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Women in Politics: The New Normal

Sarah Rothmann, Editor-in-Chief and Sophie Mackin, Staff Writer

The 2018 midterms saw the election of a record-breaking number of women, many of whom achieved historic "firsts" as individuals. To name a few, Rashida Tlaib became the first Muslim woman elected to Congress, Alexandria Ocasio-Cortez the youngest woman elected to Congress, and Kyrsten Sinema the first openly bisexual senator. There are currently 102 women serving in the House of Representatives and 25 in the Senate. One of the key figures that helped facilitate these numbers was Emily Cain, who serves as the Executive Director of EMILY's List.

On Thursday, Mar. 7, Emily Cain visited Bates and gave a presentation entitled, "Women in Politics: The New Normal." Her talk touched on the founding and history of EMI-LY's List as well as its role today in expanding the representation of women in office. Upon graduating from Harvard, Cain was elected as a member of the Maine House of Representatives in May 2004 and served in office from 2004-2012. While a member of the Maine House of Representatives she served as a Minority Leader from 2008-2010 and as House Chair of the Appropriations & Financial Affairs Committee from 2010-2012. She was the Democratic nominee for the U.S. House of Representatives in 2014 and 2016 but unfortunately lost both races. Cain was elected the Executive Director of EMILY'S List in June 2017.

EMILY's List was created in 1985 and has been working for 34 years to fund campaigns for pro-choice Democratic women. Before 1985, there had never been a democratic woman elected to the U.S. Senate in her own right. Ellen R. Malcolm, who founded EMILY's List, recognized that the primary obstacles women faced when running for office were a lack of funding and an exclusion from influential social networks. Therefore, she built her organization with the motto: "Early Money Is Like Yeast" (it makes the dough rise). What began as a small group of women writing letters

to their friends, encouraging political participation, has become a national community of more than 5 million members supporting the voices of female candidates.

This year, 23 candidates endorsed by EMILY's List ended up flipping seats in the House to help secure the Democrats' majority. Cain describes these exciting results as the arrival of a "new normal." In defining this phrase for the audience, she said, "To me, the new normal means we will always have multiple women running for president. It means you should never turn on the TV and watch a story about Congress and not see a diversity of women on the screen."

She explained, "It means that more women will be running for office up and down the ballot across the country. It means 2018 was not a wave year: 2018 was the start of a sea of change for women in politics across the country." Cain continued, The political system needs women's voices. It is not about being perfect. It is not about getting trained in all the ways you think you need to. It is not about the perfect resume. It is about how hard you are willing to work and whether or not you are willing to listen to the people you want to represent so you can really speak to them and advocate for them.'

While the beginning of her talk focused on the recent successes for women in politics, Cain also made sure to emphasize how much work there is still left to be done. After all, the United States has only had one woman as Speaker of the House, one as a majority party nominee for president, and has never seen a woman as president. Even with all of the progress for women in 2018, there have been several setbacks, notably the national reaction to Dr. Christine Blasey Ford's testimony regarding Supreme Court Justice Brett Kavanaugh's history of sexual assault. Whether as candidates running for office or as brave individuals fighting against the culture of sexual violence, women are still treated differently than their male



counterparts

For example, Cain compared the questions that women and men receive on the campaign trail, highlighting the particular discrepancies regarding childcare. "Mothers, particularly of younger children," she explained, "get asked the question: 'How are you going to take care of your children if you win?' Male candidates are not asked these questions." Similarly, Cain drew attention to the inconsistent conversations in the media about women and men as potential politicians. During the 2016 election, the media flooded voters with articles and TV segments surrounding Hillary Clinton's personality and "likeability." Even though Trump and other male candidates in the primaries did not face these concerns, the media claimed that their comments weren't sexist and instead, specific to Hillary Clinton.

However, as more and more candidates announce their intentions to run for the 2020 presidency, we once again see stark contrasts between media analyses of men and women. Frontrunners such as Kamala Harris. Kirsten Gillibrand, Elizabeth Warren, and Amy Klobuchar have already been the subjects of pieces that question their "electability," "likeability," and "authenticity." Emily Cain explains that these are "all code words for 'this is a type of candidate I have not encountered before.' In other words, that is called sexism." Cain and her colleagues have been working to fight against these sexist patterns and report those responsible for unequal treatment of women.

"One of my personal mantras is: Let's just tell the truth. It is easier to keep track of. And that is really the same with campaigns. Just be yourself," Cain said. "Don't be what you think a member of Congress should look like or don't be what you think a member of Congress sounds like or says. Speak your truth. Many women have incredible personal stories of overcoming obstacles. Dealing with health-care. Struggling with poverty. Struggling with illness. Having a family to take care of. Struggling in their careers. Facing sexism. Facing discrimination. Women across America have the same things happen to them in their lives every single day. Therefore, in telling your truth and being yourself, that is how you connect with

To conclude her talk, Cain reminded the audience that the "new normal" does not just apply to politics. "The momentum for the fundamental shift in the role of women can ripples beyond government," she stated. She mentioned the importance of women in business and was upset to share that there were only 32 women CEOs for the companies listed on the 2018 Fortune 500 list. Women should also be leading in education, medical fields, and technological innovation. The new normal means that women and girls should never feel as though they must have separate aspirations from men. Cain hopes to guide the next generation of women away from their fears about being "qualified" and needing training. She

believes women should recognize that they have the same potential to be great politicians, entrepreneurs, doctors, lawyers, and engineers as any man would.

"There is no requirement that you have to be anything other than a certain age and live in a certain place and be a citizen there. It is about putting it on your To-Do list now," Cain explained. "One of the things I ask young girls, young women is to put running for office on my 'Someday I might' list. Most women and girls don't put it on there until somebody asks them or tells them please do this. We would change so much if we could just get little girls to think of themselves in office. That is why I love the work that I do because I am changing who those little girls see on TV every day and who they see in their social media when it comes down to who is an elected official. It is somebody who looks like them."

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Our Lick It

Christopher Hassan, Managing Forum Editor

The experiences of queer students at Bates are multifaceted, diverse, and vibrant. They work in every field of study and organization on campus. Our community dresses from high couture queens to thrift shop sissies. Queer students express their sexualities and identities in a myriad of ways through differing layers of privilege. My experience as a bisexual, upper-class, cis, white man is much different than LGBT+ individuals of more marginalized identities. But there is one thing that we all have in common: we're a small minority on this campus.

LGBT+ identities are in the margins of populations every-

where, but at Bates, it's very hard to miss. Our diverse community easily gets overpowered by heterosexual and cisgender cultures. I, personally, have found my own friend circles to be accepting and accommodating, but for many others, I know this to not be the case. While events like Coming Out Week and Sex Week give us opportunities to make ourselves more known, the queer community is rarely the center of discussion for the campus as a whole. But on an infamous dance night, that (supposedly) changes.

Ryan '86 Gives Scoop on Life After Bates

Christina Perrone, Managing **News Editor**

As college tuitions are at an all time high, many students both at Bates and abroad are forced to ask themselves when applying to colleges what they intend on doing with a liberal arts degree or a humanities major. Many high school and college students worry that they won't be able to make a return on their investment, or, worse, that they'll be stuck to work an unfulfilling career. While these issues seem more prevalent than ever, the worries are not new. On Friday, Mar. 14, Carolyn Ryan '86, a former English major and current Assistant Editor at The New York Times came to share her experience with purposeful work and quell some of the worries familiar to liberal arts students especially those in humanities. Mediating the discussion was The Bates Student Editor-in-Chief, Sarah Rothman '19, and Bates Magazine Editorial Director and Editor, Jay Burns.

Like many first years, Ryan came in to Bates certain about pursuing one path only to change her mind and pursue others in later years. "I do remember that initially, I came to campus and my extremely elaborate and very solid career plan was that I was going to win Wimbledon," Ryan paused as the audience laughed, "and then I would appear on tour and maybe do Bates from a distance. And then I was going to be a cartoonist, and then I was going to be a lawyer... What happened to me, and I'm sure your college experience is similar, my first year I did tennis and it was pretty intense, didn't win Wimbledon, but I

think we beat Colby. But, the second year I stumbled into the Bates Student office, and what I really noticed—the tennis kids were great, but they were like, you know, a certain kind of kid-the kids at the Bates Student office were curious about the world, interested about talking about issues, compassionate, interested in talking about politics... and I admired them so much and I just thought 'these are my people."

Ryan, who would eventually be nicknamed "Scoop" by her peers, began writing articles like "The Joy of Being a Dana Scholar" and "Steel Band on the Quad," which eventually led her to write more substantial pieces later in her Bates Student career, such as restaurant reviews and "The perils of roommates." (For the record, according to Ryan, the best roommates should have a great stereo and love the Violent Femmes). Through it all, Ryan was fueled by her love of writing which came to her at an early age: "...I mean I was very nervous about writing, but I had always, as a kid, liked to write. And when I was a little kid, really little, like fifth grade— I wrote a book. I grew up outside of Boston, and it was-it's going to sound more sophisticated than it was—it was about the desegregation battles in Boston and the black and white racial class. And I had always liked the idea of being a writer." In college, one of the biggest draws for Ryan to write for the newspaper was her excitement for "the possibility of describing things.'

