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the Bates Student

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Directing Success in One Acts Festival

Olivia Dimond, Contributing Writer



Students perform in the Robinson Players' One Acts Festival
SAMULE FINDLEN-GOLDEN/COURTESY PHOTO

Prior to last weekend's One Acts Festival, I had only directed once before. It had been a good experience and I was interested in trying again. Upon arriving at Bates this fall, I joined the Robinson Players and learned about the One Acts Festival. Directing seemed like a good way to introduce myself to the group, and would serve as a reference for full-length productions I hoped to direct in the future.

I directed a play called Hysterical by Steve Yockey. In it, a lonely woman named Elizabeth (Julie Jesurum, '22) turns to a bottle of Jägermeister to deal with her break up. She winds up getting romantic advice from the logo's iconic White Stag (Maria Gray, '22). The show is a funny yet poignant piece about break-ups and moving on.

Walking into auditions was terrifying. Because I normally audition for shows, I understand that it is nerve-racking to audition for people who might not know me or what I can do. Even though I was on the other side, I was already comparing myself to the other directors. My friend Johnny Esposito '22 and I were the only first-year directors this

year and I was convinced that I was out of place and unworthy at first. However, one of the reasons I came to Bates is because of its supportive student body. After a few minutes, I felt comfortable and like I deserved to be there. I was ready to be a part of what I knew was going to be a great show.

After two days of auditions and the battle for our casts, all the directors and I got to work. I was excited to be working with my cast of fellow first-years and ready to see what we would create in just three weeks. Luckily, my high school directing, acting, and stage managing experiences prepared me well for my first dive into college theater. I arrived and left rehearsals feeling confident in our story and how it took shape.

In our first rehearsal, we did "table work:" we all read the script together, and talked about the play as a whole. We then focused on blocking, or staging movement. In the days leading up to fall break, we continued to chip away at the scene to pull out the important storytelling moments.

ONE ACTS,
PAGE IV

Phillips Fellowship Students Reflect on Experiences

Christina Perrone, Managing News Editor

On Tuesday, Oct. 30, students and staff gathered to listen to Johanna Hayes '19 and Shangwei Deng '19 discuss their experiences working on projects funded by the Phillips Student Fellowship over the summer.

Each summer, Bates awards students around \$6,000 dollars to explore something they are passionate about. The requirement is that the project the student undertakes must be outside their cultural comfort zone. Students in the past have conducted projects ranging from research or career exploration to arts or community-engagement.

This summer, Deng participated in a full-immersion program in Latin while living in Falconieri Villa, about a half-an-hour away from Rome, Italy. Deng is currently a Classical and Medieval Studies and Politics double major at Bates. His talk "Making Latin Modern:" dealt with how the Latin language heavily informed one of his favorite modern works, "The Wasteland" by T.S. Eliot, which is ripe with references to antiquity.

When Deng first arrived in Italy, he could not speak a word of Latin. "On the first day, I was not able to speak the language with any other people. People were from France, some were from Egypt, there were people from Spain, Ger-

many and also many Americans." As he humored, "All I could reply was 'Ita, ita, ita.'" Ita is a word for 'yes' in Latin.

However, he began to pick up the language by listening to others, "I was able to make sounds, I'd pick up here and there over a conversation between fluent people. I could sort of tell if a word meant 'to speak' or 'to hear' and I'd be able to compile a sentence using these words, telling them 'sententia mea' or my opinion."

Those in the program started by asking everyday questions such as "How are you?" "Did you know?" and "Can you pass me the cheese?"

"And gradually," recounted Deng, "during the second and third week, I unburdened myself with the inquiry of 'what is the distance?' and 'what is the experience of time?' and gradually, I played along and became more and more a part of the community: singing, going out for excursions that are still in Latin, and it's a fascinating experience." In a sense, he experienced what it would be like if Latin were still a modern language.

However, the question for him still stood what the ramifications of resurrecting a dead language are: "When I was writing the proposal, I knew what challenge I may



Shangwei Deng '19 shares experience learning Latin in a Roman villa over the summer.
CHRISTINA PERRONE/THE BATES STUDENT

have. Latin itself is not really easily connected to our present culture... and there will always be a realistic struggle between me plunging into an ideal world and airlifting Latin into a contemporary one. And I was also very aware of a slippage of a dead language into a contem-

porary one...there were so many things that I could not name."

After Deng's presentation, Hayes, a Dance major and Anthropology minor discussed her project titled "Studying Self-Identity and Culture in Dance Environments." In her two-and-a-half months

spent in Europe, Hayes travelled to Germany, Spain and Austria and took four different dance and moving programs.

FELLOWSHIP,
PAGE III

History of Muslims Lecture: A Step in the Right Direction

Georgina Scoville, Staff Writer

Students would not make the trek to Muskie Archives on a rainy Thursday night for just anything. But on Nov. 1, they did just that for a talk by Edward E. Curtis IV titled “The Long History of Muslims in the United States.”

Curtis was this year’s speaker for the Bertha May Bell Andrews Lecture, an annual talk sponsored by the Multifaith Chaplaincy that was first established in 1975 by Dr. Carl Andrews. His aim was to honor his mother, who not only created the first physical education program for women at Bates, but also had a deep conviction that education without morality was useless.

The lecture highlighted this conviction of involving morality in teaching, discussing the misconception that Muslim heritage can only be traced back to as recently as 1965, and the effect this has both on Muslim families and on the recent rise of Islamophobia. Curtis described this phenomenon through the language of misremembering; he said, “There has been a forgetting, a forgetting that is useful to those who say that Muslims are foreign to America.” His goal of the lecture was to correct this misconception and emphasize the various contributions of Muslims, who have been in this country from its very beginning.

Muslims have served in legislatures, saved corporations, played for

sports teams, won a Nobel Prize, held the Olympic Torch, and built skyscrapers. Probably most commonly known to students would be Kareem Abdul-Jabbar, a retired professional basketball player who still remains the all-time leader in points scored and career wins, and Muhammad Ali, a professional boxer and activist. As described by Curtis, “Muslims have changed the way America looks, the way it plays, the way it is heard.” Perhaps less famous but just as important are Muslim politicians, who are becoming increasingly numerous in today’s political environment. Ninety Muslim candidates are running for federal, state, and local office in this year’s midterm elections, significantly more than in any other year.

Although Curtis focused primarily on the history of Muslims, when asked about how to have conversations about Islamophobia, he responded with the necessity of people respecting the dead. He called for Muslims to put their differences behind

“At a school like Bates, Islam is seen as strange and maybe even threatening.”
—Nahida Moradi ‘22

them and stop focusing on their disagreements over past activists, a lesson relevant to everyone regardless of religion. In approaching religious discussion, he also offered the advice for students to move past preaching – attempting to convince others that Muslims are peaceful and hate terrorists – and into deeper conversation.

Nahida Moradi ’22, a member of the Muslim Student Association and an attendant of the lecture, described the importance of students being educated about this history and having conversations about Islamophobia, explaining, “At a school like Bates, where religion is generally not very present in students’ lives, Islam is often seen as strange and maybe even threatening. You could see that level of threat by looking at the vandalism of the Muslim prayer room in Chase Hall. Inviting Dr. Curtis to talk about the History of Muslims in America is a step in the right direction for Bates to do its job right.”

Curtis’ lecture on the history of Muslims in the United States was especially relevant in today’s world of Islamophobia. His talk helped to identify the misconceptions in Muslim history and to offer guidance on how Bates students can approach difficult religious conversations.

Searching for a Home in Lewiston

Marguerite Schueler, Staff Writer

Lewiston’s diverse population is what makes the city a vibrant and dynamic community. Many of these same Lewiston residents, though, struggle to find and maintain stable and safe housing.

On Nov. 1, as part of the Harward Center’s “Theory into Practice” series, the Bates community and public were addressed by three prominent women on the forefront of solving housing issues in Lewiston and beyond. The panel discussion was titled; “Housing Matters: Challenges to Housing Security for Low-Income Families,” and sought to unbox some of the problems and pose solutions for housing concerns in Maine communities.

The first remarks of the afternoon came from Bettyann Sheats. Sheats is serving her first term in the Maine House of Representatives and is currently seeking re-election. Sheats has brought her experience as a landlord and community member to the Maine State Legislature to advocate for safer and more affordable housing options.

During her remarks, Sheats stressed the need for reliable housing. She cited statistics claiming that the best predictor of childhood success in school is access to reliable housing, with the same concept applying to recently released prisoners. When individuals are in a stable living environment they can become more productive workers and active members of their communities.

A plethora of factors are required for people to keep steady housing. Often times, the problems people face with their housing stem from external factors. “It’s not about the tenants, and the landlords, and the housing; it’s about losing their housing because of economics, job insecurity, low wages, not enough affordable access to health care,” said Sheats. Fixing the toilets and touching up the paint on the walls isn’t what makes a good landlord, but rather being able to actively listen to the greater needs of your tenants. According to Sheats, in order to cultivate a working relationship between landlords and tenants, communication is a necessity.

As far as solutions go, Sheats says, “It’s not one issue that got people into a problem, it’s not one fix that is going to get them out.” For Sheats, throwing money at only one area like healthcare or education won’t do anything to solve housing predicaments. It’s going to take a system-wide reform before the community will see improvements. In her opinion, collaboration between community members and policy makers will be key to procuring safe, affordable housing alternatives for Maine residents.

Amy Smith discussed her experiences as a landlord and founder of Healthy Homeworks, a nonprofit organization dedicated to building healthy homes and relationships between low income tenants and landlords. Smith is committed to providing safe and healthy living conditions for her tenants, but notes that it isn’t always easy. “It is really hard to create and maintain safe and affordable housing,” says Smith, “The health and safety of thousands of Lewiston residents relies on the health and safety of very, very old housing stock.” The real estate in Lewiston is dated, and inadequate conditions can lead to serious health complications.

As well as talking about the challenges of being an effective landlord, Smith described some of the difficulties her tenants have faced with housing assistance. The Section 8 Housing Voucher is one of the best options low income families have for housing assistance, but it isn’t perfect. The waiting list is very long, and once someone reaches the point where they can pay their full rent the assistance is taken away. “After just a few months at that level, your voucher is done, and you’re left without a safety net,” says Smith. If a person loses their job, or something else goes wrong, they’re back at the end of the waiting list. Smith recommends policy reform for housing assistance.

