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## The Bates Student - volume 149 number 05 - November 28, 2018

Bates College

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### Recommended Citation

Bates College, "The Bates Student - volume 149 number 05 - November 28, 2018" (2018). *The Bates Student*. 2950.

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Vol. 149, Issue 5

November 28, 2018

Sarah Rothmann, Editor-in-Chief

# the Bates Student

est. 1873

## The Art of Being Creative at Bates

Christina Perrone, Managing News Editor



Alexandria Onuoha '21 speaks about the power of dance as a spiritual practice.  
CHRISTINA PERRONE/THE BATES STUDENT

On Wednesday Nov. 7, a few days before Thanksgiving break, the Multifaith Chaplaincy held its yearly banquet in Old Commons, open to students, faculty, and community members alike. This year, the event's theme was "The Art of Being," featuring talented Bates student speakers whose crafts have shaped their lives in meaning-

ful ways. The event featured live music, pipe cleaners, and origami activities, and a delicious meal provided by Commons.

Brittany Longsdorf, a Multifaith Chaplain at Bates, opened the event discussing Fritz Eichenberg, a German-American illustrator whose art explored religion, social justice, and nonviolence. While

pursuing her Doctorate of Ministry at BU, she would often look up at a poster on her door featuring Eichenberg's quote: "It takes devotion to create and reverence to enjoy beauty."

She continued, explaining, "His spiritual exploration and practices transformed the way he approached his art. His wood carv-

ing art was his spiritual practice and his spiritual practice was his art. Our crafts, whether they are painting, teaching, meditation, pottery, comedy, dancing create in us a devotion that reminds us of what is bigger than us. What is transcendent in our midst, what deserves our reverence and awe. Tonight seven courageous Bates students will be vulnerable and creative and open as they share stories of their crafts, and the way this practice creates a sense of devotion and purpose in their lives."

One of the speakers was Mamta Saraogi '21 who compared her craft of writing to a way of being. "I do a lot of things. I eat, sleep, breathe, and I also burn the popcorn sometimes. But in the midst of doing all those things, there is sometimes a need for something else that can make an identity. Writing is one of those things. It's a form of achieving an inner balance in a manner not unlike meditation." For Saraogi, writing has allowed her to make sense out of chaos, bringing a meaning to seemingly irrational thoughts.

Emma Proietti '21 found her craft in the circus at a young age. She began her speech with the

memorable one-liner: "I ran away with the circus a few weeks before my thirteenth birthday," although, as she later clarified, her parents were there to take her to circus lessons. There, she found her adopted circus family, who in her words, "have been some of the most supportive people in my life, both literally and figuratively." Her craft has also brought a new outlook on how to balance life and work. One of the phrases that she picked up along the way is "If you feel like you are going to fall, you probably will." After pausing while the audience laughed, she stated, "I wouldn't necessarily want this on a motivational poster, but it is something that I have taken to heart after too many times pushing myself a little too far —suffering the consequences and ignoring what my body was telling me. Reaching your physical limit is not unlike reaching your mental limit. You need to recognize the signs that you need a break. Discovering how to push yourself in a controlled way can make you stronger."

BEING CREATIVE,  
PAGE IV

## Hayes Searches for the Unexpected

Tricia Crimmins, Managing Arts & Leisure Editor



Hayes, who performed her dance thesis, "The Set of Circumstances," this past month.  
ABBY MYERS/COURTESY PHOTO

"How can we create situations that happen onstage that aren't choreographed?"

HAYES THESIS,  
PAGE VII



# B'tayavon!

## Professor David Freidenreich highlights how food defines religious differences

Margy Schueler, Staff Writer

Many of us were fortunate enough to have shared a meal with friends and family this past Thanksgiving. For most Americans, what defines the holiday is the preparation and ultimate consumption of food with family. In return, the holiday has defined what makes Americans American. Identity is powerful, and often-times people use food to distinguish their own identities and the identities of others, as is the case with Americans and Thanksgiving.

On Nov. 13 in Pettengill Hall, Professor David Freidenreich discussed how food and religious identity are intertwined. In his talk, he sought to unwrap some of the ideas about what makes food Jewish and how Jewish food is used to distinguish it from other religions in his lecture titled, “Food and Jewishness: Jewish, Christian and Islamic Perspectives.” Freidenreich is the Pulver Family Associate Professor of Jewish Studies at Colby College and the author of the book, “Foreigners and Their Food: Constructing Otherness in Jewish, Christian, and Islamic Law.”

At the beginning of his talk, Freidenreich asked the audience to consider these questions, “What makes food Jewish in the first place? And why, given that definition of whatever Jewish food means, should you make a point of eating it, or perhaps of not eating it?”

Professor Freidenreich proceeded to answer his own queries by drawing from various authors in the field of religious academia: “They all agree that the difference between Jews and non-

Jews matters. They also agree that food is an ideal medium to express and emphasize this distinction between Jews and non-Jews, even though the distinction itself really isn't about food at all.”

Even though the real difference between the Jewish religion and other religions doesn't pertain to food, restrictions surrounding food are used to set apart the Jewish from the non-Jewish. According to Freidenreich, Christians and Muslims also use ideas about Jewish food to set themselves apart from each other and from Jews.

Freidenreich used a hypothetical scenario, or what he called the start of a bad joke, to demonstrate the beliefs of various religions pertaining to food. The premise: a rabbi, a Catholic priest, a Sunni imam, and a Shia imam walk into a cafeteria. All adhere to the medieval food-related restrictions of their respective religions from the past. In this situation, the rabbi would order a salad and would worry whether the cook was Jewish. The rabbi would order the salad to avoid biblically prohibited foods such as shellfish and pork and to make sure that it wasn't transformed by non-Jewish persons.

According to Freidenreich, the Catholic priest would refuse to eat any food if the cook was Jewish and would refuse to eat with the rabbi. Per Freidenreich, the archetypical Christian, while not facing religious dietary restrictions, would refuse to sit with the rabbi in order to avoid being led astray by his supposed false interpretations of the Bible.

The Shia imam, in his example, would order a salad and

would sit at their own table. The Shia imam would renounce the food practices of Christians and Jews as a means of distancing their own religion from the others. This appeals to the stereotype of Shias refusing to eat food tainted by Christians and Jews because it would transmit impurity.

In Freidenreich's demonstration, only the Sunni imam would be able to eat any of the food selections, and would be able to sit with the Rabbi. Sunnis would be tolerant of all of the food because they believe that legitimizing Christianity and Judaism makes the circle larger of those who believe in certain fundamental principles of Islam. This reinforces the idea that all Muslims have access to God.

The only common denominator between the religious leaders in this long, complicated, and somewhat inflammatory scenario is their concern for the Jewishness of their food. The multitude of rules and regulations concerning food distinguishes and separates the religions. As Freidenreich put it, “Rules about who you can't eat with reinforce identity and social hierarchies in powerful ways,” and tell us that “the divide between us and them should not be bridged.” Even though the food regulations in the Torah are rather insignificant, they have far-reaching global impacts.

Over all, Freidenreich wanted the number one takeaway from his lecture to be that identity matters, and food can be used to distinguish identities.

# Club Spotlight

## Snaggleteooth Literary Magazine

Lily Meier, Contributing Writer

Before February of 20–16, Bates College did not have an active literary magazine. Bates has every club imaginable, from the Fat Cats competitive eating club to Knit Wits, a club for lovers of knitting. But as Eden Rickolt '20 and Anna Maheu '21, the now co-editor-in-chiefs recognized that winter, even with the abundance of interest-based spaces at Bates, the college lacked a place for the publication of student creative writing and visual art. These two friends quickly launched themselves into the process of starting a club and a magazine with the hopes of ending short term with a published magazine. According to Maheu, “many people approached us and said that they'd also been thinking about starting one, but getting it off the ground had seemed too daunting.”

While the process of starting the magazine was daunting and involved drafting a club constitution, finding a faculty advisor and negotiating a club budget, by March of 2016 the club had a full staff, and by April of the same year, the magazine was declared an official Bates club. During the first semester of last year, the staff worked to figure out how to market the magazine, how to get submissions, and then how to hold writing workshops.

Rickolt shared her goals for the workshoping process: “Our workshops are a place for writers to develop their craft, meet others that are interested in writing, and hone their editing skills.” Snaggleteooth was never intended to be solely about the product, the final magazine, but rather was intended to create a space where writers and artists could learn and grow through a community-based creative process.

At the end of short term,

Snaggleteooth published its first magazine, a collection of student creative writing and visual art, as well as a website with even more. At the start of this year, Eden and Anna expressed to the staff that one of their goals for this year was to create organized, community based workshops. With the hopes of extending the participants of the workshops out from just the staff, the workshop process became more regimented, and was done in front of the writer, the staff, and any community members interested in joining. Snaggleteooth has two guidelines: a workshop guideline and a submission guideline. Artists and writers are able to submit their work at the workshop deadline long before it is due for submission to the magazine as a chance to help their work be proof read and critiqued. These critiques happen during the workshop, when the writer is anonymous but present and when the work is read by the staff as well as other Bates students. Having the writer helps keep the staff accountable to make honest, and constructive critique, but also helps the writer watch a reader react in real time. This is where Snaggleteooth helps create both community as well as fostering an environment where students can be both writers, and editors.

The production and distribution of the magazine and creation of the website has been another way in which Snaggleteooth hopes to reach a wide audience. “I think the physical magazine and website connect this creative work (that is usually more private) with readers and viewers, as well as put separate works in conversation with each other,” Rickolt said. While there is a huge amount of clubs at Bates, Snaggleteooth has stood out as an organization which works to create, share, and open up discussion on student creativity.

CHECK OUR WEBSITE

WWW.THEBATESSTUDENT.COM

# Student Government Update

## News from dining: Commons updates

Emily Bass, Contributing Writer

Student Government had an exciting open meeting on Nov. 7, in which we welcomed our new representatives from the Class of 2022 and met with staff from dining and members of the EcoReps to discuss food services around campus. To begin, we reminded everyone who was present that all Student Government meetings are open to any interested students, and that our minutes are posted online each week. We also discussed the Dance Marathon, which officially has over 100 Bates students registered! (For more information, or to register, visit <http://events.dancemarathon.com/BC19>)

Christine Schwartz began our discussion with some background on dining services at Bates. She told us that 28% of food in Commons is sourced from the state of Maine, which is one of the many reasons why Bates dining is nationally recognized for its efforts in sustainability. Commons operates on a five week cycle with the goal of accommodating all students, regardless of dietary restrictions. We celebrated several new items in Commons this year: fat free and full fat plain yogurt are now both being served, Sundae Sunday is now every Sunday, and lobster mac and cheese returned to Harvest Dinner.