Now, as one of the names on the

masthead for The New York Times, Ryan works to hire new talent. "Just as a general rule, what I try to do is hire people for hunger and potential more than credentials," she explain. "Obviously we want people with experience, but what I've noticed at the New York Times, what distinguishes those journalists from the rest of their field...is something that you can't really teach, which is drive." One example of this drive would be the slew of message she would receive when she reemerged from going to the movies at night: "I would come out the movie and my phone would just be pulsating with all the messages from the reporters who were working through the night, sending me a new draft, just got a new source, wanted me to know this, had another idea, and there's a drive that really defines almost an obsessiveness about what they want to do. And you can sort of sense that whether people are at a small paper or digital outlet. Where I'm seeing the good journalism training nowadays is at the non-profits." A few of the non-profits that Ryan highlighted were New York's The City, San Francisco's Reveal, and Texas's Texas Tribune.

One of the questions Burns asked during the talk was about what Ryan penned as "The Worry Trifecta" in an essay to the Bates Magazine—the three pillars being "Finding work," "paying student loans," and "wondering whether your English degree has any value whatsoever". Burns then read a particularly poignant excerpt from her essay: "I found myself deeply troubled by how to shape a future for myself that will expand the limits of my learning. I fear that I will shrink from the task of self-enrichment. How does one remain a student, a seeker of knowledge, ideas, and meaning, in a modern, complex, bureaucratized world: how do we prevent our lives from being frittered away by detail as Thoreau wrote?"

Burns then asked Ryan what she would tell her 21 year-old self knowing what she knew now. Without skipping a beat, Ryan responded "What a pompous kid!" She continued, stating, "Well, I think the thing that journalism is about is embracing your native curiosity and it's an essential ingredient, and I think, for one thing, I did worry about—I don't know why I worried about this as a kid-but I had seen, maybe in movies or in real life...people who have become bitter as they aged, or cynical and I never wanted to be like that and it frightened me a little. And I used to read a lot of biographies. I would read biographies both to understand how people became successful but also to understand how they dealt with disappointment. And what I didn't want to do was to become negative, cynical, bitter, and for some reason I think that shaped what I was looking for and looking not for, and I think, to me, the essential ingredient really comes to curiosity."

During the question and answer period, the majority of the questions audience asked had to do with the recent shift in journalism from traditional print media to a more digital

platform. For Ryan, one of the biggest changes has been the "biorhythm" of the newsroom: "It used to be, and not that long ago, maybe ten or maybe fifteen, that our biorhythms as a newsroom were really based on a daily paper. So, that meant people came in, kind of late in the morning, maybe 10:30, and maybe got an assignment, and then people took time for lunch, and you would kind of regroup at like three or four, and you might follow your story by 6 or 7, and it gets edited at 8 or 9, and that was kind of the rhythm of a newsroom. And that has really changed. As soon as you really get news, and confirm news, that goes up. You publish it on the web and I think it has forced a kind of transparency around what we do."

"What we want to be, and one of your fellow Batesies said this today," said Ryan. "We want to be the one you turn to when you really want to get something solid, you really want to know what's right and what's wrong in terms of a big news story. So that's our reputation, so even in a digital universe, we have to preserve that, and so part of that is being as forthright with readers about our reporting, about what we know, and we have to be really careful—even in a fast-paced environment. So we are not driven to get things first, we certainly want to, but what we really want to be is right."

a Philosophy Book

Madeline Polkinghorn, Managing **News Editor**

On any given summer night at roughly 1:00am in the morning, you are apt to find Shane Moore '21 at the Portland Denny's typing furiously on his computer. At this establishment, says Shane, is where he and his high school friend Gus wrote a sizeable portion of their six month long proiect—a 325 page anthology—aptly titled "Musings of the Basement Pigeon: A Treatise on Common Existence"—which relates grand philosophical concepts to personal anecdotes from the authors.

'What it really is, is satire," says Moore. "I mean, when we were writing it—we've been writing this thing for quite some time now—[Gus] and I had this philosophy class in high school, and we started talking about it over the summer and we started writing this thing. We figured if we could take, you know, kind of weird but funny or interesting little experiences we've had, and really deeply into them, it would scratch the surface of some kind of base level philosophy stuff. And it's all absurd... it's also satire. Because nobody wants to sit down and read some heavy philosophy."

The two were prompted to tackle complex philosophical concepts after taking a required theology course at their Catholic high school, which primarily centered around questions of ethics. Moore hopes that the book's quotidian analysis of concepts like absurdism and nihilism will stoke the interests of layman philosophers. "I don't really expect anyone to have some sort of [philosophical] revelation. If somebody can just read it and enjoy it, even if you don't agree with what I'm talking about or saying, or you think whatever we're saying is ridiculous, you still get some enjoyment out of it. Enjoyment out of something meaningless—that's absurd philosophy right there."

For Moore, the experience has been edifying on both a personal and academic level. "At the very least," he remarked, "I think I've become much more perceptive to what's going on. Even just sitting around not even thinking about the book maybe, I

just have these experiences now where I'm paying attention to something that's going on over there and I think that's something I could write about. Beyond that, I think my writing has improved." While the work is currently unpublished, The Bates Student has published an excerpt wherein Moore reflects on death, existence, and squirrels on the drive from Portland to Lewiston.

For the last few months I have been wonderfully content, and would have remained so, had it not been for the events of the last few days. Allow me to provide a bit of helpful context. This is being written a few days after I moved back to college. In the spirit of efficiency, highway travel is required. While on the highway, I noticed a number of dead squirrels on the side of the road. This was not wholly out of the ordinary. We continued on the highway. I began to notice many more dead squirrels. After the fifth squirrel, I sat up. I began to pay greater attention. At dead squirrel number 7, my vision began to blur, warping in and out of focus, and my hearing began to sound muffled. At dead squirrel number 10, the color of the leaves on the roadside trees began to change from green to orange and yellow, and then back to green again. At dead squirrel number 12, every radio station not overcome with static was playing "Jungle Boogie", by the terrifically popular funk band Kool & The Gang, and nothing else. By squirrel 15, my hearing was gone completely, and I began to experience extraordinarily vivid hallucinations. At squirrel 17, I began to sweat. At squirrel 18, I lost consciousness. When I again entered this reality, I had arrived at my destination. I felt somewhat normal again, and brushed off my unconsciousness by saying I had taken a nap. I continued the day as normal. I did not think about the squirrels anymore. I do not want to think about the squirrels. I am sure I will have another encounter with one sooner than would be favorable. Perhaps not. I still wonder why they challenge the cars. Would you, if you were a squirrel? Would

Moore '21 on Writing BCSG's Campaign Heats Up

Georgina Scoville, Staff Writer

This year's election of the Bates College President and Vice President is even more important than usual: in the aftermath of the Student Government temporarily stepping down to protest their lack of purpose, the new leaders will have an exciting opportunity to lead the transition into increased autonomy. Need another reason to be an active voter in this year's election? This year marks a period of fresh eyes, as twotime President Walter Washington '19 will be graduating.

There are five candidates for President running in this election, all with extremely different backgrounds and qualifications. All five were present at a Presidential Debate on Wednesday, Mar. 13, where they answered questions posed by Walter Washington and students in the audience.

Julia Panepinto '20 lost the election for a Government Representative as a first-year, but took that opportunity to become Vice President of Chase Hall Programming Board, where she helped to organise Snowball and other dances. Since then, she has been a representative for two years, and plans to use this ex-

perience in office as President. A key issue for Panepinto is advocating for students, saying, "As President, I think it's important that we're here for the students. Instead of forcing students to go to our meetings, we go to them. We ask them what they want, and we work on their schedules." In particular, Panepinto plans to implement course reviews, give students access to all dorms at all times, work on making more social spaces accessible, and prioritise Government transparen-

Ryan Lizanecz '20 brings similar experience to the table. He and his Vice Presidential candidate, Lebanos Mengistu '21, have a combined five years of experience in Student Government. During his time as class representative, Lizanecz implemented meal plans over break, made strides toward addressing the parking crisis, and helped to create the Bates Security Council. His action plan for the future includes improving security relations, parking reform, con munity involvement, creating a new student union, enhancing school spirit, and, like Panepinto, focusing on ensuring transparency of the Administration and Student Government.

Justin Levine '20 ran last year for President and lost, showing his resilience as a candidate. Although he personally runs track and is a member of Club Volleyball, he tries to go to most athletic events, and is passionate about supporting his fellow Batesies. He describes his spirit and friendliness as being characteristic of his campaign, noting, "Personally, what I bring to the table is being a friend. I have a lot to provide in terms of just being a good friend to people."