Both Bettyann Sheats and Amy Smith are role-model landlords who strive to provide affordable and safe housing for their clients. As Patricia Ender – an Attorney for Pine Tree Legal, a nonprofit law firm dedicated to justice and fairness for low income Mainers – says, “Landlords provide an essential service, and good landlords are worth their weight in gold.” Following that statement, Ender shared some horror stories from cases she has had dealing with housing discrimination and sexual harassment. Ender said that housing insecurity creates a scenario where tenants are very vulnerable to sexual harassment from landlords, owners, and neighbors. Ender also described the prevalence of housing discrimination based on race.

Thankfully, there are many opportunities for Bates students to get involved in Lewiston housing concerns. All three speakers agree that it is important to embrace the Lewiston community. Students can attend community meetings dealing with housing issues. Students can also be on the lookout for internships at nonprofits that deal with affordable housing, and the Harward Center is always a good place to look if you want to get involved.

Bates Habla Español

Facebook Group Engages Students Digitally

Madeline Polkinghorn, Assistant News Editor

The Bates Student runs a regular column covering Bates foreign language teaching assistants, highlighting the invaluable work they do and gaining insight into their cultural background.

A few weeks ago, I spoke to Daniel Guarín, the Spanish teaching assistant who hails from Armenia, Colombia. Recently, he reached out to me to cover a new learning initiative he has taken on: Bates Habla Español. The program, which comes in the form of a Facebook group, aims to digitally engage Spanish students at Bates through informal dialogue in Spanish. I spoke with him to learn more about the program and what it hopes to achieve at Bates.

The Bates Student (BS): What is Bates Habla Español? What are its objectives?

Daniel Guarín (DG): Bates Habla Español (Bates Speaks Spanish) is a group created thinking about the needs of my Spanish students as a boost for their language acquisition. It is a group in which students can feel free to comment and interact in Spanish, out of the

classroom and its formality: no stress, no pressure, just fun...

Bates Habla Español is a public group and it is available for all the Bates students who want to learn, improve or practice Spanish. And of course, learn more about Latin American and Spanish culture, literature, history, etc.

BS: How did you get the idea to start Bates Habla Español?

DG: The idea of creating this group was born during one of my master’s degree courses called ‘The Role of the 21st Century Language Professor’. The Internet is changing the world, it is changing communication, education and languages. We – language teachers – must be ready to face these changes and take advantage of them. We must also know that those formal and archaic language classes belong to the 19th century; now is the time to think about the informal ways of learning and teaching a language outside the walls of a classroom.

BS: How will this project help Bates students learn Spanish?

DG: There are many articles, books, videos, memes, and pictures that I would love to share with my students in class, but time is never enough and it flies when you are having fun, so this group is the opportunity for students to go deeper with Spanish and practice, because the more you practice the more fluent you become.

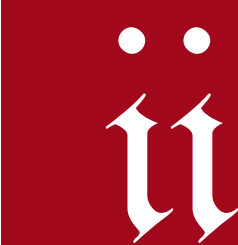
BS: What kind of content will be shared in the group?

DG: Well, everything has to have an educational purpose, even if I’m sharing memes, they must have an impact and must help students improve or learn or think. So there are many different kinds of content, such as videos about poets, writers, and history. There will be pictures with fun facts about Spanish language and Hispanic culture, memes, music, etc. Everything in Spanish.

Interested students can access the group by searching Bates Habla Espanol, or following this link: <https://www.facebook.com/groups/BatesHablaEspanol/>.



(L-R): Amy Smith, Patricia Ender, Bettyann Sheats, Abby Westbury '19. PHYLLIS GRÄBER-JENSEN/BATES COLLEGE



Christina Perrone, Managing News Editor

Madeline Polkinghorn, Assistant News Editor

FELLOWSHIP
CONTINUED FROM PAGE 1

One question she found herself asking was “How do different dance practices’s values shape an individual and their relationship with others?”

Per Hayes, “This was the biggest question of this project, just because I grew up in a ballet background and I was taught to stand up straight and suck my stomach in and a boy would lift me up and that’s how I built a relationship with my own body and understanding how I could touch people, not touch people—that built my world, and the moment I got out of that ballet context to a modern context, I was like ‘Oh wait! There are other ways of moving! I don’t have to pull my stom-

ach in any more. Wow, does that feels great!”

Hayes spent the first month in the small town of Stolzenhagen, Germany, living in an artist commune surrounded by an idyllic landscape where the Freedom to Move Caucus was held. In the program, dancers dealt with issues like consent, identity, and how embodied experiences differ between people. For Hayes, “It was so tangible, even in movement, to feel those differences and to feel our own stories come out and social things come into play and it kind of blew my world apart and it left me with a lot of questions about dance and the dance space, and the way that it’s structured and the way

it definitely excludes people.”

Hayes then headed to Spain to participate in two dance programs, one in Zaragoza and one in de Pedra. “After coming out of the Freedom to Move Caucus, I still had all of these questions of privilege in my mind and was kind of wondering why am I here lying on the floor listening to my collarbone while there are some real things going on. And that was a huge barrier for me, something that I’m still trying to address,” Hayes said.

While she loved the movement and dance styles in Spain, she did not enjoy how it was taught. When speaking about her time in de Pedra, Hayes said, “You would just be so exhausted and so torn apart and

you would just get up and go to the next class. And you’d get torn apart, and you’d be told to go more and faster and harder and you’d die, and you’d go to the next one.”

One dance element Hayes seeks to bring to the U.S. is how emotion can inform postmodern dance. “And so going forward as a dance artist, hopefully, I hope that I can take what I experienced in Spain and apply the other teaching ways of consent or social issues and self-guided practice into some of those movement styles that I learned in Spain. Out of this project I just feel like I have so many tools, like I can pull from so many different situations, and that’s a gift. It just made me really believe

in dance and think there’s so many ways to do it, and that makes me super excited about it.”

For those interested in applying, the deadline for the Phillips Student Fellowship is February 1, 2019. Students interested are strongly encouraged to begin working now with an advisor, as the trip requires a lot of planning and forethought.



Audience asks questions about students’s expectations going into the Phillips program.
CHRISTINA PERRONE/THE BATES STUDENT

Commons Works to Reduce Food Waste

Ayden Eickhoff, Contributing Writer

Sitting in Commons on a rainy morning, I took a quick poll at the table: what comes to mind when you think of November? Answers included pies, turkeys, cranberry sauce, mashed potatoes, cornbread, gravy, yams, elections, shopping, holiday 5ks, returning home, among others. Many people would likely give similar answers.

For the students involved in one of the many clubs and organizations that support environmentally friendly initiatives, answers may include another hallmark of the holiday season: food waste.

Food waste on college campuses is a rampant problem, and one that requires innovative and site-specific solutions. Articles about campus food waste often end with a list of steps dining halls can take to reduce food waste. Steps include forming integrative food waste strategies, strategic serving presentations, and connecting with local compost companies.

At Bates, many of these solutions have already been implemented. Cheryl

Lacey, the Director of Dining here at Bates is constantly looking for ways to reduce waste as well as ways to utilize the waste we can’t avoid.

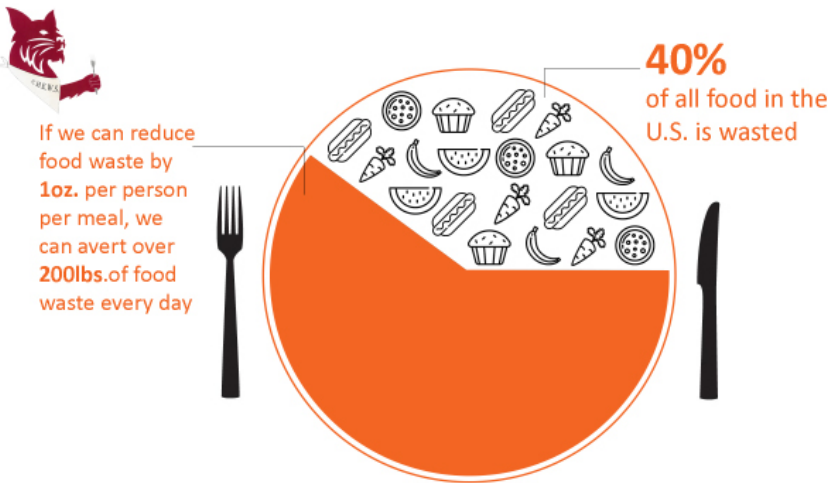
For example, Commons actually gets payed by Maine Standard Biodiesel for their used fryer oil. The fryer oil, after being turned to biodiesel, fuels the Oakhurst dairy trucks that bring milk to Bates.

But Lacey, and the rest of the amazing team in Commons, can only do so much. At some point, it is down to the students to make conscious decisions to reduce food waste. “It’s difficult at times when we are sourcing expensive local and organic food, and see so much of it on the conveyor belt” said Lacey,

who—as many of us have—see whole sandwiches, or unopened yogurts, on plates as they go into the dish room.

For the month of November, students involved with CHEWS (Commons Healthy Eating and Wellness Society), Environmental Coalition, and Eco-Reps, push students to consider the amount of food wasted, and what they can do about it.

A study out of Kansas State University found that when students were exposed to anti-waste messaging in their dining hall, 15% less food was thrown out. If the key is getting people to pay attention, we have our work cut out for us.



Courtesy of CHEWS: Commons Healthy Eating & Wellness Society
Like us on Facebook, follow us on Instagram, @bateschews



Bates Student Government: Nov. Update

Emily Bass, Contributing Writer

At the Student Government meeting on Oct. 24, we shared some exciting news regarding a new printer, an upcoming dining meeting, and the party we have planned for December. After long discussion of bringing a printer to Frye Street, one was installed in the Frye Street Union on November 1st.

Additionally, Student Government has planned a dining meeting for this Wednesday, Nov. 7th at 7:30pm in the Benjamin Mays Center. All are welcome to come ask questions or give feedback regarding Commons and the Den.

Lastly, we will be organizing an ugly sweater party on Dec. 7th! All are welcome, and we will have more updates for everyone in the next few weeks.