The main message that

Schwartz and those who accompanied her had for students is that they love to hear our ideas and want to accommodate our needs whenever possible. Students with serious allergies or related worries should contact dining services, and they will try to accommodate them whenever possible. Every napkin put on the board is read and taken into consideration. Lastly, Commons is more than just a space to eat on our campus; it acts as a great space for programs like Green Dot to spread their messages. Dining welcomes programs like these, and hopes to connect with the Bates community on any ideas they may have.

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Christina Perrone, Managing News Editor

Madeline Polkinghorn, Assistant News Editor



BEING CREATIVE  
CONTINUED FROM PAGE 1

For some, a craft can be as simple as a daily routine. During his speech, Jack Shea '19 reflected on the importance of creating a routine in both his school work and in the real world. "I'm pretty confident that not all too many of us look at our day-to-day routine as being something that has been honed and put into regular practice for the betterment of our well-being. I'm not inclined to look at my own schedule and see it as art, because that implies that it's something labored over, original, intentional, and creative," said

Shea. "Routines can be craft too," Shea continued. "This came up in abundance for me this summer when I was with the least self-conscious people around us, children. I was given a teaching fellowship at a public charter school summer program in Brownsville, Brooklyn." Through his experience teaching, Shea found that success in the classroom relies on the environment a teacher builds. "In a classroom environment, consistency is the key. It takes those shocks from every-

day life and absorbs them, giving back both positive reinforcement for good character and a stable environment for developing questions." Over his years at Bates, Shea found that to be successful, you have to be your own teacher. As Shea put it, "Have an environment which reacts to you in ways that feed your energy on good days and bounce you back on the bad. Make sure that what you do on autopilot, is put yourself in places that help you by consistently giving you what you need, and point

you towards your own success." One of the final speakers at the event was Alexandria Onuoha '21, a woman who struggled with her faith before exploring it through the medium of dance. "I got my start in dance at church and it brought so much joy in my life because not only was I using my body as a vessel of the Lord, but I was communicating a language through my body to other souls that needed just a glimpse of what freedom and happiness could be for them." Through dance, Onuoha has provided a space for

healing, holding dance workshops at a domestic violence shelter back in her hometown. At college, dance also allows her to open a space for those seeking self-expression: "At Bates, through dance, I am creating a space where women of color are finally being highlighted and their stories are being heard, and black bodies are being celebrated." Onuoha put it best, as she concluded, saying, "Simply, my art is finding my voice through other people's voices."



Singers perform a traditional Jewish song featuring the Yiddish phrase "Oy Vey" about grief in hard times.  
**CHRISTINA PERRONE/THE BATES STUDENT**

# Sustainable Beanie

Question: Amazon is sending packages in a bubble pack envelope in large amounts. How can these be recycled so they don't end up in the dump? Can Bates get a set up so they can be recycled through a Vendor?

Dear Recyclover,

Thank you for this timely question right around Cyber Monday! In the United States, we go through enormous amounts of packaging and wrapping materials every day but less than 15% of all recyclable materials actually are recycled. WE NEED TO DO BETTER!

To answer your question, the bubble pack envelop can be, indeed, recycled, but it took me a little digging to find out how. There is a label on almost any package in the United

States indicating the recyclability and other information about of the material (see figure 1). The bubble envelop is no exception. The label on the bubble envelop says "store drop-off" which means it can be recycled if you drop it off at the large plastic bag recycling bins at grocery stores like Shaw's and Walmart, or find a complete list of stores near you on this website (figure 2): <https://www.plasticfilmrecycling.org/recycling-bags-and-wraps/find-drop-off-location/>

If you have similar questions on other types of materials, the label is always a good source to refer to and you can also visit the official website of this cool recycling program to learn more about recycling and what you can do: <http://www.how2recycle.info/>

It is also essential here to thank our Post-and-Print staffs for always improving their system to be environmentally friendly and establishing a recycling program that recycles or reuses more than

90% of all the packaging materials. We, EcoReps, will also be in conversation with them to make this kind of hard-to-find recycling information readily available to everyone and constantly improve our system.

Thank you again for your well-thought question and I hope I've answered it. Please remember: Reduce, Reuse, Recycle. It takes every single one of us to protect the environment. Look out for more information on sustainable holiday tips in the EcoReps December

Newsletters.

If you find this helpful, please encourage your friends to read our weekly post in The Bates Student and ask questions for Sustainable Beanie on Bates Today!

**X**  **,  
Sustainable Beanie**



Look for symbols on packaging to know how to properly dispose of them.  
**TOM TWIST/COURTESY PHOTO**



## The Murder That Shook the World

**Nick Morgoshia, Assistant Forum Editor**

Does the “lesser of two evils” principle apply when the most fundamental of American values—freedom of the press—comes under assault? Are Middle Eastern geopolitics worth overlooking a heinous crime? Do the end results of cooperating with our so-called ally justify the means? Jamal Khashoggi’s brutal murder at the Saudi Arabian consulate in Istanbul, which the CIA and Turkish intelligence agencies have traced directly to the Saudi Crown Prince Mohammed bin Salman, leaves American policymakers with no easy answers.

Khashoggi, a U.S.-based Saudi journalist and a Washington Post Global Opinions contributing columnist, was reportedly targeted due to his anti-government rhetoric. In self-imposed exile since 2017, Khashoggi made a living lambasting Saudi Arabia’s foreign policy maneuvers and calling for the freedom of expression and gender equality in the hermetic kingdom. Utilizing the global bully pulpit that is Western media, Khashoggi even went so far as to repeatedly attack the crown prince by name,

blaming him for suppressing dissent, arresting reform-seeking female activists, and “advancing a new form of radicalism.”

In light of Khashoggi’s assassination, many have proposed directing a full arsenal of America’s socio-political and economic weapons towards disciplining Saudi Arabia. National security expert Max Boot argued the U.S. does not need to live with Mohammed bin Salman, cautioning the foreign policy establishment against the “he may be an S.O.B., but he’s our S.O.B.” ideology. Sen. Lindsey Graham, who has since softened his tone, suggested we should “sanction the hell out of Saudi Arabia.”

In a recent interview with CBS’s “60 Minutes,” President Trump observed that it would be “foolish” to punish Saudi Arabia by cancelling arms deals with the kingdom. Hailed as a critical counterbalance to the Iranian influence and a significant expansion of U.S.-Saudi relations, the said deal entails \$350 billion in tanks, combat ships, radar, and cyber technology purchases over 10 years. Abandoning the agreement augurs to be a boon to Russian and Chinese defense manufacturers.

Just as other actors are all but guaranteed to fill the arms supply void left behind by the U.S., a rupture of ties with Saudi Arabia would embolden a ménage of hostile forces to replace American influence in the Middle East. The U.S.-Saudi alliance is, after all, one of the critical sustaining pillars of that influence. Putin’s Russia, leveraging its newfound success in Syria and strong ties with Iran, already rivals American standing in the region. Sacrificing ties with Saudi Arabia only stands to complicate matters further.

Then there is Yemen’s devastating civil war between Saudi-backed President Hadi and Iran-backed Houthi rebels. Continued U.S. partnership with Saudi Arabia is critical to ensuring that Yemen does not become another Lebanon, which Iran is known to have used as a base for training terrorists, projecting influence into Palestine, and funding Hezbollah and related groups.

Unfortunately, the geopolitical chessboard rewards pragmatism over idealism. Allying with Joseph Stalin during WWII might have been an affront to America’s self-proclaimed commitment to freedom and human dignity... and yet, Uncle Sam’s pact with the devil was likely the only way of rolling back an even greater threat posed by Nazi Germany.

There can be little doubt that Saudi Arabia is ruled by a ruthless, power-hungry regime that values nothing and no one above its survival. Crown Prince bin Salman and his cronies should be called out for what they are by independent human rights organizations, activists, and reformers. However, as far as strategic relationship is concerned, realpolitik dictates that U.S.-Saudi partnership remains the most favorable option.

## Separating the Art from the Artist

How to handle Kanye West

**Eben Cook, Contributing Writer**

On the wall up against my bed, a large vinyl poster of every studio album Kanye West has released looks over the room. Each album pictured on this poster recalls to mind vivid memories that span from discussing the perfection of the production of *My Beautiful Dark Twisted Fantasy* with friends at my lunch table in middle school, to critiquing the inconsistencies of *The Life of Pablo* while looking over chemistry notes in a study group sophomore year of high school. Most, if not all, avid fans of hip-hop can point to several instances of Kanye West benefitting hip-hop culture; those who put hip-hop on the backburner of their music preferences can still name at least one track they enjoyed from him.

So what do we do when Kanye suddenly decides to contradict the messages he has promoted over the span of nearly two decades?

The year of 2018 has plagued our social media feeds with pictures of Kanye wearing a red Make America Great Again hat, dropping loaded statements such as “slavery was a choice” and justifying those statements with the concept of free thinking. Through his antics, he has painted this picture that we should all live in a society in which we can speak our minds without being thrown under the microscope of scrutiny. While I do not necessarily disagree with this notion of personal expression, a few asterisks need to be tacked on to this idea. For one, a free thought should be just that: a thought. Free thought does not include an on-a-whim public statement that has not been fleshed out entirely. Especially when the creator of the thought has built a massive platform for spreading it, there needs to be a second review before hitting that blue tweet button.

Additionally, instances exist in which the influence of others can further explain a thought and make it more understandable. I imagine that Kanye did not really

believe slavery was a choice — he justified this by highlighting the mindset of the oppressed and how this feeling of helplessness will not lead to any further justice in the United States. The latter idea, although not entirely representative of the state of oppressed groups in this nation, makes far more sense than misguiding us with a flamboyant statement. Free thought needs to be accompanied by further thought; otherwise, it proves to be a detriment to our ability to come together and rationalize.