In terms of action, Levine is focusing on mental health through strategies such as advocating for more CAPS faculty; rebuilding relationships with President Spencer and between athletes; promoting school spirit; and other improvements such as adding an additional eatery to campus and requesting small printers scattered around campus.

Leo Crossman '20, who is running for Vice President and represented Presidential candidate Michael Williams '20 —who is currently abroad at the debate, confesses that he has spent the past couple years being an average student. This gives him key insight into the current flaws of Student Government, as he is able to see the reasons why the Government has been unable

to access students like him in the past. Crossman and Williams plan to prioritise including increased avenues for students to be able to interact with their student representatives, continuing to work to improve security-student relations, and advocating for the increased power of students in the administration

Christian Beal '21 has a unique background, as he transferred to Bates as a sophomore. This experience gives him the ability to look at the Bates Student Government with fresh eyes, and to give insights and comparisons from his past in another environment. As this is his first year at Bates, he also has a unique investment in the first-year class, as he can freshly understand what it is like to be a new student at Bates. Beal is focusing on government transparency through avenues such as weekly social media addresses, a more strategic disbursement of printers, better social spaces, and increased funding to club and varsity sports.

All five candidates bring very different backgrounds to the table; two are current BCSG representatives, one is a self-professed "average student," another a transfer, and the last a secondtime candidate. Polls are open between Monday, Mar. 18, and Wednesday, Mar. 20 on Garnet Gateway—make sure to vote!



Sustainable Beanie

Dear Sustainable Beanie,

I am reading so much about carbon neutrality and how Bates is "excited to be almost carbon neutral!", and in thinking about this I can deduce what it is but I am wondering if you can speak to it more. What exactly is carbon neutrality and why do we want it?

— Carbon Confused

Dear Carbon Confused,

Thank you for asking this important question! There has been a lot of talk about carbon neutrality and it is important to know exactly what it means particularly as this goal is one for the whole school to be invested one, and can only come to fruition if we all take part in it. So thank you for asking!

Reaching carbon neutrality means reducing all of our emissions that are released as a result of us living on this campus—from the use of lights in our classrooms, to the planes that fly us home and to our study abroad destinations. To be officially carbon neutral we have to reduce all of these emissions to zero, that is, release no carbon into the atmosphere and thus make no contribution to global climate change.

Of course this is important work because we want to reduce our impact as much as we can, and not play a role in this global climate issue. It is also important to hold ourselves accountable to a standard that aligns with our values as a college. We value human rights, justice, and equity, and if we are to value this we must live accordingly. Climate change is an issue that jeopardizes these issues in Maine, the United States, and across the globe. Because it is such a privilege to

go to a school like Bates with wonderful amenities and high standards of living, we also have a responsibility to consider what responsibility this privilege gives us. Carbon neutrality allows us to take action in an important way that supports new alternative fuel technologies, and does not allow our students to contribute to this global problem to climate change.

The great news is that Bates is 95% there! We are almost entirely carbon neutral thanks to the continued support of all members of the Bates community! We want to reach our goal of being entirely carbon neutral by 2020 to hold our college to the highest standards and act in a way that accurately reflects the students' values that make it up.

Thank you again for asking this important question and all that you do to support carbon neutrality!



Admissions Discusses Incoming Class of 2023

Margy Schueler, Staff Writer

The Bates Student sat down with the Dean of Admission and Financial Aid, Leigh Weisenburger, on Friday, Mar. 15, to discuss the incoming Bates class of 2023. The next morning, regular decision candidates were notified with their admission decisions. The 2023 applicant pool is another record-breaking pool, and Weisenburger was happy to share her thoughts with The Bates Student at the culmination of the applicant decision process.

The Bates Student (BS): What excites you most about the class of 2023 applicant pool?

Leigh Weisenburger (LW): It's thrilling that it is a record-breaking pool and the fact that we have 8,222 applicants to the college is exceptional. That is about a 7 percent increase over last year. Last year, we had a meteoric rise of about 45 percent. So, just the continued growth on growth and strength on strength. But it's not just about the numbers, and I mean that sincerely, it's really about the diversity and talent we see in the pool. We saw that it wasn't just sheer numbers, it was growth across almost every cohort with students who are really interested in and excited about Bates.

BS: Why do you suppose the number of applicants has risen?

LW: I think there are three or four main factors that contributed not just to last year's rise of 45% but have had a continued impact in what was this year's growth. I say this meaningfully, and don't take this lightly, but we have an exceptional team in the office of admissions. Applicants see that, and feel as though they have someone in our office who they can connect [to]. So, staff first and foremost. Second, is with the staff we have increased our travel significantly, and also strategically changed up our travel. We are literally hitting almost every corner of the U.S. as well [as international travel]. Three, would be our close work with communications and strategic outreach and that we are really inventive and having fun when we think about communicating not just with high school students, but communicating to their parents and families and communicating to high school counselors, and using all channels and media to do so. Lastly, the fact that we removed our supplemental essay likely was a factor in the increase in the applicant pool last year and likely a factor this year, just wanting to remove barriers to the admission process.

BS: What qualities in prospective students were you looking for to fill this year's class?

LW: I wouldn't say this is unique to this year's class, but with all classes and selecting applicants and admitting them to the college, first and foremost is obviously their academic strength and potential and their intellectual curiosity. So, our number one job always is to provide faculty talented and curious students. That doesn't mean every student comes to Bates as a finished academic product: they are here to grow and learn. Beyond that, we are looking for students who are engaged and engaging community members. The ways in which they will contribute to the community is different, obviously, per student, but we are always seeking students who see themselves at Bates, and we get a sense that they can really be engaged in thoughtful meaningful ways.

BS: The class of 2022 was large, so will that size impact the class of 2023 in acceptance rate or otherwise?

LW: It has not impacted the size, at least as far as what our target goal is. We had some thoughtful conversations across the institution to think about [changing] the class size in response to the large class of 2022 and decided not to react to the moment, but rather stay the course. [For] the college, that steadiness of 500 students each year is important in a number of ways as we try to plan and prepare for students in the classroom, and dorms, and whatnot,

hence the pulling back a little to 495, but not wanting to throttle back beyond that.

BS: You may not be able to answer this but, were there any applications that stood out to you as particularly special or unique?

LW: I really can't speak about the particulars of particular candidates, just as a matter of practice and policy. I will say though broadly, it's really a privilege to read student's applications and get to know them individually. I think [for] those of us who work in admission, it's what keeps us in it. And it's wild... it's wild that you think about these students on paper and you don't really know them, and then they come alive. It's very exciting. Some students you read their applications and you don't see them until their junior year, and you're like "I remember your essay." Especially where it's this incredible year for Bates, and we are very selective, and [with] the time we spend combing through applications you get to know the applicants incredibly well.

BS: What has been the most surprising aspect of this year's admission process?

LW: I guess I would say, maybe not surprising but affirming, it's just how well the students in our applicant pool self-select. I've been in admissions for almost 15 years at Bates and to see that as our applicant pool has grown, and diversified, and grown more global, it's as if the applicants are almost more self-selecting than ever before. They know that they want to be at Bates and they know that they should be at Bates; that that has not waned as the applicant pool has grown. That is what makes our work fascinating yet challenging.



"Commitment, Cultivation and Curation:" Prof. Imani Perry on Digital Activism

Kerry Manuel, Staff Writer

The Bates College Office of Equity and Diversity welcomed Professor Imani Perry to the Olin Arts Center at 7:30pm on Mar. 7, 2019. Perry, the Hughes-Rogers Professor of African American Studies and faculty associate in the Program in Law and Public Affairs and Gender and Sexuality Studies at Princeton University, was chosen as the OED's 2019 social justice speaker.

Titled, "Nice for What?' The

Possibilities and Pitfalls of Digital Activism," Perry's talk was centered around the power of technology in digital communities for initiating social change. Perry began, saying "[we] now have the opportunity to network with people doing similar social activism work. A great deal of opportunity develops out of that." Perry expanded on this opportunity, saying digital platforms, such as social media, "facilitate the building of

organizations, ultimately having the ability to shift the discourse nation-wide."

Yet Perry cautioned the audience of the detrimental effects of digital activism that she has witnessed. Speaking on the act of police brutality, she said, "When death started to be recorded, we watched [police brutality against black boys], forgetting that we are being subject to entertainment that is being aired

as a way for news networks to gain coverage, and make money." Perry said this coverage evoked memories of lynching—displaying death, in some respect, for control and profit.

As viewers, Perry is afraid we are becoming desensitized to these images and the messages we are receiving. She said digital activism is only as successful as the understanding of its intention. What you want people to pick up as the message is not always what ends up being picked up. She concluded her talk asking whether we can shift culture, what is necessary, and if we should be patient. She explained if we want social activism to be effective, we need to "commit not to claims of innocence or virtues, but to our own transformations." She said it is imperative to be open and eventually comfortable to changes in transformations, welcoming "our own transformative possibilities, and anticipating the discomfort of growing.'