We also discussed the Dance Marathon, which members of Stu-

dent Government will be tabling for on Thursday, Nov. 8th. You can register by following this link: <https://events.dancemarathon.com/event/BC19>

In addition to our discussion of these advances, we also focused on how we can improve the connections between student organizations and Student Government.

We are expanding the roles of representatives to include greater connections with clubs. Since this meeting occurred, each representative has chosen at least five clubs that they will work with throughout the year in order to ensure that Student Government is doing everything we can to support them in achieving their goals.

We are looking forward to building these connections and working with more students in the future.

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White Colonial Amnesia

Christopher Hassan, Managing Forum Editor

This administration, and the American people at large, have time and again shown that they hate immigrants of color.

Trump's administration has boisterously supported banning refugees and asylum seekers from the Middle East and, more recently, Honduras and Central America. The president recently announced his plans to violate the 14th Amendment and cancel birthright citizenship for the children of non-citizens in the U.S. Earlier this year, we witnessed thousands of children locked in concentration camps after being separated from their parents by ICE, a process still happening as I write this article.

In response to this white nationalist agenda has come a strong, pro-immigrant reaction. Well-meaning white liberals across the country have rightfully denounced the fascist practices of immigration enforcement. They have tweeted and hashtagged that the United States is a nation founded, built, and sustained by immigrants, of whom we citizens are all descendants. A viral photo that circulated this 4th of July showed a white woman

holding a sign that read "What's your American heritage," to which the only answerable options were Native Americans, slaves, refugees, and/or immigrants.

This idea is echoed by pieces of pop culture like the hit musical "Hamilton." Its most famous line goes "immigrants, we get the job done" in an exchange between Alexander Hamilton and Marquis de Lafayette, portrayed by two men of color. This narrative aims to paint the United States as a nation of immigrants, for immigrants, and by immigrants since its very beginnings in the 1700s. But these talking points omit an entirely different, much less picturesque group: colonizers.

There are still many white Americans whose ancestors came here during the 16th-17th centuries from England, France, and the Netherlands. These settlers, although often escaping adversity and poverty themselves, did not come here en masse as peaceful workers seeking to better this country. They settled and stole land previously inhabited by First Nations peoples, thousands of

whom were killed by gunfire and invasive plagues. Many others were sold into slavery up and down the Atlantic.

These Europeans were extensions of a larger imperial project that continues to lead to the slaughter of indigenous communities to this day. From the perspective of First Nations people, these were not wayward immigrants pursuing the American dream. Men like George Washington, Alexander Hamilton, and Thomas Jefferson were not "immigrants" or the "descendants" of immigrants, but colonizers on indigenous land.

I'm not saying every single European who came to colonial North America was a bloodthirsty conqueror. Furthermore, millions of white Americans do in fact have noble ancestry stories. Many of our ancestors came from Ireland, Poland, Germany, Italy, and beyond to escape poverty, religious persecution, and ethnic conflict to build a better life in the 19th century. Many Latinx communities were already living here, since much of the American West was Mexican and Spanish Territory during the same period.

Today, however, in our attempts to show solidarity with immigrants of color, we whitewash US history and do not deconstruct what being an "immigrant" really means. This idea that the Founding Fathers and the white Americans who came after them were all immigrants like today's asylum seekers excludes the perspective and experiences of First Nations people.

This narrative about immigration absolves white liberals, myself included, of taking responsibility for the systemic benefits these conquistadores set up in their earliest stages. Worst

of all, the viral picture previously mentioned tries to include First Nations people in the story of America's heritage but excludes the colonial legacy that actively attempts to expunge them from this country.

We, white Americans, must do all we can to resist deportations, free all prisoners in immigration camps, and reunite children with their families. But we cannot turn immigration into a colorblind issue, as it is anything but. We cannot act like all our ancestors came to this land on equal moral footing.

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How to Elect a Fascist in Simple Steps

Ariel Abonizio, Contributing Writer

Last Sunday, Brazil democratically elected Jair Bolsonaro for President. Bolsonaro became internationally known for his hate speech, xenophobia, sexism, and racism. It is hard to come to terms with the fact that someone who defends that women should make less money than men could have 56% of valid votes in my country. He said once to a reporter that he wouldn't rape her because she didn't deserve it. Yet, somehow, Brazil elected him.

The same person who defended beating gay couples on the streets will be in charge of the largest country in Latin America. He, who said that his children would never date black people because he taught them well, will be the most powerful person in Brazil. He used a livestock weight measure to refer to body shaming overweight black people. But he still got 57 million votes with an empty platform filled with hate speech.

From this perspective, the political scenario feels like an absurdist play in which nothing quite makes sense. And it doesn't. Five years ago, I didn't imagine I would be writing about the fragilities of democracy in my own country. Democracy seemed eternal only a few years back. I felt like it had started long before me and would go on long after my death. Today, I see quite clearly that Brazil is a young democracy, only 33 years old. The military dictatorship of 1964-1985 lurks in the recent past. And yet, Brazil elected a president who openly defends torture. I keep wondering what happened. How is this possible?

Here are the ingredients you need to elect your fascist: first, a well-seasoned sexual assaulter, anti-black, ugly-faced, anti-government politician. You will also need four million dollars of illegal social media sprinkles to convince your electorate. You will need white fragility, too. A lot of it. And generalized fear. Most importantly, you will need all-purpose fresh fiction writers, for garnish.

Apart from deeply ingrained hate, marketing fear is what got Bolsonaro elected. The setup was quite similar to the United States elections of 2016. On one side, a left-wing career politician.

On the other, a military-like male figure that "refuses" to play by the rules. In Brazil, many people stopped believing in the democratic institutions. For someone that fears losing their jobs to immigration, generalized corruption, or "the commies," the ironic decision to vote for anti-politics may seem logical. Bolsonaro's strong figure is the antithesis of democracy, and yet he appealed to the media-fabricated, fear-induced, misinformed concerns of many Brazilians. To them, it was a logical decision to vote for a man who will allow everyone to buy their own firearm.

However, it is not logical. It is not logical to vote for a person that praised the most feared torturer of the 1964 Military Dictatorship. The military dictatorship ended in 1985, but despite its recency, many seem to have forgotten what real terror looks like. Bolsonaro didn't win on logic; he won on emotion, on fear, and on fragility.

Bolsonaro vowed to end corruption, fight violence with violence, and save the economy. There is no real plan. Much like Trump up here, people say that he sounds "honest" because he speaks his mind. They both use and abuse the media to lie repeatedly and convince their electorate on an emotional level. If it is repeated

enough, people will genuinely believe that schools make children queer, that the communists are trying to "abolish development," and that hairy feminists will force you to abort a new fetus every couple of months. It is supposed to gross you out, to wake you up from the inertia of your sofa, even if you don't believe in what he says. Bolsonaro's secret is to manipulate the public imagination. He defends "traditional values" that capitalize on people's nostalgia of an imaginary past they've never had, all while juxtaposing it to an equally imaginary catastrophic future. It works.

Similarly to Trump, Bolsonaro won because he blamed the enemy. A quick scroll through social media for me and I can see his followers calling the opposition dirty scum, rats, communists, pigs, criminals, addicts, bums, gay slurs, gendered insults, and monkeys. The resemblance to the Nazi rise to power is not a mere coincidence.

It shocks me to see that we are almost in the 20s again and nothing has radically changed. Keep an eye out for fascism, not only in Brazil but worldwide. Times are truly changing, and they are changing fast.



Jair Bolsonaro is sworn in as Brazilian President.
PHOTO COURTESY OF CREATIVE COMMONS

The Power of Religion in American Government

Kyle Larry, Assistant Forum Editor

Even though American politics has separated the state from the church, it would be naive to think that religion isn't still embedded in American politics. Considering the overwhelming number of people that simultaneously identify with a political party and a religious practice, as well as the issues being discussed in the political sphere that stem from religious beliefs, it is difficult to avoid a debate about the role religion plays in society.

However, I don't think the problem is religion itself; I think the problem is which religions have been traditionally misconstrued to attack disenfranchised groups, and that those are the religions getting publicity.

Well, we should first review which religions are predominantly associated with which political party, and how important these religions are to these groups. The Pew Research Center surveyed Republicans and Democrats and showed that seventy percent of Mormons and fifty-six percent of Evangelical Protestants are Republican (the two largest percentages of Republicans in any religion). Meanwhile, eighty percent of Historically Black Protestants and sixty-nine percent of Buddhists are represented by Democrats (the two largest percentages of Democrats). The Pew Research Center also did a survey that determined how important religion was to each political party, and showed that sixty-one percent of Republicans believe religion is important and only forty-seven percent of Democrats believe in the same thing.

Now, the problem lies in the Republican Party because Evangelical Protestants are notorious for oppressing people

due to differences in race, gender, sexuality, etc. Often times, they have used the Bible to justify their hatred of people who fall outside of their category as normal. Religion offers people a way to put their trust on an all-powerful, all-knowing Being that no one has concrete evidence on. People can believe in this Being so much so that they can be persuaded into believing that this Being wants them to discriminate against other people for not being "normal." Many people who are stuck in this brainwashed mentality are Evangelical Protestants, or Republicans. Republicans incarcerate black people at a massive rate, take away women's right to choose, neglect young people's right to be educated about contraceptive and safe sex, and blame survivors of rape for being violated. Why? Because their interpretation of religion alludes to the idea that this is right. Even though they are oppressing people and making their lives more difficult than it already should be, they truly believe what they think is right because their faith is so strong. Republicans, essentially, are being manipulated to carry out an agenda that is set on empowering the people who preach this hateful language. The Republican Party is built on this lie that religion makes everything they stand for legitimate, when in actuality, religion is a cover up for Republicans to move forward with their hateful agenda. As the elections come up, I implore everyone to truly dissect political parties' views on certain issues and why they have these views. Because for the Republicans, it seems to be the case that they have tried hold onto self-righteous views only to hide their evil intentions.

