way to school, he believes that he will have a bad day. Christopher's particular worldview resonated with me because my first-year seminar at Bates focused on a range of (dis)abilities, including autism, from the perspectives of families who care for children with special needs and strengths.

Consequently, I loved following Christopher's story as he grew more and more independent. What starts as a character-driven novel quickly evolves into a total page-turner: the novel's enticing narrative makes it hard to put the book down. I can confidently say that this is one of my all-time favorites, so much so that when I finished the book, I was upset to pick up another and immediately recommended it to my bookloving friends.

When I returned home from camp, my copy of "The Curious

Incident of the Dog in the Night-Time," now with a bent cover page and dirt stains, went on my bookshelf. Now out of the

wilderness, I re-watched some of my old favorites on Netflix, including season one of "Atypical."

Similar to "Curious Incident," "Atypical"'s main character, Sam, is a high schooler with autism. The show centers around the Gardner family and is narrated by Sam via his therapy sessions. I

immediately drew parallels between Christopher and Sam, and even myself. Their aversion to change in addition to their strong relationships with their therapists and

(over)protective adults in their lives, really struck a chord with me. I appreciated getting to experience untold stories from both literary and broadcast platforms.

Representation is everything, and I feel lucky to have access to accurate stories of (dis)abilities right at my fingertips. Season two of "Atypical" is now streaming on Netflix, and The Curious Incident of the Dog in the Night-Time is only \$8.79 (paperback) on Amazon. Both stories will reel you in and you'll be able to better understand and appreciate the narratives they share.

WITH DOUG **Security Secrets:** MORENCY! Doug at his "happy place." COURTESY PHOTO

Favorite band: Absolutely Icelandic rock band "Sigur Rós" (also, Iceland is my happy place). I am the BIGGEST "George Michael" fan ever (may he rest in peace).

Favorite Commons food or recipe: I love it when Commons has meatloaf... They have THE BEST meatloaf ever. Favorite film: Love Actually. I own three copies of it. Unique trait: I collect socks... I have over 300 pairs of colorful socks.

Hobbies: I like going to the movies, shopping, discovering new awesome chefs and restaurants, international travel, meeting new people, riding my Harley, sleeping, and exploring new cities and towns while staying in unique Airbnb spots... Those are not hobbies, but that's what I like to do.

Holiday Wishes: One holiday memory that I'd love to happen is to be in London two weeks out from Christmas, just like in Love Actually. I love London and I've been three or four times, but not at Christmas.

Motto: "You gotta pay to play."

Spirit animal: My spirit animal is the Ralph Lauren bear, because it's stylish, likable and classy.

Sarah Rothmann, Editor-in-Chief



Men's Rugby Tries, Succeeds Against Maine Maritime

Vanessa Paolella, Managing Sports Editor

The Bates men's rugby team solidly defeated Maine Maritime Academy (MMA) 52-19 last Saturday, Sept. 16, at Garcelon Field. While this was the first game of the season and the first rugby game played by some on the team, the Bobcats' fitness, teamwork, and skill carried them to a strong victory over MMA, who they lost against last year.

Bates quickly took the lead, widening the point margin through much of the first half. By the time MMA landed their first try approximately 35 minutes into the first half, Bates had already earned 26 points, giving them a strong lead.

However, while the Bobcats continued to play well in the second half, their efforts were hindered by two yellow cards against Bates, leaving the men's rugby team down one man for half of the second half as penalty. MMA was able to score twice more in the second half, yet Bates was able to maintain its lead, winning their first game of the season.

The men's rugby team got off to a strong start with a try only two minutes into the game by Benjamin Hinton '21. After this, Bates was also able to kick the conversion, earning a total of seven points only a couple of minutes after the start of the

game. This momentum was continued by Lewis "Ezra" Clarke '21, Owen Ahlborn '19 and William Bessey '20, who each scored a try in the first 30 minutes of the game. Bates was able to land the conversion for all but the last try in this series of points earned by the Bobcats.

This streak was interrupted by MMA who earned their first try, but missed the conversion, at approximately 35 minutes into the game. At this point, nearing the end of the first half, Bates held a strong lead against MMA, 26-5. Reed Feldman '19 scored one last try in the first half for Bates at 38 minutes in, and Bates once more gained the conversion points, leaving the score at 33-5 by the end of the first half.

"It was off of a broken play," Feldman said. "A gap opened up, I saw it and went for it."

Seven minutes into the second half, Bates was yellow-carded as a result of multiple team penalties. Because of this, the Bobcats were only allowed to have fourteen of the usual fifteen men on the field, putting them at a disadvantage. During this time, MMA was able to score seven more points, bringing the overall score to 33-12.