Kanye has recently come out and admitted that his rhetoric in the past year has been misinformed and that he wants to distance himself from politics. What should we make of yet another sudden political pivot from Mr. West? As a white man, I can hop on and off the Kanye bandwagon, choosing whether or not I buy into the sincerity behind his words. At the end of the day, his actions have not, and will never, impact my life. Unfortunately, the same does not apply to marginalized citizens. How can it be overlooked that Kanye endorsed the actions of—and even dared to embrace—the blatantly racist leader of our nation? This leaves a permanent blemish in the back of minds everywhere, especially for those more impacted by the President’s dangerous rhetoric. Having the ability to separate the art from the artist is a privilege, and I consider myself lucky to be able to keep my Kanye poster up without needing to consider the repercussions of his hypocritical history.

Even though I can put on my Kanye blinders and ignore this past year, it is important for everyone—including myself—to hold our favorite artists accountable. Understand the motivations behind their actions, and if you do not agree with them, do not promote their new music. Take their old music that you fell in love with a grain of salt, and understand that they may not be the same person today that they were when recording that music.



## Your Black Isn’t My Black

**Kyle Larry, Assistant Forum Editor**

Although the U.S. is recognized as a melting pot country, the Black community, specifically, is associated with a narrative that everyone who identifies as Black shares the same culture. In the context of the U.S., we tend to look at Blackness as a single story instead of multiple stories with each one having a unique perspective. Due to this illusion that all Black people are the same, we use the terms “Black people” and “African-Americans” interchangeably. But “Black people” is a broad term used to acknowledge all people with a dark skin pigmentation and ancestry that comes from Africa, while “African-American” is only supposed to refer to people with a dark skin pigmentation who have lived in the U.S. for generations.

One of the major problems with associating all Black People with the term “African-American” is that it erases the experiences that Black people from other regions of the world have. When it comes to Afro-Latinx and Afro-Caribbean people, they were colonized by different European peoples than African-Americans, which played a pivotal role in the development of their language and culture. When it comes to people from countries in Africa, they are still more connected to their original culture and language, unlike African-Americans. Due to slavery, African-Americans lost all ties to their original culture and language, but sprouted a new culture in the

process. Consequently, with that culture comes systematic oppression that Black people from other regions cannot fully understand, which is not to take away their Blackness, but instead to highlight the difference. For example, when it comes to the word “nigga,” African-Americans were dehumanized with this word, so naturally they would hold some hostility towards it. People from African countries, on the other hand, did not face this type of hatred and therefore are not as affected by the word.

Again, this is not to take away the experience of Black people from other regions in the world, considering they also faced colonization and imperialism, but it is rather to show that Blackness comes with a multitude of experiences. Please also note that the reason I said “people from countries in Africa” instead of “Africans” is because we tend to group them all together as if Africa is a country. Hardly. Africa is composed of dozens of countries with hundreds of different languages and cultures. And since the purpose of this article is to represent the different forms of Blackness, it would be wrong to introduce a continent with such diversity as homogenous.

Some might argue that it doesn’t matter because we are all Black and we all experience oppression, but it does matter when we oppress each other. Too often do we see African-Americans try and determine if a person is “Black enough” because they are mixed race or Afro-Latinx,

or if they are coming from other countries and “stealing our jobs,” as many African-Americans accuse people from African countries of doing. We have to show where we differ because only then we can acknowledge the unique oppressions that Black people from other regions face, which recently includes immigration policies as the Trump administration has more than doubled the deportation of people from African countries last year alone. We could also talk about how Black people from other regions may come to the U.S. for a better education, asylum seeking, etc., but are not only pushed down by white people but also African-Americans. We have put our oppression on a pedestal and refuse to see any other form of oppression as our equal. If we were truly all the same, then we would give every Black experience a platform and not just the African-American rhetoric that is constantly shown throughout media.

In order to understand each other, we need representation from Black people from other regions of the world through politics, media, music, etc. We need to understand, respect, and accept that every experience is valid and there shouldn’t be one that reigns supreme over the others. Blackness encompasses many stories, and it’s our job to recognize each story and make sure it is appreciated.



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# Brexit Busts Britain!!!

Miles Nabritt, Staff Writer

God Save the Queen! Yes, it is a symbolic phrase, no doubt. But I think the phrase should be this instead: God save the United Kingdom! As the country prepares to leave the European Union, the United Kingdom is faced with perpetual turmoil as it is on the cusp of major internal implosion. When I think of the UK, I am reminded of a nation emboldened by tradition, formality, and, of course, some delicious tea and biscuits. Even more so, the United Kingdom for generations has exuded a spirit of professionalism, enlightened thought, and iconic leadership. However, with the current precarious Brexit crisis, all of these exemplary characteristics may disappear.

From a United States standpoint, many might believe that we should be indifferent

about what happens in the United Kingdom and that we should categorize Brexit as just another foreign dispute. Personally, I vehemently, but respectfully, protest that belief as the current Brexit crisis will have catastrophic consequences for us in the future. The United States and the United Kingdom are two of the greatest superpowers in the world since their economies are overwhelmingly comprised of capital. However, just because these two countries are superpowers doesn't mean their economies are free from economic collapse and stagnation. Brexit, or more properly deemed "British exit from the European Union," will be the action of the United Kingdom leaving the European Union. For those who do not remember, the Brexit crisis actually began two years when there was a national referendum vote held on June 23, 2016. During that referendum, the majority of

Britain voted to leave the European Union by a slight margin of 51.9% to 48.1%. It was this monumental vote that has caused a decline in not only the British economy, but the functionality of the United Kingdom itself.

The successful vote of Britain leaving the United Kingdom has resulted in several detrimental effects that have left the country vulnerable and destabilized. One of the main effects of Brexit has been the decline of the UK's currency, the pound. Specifically, the British pound declined 15% after the Brexit vote and suffered another major 2% percent decline just recently on Nov. 15. The pound is now under threat for continued decline for next year as the United Kingdom officially leaves the European Union. Another effect of Brexit has been the presence of internal political conflicts within the British government. With Prime Minister Theresa May at the

helm of supporting Brexit, one of the many controversies of the deal is the harsh reality that British citizens will lose the right to free movement within the European Union. Despite Mrs. May's claims that she has worked unanimously with the British government to create an effective Brexit deal, news shows that a third of her senior cabinet did not agree with her. Now, not only does a significant portion of Mrs. May's cabinet not agree with her Brexit policies, but there has also been major support for a second national referendum for the United Kingdom. Labour Party representatives and members, both within the British government and regular citizens, have protested against May and her vision for the United Kingdom.

What is most shocking about Brexit is its deviation from interdependence and multilateral cooperation. The United Kingdom

has for many years been a prominent international member of the European Union and has been recognized as a reliable ally. However, Brexit has caused a chasm for British politics and for the future of the United Kingdom's economic independence. From a United States perspective, Brexit will cause a decline of several alliances as well as a decline to global markets around the world, including in our country. While Theresa May is now trying to garner voter support with public speeches and radio conferences, the chances for a second referendum in Britain might be inevitable. I think it is going to be crucial over the next couple of weeks to see how the situation unfolds in the United Kingdom. But all we can ask now is this: can God save the United Kingdom?

# Roses Need to Start Sprouting

Christopher Hassan, Managing Forum Editor

This past Midterm cycle, Democrats made massive gains all across the country. Alexandria Ocasio-Cortez, Ayanna Pressley, Ilhan Omar, and Sharice Davids; all Democrats, all women of color, with Omar being Muslim and Davids being queer, all notably further to the left than Democrats of years past. Even the unsuccessful senatorial race of Beto O'Rourke v. Ted Cruz in Texas was historic since O'Rourke managed to win 48.3% of the vote compared to Cruz's 50.9%. For a Democrat to come that close in the staunchly red state of Texas was nothing short of historic.

And indeed, O'Rourke has not stopped getting press since his noble defeat. Tons of buzz has been going all around Democratic circles in recent weeks encouraging him to run for president in

2020. O'Rourke and Democrats like him are certainly reliably liberals and against the tide of Trumpism. Indeed, I can say for sure that O'Rourke has the kind of charisma that could catapult him into becoming the Democratic nominee. Although I more want to see a Kamala Harris candidacy, he'd have my vote if that's where we end up in 2020.

But I fear we are not going to end up there. I fear we might wind up with another Hillary Clinton candidacy, with a centrist like Joe Biden, or if hell freezes over, with a billionaire like Michael Bloomberg. The antidote to far-right nationalism is not centrism. It is not regressive compromise for the sake of "bipartisanship," and it is not neoliberalism. To put our country on the right path, we need to combat Trumpism with actual leftists and progressives. We need candidates, presidential and congressional, who

will abolish and prosecute I.C.E. We need candidates who will push towards expanding Medicare to the point of creating a single-payer system. We need candidates who will stop fanning the flames of war abroad and roll back drone strikes in Yemen. We need candidates who will understand that a New Green Deal is our only hope for even mitigating the impending climate disaster.

To be perfectly honest, I don't believe a presidential candidate like that could realistically happen in my lifetime. The window of acceptable dialogue for the Right has only become more extreme while it has stayed static for the Left since Bill Clinton. It would take a total overhaul for a presidential candidate to speak like Ocasio-Cortez or Andrew Gillum. While our president and the Republicans step closer to white nationalism and crony capitalism every day, Democrats remain too afraid to tap into the politics of identity and real economic anxiety that affect our country.

That's why our fight needs to be fought on multiple fronts. At the state level, we need to pay attention to our local elections and demand that our state senators and city council people listen to our voices. At the congressional level, we need far, far more Ilhan Omars and Sharice Davids than we have. With these in our arsenal, we can at least put pressure on a candidate like O'Rourke or Harris to be more bold in their campaign promises.

Ultimately, though, the federal government at any level won't be enough. Voting will never be enough. Big institutions like government matter, but for better or worse they will always be too mired in bureaucracy and international issues to focus on day-to-day matters. The killings of POC by police, hate crimes, declining health standards, the collapse of local economies: all of these are real issues we must help one another with. We can't depend on big government and national politics to fully amend these ills.

For the change we want, we need to rebuild solidarity within our communities. But although the Presidency and Congress are never going to fully end police brutality, opioid deaths, or turn our economy green, they are a good place to start the conversation.