Undocumented Immigration is Cheating

Nick Morgoshia, Assistant Forum Editor

On Oct. 2, a few dozen Bates students from Professor Longaker's Social Movements in Latin America class congregated near Commons to stake out a claim for themselves in the nationwide immigration debate. While the rally was ostensibly organized in opposition to President Trump's family separation policy, tide of protest quickly shifted from the administration's ham-handed response to the US-Mexico border crisis. Amid a flurry of chants, you could hear "no one is illegal," "fight ignorance, not immigrants," and "education not deportation" – as if the issue at hand is less about incarcerated toddlers than the wholehearted acceptance of undocumented immigration at large.

I have no doubt that the protesting students commit to living by Bates' academic integrity ideals. That is why I implore them and all like-minded members of our community to think about undocumented immigration as a variation of cheating. Yes, you read it right: unauthorized immigration is as much a challenge to our border security... as big a threat to the financial well-being of working class Americans (while most mainstream economists agree that all types of immigration foster economic growth, there is also a widespread consensus that the influx of low-skilled labor hurts similarly positioned native workers. See the Specifics-Factor Model)... as it is an act of cheating.

Early Monday morning. You have spent the entire weekend preparing for that notorious midterm exam. Worn out by a series of all-nighters, you trudge into the lecture hall ready to put all your hard work to good use. Then it comes to your attention

that one of your classmates cheated. Theoretically, it makes little sense to be upset. Cheating is not a zero-sum game: your classmate's behavior did not prevent you from doing well. And yet, most of us recoil at the very idea of academic dishonesty. Why? Because we are taught to understand, correctly, that cheating is fundamentally unfair to those playing by the rules.

If you think your classmate's behavior is morally unjustifiable, then put yourself in the shoes of someone trying to immigrate to the United States legally. According to the Department of State Visa Bulletin, citizens of several Asian and Latin American countries should plan to wait upwards of two years before scheduling a consular appointment. And if spending two years of your life trying to get a visa already seems like too much, that is only the start.

Merely entering the United States legally does not make you eligible for citizenship. Before even dreaming of the coveted blue passport, one has to obtain a permanent resident permit, commonly known as a Green Card. Depending on whether one is coming to reunite with family or pursue employment, the process of obtaining a Green Card can lag for years. There are quotas. There are legal fees. There are immigration officers willing to deny your application because of an unintentional error. One may be in the country on a valid visa for decades, but before procuring Green Card, there can be no switching jobs before prior authorization, no in-state tuition benefits, and no easy time getting approved for a mortgage or even a credit card.

Many immigrants ultimately fail in their quest for a Green Card. Those who are successful have to wait at least five more years before proceeding with the naturalization

application. A minute mistake on the US civics test can prevent you from finally being able to call yourself "American." The journey from a dream to immigrate to the United States to the day when you take the oath of citizenship can thus stretch for decades; for some, it is the journey that lasts a lifetime.

Undocumented immigration corrupts the spirit of that journey. It is an act of cheating not solely vis-à-vis our nation's laws, but all those foreign-born Americans who have sacrificed the time, energy, and material and emotional capital to make this country their very own. Chants like "no one is illegal" and "immigrants are welcome here" suggest there ought to be no distinction between those who played by the rules and those who did not. They do not do justice to an elderly mother waiting for hours in the consulate line to reunite with her daughter... to an international Bates student trying to settle down in the United States after graduation... to an immigrant soldier serving our country overseas.

Of course no human being is illegal. Plagiarizing on a test does not make one an "illegal human being," yet the behavior they are engaging in is every bit as immoral as it is illegal.

Advocating for those whose immigration status is none of their fault – minors currently detained on the US-Mexico border and DACA recipients, individuals brought to the United States as children – is an empathetic, timely undertaking. The same could not be said about unapologetically embracing all types of unauthorized immigration. Just as there is no room for cheating in academia, undocumented immigration should have no place in the United States.

The Self-Destruction Of American Politics

Miles Nabritt, Staff Writer

Is the United States broken? Has our country finally succumbed to hatred and animosity? Just over the past two weeks, there has been a nationwide occurrence of pipe bombs that were targeted at several influential Democrats, liberal celebrities, and organizations who have been disdainful of Donald Trump and his administration. It sickens me to no end, how American politics and ideologies have divided the country to the point of no return. This pipe bomb incident shows how political ideology can be used as a method to attack people's identities and threaten people's lives. What makes this incident so appalling and unprecedented is its emphasis on a heightened animosity towards the left wing. The pipe bomb incident demonstrates how the desire for power, revenge, and absolutism can define the current climate of the United States.

Some of the many people who were targets of pipe bomb packages include Eric Holder, James Clapper, Hillary Clinton, Joe Biden, and even Barack Obama. These are not just your average Democrats, but established politicians who have made a significant impact on American politics and history.

Despite all the pipe bombs having been collected by federal, state, and municipal investigators, a nationwide investigation has apparently begun. As William K. Rashbaum, Alan Feuer, and Adam Goldman write, the "continuing wave of bombs has prompted an intense nationwide investigation into whether Trump's critics or others vilified by the right are being targeted." We will see where this nationwide investigation will accomplish, but I fail to believe that the current division in American politics will subside.

In recent news, this past Friday 56-year-old Cesar Sayoc was arrested by authorities in Miami and charged for sending out some of these pipe bombs to prominent Democrats and liberals. In fact, he was suspected of sending a total of 13 explosive devices to Democrats and liberals, in the hopes of possibly "getting attention." With his van covered in pro-Trump stickers and propaganda, it has been revealed that Sayoc was an emphatic conservative who has written hateful statements against figures including liberal billionaire George Soros, Barack Obama, and Hillary Clinton. As more reports are coming, there have been interesting statements that have been made by people

who know Sayoc. For example, Ronald Lowy, an attorney who has represented Sayoc's family for years, said that Sayoc, "...lives in a fantasy. I have no doubt he's mentally ill." Lawyer David McDonald, who specifically interrogated Sayoc for a period of time, described Sayoc as "maybe delusional."

"Ask not what your country can do for you, ask what you can do for your country," so said John F. Kennedy. While America claims that its citizens exercise life, liberty, and the pursuit of happiness, we can see a clear contradiction that not all people are treated equally. The pipe bomb attacks show a pattern of deliberate hatred and menacing acts towards a particular ideological group who were perceived as enemies to the country. Regardless of what the intention was, this has been an act of not only calculated hostility but also may be an attempt at political retribution. While these Democrats are willing to serve and dedicate themselves in the United States, there are those willing to do whatever it takes to destroy them. Now the only question that I can ask is: is it too late to stop the destruction of American politics?

When Hate Hits Home

Will Hibbitts, Contributing Writer

Last Saturday morning, I got a wakeup call that I was not prepared for. I received a notification on my phone that there was a shooting at the Tree of Life synagogue, just a few blocks away from my house in Pittsburgh, Pennsylvania. I had to call my mother to make sure that she was alright and that she avoided the area. When she picked up the phone, she told me that she was eating brunch with a family friend who happened to be a congregant at that same synagogue. My mother had to break the news to our friend. Later, we found out that 11 congregants had been killed.

That day, the tranquility of my neighborhood, Squirrel Hill, was shattered. Growing up, Squirrel Hill was always a peaceful, quiet, and cosmopolitan neighborhood. It was a well-off area within the city limits that had an idyllic quality to it. It was even home to children's TV icon Mr. Rogers, making it literally Mr. Rogers' neighborhood. Squirrel Hill is the center of Pittsburgh's Jewish community. Anywhere from 30-40% of the neighborhood identifies as Jewish; my Catholic and Anglican family always felt welcomed and appreciated by our neighbors despite our differences in faith. But because of my neighborhood's high Jewish population, it is not surprising that when the hate that had been brewing outside of its boundaries finally arrived in our community, it came in the form of anti-Semitism.

This hate had been festering for quite a while. There were early signs of its presence in our city, like Nazi flyers being distributed in our neighborhood this time last year, the shooting of unarmed black high-school student Antwon Rose Jr. in June, and the beating of a

black man by a neo-Nazi group at a local bar. If we want this nationwide trend of hate to stop, we cannot only address the abstract concept of hate; we must understand the trend that is fueling its rise, and that trend is the resurgence of far right, fascist politics. This trend, manifesting due to increased economic stress as well as advancing social progress, seeks to endanger and terrorize oppressed peoples, and undo every reform won by them, no matter how small. We can see it nationwide, not only in the rise of Donald Trump and the "alt-right" (read: neo-Nazis), but also in the rise of armed and violent far-right groups like the Three Percenters and the Proud Boys. This is the trend that emboldened the shooter to come to Squirrel Hill and kill my Jewish neighbors.

My heart goes out to all affected by the latest massacre and by the rise of the far right. I know that many of us are concerned, scared, and/or angry; I am too. But it goes without saying that if we want an end to the hate that has been threatening our communities and gripping the entire world, we must stop the rise of far-right politics. We must realize that voting alone will not quash white nationalism. It is our collective duty to stop white nationalism in its tracks, no matter how it manifests itself or wherever it emerges. If we see homophobes spewing hateful rhetoric on campus, we must repudiate them. If we see anti-Semites spreading fear about a peaceful religion, we must silence them. If we see fascists marching in the streets against Somali refugees, we must confront them. Because as theologian Martin Niemöller wrote, if you don't speak out for your oppressed neighbors, *they* will come for you next.

The President's Threat to Immigrant Dreams

Ashka Jhaveri, Contributing Writer

President Donald Trump wants to end birthright citizenship because it is, as he aggressively stated at a rally, a "crazy, lunatic policy." What he calls crazy, many families call hope. The 14th Amendment has been part of our Constitution since 1868 and has since promised citizenship to all those who are born on US soil. The President stated to a room of reporters that he would be signing an executive order to initiate the process, which would threaten to unravel a fundamental aspect of American culture.

The President ignores the trials that families are put through in order to come to the US and instead focuses on deliberately attacking them and all policies that would ensure their children's survival. There are people who believe in ending birthright citizenship because it is a threat to the strength and immigration standards of the country. To do this would be a massive cultural change from what has always been associated with being an American.

People in favor of ending birthright citizenship argue that undocumented immigrants are not "subject to the jurisdiction" of the courts. However, in fear of coming off as xenophobic and racist, many conservatives have chosen to not fight this battle. Trump's claim is a direct assault on unauthorized immigrants, most of whom have been here for 10 years or more. Even more so, it is a threat to the thousands of children who are already living here with undocumented parents. According to Dara Lind, a writer for Vox, "Restrictionists generally argue that the ability to give birth to a US citizen motivates people to come to the US illegally — but there's simply no evidence that that's true."