Quoting Bob Marley, Perry said: "someone will have to pay for the innocent blood shed every day."

During the question and answer period after Perry's talk, one audience member asked: "How can we shut down, or change destructive conversations? He further said, "For example, I don't think we should talk about Trump tweeting all the time, I think it is creating rhetoric that is detrimental. So how do we combat that conversation with another conversation?"

Perry answered: "We need to not be passive recipients of informa-

tion we receive." Perry acknowledged the constant presence of information unwittingly being forced on us all the time. She said: "on one hand, there is use in the presence of information, but on the other we need to learn how to curate this information and we can do that through community." Perry continued to reveal how it surprised her that when she became intentional with what she was listening to, watching, and engaging in, she felt more in control, saying "we need to talk about what we want to listen to, what we want to read, what we want to look at-commitment, cultivation and curation is especially challenging but also essential.'

Perry was poised, spoke eloquently, and every word she used was deliberate and purposeful. However, a few members of the audience were hoping she would expand more about the act of actually creating substantive social change through digital platforms. They were impressed by her accomplishments and recognized her unquestionable intelligence, but thought she fell short in her advice of digital activism.

When asked about her thoughts, sophomore Amelia Keleher '21 said, "Perry spoke very eloquently, but said very little that could be considered concrete. It was a reminder that while academia is an important space to challenge ourselves to be critical, it is not necessarily the source of activism."





Kyle Larry, Assistant Editor

Nicholas Morgoshia, Assistant Editor

Our Lick-It CONTINUED FROM PAGE 1

Lick-It is arguably the biggest event of the year that puts our identities up front and center. The night before Gala, Bates' illustrious student-faculty prom, the college at-large congregates within a smaller venue for an explicitly sexual and wild dance experience. It's fair to say that Lick-It is second only to the 80s Dance in terms of infamy for raunchiness. The night is awash with costumes, lingerie, toys, and half-naked twenty-somethings in general. But rarely amidst this sexually explorative environment do I see drag, leather, grunge, or rainbows. Rarely do I see my fellow queers. More and more I find that our community is being erased from this event, and that queer students are just another group of attendees rather than the protagonists of the evening.

Lick-It has been appropriated and overtaken by heterosexual, cisgender Batesies (to say nothing of the realities of race and nationality at the event). Much of this partying excess is rooted in the caricaturization of queer expression and the harmful notion that affirming a sexual/gender identity means being excessively carnal. Since my first year at the dance, I can remember seeing queer couples and groups isolated in niches of the dance floor in Benjamin Mays. I have seen so many pregamers and party goers simply use this dance as another opportunity to get smashed rather actually acknowledge the LGBT+ community at this school. People whom I have personally heard yell f****t in their dorms and shamelessly mock transgender folx show up to this festivity jumping in

This dance is a staple Bates event, but it's become divorced from its original mission. Queer sexualities, genders, and cultures have been

drowned out at this dance, much like on the rest of campus, by an overwhelmingly hetero and cisnormative environment. It's no longer the "queer party" at Bates, but rather a party that happens to be put on by the queer identity group, Outfront.

In a way, this may have been bound to happen; loud music and heavy drinking are, admittedly, not exactly conducive to thoughtful dialogue on exchanges of culture and identity. Perhaps Outfront should make such events more private and small-scale. And yes, while sexpositive events are always worth promoting, every dance at Bates is sex-positive for straight people. The LGBT+ community does not have equality of representation and access to spaces.

Do not get me wrong: Lick-It is fun. Really fun. I love the pregames, the music, and the opportunities for me and my friends to express ourselves vivaciously. But it simply is not the queer-focused event it was intended to be. The solutions to this problem are simple and have long been in the works. We need more campus-wide attendance activities and Chase Hall programs that invite all students to come, but which center around the queer experience at Bates.

What I want, ultimately, is not to call-out cis-het Bates students, but rather ask them to reconsider Lick-It. Reconsider your conduct at the party (like for the love of Miss Vanjie respect consent). Reconsider how you choose at act in queer spaces. Reconsider your preconceived notions of what being queer can mean. But most of all, reconsider how little room us LGBT+ students at Bates have to act and dance as ourselves. We need our Lick-It back.

Mental Health:

The Persistence of a Major Problem

Miles Nabritt, Staff Writer

I have many friends on this campus who talk about how March is the hardest month at Bates, and rightly so. Coming back from February recess, it is a non-stop effort to get to short term and the warmth of April. March is a month of long nights in the library, late hours at practice, and spending much more time dealing with the general pressure of college. It has been hard to experience but it is even harder to talk about. For many people, mental health is a problem that takes a lot of courage and inner strength to talk about. It is a nuanced and complicated issue that requires those who are affected time and space to deal with personal affairs. For me, anxiety and pressure come at a sacrifice of many things and have resulted in acute emotional trauma. For many others who suffer from mental health problems, I cannot even imagine the pain that you are going through right now. But I truly believe that there is a light at the end of the tunnel.

There are so many misconceptions about mental health. The amount of times I have heard people say, "Suck it up" or "Get over it" is appalling to me. Mental health on college campuses,

especially Bates, is an issue that needs to be taken more seriously and have more support. According to Mental Health America, there are over 200 classified forms of mental illness, the forms of which range from social withdrawal to persistent nightmares. The range of mental health disorders are startling, and they cannot help but shine a light on the issue of the lack of attention we pay to people's emotional traumas. Especially when it comes to college students, studies show that young adults continuously suffer from mental health issues.

"Nobody said college was going to be easy" is an old saying that speaks volumes as to just how an intense academic environment can impact a student's mind. According to the Mental Health Guide for College Students, approximately 80% of college students claim that they suffer from some type of stress or anxiety. Additionally, 13% of students have claimed that they experience some sort of depression and/or have been diagnosed with a mental health condition. Statistics, however, cannot be substitutes to people's experiences dealing with anxiety and depression. These illnesses can be neither unilaterally

defined nor categorized in a study; these are emotional realities.

As someone who suffers from stress and anxiety, I am proud to say that I am comfortable talking with others about my emotions. It is important that Bates students, faculty, and staff work together, as a community, to support those who are suffering from mental health conditions. While we are fortunate to have on-campus resources like CAPS to help those with mental health concerns, it is still not enough to provide a longlasting impact. Bates, along with all colleges in the United States, need to do better when addressing mental illness. Too many young adults suffer from anxiety and depression on a daily basis and do not have the people or the resources to support themselves. Good mental health is not just something that spontaneously occurs. It is a process that gradually happens over a period of time, and it is a process that we as a community must address more seriously if we going to help those in

WE'RE NOW ON INSTAGRAM!

@thebatesstudent

We're Not Invinsible: Living with STDs

Anonymous

As Bates continues on after Sex Week, it's important to be aware of how you're conducting yourself sexually. This is a topic that carries such a heavy stigmatism that I've chosen to write this article anonymously. If that in and of itself doesn't already touch upon how detrimental these diseases can be, perhaps the content of this article will. We are not invincible. We may go through our lives unwittingly thinking we are, but we aren't. Our bodies are susceptible to any and all diseases, and yet we still go on thinking: "It won't be me. It can't be me." But it can.

After getting my first Pap smear at the gynecologist this year, I found out that I have high-risk HPV (human papillomavirus), a common STD. I was distraught and scared. I didn't know what to do. I had no symptoms at all. It wasn't something on my radar; I thought it would never happen to me until it did. HPV can be contracted by unprotected oral, vaginal, or anal sex, and there are two types: high-

risk and low-risk. It's important to know both men and women can get HPV. However, there are no current tests for men. High-risk types are detected by Pap smears and cause abnormal cell changes that may lead to cancer. Low-risk types do not lead to cancer but can cause genital warts.

Because HPV is a virus, your body can fight it and it usually does so within a few months to a few years. If you've been vaccinated, you have a better chance of fighting it off faster. It's also said to clear quicker in men than women, although many men do not know that they have it unless they show physical symptoms.

I haven't been the most careful in the past; I've had unprotected sex with people not thinking anything of it. It's impossible to know who I got HPV from because the virus can live dormant in your body for months. I had asked my partners if they were tested, but none of them could've been tested for HPV. Everyone should get tested, especially if you've had unprotected oral, vaginal, or anal sex. In the case of HPV and so many other STDs,

even if you've had only one partner, if that partner has been with other people there's a possibility you could have something.

When I found out I had HPV, I felt very alone. It was hard to tell my current partner and it was even harder to come to terms with the fact that I'd been very naive and irresponsible in the past. I now know that I am not alone nor invincible, but that I need to be more careful and always use protection.

You always hear people say: "Use condoms!" and "Don't get pregnant!", but condoms are never stressed as defenses against STDs in the same way. And as a person with a highly effective form of birth control, I thought condoms were a precaution I could skip every once in a while because I wouldn't be pregnant.