Ashka Jhaveri, Staff Writer

Wildfires have been devastating California for years. But the Camp Fire that is currently spreading in northern California has marked the largest death tally from a single fire in the state's history with 86 people dead. These monstrous calamities have left thousands of people displaced from their homes and countless others missing in the rubble. Over 18,000 structures have been destroyed, 400 square miles burned to nothing, and smoke advisories have been issued for all affected regions. California's response in these situations are Shelter-in-Place (SIP) practices. These include designating shelters, recommending safety strategies for homes, and other methods to address protecting land, evacuation, rebuilding, and safety. However, there is a toll that comes with the practices of SIP that targets marginalized groups and impoverished communities. Private sectors are prioritized for economic and availability reasons. The allocation of resources has become tainted with prejudice and, as a result, has left thousands at the mercy of the fires.

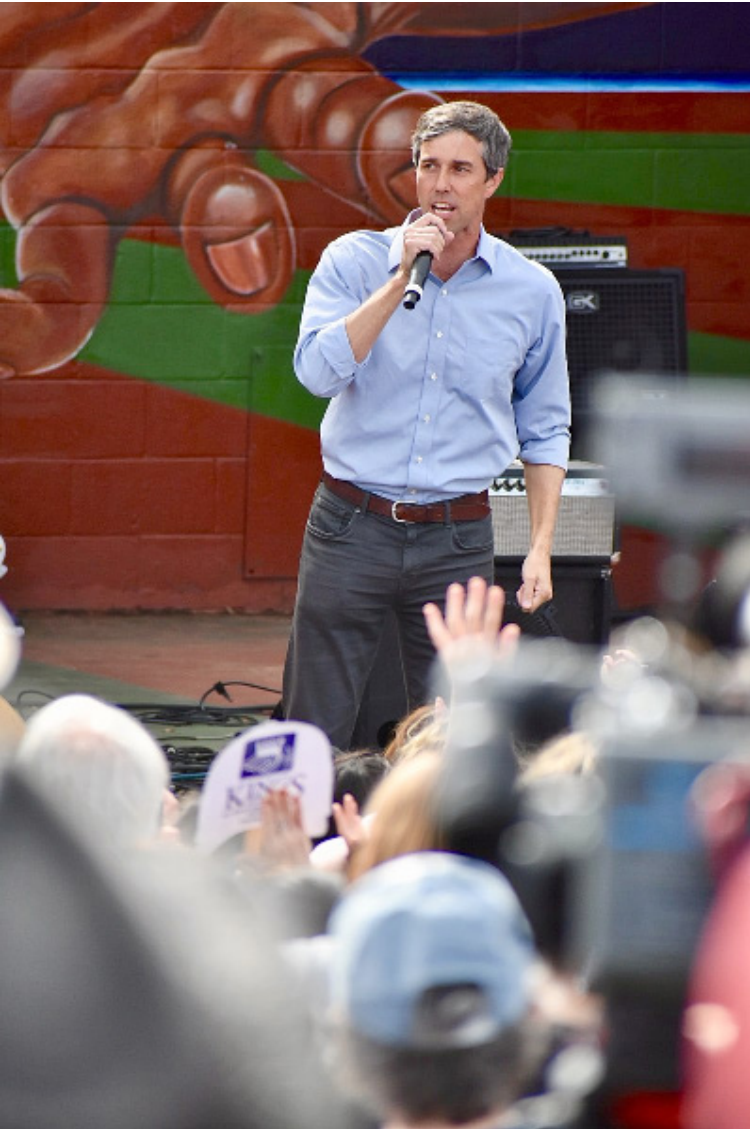
In the article, "The Façade of Safety in California's Shelter-In-Place Homes: History, Wildfire, and Social Consequence," author Albert S. Fu argues that "in so-called rational policies concerning firefighting, the inequality between the powerful and the marginalized is clearly visible in the allocation of attention as well as resources." This article written in 2012 clearly outlines the inherent issues in the response to natural disasters. The reality is that class, race, and income are all reasons for who is brought to safety and who is left behind. Black, Indigenous, and Hispanic communities are 50% more vulnerable to wildfires due to their lack of resources. These disasters have become less "natural" and more of an example of the consequences of social differences

between people.

Prevention and the cleanup of fires is directly linked to money. Discussing the current Camp Fire, an article on az.central says, "Communities in the fire zone included those populated by lower-income residents seeking affordable housing." These people's priorities are not on a good firefighting department or brush removal, but basic necessities like housing. Stocking up on water and food becomes much harder for certain families, leaving thousands of communities underprepared for turmoil. In the current fire and even those past, people of color have been shown to be much more vulnerable to harm than primarily white communities.

Aside from prevention, the government's methods of distributing emergency services are flawed. Those who cannot provide identity documents can be barred from shelters and services, which endangers undocumented immigrants and Indigenous people. There is also a lack of financial support for local fire safety, meaning people must take matters into their own hands. However, the wealthy have the opportunity to have secure homes in secure locations, while marginalized groups are left with structures that are less than ideal for disasters. This private implementation of safety has created dangerous differences between all people affected by fires. It takes thousands of dollars to secure a house and keep it up to date in terms of structural integrity and fire safety—dollars that many do not have.

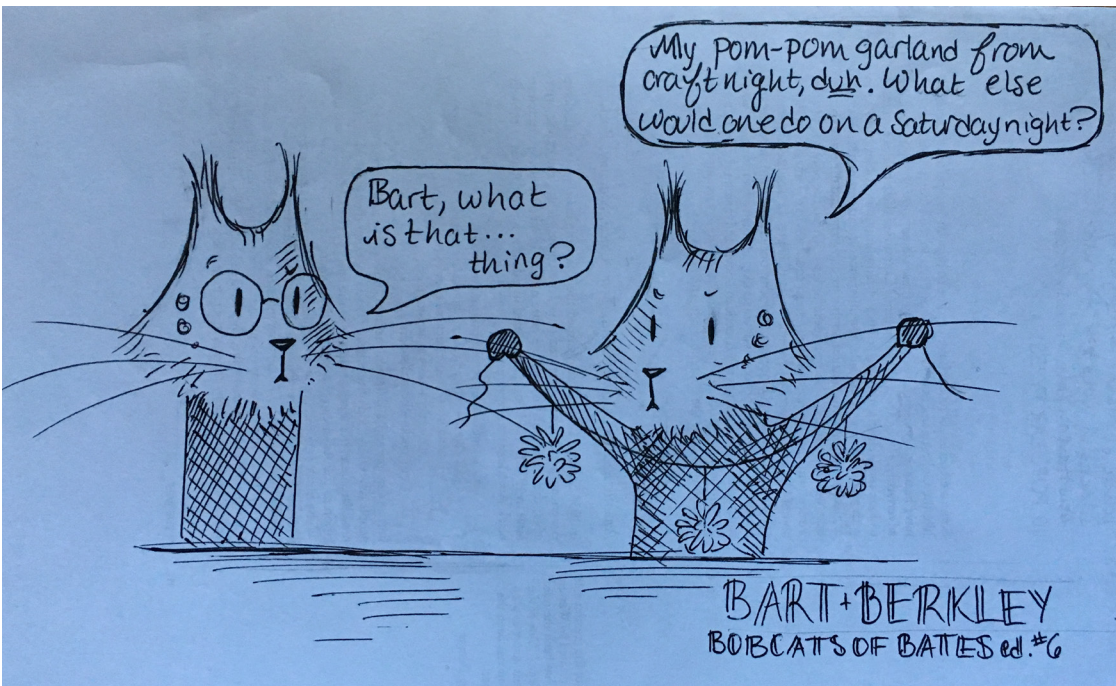
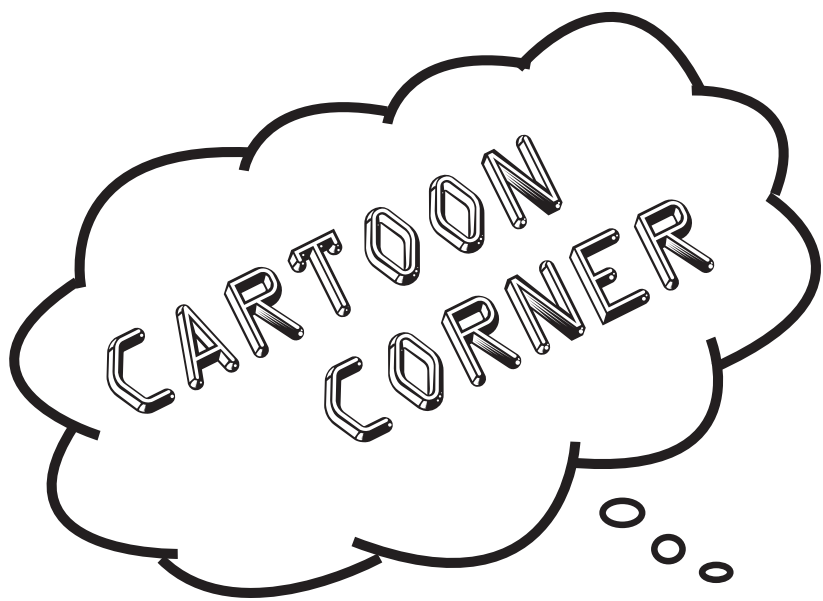
Natural disasters affect everyone, yet some can come out less charred in the long run than others. The factors that create the divide are due to marginalized groups' inability to receive the same resources and safety implications than others. They are trapped in a burning state where their class, race, and income determine their likelihood of survival.