Trump has been consistent with

his beratement of undocumented immigrants since his campaign. Recently he sent 5,000 troops to the Mexican border, banned immigrants of eight Muslim and Latin American countries, and canceled the Deferred Action for Childhood Arrivals program which provided relief to almost 700,000 immigrants. He ended Temporary Protected Status for Haitian, Nicaraguan and Sudanese people which provides work authorization and protection from removal. He has cut down on the amount of refugees the country takes, marking the lowest intake rate since the creation of the program in 1980.

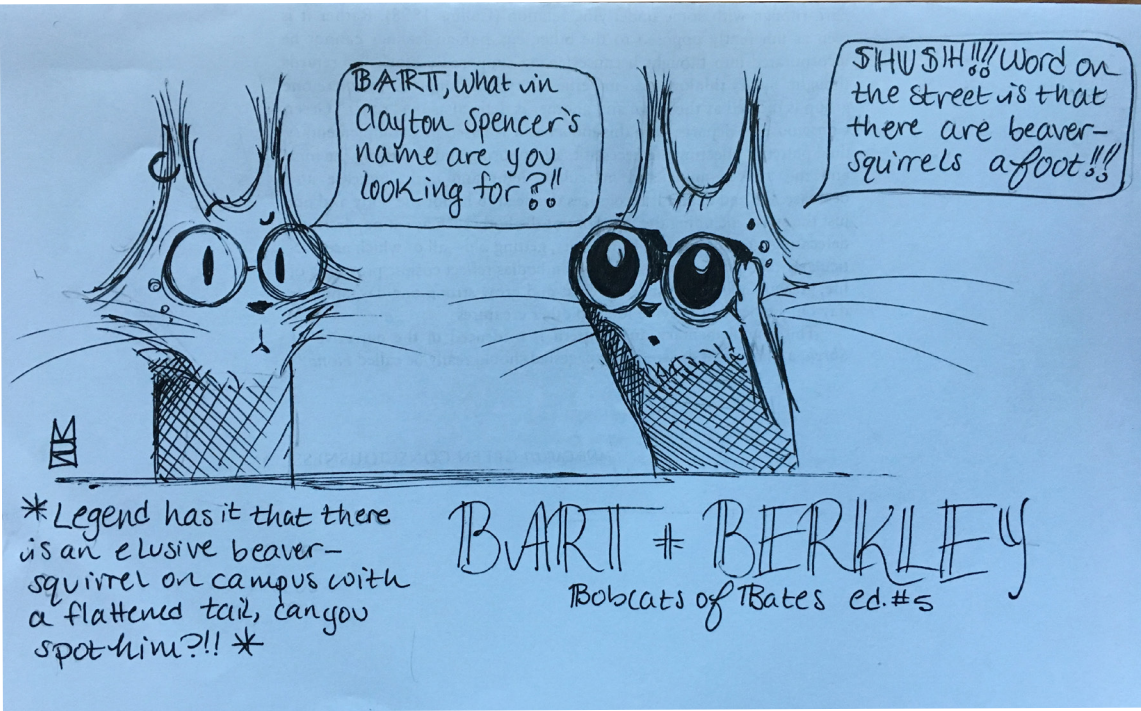
Trump is, however, wrong in his factual accuracy. He stated that an executive order could disband the 14th amendment from the constitution. His arrogance dictates this lie and proves how uneducated he is on how the political system works. An executive order would simply start the process of disbanding the amendment, but it would ultimately go to the Supreme Court.

Trump may have no legitimate power in the cast of reshaping the amendment, but to even mention ridding our country of this policy is a representation of the xenophobic mindset of the administration. His order would push this country back to a time when men like Dred Scott could not claim citizenship due to their physical and ethnic attributes. This form of intimidation to foreigners that is flowing out of the White House is blacklisting the United States as a xenophobic nightmare for anyone trying to enter the country. Trump's delusion about an imminent threat to the country by those who are "stealing our jobs" and "disenfranchising this country" will hopefully never come to fruition, but it will still establish an overall sense of fear for immigrants and their children.

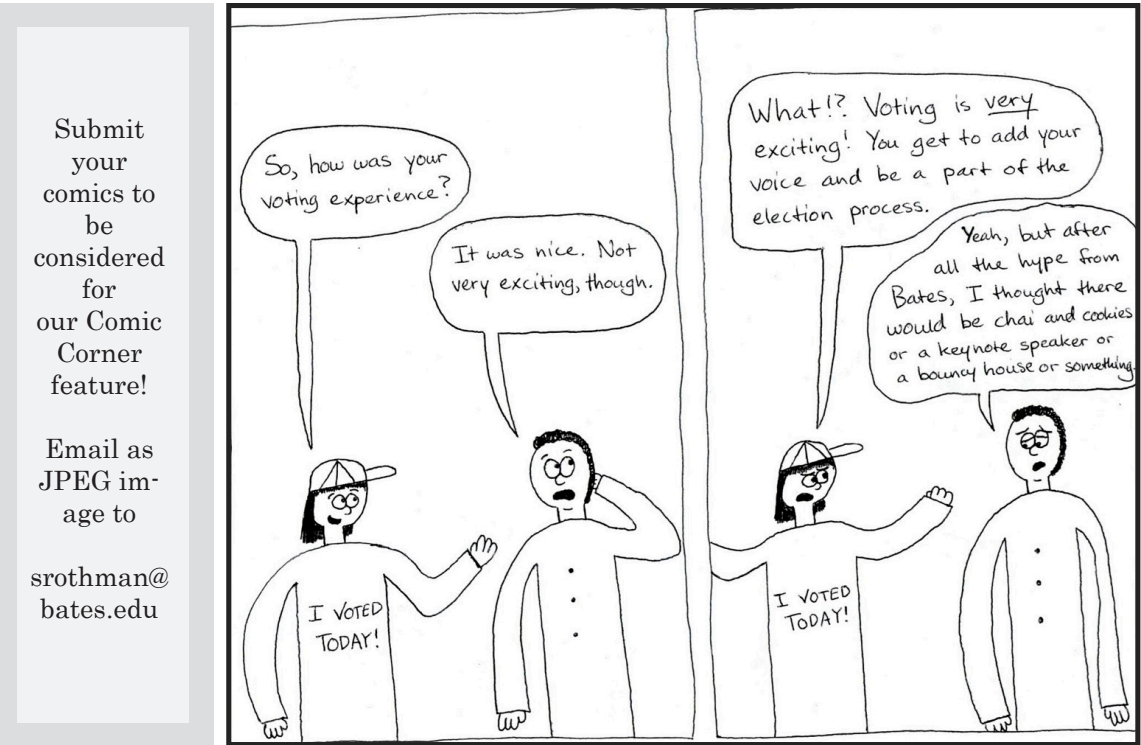
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Sustainable Beanie

Sustainable Beanie is BACK! The Official Sustainable Q & A for ALL!

Sustainable Beanie is a sustainability advocate you can turn to at all times! If you're worried about recycling, have ideas about addressing food waste, or concerns about your role in promoting sustainability on campus, Sustainable Beanie is a great resource to turn to. Whatever your sustainable inquiries may be, Beanie is ready to address them all! Simply write to her by filling out the Google form found at Bates Today (Starting 11.6.2018). Any question is valid, appreciated, and will stay anonymous, so don't hesitate to ask!



Sustainable Beanie

Q&A will be posted by The Bates Student biweekly publications with complete anonymity!

In honor of the EcoRep Beanie O'Shea who answered all the incoming questions under Abigail's name in the year of 2017~2018, we changed our sustainability advocate's name to Sustainable Beanie.

But you can find all the past Q&As by Sustainable Abigail @ <http://www.bates.edu/sustainability/culture/dear-sustainable-abigail/>

Every week, a

Question on the Quad

Vanessa Paoella, Managing Sports Editor

How did the art installment in front of Commons impact your thoughts on waste?



Angela Eustache '20

"Seeing that made me question what was it doing here. I think the message is very clear: we have so much waste, as a school we do build up a lot, and I think there's a lot that can be done."



Rosie Crawford '22

"I think that it has been eye-opening just to see the amount that they have put there, just thinking about the ocean and the animals, I just think that it has been eye opening to see all this plastic [and it is important for] people to be educated on how long it lasts after you throw it away."



Olivia LaMarche '20

"Typically when we throw something out, we just throw it in a bin and then someone else deals with it, and we never see it again. So actually seeing the waste out on the quad and seeing it every day I think is impactful, and hopefully impactful for other people as well."

*The Student Deep Dive:
Westwood, L.A.*

SEE PAGE VIII



Skin Care Routine of the Week: For The Skin Care Rookie

Tricia Crimmins, Managing Arts & Leisure Editor



Although I now indulge in an abundance of face masks per week, adhering to a regimented (or, even planned) skin care routine is still relatively new for me. For the last seven years, I’ve mainly used the same two products on my skin: CeraVe hydrating facial cleanser and CeraVe facial moisturizing lotion. Both were recommended to me by my dermatologist and are fabulous, affordable drugstore products. I’ve since swapped out the lotion for a rotating cycle of multiple products, but the cleanser, which I will lovingly refer to as Old Faithful, is still with me.

It was a slow burn to change my routine. My sophomore year at Bates, I added in an eye cream. My junior year, I began toning daily and masking frequently. After I returned home for the summer, my skin care routine became no-holds-barred: I had unlimited access (and browsing time) in all of the Sephora’s and department stores in the greater Chicago metropolitan area. My skin care routine quickly became a multifaceted outlet for my self-care.

After a joyous and fortuitous trial and error period, I’ve narrowed it down to a small sum of products that work for me. Nowadays, I still get the skin care rodeo started with Old Faithful. After lathering the cleanser into my skin, I splash it off lightly with water. I no longer use a washcloth to scrub off any sort of face wash because I’ve learned doing so is too harsh for my skin. From there, each successive

step is seasonally dependent.