I remember feeling uneasy one morning, thinking something was wrong, and then I felt a bump. Naturally, I panicked. But then I assured myself it was razor burn, anything but what it could be: a genital wart. I chose to ignore it because what were the chances? Pretty high, believe it or not.

According to the American Sexual Health Association, roughly 80 percent of sexually active people contract HPV at some point in their lives. That's well over half of the sexually active population. And they may be transmitting HPV to any of their sexual partners, knowingly or not.

Everyone cannot be in the 20 percent. Not only is that mathematically impossible, but it's also a hard truth that no one wants to accept. And personally, I got lucky. My strain of HPV caused no worry for my OB/GYN. She said that it will resolve itself and likely not manifest again, but I have to live with the constant question of, "what if could it?"

It's weird to think you could be putting yourself in danger every time you have sex with someone. It's also not something people tell you. Instead, sex is coveted and kept private. That is totally okay that's your prerogative. However, it cannot be anyone's prerogative to keep the facts of STDs in the dark.

These diseases should not be ignored due to petty stigmas, due to the fear of being shamed. Because

guess what? If 80 percent of people are affected by HPV, chances are the people that you fear will judge you probably have it too.

I've had both friends and family come forward and offer their support because they've had experiences with STDs too. These are people I look up to and who inspire me every day. They made me feel heard. My own mother offered me this advice: "It happens! It's embarrassing but there's something called 'the heat of the moment." And unfortunately, that's the truth. We can get carried away. But we must encourage each other to be more aware.

The more we choose to ignore the facts, the more rampant these diseases will run amok. We don't want a pandemic to keep on our hands, and I'm afraid we already have one.

You can get checked under your insurance at the health center. Schedule an appointment by calling 207-786-6199 or email healthservices@bates.edu.



Surviving March Madness

Kyle Larry, Assistant Forum Editor

If you were to go around and ask a dozen of random Bates student what is the hardest month in the school year, I guarantee you that most of them would say March. Between the weather rapidly changing from a snowy nightmare to a sunny paradise, and professors handing out assignments with a very short timelines for completion, many students find themselves exhausted by the end of the month. I can speak from personal experience. As a sophomore and a double major in psychology and politics, I'm currently enrolled in courses required for my majors. However, each course requires a large amount of time and energy, and I have been stretching myself pretty thin. When you add how the courses never stop presenting new material nor give you the chance to digest old material because there is no break to indicate a time for professors to review, it can be overwhelming. Not to mention how half of the time it's always raining or snowing, which can invite negative thoughts or emotions into a person's consciousness. Overall, for me, March can make me question if college is really worth it. Is it worth my sanity?

But that's the thing! You have to stop yourself from reaching this point and bring yourself out of this self-loafing state. One of the things I do to remind myself about why I chose to go to college is going to the gym and working out. Now, I know many might say that they

don't have time to go to the gym. But hear me out. You can always find time to do something you love, or carve out time if it means you're straightening out your mind. The gym is a great way to blow off all of that pent up anger one might have, or it could distract you from work by forcing you to focus on a different aspect of your life: your health. You can finally work on that summer body you've been talking about all winter.

What if the gym isn't your thing though?

How about television? Television is another way to escape reality and fantasize about the beauty in life. And depending on the show, you start to appreciate coming to Bates College more. If you ever need some motivation, "Beyond Scared Straight" helps me remember why I read books and focus on school. It reminds me that I have a purpose and that I do matter to my friends and family. It reminds me that my successes also belong to the people that care about

All in all, you could take my tips as tools for self-care or possibly come up with your own strategies. The point is that you have to take care of yourself during rough times like this, otherwise you're going to exhaust yourself. The health of your mind, body, and soul is just as important, if not more important, than your GPA when trying to achieve success.

Bye, Bye Shane Bouchard!

Will Hibbetts, Staff Writer

CW: Racism

On Friday, Mar. 8 the Mayor of Lewiston, Shane Bouchard, resigned amid a scandal arising from racist text messages he sent to his mistress, as well as allegations of having a hand in leaking mayoral election opponent Ben Chin's emails to the Maine Examiner in 2017. In the text messages, Bouchard called elderly black people "antique farm equipment," referred to himself as "so sexist," and joked about going to a "clan meeting."

Though this behavior is unbecoming for any elected official, it should be of no surprise to the Bates community because of Bouchard's affronts against Bates students. During last year's mayoral debate, Bouchard attacked Bates students by saying that they, quote, "shouldn't be voting in our local elections. And if they do vote in our local elections, we actually need to uphold the legal requirements for them to register to vote, which they do not." During his term, Shane Bouchard sent a letter to new Lewiston voters (many of them Bates students) making it appear as if you needed a Maine driver's license and Maine vehicle

registration in order to vote. You do not. The Maine Secretary of State had to intervene to clear up any misconceptions caused by Bouchard's letter.

We can learn many lessons from Bouchard's tenure. One: racism is still alive and well. Those of us who do not experience it must realize that people who occupy public office can harbor deeply white supremacist sentiments. When put into action, these sentiments can endanger the livelihoods of people of color, with Shane Bouchard being one of those officials. Two: It is no coincidence that the mayor who threatened our enfranchisement is the same mayor who identified himself as a Klansman. We know that different social struggles are connected, so it makes sense that those who threaten one struggle will threaten others.

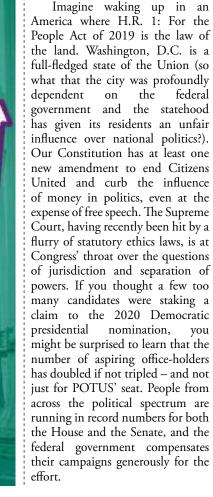
In addition, the legacy of Bouchard's troubled tenure gives us yet another important reminder that Bates students must be involved in the day-to-day politics of Lewiston. This doesn't mean that everybody has to join the Maine People's Alliance or read the Sun Journal religiously, but it does mean that links need to be built between

Bates students and the people of Lewiston. With such racist people in power, the Somali community, in particular, must be given attention. If students and regular workingclass people cannot establish strong political dialogues, we will only get more and more Shane Bouchards.

I am sure that many of us feel relief that such a contemptuous person is no longer in City Hall. But that which will define whether we are able to improve the links in the community and defeat xenophobia within our city will be our ability to change the way we approach politics. Voting for Ben Chin once every two years isn't enough. Working with the Harward Center isn't enough. Tutoring Lewiston's students won't be enough. Volunteering at the library isn't enough. At risk of sounding cliche, we must take on all sides and get organized. Our involvement in the community is political, and we cannot afford to ignore Lewiston's politics during our four years living in this city.

H.R.1: the Anti-Pluralist Manifesto

Nick Morgoshia, Assistant Forum Editor



Earlier in March, H.R.1 passed the Democrat-controlled House. While the Republican Senate Majority Leader McConnell pledged the bill is "not going anywhere in the Senate," Democrats are not remotely discouraged. As a minority party navigating America's highly polarized political landscape, the 226 co-sponsors of the bill had anticipated legislative gridlock all along. The hope, as Nancy Pelosi has made clear numerous times, is to eventually ram through individual parts of H.R.1. And, speaking of individual provisions, one, in particular, is likely to have a chilling effect on free speech and pluralism.

Proposed by our own Jared Golden (ME-2nd), the campaign reform introduces a matching donations program at a 6:1 ratio. That is, for every small donation dollar to presidential and congressional candidates, the federal government would match it six times over for up to \$200. Increased funding would translate into a younger and more socio-economically diverse field of contenders, the argument goes. I say it is a sweeping attack on pluralism.

Over the years, America has been able to ward off the many dangers inherent to direct democracy by allowing businesses, advocacy groups, labor unions, and other associations to play an active part in our policy-making process. Americans may want lower taxes or greater reproductive rights for women, but given the scarcity of information among the general public, it is often the issue expertise and public policy know-how of private groups that help translate citizens' desires into legislation. Our national discourse would be much poorer without such organizations as the National Rifle Association, Planned Parenthood, Sierra Club, and others. Introducing the matching donations program would severely decrease private group spending on elections - affording the federal government close to monopolistic power over defining policy issues at stake.

H.R.1 is much more than a stumbling block to the lobbying prowess of corporate giants. H.R.1 is the anti-pluralist manifesto that should be clearly identified, discussed, and discarded.