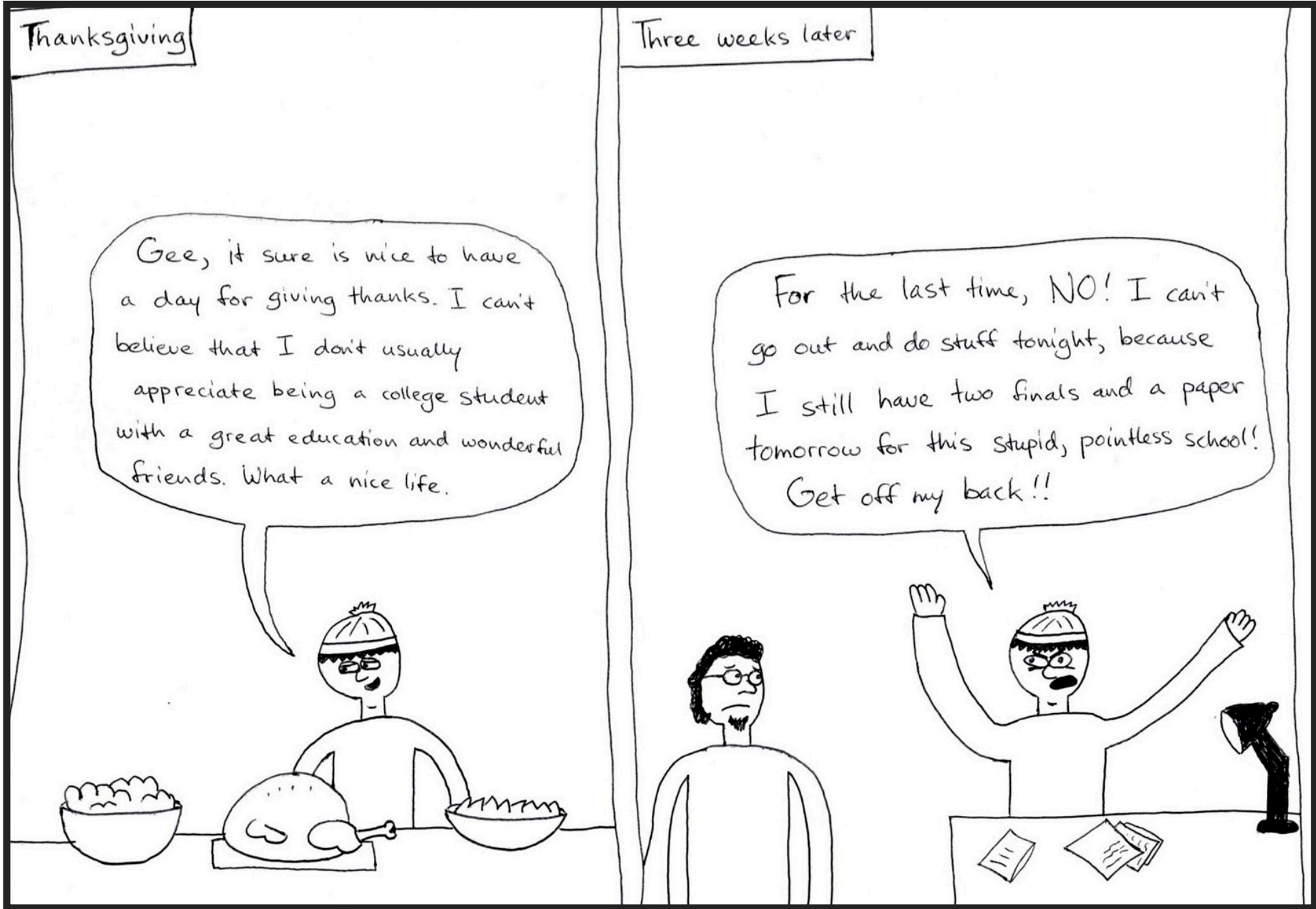
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Mary Richardson, Contributing Cartoonist



Jack McLamon, Staff Cartoonist

# in Ladd! ~~Question on the Quad~~

Vanessa Paoletta, Managing Sports Editor

## What is Your Favorite Childhood Cartoon?



Carolyn Snow '21

“Snorks. It’s a visual and auditory masterpiece.”



Jackson Donahue '22

“The Grim Adventures of Billy and Mandy because I always thought it was a hilarious concept that the Grim Reaper, a personification of death, would hang around these crazy kids and put up with their shenanigans.”



Max Bartley '22

“Curious George, because it’s a classic.”



HAYES THESIS  
CONTINUED FROM PAGE I



Hayes and fellow dancers in “The Set of Circumstances” rehearse.  
ABBY MYERS/COURTESY PHOTO

As we chatted outside the lobby of Schaeffer theatre, senior and dance major Johanna Hayes greeted fellow dancers as they rushed to and from rehearsal. She reflected on choreographing her thesis, which was “a huge experiment.”

“If it was successful or not, I’m not really sure yet,” she confessed.

Hayes’ senior dance thesis, “Words into Action: An investigation of dance practice as tool to implement social theory” is partially fulfilled by “The Set of Circumstances,” which was performed Nov. 14 and 15 in Gannett Theatre. The performance featured Sydney Anderson ’20, Helen Carr ’21, Esme Goldfinger ’21, Flannery Black-Ingersoll ’19, Rebecca Howard ’19, Elizabeth Wellington ’20, and Hayes herself. In her program note, Hayes introduced her work as a piece that “is about and

also that is.” When we spoke, she described that the “main driving force” of her thesis was a technique Hayes learned in Spain this past summer from performer and dance-maker Laura Aris.

Hayes is a recipient of the Phillips Fellowship, a program centered around offering Bates students unique opportunities and experiences in global learning. Throughout her Phillips Fellowship experience, Hayes traveled across Europe to attend and dance with four different programs in Germany, Spain, and Austria. Reminiscing on her summer, she explained that the experience taught her that “there’s so much going on in the dance world... Dance is seen as a vehicle for so many different things.”

It was in Spain that Hayes encountered Aris’ “mechanics plus situation” movement structure. Hayes described the

concept as a two-step process: “you define a physical mechanic and then you add a situation to it.” A particular mechanic in dance might be pouring one’s weight onto a fellow dancer; a corresponding situation might be that the two dancers interacting have a caring and loving relationship. Or, the corresponding situation might be a relationship defined by discomfort, or even malice. The richness of the structure is seeing how different situations affect the initial mechanic. Prior to performing her thesis, Hayes and the cast illustrated the structure for audience members.

In choreographing “The Set of Circumstances,” Hayes was interested in exploring physical risk and emotion in “real time.” “How can we create situations that happen onstage that aren’t choreographed?” The choreographer further explained that she strives to incorporate tasks that one can “fail

at” to discover the subsequent consequences of real time risk through movement exploration.

Hayes noted that her experimental and unfettered choreographic structure is a departure from some of the pieces she created as a teenager. “Music is a motivating force for a lot of young dancers,” she explained. Now, the dance-maker said that when choreographing, she delves into questions regarding the power of the body and, in relation to Aris’ technique, the motivation of movement.

Hayes’ work and experimentation absolutely paid off: “The Set of Circumstances” was effortlessly dynamic. The connection among the seven dancers felt authentic; they moved in sync amidst seemingly unplanned physical and audible interruptions. Hayes’ desired themes were quite clear, her choreography as manifested by

the cast explored the relationship between community and the individual and challenged audience members to evaluate collective experience.

Hayes’ presence within the group also added to the piece’s truthfulness. “The Set of Circumstances” was much more than a performance; it was a milestone in Hayes’ dance career. “There’s no way I could isolate myself from my whole life of dancing. Everywhere I’ve been has lead up to this moment; every little bit of training is in my body somehow,” she said.

When I asked Hayes about the storyline or message she hopes to send through the work, she explained “there’s a narrative there, but it’s unspoken.”

“Dance is a lot like a song,” she continued. The meaning is ever-changing, but regardless of its dynamism, “it makes you feel.”



“The Set of Circumstances” is in partial fulfillment of Hayes’ dance thesis.  
ABBY MYERS/COURTESY PHOTO



# Skin Care Routine of the Week: A Skin Care Routine for Wannabe Beauty Gurus

Maya Wilson, Contributing Writer



The hours I spent as a teeanger (so, up until last year) indulging myself in the world of YouTube “beauty gurus” is what inspired my love and, I’ll admit, small obsession for skincare. All those years ago, I would say my routine out loud as I put each product on my face before bed each night to pay homage to my YouTube beauty idols. I thought Zoella would be proud.

Although my love for watching videos like, “What I got for Christmas 2010- LOTS OF BATH AND BODY WORKS!!” and “Everyday Natural Makeup Look for Eighth Grade: Show Your Crush What They are Missing” has dwindled ever so slightly, these videos fostered my obsession with skincare products.

Skincare, dare I say it, is my vice. I believe my obsession will ultimately cause me to declare bankruptcy or my future partner to inevitably leave me. However, my affinity does signify that I am fully qualified to give skincare advice and let you know what I am loving at the moment. My fourteen year old self would be so proud. Mama, I’ve made it!

The way I prepare for my skincare routine is the way most people would prepare for coitus. First, I light my Walmart candle, in the scent Fresh Balsam. I then dim the lights. After my room feels cozy and slightly risqué, I may begin.

The first product I use is Neutrogena Oil-Free Daily Moisturizer (with SPF 15) from Target all over my face. I especially focus on my neck because, according to our lord, Zoella, it is important to always moisturize your neck to avoid premature aging. This moisturizer is my go-to because, as someone who has combination skin, the thin formula moisturizes without leaving my skin feeling greasy.

Next, I use my Garnier SkinActive Soothing Facial Mist with Rose Water. Say that in a French accent to make it sound bougier than it actually is, because it’s from Target. I hold the mist about 5 inches away from my face and douse myself with 3 or 4 hearty sprays. Full disclosure, I am not sure how beneficial this product really is. But, it smells really good and the act of spraying rose water all over my face makes me feel more important than I really am. I would imagine this product is how Beyonce got her good looks and talent.

After the unnecessarily bougie face mist, I bust out the Yes to Cucumbers Soothing Eye Gel. I like this product because it is cooling to bring down the puffiness under my eyes and wake me up in the morning. I have had the same bottle of the gel for about a year and a half and I still have a lot left, so it is definitely worth the \$13.29 I paid at Target. Al-

though, I could very well be rubbing expired gel all over my eyes... that explains the pink eye!

Finally, because my lips tend to get fairly dry, I end the routine with the bougiest installment yet: the Agave Lip Mask in Clear from Bite Beauty. I love this stuff because it is incredibly moisturizing but does not leave your lips feeling sticky. Bite Beauty is the store in which you can create your own custom lipsticks. Fun fact: I bought the lip mask on a visit to Bite, which was my birthday present when I was a senior in high school. The same bottle has lasted me up until now, so I would say it is worth the pricey \$26 it retails for. That being said, I am not one to endorse expensive makeup or skincare products because I truly believe that you can find products that work just as well at any drugstore. So, I am trying to find a cheaper dupe for this lip product to endorse. I’ll report back, dear reader.

Voila! Thus concludes my completed skincare routine. I will be the first to admit that I value my routine more than I should, but having a consistent, daily routine that I actually enjoy doing and makes me feel put together. It’s almost therapeutic for me.

I’ll leave you with this: never stop (lip) masking your problems with skincare!