In the summer months, I tone or exfoliate my face using Pixi products. The Pixi Glow Tonic toner (available at Target) sloughs away dead skin and, in my experience, leaves a natural-looking glow. I also highly recommend Pixi’s Glow Peel Pads: they’re an efficient and low maintenance way to chemically exfoliate your skin and, like Pixi’s toner, they encourage my glow. Next, I use Neutrogena’s Hydro Boost Multivitamin Booster, followed by their Hydro Boost Water Gel with SPF 15 (both available at drugstores).

When I’m feeling particularly existential with regard to the life expectancy of my skin, I wear Shiseido’s Ultimate Sun Protection Wet-Force SPF 50+, carried by Sephora, Ulta, and most department stores. I encourage both myself and anyone reading this to wear sunscreen each and every day. Doing so is paramount to you and your skin’s longevity.

I finish off the whole summer-skin-care-shebang with Ole Henriksen’s Banana Bright Eye Crème, which I picked up at Sephora this past summer. It’s definitely on the pricey side, but I personally feel it’s worth the investment. I see an immediate difference in the skin underneath my eyes; it moisturizes and combats the dark circles that have inevitably signed a lifelong lease above my cheeks.

In the winter, I use Old Faithful and put my Pixi products away for safekeeping. Because I find toning and over-exfoliating dries out my

skin, I avoid doing so when my skin begins to be ambushed by Maine temperatures and dryness. After cleansing, I usually douse my face with Bio Oil Multiuse Skincare Oil. This product is also available at drugstores and is, as advertised, multiuse. I use it on my face as a moisturizer and all over the rest of my body, particularly for stretch marks and scars. I do so because I love the skin I’m in, and those marks deserve some love, too.

If I’m extra dry, I use Neutrogena’s Hydro-boost Hydrating Overnight Gel Mask. It works wonders by morning, but it’s very goopy. Only for this mask will I utilize the removal powers of a washcloth. Finally, I would be remiss if I didn’t mention that I use Clarin’s Double Serum and their Multi-Active Day Cream with SPF 20. Both are incredibly moisturizing and quite luxurious. Because I received the set as a gift, I apply them sparingly. I highly recommend both, but acknowledge that they are out of most people’s (and my own) price range.

My skin care routine is a way for me to focus on myself each and every day. Regardless of what my day has in store for me, I take time to pamper myself before doing anything else. And no matter what has transpired, I’m able to wash away my day, physically and metaphorically, before going to bed. Amidst all the cleansing, moisturizing, and dark-circle-combatting, I’m able to slow down, breathe, and relax.

A College Student’s Guide to Westwood, Los Angeles

Isabelle Marlow, Staff Writer

Home to the UCLA Bruins, Westwood, Los Angeles, is a buzzy SoCal area located in between Santa Monica and West Hollywood. When visiting friends at UCLA or even USC, you’ll be spending time dining in the area’s restaurants, visiting its museums, shopping, and experiencing the nightlife in perpetually buoyant Westwood. Thanks to the five sun-and-smoothie-bowl-filled days I spent visiting friends in this up-scale college town over fall break, here’s a guide to the top hits of Westwood.

Food

After carefully watching and analyzing many “Keeping Up with the Kardashians” episodess, I knew that cold-press juices and salad bowls were going to be a key component to my culinary endeavors in Los Angeles. Westwood far exceeded my expectations and introduced me to In-N-Out (which made me reconsider the need for all those salads and grain bowls in

the first place).

For lunch or dinner, stop by **Emporium Thai**. The restaurant is a Westwood institution home to fresh, flavorful, and unique Thai dishes. Try the lime, mango, and coconut “Akon” salad, a favorite of its namesake: the “Smack That” singer himself.

Make sure to keep an eye out for celebs at **Il Pastaio**, a bougie Italian restaurant perfect for a trendy dinner with friends. Given Il Pastaio’s reputation for casual celebrity sightings, I was extremely aware of my surroundings throughout a delicious meal of rigatoni bolognese. While dining, I successfully identified a man who was *not* Bradley Cooper, but did look very much like him.

After dinner, swing by **Saffron & Rose**, a Persian ice cream shop famous for their uniquely delicious flavors. Beloved choices include white rose and guava. Or, if you’re

feeling more traditional, check out **Diddy Reise**, a UCLA favorite known for their incredible (and super affordable) ice cream sandwiches.

Culture & Nightlife

Westwood’s downtown hosts a number of different stores satisfying basically every need. The variety of shopping attractions is so extraordinary that I wondered why anyone would ever leave Westwood: a massive costume store prepares the area’s students for year-round theme parties and an amazing LF

outlet has every weird trendy item you never knew you needed.

To play in the big leagues, head on over to **Westfield Century City Mall**, which is less like a mall and more like a cool outdoor club that also has stores. Walk through the beautiful miniature gardens and lounge areas while shopping for everything from face masks to artisanal gelato. And, if you’re not into shopping, go for the incredible restaurants!

Another must-visit is **The Hammer**, a UCLA-acquired art museum founded by oil tycoon and philanthropist Armond Hammer. Fun fact: the museum’s owner is great-grandfather to actor Armie Hammer! Currently on exhibit is an amazing retrospective of contemporary artist Adrian Piper, featuring over 270 works of photography, drawing, video, performance, and sculpture. Luckily, the museum

itself is super close to campus and perfect for sparking some intellectual conversation.

Finally, when you’re ready to let loose, **Barney’s Beanery**, **Rocco’s**, and **Sepi’s** are ideal for cheap drinks and dancing for the 21+ crowd. Afterward, do as the Bruins do and end your night at In-N-Out (even though you’ll be dreaming of the far-superior fries from Shake Shack here on the East Coast).

Westwood far exceeded my expectations...and introduced me to In-N-Out.

Boygenius’ Self-Titled Debut Flourishes

Owen Schmidt, Contributing Writer

When I heard that Julien Baker, Phoebe Bridgers, and Lucy Dacus were making an album together, my initial reaction was one of skepticism. Despite the fact that they are all brilliant artists in their own right, I was curious as to how well they would all work as a group. Although each member finds their origins in indie rock, their styles could not be more different. Lucy Dacus is deeply rooted in alternative garage rock, while Phoebe Bridgers made her name with a sharp and succinct combination of folk rock and indie pop. Julien Baker’s solo material is an intense blend of traditional emo and solo indie rock. That said, I was a little apprehensive as to how they would blend together and wondered if one of them would take the stylis-

tic lead on the record.

Boygenius, the group’s titular debut EP, is a beautiful blend of the three styles each artist brings to the table and features some of the most tight-knit harmonies and straight-forward songwriting I’ve heard all year. The record perfectly combines the best parts of each performer’s respective musical style. Despite the large range of styles explored on such a short release, the group still manages to sound cohesive. The record opens with “Bite the Hand,” a gorgeous song full of sticky hooks and guitar leads which features the group’s brilliant three-part harmonies.

“Me & My Dog,” the second track on the record, primarily features Phoebe Bridgers and leans heavily in the folk rock direction.

Featuring plucked mandolin on top of more straightforward guitar chords, the song beautifully blends indie rock with folk. “Me & My Dog” has some of the most heart-wrenching lyrics on the whole record, a true accomplishment on an EP this overwhelmingly forlorn: “I wanna be emaciated/ I wanna hear one song without thinking of you / I wish I was on a spaceship/ just me and my dog and an impossible view.”

The album seamlessly blends honest, emo-adjacent lyrics with folk songwriting. Boygenius might be more of a folk-rock record than anything else. However, that genre label and its associations don’t prevent Boygenius from the dynamic and noisy indie rock that is reminiscent of Lucy Dacus and Julien

Baker’s former band, The Star Killers.

The penultimate track, “Salt in the Wound,” begins with a slow build that sounds like a Julien Baker solo release. However, the song builds into a beautiful, almost Dinosaur Jr-esque chorus: a gorgeous guitar solo weaves in and around a pervasive wall of vocals and distortion. The drums and guitars are dynamic and driving, and the vocals from all three members are powerful. Both give the track a very distinct forward momentum.

The final song, “Ketchum, ID,” is a slow, vocal-driven ballad. Somehow, the song manages to sound full despite the sparse instrumentation. It is a catharsis on the loneliness one can feel even

when surrounded by other people. “Ketchum, ID” features the most beautiful and tightly knit harmonies on the entire release, complete with beautiful lyrics surrounding heartbreak and isolation. The song ends the record with a full and complete emotional release from all three musicians on the project.

Boygenius doesn’t reinvent the wheel on their debut EP, but they do manage to create one of the most full-bodied and honest releases of 2018. The dynamic instrumentation, range of genres explored, and well executed performances devise one of the most compelling releases yet.

Planned Parenthood Gen Action’s GOTV Initiative

Pippin Evarts, Assistant Arts & Leisure Editor

Given their active presence on campus, you wouldn’t know that the Bates College Planned Parenthood Generation Action club was only started a few months ago. From the beginning of the semester until now, current club leaders Nina Moscovitz ’20, Analea Angot ’20, and Diana Flores ’20 have worked to integrate this nationwide college campus movement into the Bates community. Though the burgeoning reproductive rights club has many ideas for the future of Bates students’ reproductive health, safety, and well-being, they have been focusing their current energy on the election and Get

Out The Vote.

As members have been actively working to better the Bates community, the club stands out as a wonderful and impactful alliance on campus. Planned Parenthood Gen Action members have been working to motivate and transport students to the polls, and convened on Thursday afternoon to phone bank to alert Bates students about their efforts to organize and provide rides to and from the polls. In addition, the club has been tabling to educate the campus community about candidates and has canvassed on weekends in and around Lewiston.

Last Thursday, Planned Parenthood Gen Action members phone banked, for which they met at the Ronj and enjoyed the rainy evening by calling and texting classmates, close-friends, and peers to urge them to vote. During the phone bank, club members also informed students of the multiple options to get to and from the polls. As a member of the club, I can attest to the heartwarming atmosphere of the initiative. Spending the afternoon working to get students to vote was invigorating. Also, as a student without a car myself, I can see how transportation could be a hindrance to voting, especially

when factors such as school, work, and extracurriculars are also in the mix. Sitting in the Purple Room at the Ronj, eating Halloween candy, and talking to fellow members of the Bates community on the phone and over text to aid them in finding time amidst their busy class schedules to vote was such an inspiring experience.