"It just made us have to work a little harder, work for each other and put in a



little more effort until our sub came back on," Feldman said. "It's part of the game; you do what you can."

Bates once more came back strong with successive tries earned by Joshua Allbrooks '19 and Andrew Botelho '22. With a kick, the ball was sent down the field toward Bates's scoring zone. While a player from MMA was closest to the ball, Botelho was able to race him down, pass him, give the ball a second kick and earn a try for Bates.

However, shortly afterward, Bates was once more yellow-carded, this time due to a high tackle.

In the final 15 minutes of the game, Ahlborn scored a final try for the Bobcats and MMA earned two tries, bringing the final score to 52-26.

"This year and in the last couple years the league has gotten really strict about the laws around the tackle," said Head Coach Mike Milliken. "It's a safety concern, so what we are trying to enforce is that the tackle is below the shoulders, which is sometimes very difficult to do, but it's important that we respect that rule because it keeps people safe. We want to make sure that we're not tackling too high, and we were just a little too high on multiple occasions today."

Overall however, Coach Milliken was satisfied with the first game of the season.

"I thought we performed

well," Coach Miliken said.
"Everyone seemed to be pretty enthusiastic, so from a mental standpoint the guys were in the right place.

"The first game of the season is kind of a cluster because you get new guys in new positions and a lot of them are still learning the sport, so it's really hard to know how we're going to look as a team until we come out and play. I had suspicions that we were going to be a solid team [this year], and today showed that."

The Bates rugby team will be back on Garcelon field this Friday, Sept. 21, against Bowdoin rugby. Come out and support the team in their second game of the season!

Walk, Trot and Canter: No Experience Needed

So Kim, Staff Writer

Bates College provides nine different club sports teams (which range from rugby to ultimate frisbee). The clubs offer students a uniquely structured intercollegiate sports program. However, there is one club in particular that many students don't really know about.

The Bates equestrian team, run by Kristine Zengeler '19, rides horses all year round, practicing once a week and competing in intercollegiate horse shows in the fall and spring. The club participants come from a range of backgrounds and experiences. Nonetheless, the athletes are connected by their love for horses.

"Our common interest is that we all ride horses" Zengeler said.

The team does equitation, which means that in competitions, riders will get scored depending on how effortless and strong they look. Judges look for how much it looks like the horse is navigating

the course all on its own, when going through the obstacle. Although they are one of the few clubs that train year round, their main season is during the month of October. During the spring, they also compete in the regional and national competitions.

The athletes are divided into groups of similar ability and, once a week, a group will be taken down to practice. With the help of a coach, each group will go through different exercises that are strengthening for the rider and the horse. Each will go through three different speeds: walk, trot, and canter.

Furthermore, competitors either ride in a flat class or a fences class. A flat class is structured by a series of commands while a fences class is influenced by a set of obstacles and patterns.

During competitions competitors are placed in a division based on their abil-

ity. They earn points, not only for themselves, but also for the team. In order to qualify for the regional tournament, athletes must attain a certain number of points for themselves. The team can also qualify by accumulating enough points.

Like any other varsity team, the Equestrian club has

an incredible team dynamic and culture. Each person's love for horses establishes an athletic environment that is definitely one of a kind.

"I love that we are able to have an outlet for that [love for horses] here at Bates," Zengeler said.

What if you love horses but have no prior knowledge?

Do not fret! All students with different experiences are warmly welcomed onto the equestrian team.

"I really like that the [members of the] team come from different backgrounds," Zengeler said.





"There's Not Enough Time in the Day!"

Time Management Advice for Balancing Athletics and Academics

Jack Howard, Contributing Writer

The essential skill of balancing many facets of life in harmony is referred to as "time management." For the majority of college students, time management proves to be a difficult and stressful task. Balancing friends, significant relationships, schoolwork, class time, and extracurricular activities can often feel challenging, if not impossible.

The prospect of adding a collegiate varsity sport to that collection of responsibilities may seem rather inconceivable to many. However, despite there being only 24 hours in a day, many Bates student-athletes find ways to make it work.

In a small college of 1,800 undergraduate students, more than half of the Bates student population participates in a sport in some capacity, while 40 to 50 percent play a varsity sport. Although time management can be harder for those who play sports, many Bates student-athletes have figured out beneficial strategies to grapple with the problem.

"It can sometimes be hard to manage sports and academics, especially with the practices and meets being such a big time commitment," said Loren Andrews '22, a member of the varsity cross country and track teams. "Over the years, however, I've come to appreciate this structured schedule. It's really helped me to learn how to budget my time better, and to work more efficiently."