# McQueen’s “Widows” Cinematically Showcases Excruciation

Tyler Parke, Contributing Writer

From full-frontal male nudity to unabridged torture scenes, director Steve McQueen has always had a penchant for shocking his audiences. His greatest skill consists of lingering, or even zooming in, on those excruciating moments from which other directors would be inclined to quickly pan away. However, it takes two to tango: such moments require actors proficient enough to handle the stress of McQueen’s persistent lens. “Widows,” his first directorial effort since 2013’s “12 Years a Slave,” which won an Oscar for Best Picture, has many such moments and many such actors.

For example, take one of the film’s shots: following a fatal car crash, a driver sits squashed against the steering wheel as if against a pillow, his eyes bulging and the horn indefinitely whining

into the night. Most other directors would skip forward to the plot-specific ramifications of such a crash, but for McQueen, doing so would mean missing out on an unforgettable moment.

Viola Davis, who plays one of the widows, has already received a good deal of Oscar buzz for her starring role and it’s easy to see why; the sheer number of lengthy close-ups she suffers through over the course of the film would cause many other great actors to keel under pressure.

It all reminds me of a critique a New Yorker writer leveled against McQueen some years ago: “[He] assumes that showing scenes in which unpleasant things happen is enough to make a quasi-tragic drama.” Isn’t it, though? If any director can convince me that a good film doesn’t need any substance be-

yond the aesthetic delivery of unpleasant moments, it’s McQueen.

Perhaps more than any of McQueen’s previous features, “Widows” has a plot to back up its shock value. Or rather, multiple plots. Truth be told, “Widows” really is two films masquerading as one. Taking center stage is the heist thriller, wherein three widows must perform a high-profile robbery planned but never effectuated by their late husbands. In my opinion, the aforementioned is the better of the two plots because the leading ladies are engaging and the thesis is clear: in a world dominated by corrupt and misogynistic men, an independent woman has no alternative but to claw her way to the top if she wants to be successful. Nobody can be trusted and mercy is a hindrance.

The second of the two

plots tracks the political race for an alderman seat and is a dismal affair. It relishes its task of peeling back the layers of American politics to reveal each one to be more stygian than the last. To the watcher’s dismay, there are no widows here and no feminine energy to offset the film’s onslaught of cutthroat men. The resulting hopelessness conjures up more comparisons to 1940s film noir than to modern day thrillers. There are no good guys here—only guys, all of whom are bad.

The eponymous protagonists are “Widows” only well-springs of hope and such a feminist message is certainly worthy of applause. In the film’s dark and all too realistic world, a man’s hand on a woman’s shoulder is less a caress than a power play, an unfriendly reminder of who’s in

charge. The most telling exchange of the entire film comes when one of the widows is out on a date at a nice restaurant with a very wealthy man. Stupefied by his expectation that she’ll repay him for the dinner with sexual favors, she asks, “Is everything a transaction to you?” His response—“That’s the way the world works”—cuts to the core.

To be successful in today’s capitalist society, one must be as avaricious, libidinous, and guarded as the men who rule it. A cynical message to say the least, but there’s a silver lining; perhaps today’s capitalist society isn’t as inexorable as we sometimes make it out to be. Change is possible, and as “Widows” reminds us, it starts with putting more women in power.



# A Merrill-Focused Running Playlist

Pippin Evarts, Assistant Arts & Leisure Editor

Running is one of my favorite forms of exercise at Bates. When I'm stressed or have a lot on my mind, I go running; when I am happy and want a boost of extra endorphins, I go running; when I might have over-caFFEinated at Commons, I go running. And, being the geographically challenged girl that I am, I prefer running on the treadmill rather than through local Lewiston streets. Either way, I put on my sneakers and shuffle my favorite running playlist on Spotify.

Quite frankly, finding the perfect song that matches my mood is more of a challenge than motivating myself to run. Maybe I am feeling peppy and empowered by my choice to run (because, of course, my body is a temple): I want my running music to reflect that. Maybe I am feeling tired,

lethargic, and angsty as a result of stress and I want my music to motivate and fuel my post-teen-age-still-prevailing angst (we have all been there).

I get many of my music from suggestions from friends or, if I am feeling super driven, stalking other people's Spotify playlists. Hope to see you all on the treadmills in Merrill!

**“Survivor” by Destiny’s Child** - A tried and true favorite. After listening to this song, I too feel better now that the fictitious boy in the song has left my life. I don't need him! I am a survivor, I can work harder, and you best believe I can! Pro tip: I recommend this song for interval training... or when you are feeling low and just need a good motivation song.

**“Thank You, Next” by Arianna Grande** - For me, this falls into the same category as “Survivor”: the song is about being better off without a previous lover. I would personally like to thank Pete Davidson for not being good enough for Ms. Grande just so she could write this song. A little slower than “Survivor,” this is a great addition to any long distance running playlist.

**“Loving is Easy” by Rex Orange County** - This is the perfect song for a run outside on a sunny, spring day in balmy, 65 degree weather. And, even if the weather is amiss, this song is an upbeat and lovely song that is bound to cheer you up and keep you riding that post-workout endorphin high for the rest of the day. Some other songs by Rex that are bound to make your day, on and off the

elliptical, are “Best Friend” and “Sunflower.”

**“Biking” by Frank Ocean, JAY Z, Tyler the Creator** - I am a huge fan of the collaboration between these three artists. This track is a great addition to any long-distance running playlist because it has a great beat. Plus, because biking is a form of exercise, you can totally imagine that you're working out alongside Frank Ocean as he sings that he's “biking uphill and it's burning [his] quads.” Who needs workout partners when you have Frank Ocean singing to you in your ear?

**“Colors” by Halsey** - Halsey creates the epitome of angst, love-life-gone-awry music that is my favorite for running. As stated, being ensconced in a fictitious

world where a lover has wronged me allows me to leave my everyday reality and run really fast! The fast beat of this song adds to the overall emotionally-driven experience Halsey brings to your workout.

**“Africa” by Toto** - Who doesn't know and love this song? If you aren't belting out those lyrics about blessing the rains down in Africa, do you even have a pulse? I read that when working out, the best way to relax the most muscles at once is to smile, and this song definitely makes me smile. And hey, maybe while you're working out and this song comes on, you can think of me belting out the lyrics whilst running on the treadmill next to Professor Loring Danforth; I promise, you'll smile too.

# What Can I Do with an English Major?

Mamta Saraogi, Contributing Writer

Even at liberal arts colleges, a common source of contention is the utility of an English Major in light of a future career. There is an element of fear associated with the pursuit of the major, especially if one does not aim to be a tenured professor. However, the good news is the culture of liberal arts colleges is spreading fast and creating opportunity for majors in the humanities.

English majors are constantly asked whether we want to teach literature or become a best-selling author. Often times, both are true. But when teaching or a novelist career isn't among our ambitions, how portable is the major?

The list of potential careers ranges from writing to business, and everything in between.

For domestic students, securing internships in varied fields is an easy task—career exploration suffices as reason enough to pursue any position. For international students, Bates requires official proof that an internship is directly related to the student's major field. In my view, almost any career field, be it expressive or analytical, is directly related to the English major. Proving this on paper, though, is not as simple.

Marketing is popular among students from most academic disciplines and English is no exception. But, can I enter a marketing job or internship with an English degree? Most likely, yes. Yet, international students would hesitate to agree with that view more than domestic students.

Expressing intangible reasons as a tangible argument is key for your average English major, but describing how understanding the psychology of consumerism is related to understanding Shakespeare's plot lines is not as direct a link as may be necessary.


Education and counseling are also common fields among English majors. What if one prefers administration or social work to teaching? Is it possible to justify how a class on Irish poetry is directly related to working closely with departments that manage student life? How do English classes qualify one to study to be a licensed counselor? I believe a class on poetry can be related to nearly anything in the professional or social field.

It is this mindset that makes the English major suitable for almost any career. The only problem is that most of the reasons that make English truly versatile are intangible. They often relate to abstract concepts of empathy and curiosity, both of which are not skills that are easily transferable on paper as Microsoft or computer programming. However, these same abstract reasons can be easily justifiable if the listed major is Psychology.

What baffles me is that if students from two separate academic disciplines can express the same reasons for pursuing a particular career and often times develop the required skill sets for that career, then why should the hurdles for one be higher than for the

other? I can be an English major and be equally skilled in data analysis as a student studying STEM, yet my justification for wanting to work at a technology firm has a greater chance of being denied.

As quoted by the Bates website, the goal of a Liberal Arts education is “to educate the whole person.” Every class is geared to develop critical thinking, creativity, and curiosity. The goals of the Bates curriculum mean that regardless of one's choice of major, students leave college sufficiently equipped with the skills needed to pursue a career that overlaps among disciplines. Why, then, must I justify how or why a particular major is portable in a specific field? Each academic major, including English is good enough for whichever career one chooses to pursue.



## Motivation with Maru

Hullo hullo my feisty friends! It's ya gurl Maru coming in hot with some motivational mojo for y'all! In this week's edition of Motivation with Maru I'm going to provide a couple stress-managing strategies to help y'all navigate the coming weeks leading up to the end of the semester. If you're feeling anxious or overwhelmed, try these!

**Mary Richardson,**  
Contributing Writer

### 1 Write it out:

Split a journal page or sheet of paper down the middle and write all of the things that are stressing you out and all of the “what if” worries on the left. Be detailed! Be gritty! Be honest, this is for your eyes only! Thought vomit and spill the tea about what's dragging you down, then on the right write down a positive solution/zesty counteractive-thought that you can match with each negative thought on the left. After you're done, take a deep breath, look it over, and assess.

### 2 Walk it out:

Get some fresh air and some Vitamin D; we underappreciate the natural world around us. Use its healing qualities to exhale some of that stress out in the limitless space that is the outdoors!

### 3 Talk it out:

People LOVE you. SO much. Call your mother, your brother, your significant other, and TALK about what's up. Loved ones will always listen if you need to spill the beans and need support, never be afraid to share out!

### 4 Get Jiggy with it:

I recommend listening to “Life in Technicolor” by Coldplay, “My Type” by Saint Motel, “Like a Mighty River” by St. Paul and “The Broken Bones,” or “Signed Sealed Delivered” by Stevie Wonder to give yourself an instant mood boost. Go cat walk over to commons with these songs and work it. We all love a strutting sister!

All in all y'all, sometimes we need to prioritize our emotional and spiritual health in order to succeed in other aspects of our life. Be your own hero and help yourself out! And if you're having trouble doing it on your own, turn to teammates, roomies, siblings and those who care about you. Embrace these last few days leading up to the end of the fall semester!