Voting is so important, especially in today’s political climate: it is a chance to not just voice your opinions, but make your voice count. Every vote counts, and every voice counts. Exercising your right to vote is an amazing experience that should not be cast aside

or belittled, even when getting to the polls might seem like a drag. Planned Parenthood Generation Action is making voting for Bates students easy. I encourage everyone to get down to the polls to vote and volunteer with Planned Parenthood Generation Action to help others do so as well!

The group has volunteers driving people to the polls on Election Day every hour and met at the Fireplace Lounge in Commons. For more information on getting involved with the club contact me, Pippin Evarts, at pevarts@bates.edu.

CONTINUED FROM PAGE 1

While we each had our own ideas, we brought them together to create what the audience saw this past weekend.

Gray ’22 had acted in high school, but Jesurum ’22 had not. Similarly, our stage manager, Michelle Kim ’22, had not held the role before. The rehearsal process was a learning experience for all of us and we worked together to produce something we loved.

Anyone who has participated in theater has their own horror stories from tech week, the week of the show in which all the tech elements of the production are brought in for the first time. These tech elements usually include lights, sound, props, set, and costumes. In our case, we began practicing in the performance space for the first time.

Without fail, “tech” is a week in which you spend more hours than you would like sweating in uncomfortable clothing while all your other commitments seem to quadruple. Fortunately, the directors worked alongside Robinson Players board members to develop a schedule leading to a pretty painless tech week.

In tech rehearsals, directors are hands-off compared to previous rehearsals. The show is basically turned over to the actors and stage managers, who become responsible for carrying out all the light and sound cues during the run.

My presence in the show wasn’t completely absent, though. I gave notes after tech rehearsals and warmed up with the actors before each show. I saw the show, which consisted of eight one-act-plays, three times. Never once did I feel the unworthy or out-of-place feelings I had experienced in the early minutes of auditions. All eight directors, nine stage managers, and seventeen cast members combined to create a great show that I’m honored to have been a part of.



Samuel Findlen-Golden '20 and Oaklea Elfstrom '21 perform in the One Acts Festival
SAMUEL FINDLEN-GOLDEN/COURTESY PHOTO

Men’s Cross Country Dominates NESCAC Championships

Sarah Rothmann, Editor-in-Chief

The New England Small College Athletic Conference (NESCAC) is notoriously one of the most competitive Division III conferences in the country. Several schools such as Amherst, Williams, and Tufts are often nationally ranked. Therefore, when Bates’ cross country team finished fourth out of 11 schools at the Championship meet at Franklin Park in Boston on Oct. 27, it should be recognized as a tremendous accomplishment.

Before the Championship meet, the team competed against several

nationally ranked NESCAC schools at the Connecticut College Invitational on Oct. 13. Here, the team had a tough start, raced through muddy course conditions, and finished in 14th place out of a field of 27 teams, while Amherst, Williams, Middlebury, and Tufts finished in the top four. Regardless of the conditions, the men knew they could have competed with a smarter race strategy and returned to Bates eager to come back strong at the conference championships.

“Our team has been focusing on many things throughout the year,” Head

Men’s Cross Country Coach Al “Fresh” Fereshetian said. “One of those has been to develop a culture of challenge, which means to be prepared to take risks.”

“We want to anticipate success and to be motivated by the excitement of the moment,” Fresh continued. “We really learned from our mistakes at Conn. College where we got out too slowly and buried ourselves in a huge field. The poor conditions on that day prevented us from moving up through the field effectively.”

Led by Coach Fresh, the Bobcats maximized their training between the two meets and learned from their mistakes as they ran their best effort of the season at the Championship meet. Not only did they beat three nationally ranked teams, Conn. College, Tufts, and Bowdoin, they also persevered through grueling conditions and surpassed their No. 8 ranking in the conference.

“The team did a fantastic job at the NESCAC meet,” Coach Fresh said. “This time around we went out very well and established our position in the first mile of the race to battle with the

other top teams. From there, most of our team was able to really execute our race plan and the results were great. With the brutal weather conditions, it just made the whole thing that much more fun. They had to challenge themselves with not only the competition, but the conditions as well.”

2016 NESCAC Rookie of the Year James Jones ’20 led the team with his eighth-place finish, earning Second Team All-NESCAC honors. Henry Colt ’19, Justin Levine ’20, Nico Johnson ’19, and Mark Fusco ’19 finished 17th, 19th, 32nd, and 35th respectively. Tucker Barber ’21 and Henry Raff ’22 were the team’s two displacers, finishing 41st and 43rd. The fact that all of the members of the top 7 finished in the top 50 speaks volumes to the impressive talent and depth of this team.

“The team had a really strong performance, we were able to build off each other’s drive to succeed and we handled the tough weather better than most,” Jones said.

“For our team to do well, we need each indi-

vidual to perform as well as possible,” Coach Fresh said. “Our top runners did a fantastic job of running where they were capable of and competing and we had some guys like Fusco, Barber, and Raff really step up.”

The team’s next target is the Division III New England Regional Championships, which is set to take place at Bowdoin College on Nov. 10. Regionals is the focus of the season every year and the Bobcats are excited to continue the success they were able to accomplish at NESCACs.

“Our focus next week will again be to embrace the challenge of the moment and to be really present and prepared for the meet,” Coach Fresh said. “This is a great team; the chemistry is tremendous and our leadership is top shelf. The energy that the entire team has brought to the season has been inspirational and I know that they will give all that they have on that day. What happens from there is maybe beyond our control, so we will focus on putting our best effort out there and accept the results that follow.”



Celebrating Amelia Wilhelm ‘18

Bates Rower earns finalist distinction for NCAA Woman of the Year

Sophie Mackin, Contributing Writer

Every day at Bates, close to half of the student population has to juggle the commitments of a varsity sports team in addition to their academic obligations. These student-athletes must foster great time management skills in order to balance homework and studying with practices, games, and hosting recruits. Their ability to use their time so efficiently should be commended.

Given annually since 1991, the NCAA Woman of the Year award honors graduating female student-athletes who have excelled in the classroom, in their athletic endeavors, in service, and in leadership.

This summer, Amelia Wilhelm ‘18 learned that she was one of thirty nominees and the first Bobcat to be nominated by the NESCAC since 2010. Wilhelm was an enthusiastic member of the Bates Rowing team throughout her four years at Bates and contributed to three NCAA Division III Rowing Championships.

She was also a passionate chemistry student with a desire to help others learn. From working as a

peer tutor in the Academic Resource Commons (ARC) and helping out as a teacher’s assistant in Lewiston, to leading admissions tours and supporting underclassmen as a Junior Advisor and Residence Coordinator, Wilhelm’s generosity and love of teaching saw no end.

Wilhelm credits her teammates and her coach’s philosophy of “making good people better” in large part for encouraging her to engage with others in this way.

“Being a student-athlete surrounded by women who are driven and relentless both on and off the water has inspired me to leave an impact on the team, the Bates community, and the Lewiston community in my own unique way,” she explained.

Wilhelm believes that every member of the rowing team, from the senior class who graduated before she arrived to her peers in the Class of 2018, played a significant role in giving her an example to follow as well as pushing her to forge her own path.

Head rowing coach Peter Steenstra was not at all surprised when Wilhelm was nominated for the NCAA’s Woman of the Year award.



“Amelia is a very dedicated person in everything she does, whether it be academic, athletic or out in the community,” he said.

He believes she contributed to the team not only through her hard work as an athlete but also through her positive influence.

“She’s the kind of athlete every coach wants on their team because, in addition to making their own improvements, they make their teammates better as well,” Steenstra added.

After being selected as one of the nine finalists

in September, Wilhelm attended a ceremony in Indianapolis on Oct. 28th. Before this ceremony, all thirty honorees participated in a number of programs and panels aimed at empowering female athletes.

Speakers presented on Title IX as well as NCAA programs for inclusivity. The athletes also spoke to young girls in the community about playing sports in college.

“I loved hearing about their stories and their dreams to play soccer or volleyball or track and field—no prospective rowers, although

I tried to explain the sport—in college, and I believe that these organizations are doing great work to supply those girls with the resources to fulfill those dreams!” Wilhelm said.

Although Keturah Orji, a track and field athlete from the University of Georgia, ultimately took home the award, both those in attendance and those cheering Wilhelm on from Bates’ campus were extremely proud of her accomplishments and the well-deserved recognition.

“I’ve really felt loved and appreciated throughout this whole process, and I hope that I am reminding everyone else around me that I love and appreciate them because there’s no way I would be who I am today without the support of my friends, teammates, teachers, and even friends’ parents!” Wilhelm commented after the ceremony. Bates is a very special place in that it allows students to pursue multiple interests and have a genuine commitment to each of them. Amelia Wilhelm ‘18 is a great example of someone who optimized her Bates experience, diving into all aspects of campus life.



Bates Re-envisions Sports Medicine

Vanessa Paoella, Managing Sports Editor

It is hard not to notice some of the changes in the sports medicine department at Bates this year: new faces, new techniques and an explosion of activity evident to all who pass by the trainer’s room in Merrill.

This year marks a new beginning for sports medicine at Bates. With only one returning and four new staff members, the core of the program has gone through a major shift in just the past few months alone.

Last summer, Bates athletics decided to strengthen the sports medicine department at Bates by expanding the staff from four to six total members—which they are still in the process of doing—and elevating the position of head athletic trainer, now Nick Cooke, to the Assistant Athletic Director for Athletic Performance.

Cooke is a Maine native who received his masters degree in athletic training from Purdue University. He spent the past ten years working at Hobart and William Smith Colleges, first as an assistant athletic trainer and then as the head athletic trainer, a position which he held for seven years.

“I’m excited to be a part of [the] building process,” Cooke said. “Looking around, there’s a lot of new faces in athletics at Bates, I’m

not alone, and I brought a lot of new faces with me here to sports medicine but I think all of [these new people] come with the same mindset of ‘let’s provide a great student service, let’s be able to do our jobs with the student-athletes in mind, and try to help enhance that experience, so we can enhance all of our teams.’”