Student Body President and football captain Walter Washington '19 spoke about the importance of we get overwhelmed we try to overcompensate for everything we have due, and the best way to attack is to take care of everything in order of proximity."

Washington also highlighted the importance of taking breaks during busy days. "Whether it's 30 minutes playing a video game or watching a funny video on YouTube or scrolling ing as if you have no time to yourself," he suggested.

Pieter Cory '22, a member of the men's swim team, said, "While this balance of a required education and optional activity has been nothing short of challenging, the rewards and satisfaction that come as achievement in both aspects are simply incredible." Although swimming is a winter sport, training

tization and relaxation help athletes cope with stress that comes with time management on a daily basis. "There is one secret to student-athlete success—time management," said varsity golf member Julien Lewin '20. "I have been able to be successful in both academics and athletics because I prioritize my schedule. My philosophy to an efficient and effective lifestyle is a work-life balance."

Varsity golf team member Preston Haugh '21 has a slightly different viewpoint. "My biggest time management tactic is incrementally doing my work, so I am not stuck with a massive workload at any given time. I have more time to do the things I enjoy, such as competing on the course and socializing with my buddies."

At Bates, students pride themselves in being well rounded individuals. Whether on the court, course, pool, or field, student-athletes understand the importance of success in the classroom. Bates student-athletes have set the precedent for efficient time management. The Bates community can benefit from the various strategies that Bates athletes implement on a daily basis to effectively time manage.



priority in terms of managing time. "What's due tomorrow should be done way before what's due Friday," said Washington. "And that may seem a bit too commonsensical, but when

through Twitter or reading political news," said Washington. "Whatever you like to do, take a second and do that and your mind will thank you later on throughout the day when you're feel-

sessions began the very first week of classes. Like swimming, many single season athletes train year-round for their sport.

Strategies such as priori-

First-Years Navigate More Than Just Academics

Hannah Palacios, Assistant Sports Editor

The college admissions process can be very overwhelming even without the added stress of trying to make a sports team. For about half of the incoming class of 2022 this was a reality. Some students were worrying about test scores, GPAs and the Common App. Others tacked on maintaining their plus/minus, fastest time, or number of goals in a season. Why do they choose to do this you ask? I sat down with a few first-year athletes to answer just that.

Between 60 to 70 percent of Bates students participate in athletics in some capacity. The possibilities range from a NCAA Division III varsity program, club, or intramural. Fifty percent of students participate in one—or more—of Bates' 31 varsity teams. A smaller population participate in one of Bates' three NCAA Division 1 sports (alpine skiing, nordic skiing, squash).

Some athletes spend more than 20 hours a week at their

sport, while taking an average course load and being members of one or more Bates clubs. Particularly for first-years, it can make a difficult adjustment to collegeand even more laborious to navigate. During orientation, fall athletes cannot participate in AESOP. Other participants are required to stay on campus for some breaks. Furthermore, it is sometimes inevitable for them to have to miss some class.

Despite this, student-athlete are some of the most involved, positive, and successful students at Bates.

"The professors are very understanding and I have learned that they are there to help you and want to help you!" said Caroline Sweeney

When I asked two firstyear athletes, swimmer Saskia Wong-Smith '22 and soccer player Annie Doig '22, about how much of a role athletics played in their decision to come to Bates, their responses were remarkably similar.

"I was really drawn to the the idea of DIII swimming because I thought there was a value being placed on balancing your athletics and academics," said Wong-Smith.

"I didn't want swimming to take up my entire life so that I wasn't able to focus on my school work. I also didn't want my focus on swimming to decrease," she continued. "I found that when looking at Bates and talking to the swim coaches, this school had that balance I was looking for."

And yet many student-athletes choose to go Division III. I wondered, what seperated Bates from the rest?

Doig described how her recruit visit did just that. Annie has been playing soccer for 13 years and was sure about continuing the same level of competition throughout her college career.

"Visiting as a recruit helped out a lot. I got to experience the Bates athletic community and see how everything works. I also got to experience the culture of Bates women's soccer in particular, which really helped in making my decision. I found the Bates community to be very close; everyone seemed to know each other."

Even if you are sure Bates is the perfect place for you, adjustment can still be tough. Expectations and fears for college can be twofold.

Wong-Smith, unlike Doig, did not complete a recruit visit.

"Before getting here in August, I had a lot of fears in whether or not I would respond to the school as well in person as I had responded via internet/phone." said Wong-Smith

"I was afraid that everyone would already know each other from visiting, and I would be the only person without a friend. I also feared that I wouldn't like the school as much as I thought I would. However, in the three weeks that I have been here, those fears have been totally eradicated. I have felt so much love from my fellow students and the swim team, and all the worries I had about disliking the school have gone away."