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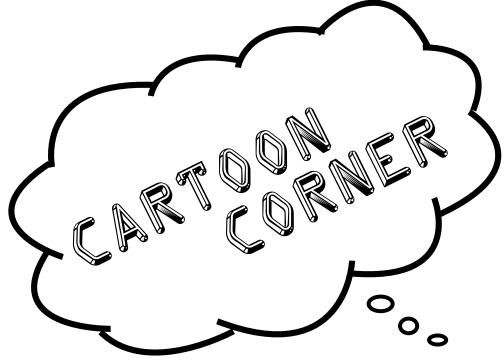
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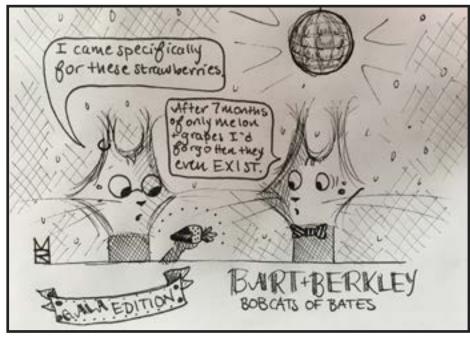
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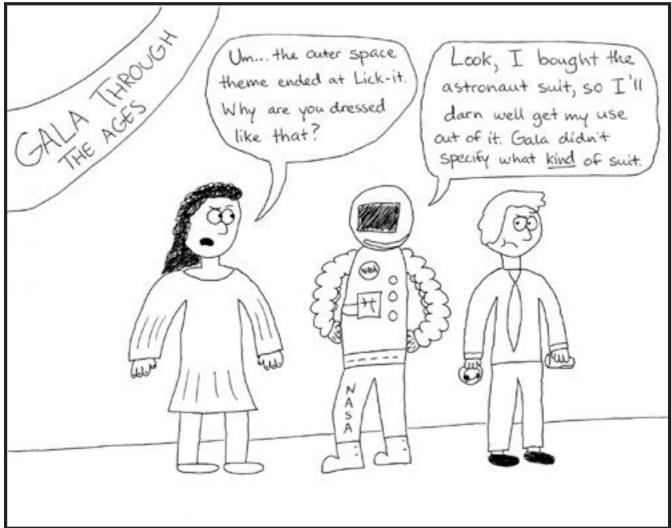




Mary Richardson, Staff Cartoonist

Submit your comics to be considered for our Comic Corner feature!

Email as JPEG image to srothman@bates.edu



Jack McLarnon, Staff Cartoonist

Question on the Quad

Vanessa Paolella, Managing Sports Editor

What Are You Looking Forward to Doing Most When the Weather Gets Warm?



Julia Jesurum '22

"I'm most excited to sit outside and do my homework. I want to use my hammock outside on some of the trees near Alumni Walk."



Sophie Matt '22 and Abigail Merk '22

"Because we're on the soccer team together, we're most excited to get back out on Garcelon to start playing and go to [Range Pond]."



Candance Johnson '22

"I'm excited to study outside, to read outside, to just be able to walk around and enjoy the warmth. I need to explore the campus in general because I feel like I go to the same places so new paths and new directions."



Arts & Deisure

Pippin Evarts, Assistant Arts Editor

Delicate Steve Triumphantly Returns

Tricia Crimmins, Managing Arts & Leisure Editor

After a fabulous performance at Bates during Short Term 2018, Delicate Steve came back to campus for a second show on Mar. 8, 2019 in the Benjamin Mays Center. This time, Delicate Steve's performance included tracks from his newly released album "Till I Burn Up," which came out on Mar. 1. Both his Short Term and most recent show at Bates were presented by WRBC.

Steve Marion is the man behind the moniker and the red guitar. Marion came into the public consciousness in 2011 after a few stellar performances in New York City and the release of his first album "Wondervisions." I first encountered Delicate Steve on an Urban Outfitters "Music Mondays" playlist released back in April of 2012. His song "Africa Talks To You," of 2012's "Positive Force" was featured alongside some old school Toro y Moi, Moonface, Suckers, and Ty Segall & Whitefence. I instantly gravitated toward the track; Marion's gripping guitar melody carries the brief song and guides the listener through what could be used as a backing track

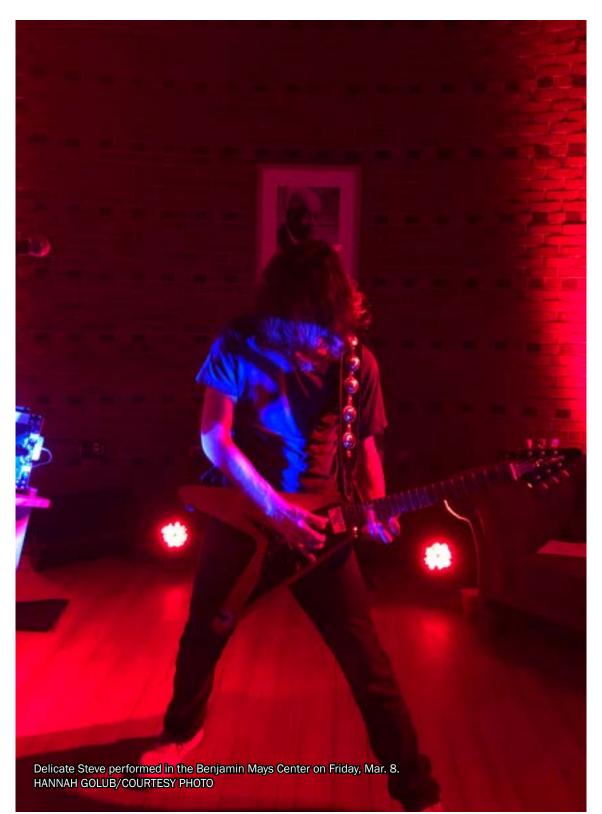
for a joyous movie montage.
Since "Wondervisions," Marion has released four albums, including a Christmas album ("The Christmas Album"). "Till I Burn Up" is a synthesis of Delicate Steve's sound throughout the years. It experiments with more urgent and industrial beats while simultaneously holding on to what Marion does best: haunting guitar melodies backed by flawless rhythms that leave listeners with an undeniable final resonance. There's a transiency and beauty to his tracks that certainly hasn't been lost on his newest album.

Standout tracks from Delicate Steve's most recent album include "Freedom," "Way Too Long," and its titular track, "Till I Burn Up." Delicate Steve commands in "Freedom", he liberates melodies only to immediately withhold them in the song's frequent pauses, leaving the listener forever wanting more. "Way Too Long" is lighter, mimicking the youth Marion exudes on "Wondervisions" combined with a newfound maturity. There's a depth to "Way Too Long" that departs from Marion's earlier works. I distinctly remember hearing "Till I Burn Up" in the Ben Mays Center for the first time on Friday night, which is a testament to its greatness. There's an angst and imperative nature to the song that's unforgettable.

On stage, Marion doesn't command much attention physically. During his performance on Friday night, he kept his head down, shaking his long (and, admittedly, luscious) brunette hair while his shadow was illuminated by multiple series of colored lights. His songs, on the other hand, had the audience transfixed. When listening to Delicate Steve, you can't help but sway. He's remarkably talented and precisely releases notes and chords into the dynamic atmosphere he creates during his performances.

Marion and his wicker-hatclad entourage created a genuinely amusing atmosphere in the Ben Mays center. As a compliment to Delicate Steve's music, audience members engaged in a dance contest in which everyone received a number. Those who accompanied Marion on his visit judged dancers and called out the numbers of finalists to compete for merchandise and Delicate Steve albums and CD's

I would urge all who won Delicate Steve music on Friday and music lovers alike to check out "Till I Burn Up," and Marion's earlier work as well, for that matter. Delicate Steve is a unicorn in the alternative genre and certainly worth a listen.



College Choir Explores Love and Fortune in "Carmina Burana"

Olivia Dimond. Contributing Writer

This past weekend, I had the pleasure of attending the Bates College Choir's spring concert. The choir performed Carl Orff's "Carmina Burana," composed in 1935 and 1936. The piece is adapted from a collection of medieval poems from the 11th-13th centuries and retains the original

Latin and Middle German text. You have probably heard the opening movement, "O Fortuna," in "Cheaper by the Dozen," a "Paul Blart: Mall Cop" trailer, "American Horror Story: Apocalypse," various talk shows and ads, and more—and if you don't believe me, there's a whole Wikipedia page on it.

The piece is divided into five sections for a total of twenty-five movements. There is not a coherent story arc per se, but rather a series of ruminations on fortune, springtime, dead swans, drinking, gambling, and relationships. The lyrics represent classic medieval themes but still find relevance in



today's world. The music is inspired by the late Renaissance and early Baroque melodic styles. The choir was joined by Bates Music faculty Bridget Convey and Chiharu Naruse, on the piano, and Joëlle Morris, who sang with the choir. Sarah Drewal played the timpani drum and Mark Fredericks, John Maillet, William Manning, and William Wohler played additional

percussion.

Much of the piece is sung by the full choir in four-part harmony, with several instrumental sections dispersed throughout. The piece featured ten soloists: Christian Bradna '20, Henry Buckley '19, Kathryn Cleary '19, Xavier Hayden '19, Andrew Mikula '19, Senyo Ohene '20, Auguste Perl '20, Noah Pott '22, Michael Somkuti '19, and Muskan Verma '21.