In order to better serve athletes at Bates, Cooke explained that morning hours for the training room in Merrill have been expanded to better fit the schedules of student-athletes recovering from injuries. Additionally, he has worked to help incorporate physical training exercises into the routines of recovering athletes; the evidence of this can often be seen as student-athletes perform seemingly odd tasks in the hallway of Merrill.

“Bates has a good foundation,” Cooke said. “Their direction and ideas in athletics right now is really to build a much wider platform where the students are at the center.”

Cooke stated that they will focus on three approaches: prevention, evaluation and rehabilitation.

“Essentially the way that I approach sports medicine is: let’s take anything that might be a small issue

and make it go away before it’s a big issue,” Cooke said. “And then we prevent that major issue that causes student-athletes to miss significant time. If somebody needs treatment, we want to be able to address that as promptly as we can and really get to work on it right away.”

Part of his plan to better support student-athletes is to hire student workers. These student workers will help perform some of the most basic tasks that athletic trainers are responsible for, such as setups for games, managing water coolers and ice for team practices, allowing the trainers to focus on more specialized tasks with individual athletes. In the future however, Cooke hopes to be able to teach students other useful skills, such as wrapping.

“In sports medicine, we are fortunate to be able to reach a wide range [of student-athletes],” Cooke said.



Bates athletic trainer Ben Walker shows a basketball player the appropriate form for a T-spine quad stretch.
SARAH DU PONT/THE BATES STUDENT

Ice Hockey Overcomes Broken Ice Rink

Hannah Palacios, Assistant Sports Editor

As the days and nights start to dip below freezing, and the first snowflakes of the season start to stick, it means that winter is fast approaching. Winter signals the start of hockey season.

Since both the men’s and women’s ice hockey teams lost significant talent with the previous graduating class, the success of both team’s was a question at the forefront of everyone’s minds at the start of the 2018-19 season. On top of it all, the Underhill Ice Arena is out of commission with a broken freezer for what looks like the rest of the calendar year.

Luckily, under the purview of the new Assistant A.D. for Facilities and Club Sports, Scott Lehmann, the Bobcats were able to secure practice times at two local rinks. Yet, because of this the teams each have shorter practice slots, as well as vastly different practice times than previous years.

The men’s squad has now adopted morning practice times; This change of pace will likely affect practice

efficiency and team morale. However, the team has instead chosen to face these challenges head on.

“We chose, as a program, to take the adversity we currently face as a challenge that we can collectively solve,” team captain Edward Moreland ‘19 said. “In truth, there is no solution to fixing the arena, that is a sunk cost, but there is a solution to the way we deal with the current administration and our mental attitude. We hope to bring positive energy and work hard to prove to Bates we deserve greater visibility in terms of our accomplishments and our goals.”

Some of these goals include skill-fine tuning, namely working towards every player fulfilling their job on their own line. Yet the team is also focusing on some goals off the ice, such as generating a strong team dynamic, bringing a positive attitude to every practice and game, and exhibiting accountability and respect.

Beyond pure logistical challenges, the men’s ice hockey team still face some

questions after the departure of the Class of ‘18; among the six graduating seniors were many of their leading scorers. Luckily, the incoming Class of ‘22 is full of unprecedented talent.

“New talent for this year makes our team unusually young,” Moreland said. “The talent demonstrated by the freshmen will provide the team with the energy we need to be successful this year. They will undoubtedly be a main facet of the success we are searching for.”

“The adjustment to playing college hockey has been a lot of hard work,” Adam Slocum ‘22 said. “But I am excited for our upcoming games this Thursday and Friday to really showcase all the effort every member of the team has been bringing to practice.”

The women’s team has encountered some of the same challenges in terms of skill. A core group of the team, both on and off the ice, departed with the Class of ‘18. Particularly the departure of last year’s goaltender—Hannah Behringer ‘18—a brick wall on the de-

fensive end, had this year’s squad slightly worried.

However, Madison Fox ‘19 has stepped in to fill her shoes and has done so brilliantly. In a tough 3-2 overtime loss against Massachusetts Institute of Technology (MIT) on Saturday, Fox was integral in keeping the score margin low. Like the men’s team, the incoming first-year cohort also seems to be the key to success this season. Four of the 11 starters were first-years, with Cecilia Gichner ‘22 gaining the assist on the game-tying goal during the game.

An additional challenge the women’s team has faced this year is that the rest of their competitive league has been training for several weeks now. The added delay with securing practice space left only two opportunities for the new squad to practice together before their first game. Looking forward, the team hopes that this new talent, coupled with a solid practice schedule, can aid in building a strong team dynamic and help the starting lines get into a more consistent rhythm.



Motivation with Maru

Mary Richardson,
Contributing Writer

Hello hello my feisty friends! My name is Mary Richardson, but y’all can call me Maru. I am a first-year here at Bates. I have an Instagram account called @motivationwithmaru that preaches all things positivity, healthy body-image, nourishing food, fitness, and self-care.

I wish to share these sort of messages around the Bates campus, so in each issue of *The Bates Student* I plan to share some pointers for leading a balanced, wellness-focused life, something that can often get put on the back burner behind academic priorities. For this edition of “Motivation with Maru,” I thought I’d start off by sharing a bit about me!

I am from Blue Hill, Maine, a small coastal town about 45 minutes from Acadia National Park and graduated from George Stevens Academy. I absolutely love to draw and am interested in possibly majoring in Studio Art and minoring in Education here at Bates, we shall see! So far, Bates has been all things bright and beautiful. I am so stoked to learn and grow here academically and athletically. I am planning on running for Bates in cross-country and track and field, but am currently easing back into training after a bout with tendinitis.

I’ve raced competitively since the 6th grade, but really started to struggle with body image as a sophomore. I decided to open up @motivationwithmaru on Instagram in November of my senior year to help me cope with struggles I experience in the hope that my posts would help comfort and lift up others. I am so excited to share some motivational mojo with y’all via *The Bates Student*, so here’s to spreading positive pointers amongst the Bobcat community! Until next time my feisty friends, embrace the day!



Women’s Rowing Q & A

Liza Folsom ‘22 of women’s rowing discusses her experience on the water

Sophie Rockland,
Staff Writer

Elizabeth “Liza” Folsom ‘21 is a geology major and spanish minor from Can Mateo, CA. She is a member of the women’s rowing team at Bates and was the coxswain for the team that won the Division III National Championship last year. *The Bates Student* had the opportunity to speak with Liza about her experience as a member of the Bates rowing team. This article has been edited for grammar and clarity.

The Bates Student (BS): Can you provide some details about your background?

Liza Folsom (LF): I rowed for a small team in San Francisco. I started off rowing when my mom suggested I try doing a camp in 7th grade, since she rowed a little in college. I ended up really liking it, so I joined Pacific Rowing Club in my freshman year of high school and absolutely fell in love with the sport and my team!

BS: Could you describe your experience with sports in the past?

LF: I did rowing all through high school. I started off as a rower my freshman year then switched to coxing women my sophomore year. Junior and senior year I was a coxswain on the men’s team. Before high school, I had played soccer and swam and liked it, but never as much as I like rowing now.

BS: How did you decide to become a coxswain?

LF: I wanted to be a coxswain after rowing for a year because I always found myself sitting in the boat thinking of things my coxswain at the time could be saying differently and I wanted to try and see if I could do it. While I loved rowing, I felt like coxing was a role that I could fit into better and something that I would enjoy even more.

BS: What is your role on the rowing team?

LF: While a coxswain is not actually rowing, they sit in the stern of the boat facing the rowers. When in the boat, you steer, motivate the rowers, correct their technique, talk to them about what the boat can improve



on, and make sure they’re rowing well and together. A big part of coxing is knowing what your rowers want to hear and communicating with them so you can say the things that will make them pull the hardest and row the best.

BS: What is your role during practices?

LF: One of the first things I do at practice, along with the five other coxswains on my team, is get told the workout and what we’re doing that day by our coach before we get on the water. Then we’ll gather everyone in our boats together and carry the boat down to the water and then meet our coach and the other boats out in the river. Usually we’ll start off with drills and then move into pieces. Depending on the day of the week or what season we’re in, we’ll do one minute pieces, 20 minute pieces, 1000 meter pieces, etc. During pieces, it’s my job to make sure the boat is going straight and to say whatever I need to in order to make my rowers pull as hard as possible while still rowing well.

BS: What is it like to be a part of the rowing team at Bates?

LF: Rowing at Bates is hands down the best decision I’ve ever made. The team environment is really fun, everyone works really hard, and we all do a really good job of pushing each other to be as fast as we possibly can.

BS: What was it like to win a national championship as a first-year last year?

LS: Winning NCAAAs last year was absolutely amazing. We had been doing well all season, but at nationals there were a couple teams we didn’t get to race that much during the regular season so we weren’t sure how it was going to turn out. Crossing the finish line in front was the best feeling in the world, and doing it with such an wonderful group of people made it even more special.

BS: How did you do in Head of the Charles this year and last year?

LF: This year my boat won Head of the Charles which was super exciting! Last year the varsity eight also won it and my boat, the 2nd varsity eight, got 5th which was the best Bates has ever done at that race and was a really exciting way to start off my freshman year! It was different this year though, because we came down the course first, so we did not have any other teams to base our speed off of because fall races are done by time rather than looking at boats side by side. We didn’t know we won until we got back to the dock and Mitch, one of our assistant coaches, told us, so it was nerve wracking at first but so exciting in the end. It’s a really fun race course because there are thousands of people along the shore yelling at you and on top of that, there are some pretty big turns so it’s a fun challenge for a coxswain to steer through.

Sports Update Oct. 24-Nov. 6

Men’s Cross Country

Oct. 27: NESCAC Championships, 4th/11

Women’s Cross Country

Oct. 27: NESCAC Championships, 5th/11

Field Hockey (6-9, 2-8 NESCAC)

Oct. 24: Colby, L 1-0

Football (0-8, 0-8 NESCAC)

Oct. 27: Colby, L 21-6

Nov. 3: Bowdoin, L 31-14

Men’s Soccer (8-7, 3-7 NESCAC)

Oct. 24: Colby, L 2-1

Volleyball (12-7, 3-5 NESCAC)

Oct. 26: Amherst, L 3-0

Oct. 27: Trinity (Conn.), W 3-0

Nov. 2: Wesleyan (Conn.), L 3-0

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