That fact rings true for Doig as well, who is thrilled to have "found a close group of friends already."

Whether you are an athlete or not, that is a facet that rings true throughout the Bates community. The close camaraderie of a team is mirrored by every class, every club, and between every student at Bates. This is what consistently sets Bates apart.

It won't be long before these same first-year athletes are hosting recruits of their own and continuing the strong tradition of both academic and athletic excellence at Bates.



Hannah Palacios, Assistant Sports Edito

Shooting for Excellence in the "Pineland Super XC Shootout"

Jack McLarnon, Staff Writer

On Saturday, Sept. the Bates women's cross-country team competed in what may very well be the most fantastically named dual-meet in the history of the sport. Running at Pineland Farms in New Gloucester, Maine, the Bobcats went head-to-head in a 5K against Tufts to see how both teams stood at the beginning of their seasons. The weather was warm and humid, and the course is famous in the NESCAC for its winding trails and challenging hills. Therefore, the race proved to be a testament to the strength and fortitude of these tough runners.

After a tremendous effort from the Bobcats, Bates unfortunately found itself edged out by Tufts in the final score. In this particular meet, the race was scored ten runners deep on each team, resulting in a higher than average score of Tufts 91 and Bates 119 (in cross-country, the lowest score wins). Had the "Super XC Shootout" been scored to the conven-

tional depth of five runners per team, with the sixth and seventh finishers serving as displacers, the score would have been Tufts 25, Bates 32.

The ten placers on the Bates team, in finishing order, were Katherine "Katie" Barker '19 in 2nd (18:48), Olivia LaMarche '20 in 4th (19:01), Abby Hamilton '21 in 5th (19:07), Sarah Rothmann '19 in 9th (19:23), Tara Ellard '22 in 12th (19:42), Vanessa Paolella '21 in 13th (19:44), Wendy Memishian '19 in 17th (19:54), Ayden Eickhoff '19 in 18th (20:01), Hannah Austin '19 in 19th (20:02), and Loren Andrews '22 in 20th (20:15). All of these runners had extremely solid showings, as did the rest of the Bates team.

Yet, despite missing out on a win, the meet was still quite positive for Bates women's cross country. The score was considerably close, even when measured ten deep, which shows the fine depth that the team has at its disposal — this depth means that the team is strong

throughout, with individual racers all having the potential to contribute to excellent performances in the future. In addition, the aforementioned tough course conditions did not prevent the Bobcats from putting forward a commendable performance, with the entire team displaying determination and a competitive spirit that should continue to help them as the season progresses. As Hannah Austin '19 put it, "Everyone worked together, and a lot of people have already improved this year...Even though we didn't beat Tufts, I feel like it was a really solid day for everybody."

Perhaps most importantly, Saturday's meet was the first opportunity for the first-year Bobcats to compete on their home course at Pineland Farms. While the race may not have been perfect, it was certainly a beneficial experience for these new Bates runners, setting them up for many more efforts in the program. First-year Mary Cocoran '22 commented

that the meet was "challenging but fun," and her fellow first-year teammate Margaret

"Meg" O'Brien '22 agreed that "it was difficult but also rewarding."



Sports Update 9/16/2018

Women's Golf

Sept. 8: Vs. Colby, W 61-41 Sept. 15: Vs. Southern Maine, Tufts, 2nd/3

Men's Soccer

Sept. 5: Me.-Farmington, W 2-0 Sept. 8: Hamilton, L 1-0 Sept. 11: U. of New England, W 2-0 Sept. 15: Tufts, L 1-0

Women's Soccer

Sept. 5: Me.-Farmington, W 2-0 Sept. 8: Hamilton, L 1-0 Sept. 11: U. of New England, W 2-0 Sept. 15: Tufts, L 1-0

Men's Golf

Sept. 8-9: Bowdoin Invitational, 9th/12

Women's Cross Country

Sept. 8: Colby, W 70-40 Sept. 15: Tufts, L 91-119

Football

Sept. 15: Amherst, L 19-7

Volleyball

Sept. 7: Farmington State, W 3-0 Sept. 8: Worcester St., W 3-0

Sept. 8: Wheaton, L 3-0 Sept. 11: Southern Maine, W 3-0

Sept. 14: Tufts, L 3-0 Sept. 15: Bowdoin, L 3-0

Men's Cross Country

Sept. 8: Vs. Colby, W 61-41 Sept. 15: Vs. Southern Maine, Tufts, 2nd/3

Field Hockey

Sept. 8: Hamilton, L 3-2 Sept. 12: Bowdoin, L 4-2 Sept. 15: Tufts, L 4-2