I really enjoyed the concert and the choir's rendition of "Carmina Burana." The choir sounded amazing, balanced, and had very strong dynamics. Since the text of the movements are not in English, it was difficult to make out in some places. Having lyric translations included in the program was certainly helpful—and rather amusing. For example, Bradna's solo was sung from the point of view of the roasted swan on the tavern table, about to be eaten. The rath-

er melodramatic music only helps create the comedic effect.

From there, the choir transition into the fourth section, the courtly love series. Courtly love was a whole medieval subgenre aimed at the nobility. It featured often adulterous affairs between highborn ladies and queens with knights. In every case, the knight was in love, which at times was unrequited, with the woman more than anyone else in a form of almost god-like devotion. The tragic tale of Lancelot and Guinevere stems from this time, as does Tristan and Isolde. The fourth section plays up the courtly love aspect: the music is perhaps some of the lightest of the whole piece, and the lyrics focus on an implied courtly gentleman seeking to woo an implied courtly woman.

The concert was somewhat bittersweet as it was director John Corrie's final performance with the choir before he retires at the end of the year. His final performance with the choir was a resounding success. The piece worked quite nicely for the current College Choir performers and was a pleasure to attend. It will be sad to see Corrie go, but I look forward to many more enjoyable College Choir performances in the future.



Skin Care Routine of the Week: Lotions and Potions to Healthy Skin

Annie Blakslee, Contributing Writer



Growing up, my mom loved to pamper my sisters and me with a facewash and some good-smelling lotion before we went to bed. Eventually, as ridiculous as this sounds, I grew up and got my very own good-smelling facewash. My dad calls the bottles of products my mom and I use "lotions and potions" as they quickly fill countertops in our bathrooms. I grew up valuing the time of day where you take special care and show a little extra kindness for the skin on your body. Especially growing up in the Rocky Mountains where days in the sun are long and intense, this kind routine full of lotions and potions is important!

My skin care routine has since evolved after countless adventures through stores filled with different products. But it has never has strayed from finding formulas that keep my skin happy and healthy, my complexion clear, and my confidence high. I have recently been using products from Tata Harper which is a company based in

Vermont that creates formulas free from GMOs, toxins, fillers, artificial colors, artificial fragrances, and synthetic chemicals. I love all of the products I have used from the brand. Its fragrance is both relaxing and revitalizing and the products make my skin feel alive and healthy.

Every time I wash my face, I start out by rinsing with water, sometimes warm, sometimes cold; and then dry it just enough so it stays moist. I do not usually wear a lot of make-up, so I never use a solution dedicated to only removing makeup. If I am wearing makeup I sometimes ignore the residue left behind, but often just use a q-tip to get the mascara around my eyes.

After I do the initial rinse, I use a regenerating cleanser from Tata Harper. This "potion" is an exfoliator but is gentle enough on my skin to be able to use it in the morning and in the evening. I put it on my dry skin and leave it for a few minutes. I dry my face after rinsing and then spray it with "Hydrating Floral Essence" from Tata Harper. Hydrating with this formula before moisturizing allows moisturizers to be soaked up

After the toner has dried I put on a Reparative Moisturizer and a Retinoic Nutrient face oil. I usually only do these two steps in the evening because both give my face a chance to heal while I sleep. In the morning I start with the same steps, but instead of the moisturizer and face oil, I put on a BB crème from the Body Shop that acts as a moisturizer and a refreshing start to the day. During the summer, I put sunscreen on daily as an additional step to the process.

I also use a lavender oil from Dr. Hauschka, which is a similar brand to Tata Harper. I often put the oil on my neck and chest before I go to bed, after I have done all of the other steps to my routine. I recognize that our skin deserves all the best, as it endures stress, sun, and all of the other parts of the day. This routine has become some of the most relaxing and revitalizing parts of my day. The "lotions and potions" that fill the bathroom counters are all put to good use.

I am 'Proud to Present' my Honest Review

Stine Carroll, Contributing Writer

"We are Proud to Present A Presentation ... about the Herero of Namibia formerly known as Southwest Africa from the German Sudwest Afrika between the years 1884-1915" written in 2012 by Jackie Sibblies Drury, is a difficult play to put on and perform. Its presentational, metatheatrical narrative accompanied by an ensemble dynamic creates a complex theatrical task for any director. The play itself is engaging, and provokes thought which might make audience members and readers feel uncomfortable. Under the direction of Timothy Dugan, Bates College Theater Department's production does not shy away from the uncomfortable: it confronts the discomfort of the show and brings the audience along.

The objectives of the play itself are to ask questions and to start a conversation. The meta-play structure aims to inform the audience about the presence and history of the Herero Tribe of Namibia from 1884-1914, a period when the region in which they lived experienced changes under German colonial rule. The play showcases themes of ownership, colonization, leadership, hardships faced by the Herrero, and their genocide.

The history of the Herero Tribe is presented by a group of actors in a devised theater group. In this way, the play's themes are paralleled by the leadership roles and power dynamic emerging in the group of actors and the adversities African Americans face today. Sibblies Drury's cast of actors have good intentions but humanly falter in their pursuit of the best presentation they can put together.

In addition, concepts of process and presentation are dichotomized in order to manifest the journey an idea takes to reach its full formation in "We Are Proud to Present..." This dichotimization is magnified by the awareness the actors have of process and presentation. Throughout the course of the play, "Process" becomes presentational, and "Presentation" becomes infused with the frustration of the process until they become one.

I thought some elements of the production were executed well: the commitment of the actors, the use of lighting (designed by Michael Reidy), props to distinguish process and presentation, and the cast and crew's ability to engage in conversation with the audience. Losseni Barry '22 brought out the truth, elicited all my sympathy, and rounded out the ensemble. Jack Willis '19 found moments of comedy yet remained present in sincerity and the action on stage. Michael Driscal's '19 performance was perhaps the highlight of the show. Driscal's "Black Man" solidified the relationships on stage and allowed the audience to be morally present because of his ability to fully manifest the action on stage as truth and reality, and not as stereotype.

The actors preparing on stage before the play began, and the directorial execution of the end of play did not sit well with me. With regard to the former directorial choice, the cast's informal presence on stage before the show suggested that the theater group was going to be more friendly and less invested in the presentation than they actually were because of their informal behavior. Although this created a welcoming atmosphere, I read it as inauthentic and somewhat cartoon-like (though this wasn't the fault of the actors themselves).

At the end of the play, Dugan chose not to include an import-

ant stage direction by Drury. The stage direction calls for the white actors to potentially laugh. When I asked Dugan why he excluded Drury's final direction, he said that he choose instead to give the actors "latitude to be in the moment' based on the feeling in the audience each night of the performance. I felt that Dugan's choice excluded the concept of whiteness as a propelling factor of anti-blackness in the play. In my view, laughter acknowledges the roles the white actors play as white actors portraying German colonizers.

Dugan wanted the audience to have agency as they watched the show. He explained that he worked to make the process scenes easy, loose, and natural, while working to make presentation scenes stylistic, robust, and aware of speciation. I thought this differentiation was done well. Dugan's research process included looking into devised theater, interviews with the playwright, and primary documents.

When speaking with Professor of Rhetoric and African American Studies Charles Nero about his thoughts and reactions to the play, he said that "whiteness as an identity only exists within the context of anti-blackness." Upon reflection, I believe this motif should have been acknowledged more during Dugge's production

during Dugan's production.

"WAPTP..." is a play which elicits many conflicting emotions in its viewers. It asks us to confront history, the present, and how we can move forward. We must ask ourselves questions: How do we move forward? How do we grapple with the past? Can we tell someone else's story and do it justice? Who takes accountability for privilege? It is necessary that we are uncomfortable in a space together in or-





Motivation with Maru



"I'd get it one piece at a time...and it wouldn't cost me a dime..." Oh hey! Didn't see ya there! I was just singing "One Piece at a Time" by Johnny Cash, a fantastic song. I recommend listening to it if you have never heard it! The song from '76 tells of a man who works on a carmanufacturing assembly line who steals tiny pieces of the cars by bringing them home in his lunch box so that after many years he can eventually build his own car using the bits and pieces he has collected. Pretty neat. Now, how does this long introduction relate to productivity, let alone the title of this piece? Lemme explain!

Sometimes when we get overwhelmed and stressed, we put things off like calling our doctor from home, sending Aunt Martha a thank you, or doing our laundry. We let these todos (let's think of them as dirty clothes) accumulate until our list of to-dos (which we can think

of it as a hamper) is overflowing and we can't deny the fact that we have to take care of beeswax, do a little adulting, get it over with, and DO IT.

But what if we didn't have to go through this? That sinking feeling of seeing all of those dirty clothes every time we came in our room always weighing on the back of our mind? Here's where the Johnny Cash song comes in, "One Piece at a Time." Let us strive to approach these backburner-to-dos with a positive, one-piece-at-a-time-mindset. If we conquer one application, one email, one assignment, our "hamper" of "dirty laundry" will not only (a), begin to shrink but (b), become less intimidating the more we work through it.