# Women’s Basketball Wins Thriller in 2-OT against UNE

Justin Levine,  
Contributing Writer

On a Sunday afternoon in the historic Alumni Gym in Lewiston, Maine, the visiting University of New England (UNE) Nor’easters

(2-3) took on the Bates Bobcats (2-0) in an exciting matchup. The teams were evenly matched throughout the game, taking an extra two periods of overtime to declare a winner.



Julia Middlebrook '21 scored the game-winning three-point shot during the second overtime period, securing the victory for Bates 86-85.  
PHYLLIS GRABER JENSEN/BATES COLLEGE

Throughout the game, there were many lead changes and momentum shifts. With only a couple seconds left in double overtime, down by two points, sophomore Julia Middlebrook '21 made a three-pointer to put Bates on top 86-85. UNE was unsuccessful with their last shot at the buzzer, so the Bobcats rushed to the court to celebrate.

When talking with Middlebrook to get her thoughts on the game winning shot, she explained that “in the moment, I didn’t really have time to think, I knew I had to shoot because time was winding down. It was such an amazing team effort tonight and it felt so great to have it end with a win.”

The Bobcats were led by a surge of young talent.

On the offensive end, first-year Meghan Graff '22 led the 'Cats with a season-high 17 points off the bench along with five assists. Graff got to the rim early and often. She shot an impressive 8-11 from the free throw line, leading the 'Cats

who shot exceptional from the line overall at 29-40 (72.5%).

Graff noted that the game was “very energetic, with two overtimes, and intense back and forth scoring. With the many fouls called, we adjusted to the constant break in play and kept the momentum in our favor when we could.”

First-year starters Mia Roy '22 and Ariana Dalia '22 worked efficiently in their shorter time on the court due to early foul trouble. Roy added a season-high 16 points, shooting 6-12 from the field and 3-6 from beyond the arc. Dalia had a sweet stroke; she scored 14 points shooting 5-11 from the field and 2-4 from beyond the arc. She showed great control, fundamentals and a soft touch around the rim.

After the game, Dalia explained that some keys to the team’s success were the 'Cats ability to “push the ball in transition and seek out better angles for post entry passes.” Moving forward, she hopes the team is able

to “better prepare for breaking the press,” as she felt the team struggled in that area against UNE. Dalia also gave a shout-out to senior captain Erika Lamere '19, who she felt “stepped up and played a key role in the victory.”

Melanie Binkhorst '20 was versatile in helping the Bobcats. She led the team in steals, making three, was second for the team in rebounds with six, and added 11 points of her own to the score. After the game, Binkhorst explained that “we stuck together through every point in the game. I don’t think any of us ever had a moment where we doubted ourselves despite the point scoring runs UNE made throughout the game. What got us this win was our ability to stick together.”

The Bobcats’s bench was electric throughout the game. Cheering led by Carly Christofi '20, Skye Conley '21 and Meredith Melendy '21 provided a sure home court advantage for Bates, in addition to the enthusiastic fans who came out to support the team.

# Robbie Montanaro '19 and Emma Patterson '19:

Two senior athletes reflect on their athletic career and experience at Bates

Hannah Palacios,  
Assistant Sports Editor

Senior year of college is full of ‘lasts’—last first day, last 80’s, last fall break—and for Bates athletes, also a last game. It is inevitable, but that does not mean that after four years they are anywhere near prepared. The athletes at Bates, just by applying, have made a commitment to both their sport and their academics. And while Bates celebrates its students’ academic achievements with senior thesis, final athletic contests often slip by. In order to break down these final senior moments, I spoke with Robbie Montanaro '19 and Emma Patterson '19, of men’s soccer and women’s field hockey respectively.

### Robbie Montanaro '19

Montanaro, the Bobcats’s beloved keeper, fell in love with soccer at an early age. This love stemmed from his Italian father; one could even say that soccer is in his veins.

“Some of the earliest memories I have are kicking the ball around with [my dad] in our backyard” Montanaro said.

Equipped with both skill and passion for the game, it seemed like a no

brainer for Montanaro to continue his sport in college. “I’ve never really been able to picture my life without the game” he said. “It 100% completely influenced my decision.”

Montanaro’s soccer career at Bates has been flush with achievements. He maintained a 1.000 save percentage in just over 77 minutes in goal during his first-year season. In his sophomore year, he started all 15 matches of the season with a total of 77 saves and was named to the NESCAC All-Academic selection for the fall semester. During his junior year he started every match again, and recorded the most saves in the NESCAC with 84 saves. He had four shut-outs, including a 1-0 victory over Colby which sent the 'Cats to the NESCAC tournament.

This past year, Montanaro had a goals-against average below one and handed Williams their first loss of the year with a shutout and season high of nine saves. This past Monday, he even played in the New England Intercollegiate Soccer League (NEISL) Senior All-Star Game, which showcased the 44 best seniors from 29 NCAA DIII colleges.

However, Montanaro’s career has also had its fair share of disappointments, including his final game played at Bates.

“To be honest, I never expected my last game to go the way it did,” Montanaro said. “When we played Colby this year, I wholeheartedly believed that there was no way we could lose. When we lost it felt like four years were thrown down the drain because I never got the chance to win anything major at Bates.”

However, ever positive, Montanaro continued, “Obviously that’s not the case, and the experiences I’ve had on the team over my years have been awesome. Most notably beating Colby last year in overtime to go to our first NESCAC tournament in a long time and beating Middlebury for the Reynolds Cup my sophomore year.”

Because of the opportunities he has had at Bates and his commitment to the sport even beyond the season, Montanaro is focusing on continuing his soccer career after he graduates.

### Emma Patterson '19

Patterson took a slightly different route. She started

playing field hockey in the seventh grade, a late start in comparison to many other collegiate athletes. However, she proved to be a natural, competing on many high level teams during her high school career, making state, conference and festival teams, and receiving the Barbara Longstreth Award for sportsmanship in 2013.

She played all 16 games during her first three seasons at Bates, missing only one in her senior year. Field hockey was also a priority for Patterson when she was looking at colleges and the primary reason that she applied to schools on the east coast. However, Patterson is equally as fierce in her academics as she is on the field. A psychology major and chemistry minor, Patterson looks to enter medical school within the next couple of years.

Unfortunately, her career in field hockey seems to be more uncertain.

“Sadly, I am not sure when I will be able to play field hockey again, other than in an adult league” Patterson said.

The reasons she will never forget her last game are twofold: “My last game was crazy; it honestly felt surreal.

Every single year I have been on the Bates field hockey team it has come down to the Colby game in order to make it into playoffs, so initially it wasn’t any different” she said.

However in the first period after an unfortunate chip, Patterson was sent down with a field hockey ball to the temple and an audible whimper. Determined not to miss out on her final game as a Bobcat—and after being cleared by the trainer—Patterson returned to the game. “I knew that I couldn’t sit out my last chance to every play it at the collegiate level and it was worth the two black eyes!”

Both athletes, although competing with differing experiences, share one prime thing: doing what they love and representing Bates while they do it. When asked if either player would change anything about their career, both responded with a resounding no. Through all the ups and downs of both Montanaro and Patterson’s careers, they are thankful for every minute they have had.

“I am lucky to have been able to be on a sports team for my four years here at Bates and truly think that it shaped my experience!” Patterson said.





# Men’s Cross Country Impresses in Wisconsin at NCAAs

Sarah Rothmann,  
Editor-in-Chief

The men’s cross country team started their Thanksgiving break with a short, but exciting, trip to Winneconne, Wis. for the Division III NCAA Championships. The 8-kilometer race was held on Nov. 17 at the Lake Breeze Golf Club and comprised a field of 280 nationally qualified collegiate runners. This trip marked the men’s cross-country team’s first presence at the NCAA Championships since 2013, the sixth experience overall, and the first experience traveling with the women’s team since 2012.

“Finding out we were going was a bit of a surprise,” Tucker Barber ’21 said, a member of the competing NCAA squad. “It went from the initial shock of finding out to the hurry of getting affairs in order to leave on Wednesday. It was hugely exciting.”

The Bobcats secured a spot at the NCAAs with their impressive results at the NESCAC and Regional Championships. At NESCACs, the Bobcats saw a fourth-place finish and at Regionals earned sixth-place, one point behind Tufts. In both meets, runners com-

peted in grueling conditions which highlighted the team’s perseverance, grit, and strength. Following these outstanding accomplishments, the Bobcats capped off the 2018 season by fighting through blistering and frigid temperatures and finishing 26th out of 32 teams at NCAAs. Bates scored 604 total team points, three points behind Tufts and nine ahead of Claremont-Mudd-Scripps.

“I think everyone on the team was a little unsure of what to expect going into NCAAs, and while some things did not go the way we wanted for each of us, we still put together a good race,” Barber said.

“NCAAs was a totally different experience and unlike any race,” senior captain Henry Colt said. “Getting to travel with the women’s team, traveling to the Midwest, and experiencing a huge championship race was the perfect culmination of this year. Our trip reminded the team why we strive for this every year.”

As for individual scorers, James Jones ’20 placed 28th out of 280 runners with a time of 24:53.8, earning All-American honors, a distinction given to the top 40 runners. Jones

is the 15th All-American runner for the men’s cross-country program. The last Bobcat to achieve this accomplishment was alum Allen Sumrall ’16 in 2015.

Following Jones was Justin Levine ’20, who finished 170th and covered the course in 25:57.9. First-year Bart Rust ’22 placed 193rd, followed by Barber ’21 and Colt in 207th and 215th respectively. Seniors Mark Fusco ’19 and Nico Johnson ’19 were the two displacers, finishing in 240th and 249th.

“We were ranked 29th and placed 26th. The team could have definitely done better, but it just leaves the team hungry to go back next year,” Colt said.

Overall, this team has seen a successful 2018 season. As with any collegiate team, they have experienced a balance of challenges and victories. Tufts proved to



The men’s cross country team poses above the NCAA at the Lake Breeze Golf Club after racing and finishing 26th. JENNIFER HARTSHORN/COURTESY PHOTO

be their toughest competitor throughout the season.

To recap the season, on Sept. 15 the Bobcats lost to Tufts by four points at their home course. The team saw their toughest meet of the year at the Connecticut College Invitational on Oct. 13 with a 14th place finish out of 27 teams. Here, they lost to Amherst, Williams, Middlebury, and Tufts.

They bounced back on Oct. 27th at the NESCAC Championships where the Bobcats were seeded eighth out of 11 teams and finished fourth. Tufts placed seventh at this meet. They continued this success on Nov. 10 with their 6th place

performance at NCAA Regionals.

Ultimately, regardless of the outcome of each meet, the team has shown tremendous commitment. By securing a spot at the NCAAs, men’s cross country has capped off a remarkable season and will strive to continue this success as they begin to transition to track.

“It has been a rollercoaster of a season. There were tough races in the middle but this season was characterized by bouncing back and not doubting ourselves,” Colt said. “Our year looked more like a graph of peaks and valleys – it was definitely a wild ride.”

# Women’s Cross Country Races to Historic Finish at NCAAs

Jackson Elkins,  
Contributing Writer

As most Bates students travelled home on Nov. 17th, the women’s cross country team was in Winneconne, Wis. competing in the Division III NCAA Championship. Here, they finished 17th out of field of 32 qualifying teams. This occasion represents the second time in the last three seasons that the Bates women have qualified for the national championship, with the team finishing 19th in 2016.

On top of a tremendous team performance, the day was further highlighted by an All-American finish from Katie Barker ’19, placing 34th in the nation with a time of 21:53 over the fast 6-kilometer course at the Lake Breeze Golf Club.

To put this into perspective, Barker finished less than a minute behind the winner, and the difference between 34th and 24th was less than ten seconds. Furthermore, the gap from 34th to 44th was also ten seconds, just demonstrating the staunch competition that not just Barker, but the entire women’s team faced on the national stage.

Ayden Eickhoff ’19 also had an outstanding race

finishing in 124th with a time of 22:43, followed by Abby Hamilton ’21 (166th;23:00), Sarah Rothmann ’19 (170th;23:04), Olivia LaMarche ’20 (184; 23:10) and the displacers Wendy Memishian ’19 (247th; 23:49) and Tara Ellard ’22 (251; 23:57).

As much as racing is individual, cross country really thrives off of the team aspect of running. Hamilton, Rothmann, and LaMarche all finished within ten seconds of each other as Bates’s third, fourth and fifth runners, an incredible achievement that solidified the women’s excellent team placement. It’s also worth noting that Memishian and Ellard also finished within just eight seconds of each other as Bates’s displacers, a testament to the depth of this group.

Head coach Jay Hartshorn noted that qualifying in 2016 helped the team tremendously going into this year’s championship. “The biggest advantage that this team had is many of them had experience at the NCAA race. Katie, Sarah, and Olivia all raced at NCAAs in 2016 and Wendy travelled that year as the alternate. And

while Ayden had never been to NCAAs for cross country before, she has been to four NCAA meets for track and field,” she said.

This certainly helped the team when it came to preparing to race against such elite athletes. Newly minted

teammates was there with us.”

That faith was really demonstrated throughout; by the first mile, the Bates women “were likely in last place,” according to Coach Hartshorn. But, as Barker mentioned, the team main-



The women’s cross country national team celebrates their 17th place finish posing for a photo above the NCAA logo at the Lake Breeze Golf Club. JENNIFER HARTSHORN/COURTESY PHOTO

All-American Barker commented, “Entering a higher pressure meet, knowing that this was the last one, there was some inevitable pressure to perform well. When the race came, we just trusted in each other...we just drew from each other’s strengths and went out on the course knowing that each one of our

tained its composure and trust, moving up steadily over the course of the race. By the 3-kilometer mark, halfway through the race, the team had moved from 32nd to 29th, and at the 5-kilometer, from 29th all the way up to 19th. In the end, Bates finished 17th overall.

This finish represents

the second highest placement that Bates has ever earned at the national meet and the best placement for Bates in a 32-team field national championship. This improves off of their most recent 2016 finish by two spots.

The word ‘historic’ is really the only way to describe this Bates women’s cross country team. Coach Hartshorn commented, “We were all really happy with our results. It’s our best finish at an NCAA meet with a 32 team field. All year I felt like we were a top 20 team on our good days, so it’s great to have the results to prove this at the end of the year.”

In terms of the team going forward, Eickhoff commented, “Our goal is to continue building on all the hard work that we have put in this fall and to take care of ourselves so we can hit the ground running in January when indoor track rolls around.”

Coach Hartshorn agreed, adding, “Next year will be different for sure, as we are graduating four of our top seven runners, [however] I think we have all of the pieces to put together another great team based off of success of the current team.”





# Swim & Dive Tally Two NESCAC Wins

Men’s Team Dominated Wesleyan and Trinity,  
Women Win Meet in Final Relay

Vanessa Paoella,  
Managing Sports Editor

The men’s and women’s swimming and diving teams competed against Wesleyan University and Trinity College in their first meet of the year on Nov. 17 at Wesleyan. Bates came out on top against both teams, starting the season on a strong note against two NESCAC teams. Bates will compete against two more NESCAC teams for the Maine state title on Nov. 30, 6:30 p.m. at Bowdoin College.

Men

The men’s swimming and diving team beat both Wesleyan and Trinity by significant margins, finishing the meet with scores of 235-61 and 218-73 respectively. Bates dominated both teams from the start, winning the first six events without exception. This competitive edge, combined with Bates’s impressive depth, led to their overwhelming success.

In the first race of the meet, Bates’s 200-yard medley team, comprised of Daniel Waterland ‘22, Alex Bedard ‘19, Matt Puckace ‘19 and Rory Collins ‘19, placed first with a time of 1:38.03, 0.03 seconds off Trinity’s second place team. Alexander Ignatov ‘20 continued to add to Bates’s success with a second first-place finish in the 1000-yard freestyle with a time of 10:17.82. First-year Kyle Jorgensen ‘22 won the 200 yard freestyle for Bates in a time of 1:48.84.

Bates continued to further their lead with an abundance of first-place finishes: Bedard in the 100 and 200-yard breaststroke (58.82;2:15.51), Puckace in the 200-yard butterfly (2:03.33), Christopher Draper ‘22 in the 100-yard freestyle (48.23), Waterland ‘22 in the 200-yard backstroke (1:59.20), Ignatov in the 500-yard freestyle (4:54.49), Andrew Hall ‘22 in the 100-yard butterfly (53.46), Pieter Cory ‘22 in the 200-yard individual medley (IM) (2:01.33), and finally in the 200-yard free-

style relay with a team composed of Collins, Draper, Hall and Bedard (1:28.35).

First-years Ossie Heard ‘22 and Sam Poulos ‘22 made up the diving portion of the team, placing second (162.20) and third (139.95) in the 3-meter dive and third (155.10) and fourth (132.25) in the 1-meter dive respectively.

“I knew it would be close—what I didn’t know was how good the team would be with their back against the wall” -Head Coach Peter Casares

Out of the 16 competitive events at this meet, a Bobcat placed first in 13 of them, six individually by first-years and both relays with a first-year leg, showing the strength of Bates’s new recruits. In addition to the surplus of first place finishes, many Bates swimmers bolstered the scoring with second and third place finishes.

“We have a larger team than we have in multiple years,” Bedard said. “Everyone has the potential to score points and place high whenever they get in the water. It is really exciting to have a team with this much talent.”

**Women**

Similarly, the women’s team also scored two wins, however their victory over Wesleyan was earned by a much narrower margin and was more heavily dependent on the second and third place finishers. Coming down to the final event of the meet, the Bobcats secured their win against Wesleyan in the 200-yard freestyle relay, where Bates earned a first place finish by 0.28 seconds over the Wesleyan team. The meet ended with two Bates victories of 154-139 against Wesleyan and 193-94 against Trinity.

“I knew it would be close—what I didn’t know was how good the team would be with their back against the wall,” Head Coach Peter Casares said.

“Each and every [race] mattered, and it was fun to see them swim their best when they needed to.”

Leading Bates to the win were first-place finishes in the 200 and 500-yard freestyle by Maya Reynoso-Williams ‘22 (1:58.67;5:22.17), 200-yard butterfly by Saskia Wong-smith ‘22 (2:17.00), 200-yard backstroke by Caroline Sweeney ‘22 (2:11.01), 100-yard butterfly by Caroline Apathy ‘21 (59.60) and finally by the 200-yard relay team composed of Suzy Ryckman ‘22, Reynoso-Williams, Sweeney and Apathy. Notably, five of the six individual events won by Bates were earned by first-year swimmers and the meet winning relay was driven by three first-year legs, showing once more the strength of Bates’s new recruits on both teams.

“I think we knew that this year especially for the women’s team that this would be a tougher meet and we were excited and up for the challenge,” team captain Catherine Mullen ‘19 said. “We graduated two key seniors last year and have some key returners abroad and injured so we knew a lot of people would have to step up in order to bring two NESCAC wins back to Bates.”

Unlike the men’s team where first-place finishes were in abundance, the women’s team had to make every race and every placement count throughout the meet in order to secure the win. The team must also work to make up potential points lost in the two diving events as Bates does not currently have any divers.

“I think one of our biggest strengths this year is numbers,” team captain Lucy Faust ‘19 said. “Ever since I’ve been on the team, we’ve had a roster with either exactly 24 or less. To have 28 women with the potential to score at NESCACs means that we have flexibility with injuries and other circumstances to be a strong team to swim against.”

## Sports Update Nov 14-Nov 27

### Women’s Basketball (3-0, 0-0 NESCAC)

Nov. 16: Johnson & Wales, W 68-52

Nov. 17: Thomas (ME), W 74-59

Nov. 25: UNE, W 86-85

### Men’s Basketball (1-2, 0-0 NESCAC)

Nov. 14: Brandeis, L 54-48

Nov. 18: Maine Maritime, L 63-52

Nov. 25: Salem State, W 93-73

Nov. 26: UNE, W 104-84

### Women’s Swimming and Diving

Nov. 17: Wesleyan and Tufts, 2-0

### Men’s Swimming and Diving

Nov. 17: Wesleyan and Tufts, 2-0

### Women’s Squash (1-1, 0-0 NESCAC)

Nov. 17: Dickinson, L 5-4

Nov. 18: Franklin & Marshall, W 7-2

### Men’s Squash (1-1, 0-0 NESCAC)

Nov. 17: Dickinson, W 5-4

Nov. 18: Franklin & Marshall, L 9-0

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