If we allow our "hamper" to pile up with more and more tasks, not only will it take longer to conquer, but it will also start to have a greater emotional toll on us. Knowing that we have "so much do to" will slow us down. But if we tackle it "One Piece at a Time," we can chip away the block slowly but surely to shorten our list of to-dos. Don't throw the towel in, go git on the laundry grind and clean out that hamper!!

Wish all of y'all a very happy week and a most glorious Gala experience. Let's embrace this spring weather!!

All of my love,

Maru

Hozier Fails to 'Take Us to Church" with New Album

Patrick Reilly, Contributing Writer

When Hozier released his "Nina Cried Power" EP, and later his single "Movement" last year, it had been almost five years since the Irish singer-songwriter captivated the world with "Take Me to Church." Upon listening to "Nina Cried Power," as a Hozier fan, I was immediately excited to see what he was going to create with his newest album. But like movie trailers for a mediocre summer blockbuster, his EPs contained the best parts of his newly-released sophomore album "Wasteland, Baby!"

That's not to say that the album is bad.

Hozier a fantastic and expressive vocalist; the single "Movement" is a clear example of the sheer ability and power the 28-vear-old singer is able to harness. But, not even Hozier's voice can lift

the at times monotonous sound of "Wasteland, Baby!"

The album was written within the last year. The singer-songwriter spent much of his hiatus in his homeland of Ireland to reconnect to his former self, or the Hozier that came before the singer's debut album, "Hozier." Since its release, major societal and environmental factors (both good and bad) have shaped our world. Hozier, although not in the public eye, was keenly paying attention and conceptualized his album as "about enjoying taking part in a cultural wasteland or a moral wasteland."

The album's title, "Wasteland, Baby!" comes from the dread he

felt watching the Doomsday Clock being moved to 2 minutes to "midnight," due to unchecked climate change and looming threats of nuclearization. Hozier tackles this concept with a grace rarely seen in modern artists; melancholic and intimate, his lyrics read like poetry. In the title track he softly croons, as if almost underwater, "All the fear and the fire of the end of the world happens each time a boy falls in love with a girl."

Political commentary and activism is nothing new for the Irish artist. His breakthrough hit (Sweet Music)," he pays homage to American jazz legends like Duke Ellington and John Coltrane.

While Hozier's writing is exemplary and there are a number of great songs on "Wasteland, Baby!" the album falters as a whole. The 14-song album feels bloated and the pacing is erratic. As he jumps from existential to optimistic songs, Hozier doesn't let a consistent mood develop over the album. It opens explosively with the first couple of songs but Hozier struggles, especially in the middle, to make the 57-minute runtime

> feel diverse. I found it hard to remember most of the songs in the middle and they all seemed to blend into each other.

Therein lies my key issue with this album: the concept and the production of the album is superior, but aside from the

singles, there's nothing "new" on the album. Songs like "To Noise Making (Sing)" and "Sunlight" are not unique, they're just rehashes of songs we've heard five years ago. Listeners hear a new sound being formulated on this album in some songs, but it feels that "Wasteland, Baby!" could have benefited from a heavy amount of editing and reworking.

Following Hozier's meteoric rise to fame, the artist has the world looking to him to create. I think in a way, his skyrocketing popularity threw him off. The album feels at times like he's singing about what he thinks people want to hear and

"It opens explosively with the first couple of songs, but Hozier struggles to make the 57-minute runtime feel diverse."

—Patrick Reilly '21

wasn't, as most people think, writ-

ten about a relationship: "Take

Me To Church" came from the

musician's frustration with the

hypocrisy of the Catholic Church

and its domination over the gov-

ernment and culture of Ireland.

"Nina Cried Power," a send up

song to civil right activists like

Nina Simone, Billie Holiday, and

Mavis Staples—who is featured on

the album—is probably the best

song on the album. "Wasteland,

Baby!" also exemplifies Hozier as a well-read and intellectual artist; in the grungy, drum-heavy "No Plan," he cites astrophysicist Katie Mack's philosophy of the death of the universe, and in "Almost not what he wants them to.

IST KOCKS 10

Newly-Founded Bates Geology Club, Earth to Bates, Plans First Trip

Pippin Evarts, Assistant Arts & Leisure Editor

This past week, I sat down with Emily Erard-Stone '20 and Christopher Sargent '20 to talk about the newly formed Geology Club. The club was originally started by the Bates Geology Department and was then accepted as an official Bates club in January. "We wanted to be an official club in order to get more funding and make it possible for us to go to more places and host more trips to get Bates students involved in the earth sciences," said Erard-Stone.

The club has yet to host any official trips, but is currently in the process of planning a trip to Short Ridge this April, which would start with chai and cookies before teaching students about the geology of the Maine coast. "We will start with a short presentation of the geology of the coast in addition to the species and plant life, to present that to people who don't typically do sciences or those who just don't know that much about geology. After that, we will go out into the field and show them the things that we talked about in the presentation" said Erard-Stone. We are really looking forward to showing Bates students the fun of geology," said Sargent.

"It is really hard to get geology

trips in the winter time, because [the club] is all outdoor focused. A lot of the different aspects of geology are covered up with snow this time of year, so we are looking forward to the trip in the spring' said Sargent.

In addition to the trip to Short Ridge in April, I asked the club leaders what they hoped for the future of the Geology Club and its involvement with the Bates community. "I think the Geology Club could be really big going forward because the Bates academic council just removed the L requirement for a lot of the humanities majors. We are hoping the club can help people at Bates get outside and have a general understanding of the outdoors" said Erard-Stone, "I became a geology major after taking just one class that got me outside and having fun. I have been interested in geology ever since." In addition to creating events for Bates students, the club also plans to go to local schools and teach students about the outdoors and outdoor education.

Being that this is a newly created club, Sargent and Erard-Stone hope that involvement from the Bates student body will come from word of mouth. "Once we get go-



ing and people start going on our trips and seeing how fun they are, word will spread and take off from there. Geology is a fun subject and I think the trips will speak for themselves" said Sargent.

Club members will have the opportunity to understand geology and other important, related concepts. "The science part of geology

is what you get in the class, but it is important to get people who aren't interested in the science aspect of things involved and to know the importance of geology. We hope to create better communication between the science of geology and the politics of geology. I think when there is better communication and understanding of that,

the politics have a better backing" said Erard-Stone.

"[The Geology Club] is big on focusing on the fun of geology, so everything fun that geology brings we hope to show that to the Bates community!" Sargent said. Check out the Bates Geology club today and be sure to keep an eye out for their April Trip offering!



Baseball Continues to Look Forward Despite Setbacks

William Kraus, Contributing Writer

Bates Baseball fell to a record of 3-5 on Thursday after the team lost to Endicott College (2-2) by a score of 8-0. The loss follows a three game win-streak that brought the Bobcats a win away from an early-season 0.500 winning percentage in their overall record.

Before losing to Endicott, the team competed and won against Salem State and Nichols College 11-0 and 5-4 respectively. Before this, the last time the team lost was at the RussMatt Central Florida Invitational on Feb.

However, it is still early in the season and Head Coach

Jon Martin says there are plenty of reasons to expect better results in the games to come. Just last week, Nolan Collins '20 was named the first NESCAC pitcher of the week for the 2019 season.

"Each year that I've been at Bates, the players have been on an upward trend to success," Martin, who is entering his third season as head coach, said. "We have great leadership from our captains and senior class, which I know will carry us where we intend to be."

Martin's goals remain the same, to "win one game at a time, and play postseason baseball."

"It's a good mix with talent, depth, and a great team dynamic." Martin said.

Martin acknowledged the losses of the 2018 senior class: "Our senior class from 2018 was a great group of young men that held our program in high regard... Our captains, Jake Shapiro '18 and Connor Russell '18, were a strong tandem to lead us back into the NES-CAC Playoffs. Also, Connor Divincenzo '18 provided a spark in our lineup with his grit and determination."

But now Shapiro, Russell, and Divincenzo have graduated. Nonetheless, his optimism and hopes for this

year's team remains high.

"I think we have some key players this year that will fill those roles," he said.

Martin named four firstyears in particular who he said he is excited to have on the team.

Two first-years, Andrew Chi '22 and Bryan Gotti '22 have already found their way into the lineup. Martin said that both first years "have been swinging the bat well and pretty much hit the ground running."

He also sees potential in first-year pitchers Jared Pantalony '22 and Ian Tolis '22. Overall, Martin believes that the first-year class will add to their depth and will continue to develop as the year progresses.

The Bates Head Coach speaks of high aspirations for this group of Bobcats and those going forward.

"Championship programs are consistently in the postseason." he said. "If we want to be considered in that group of college baseball programs, we need to compete on a big stage when the stakes are high."

The Bobcats will play their first home games against Plymouth State on Mar. 24 next Sunday looking to renew their lost winning-streak.

Men's Tennis Dominates in NESCAC Opener

Quinn Troy, Contributing Writer

No. 23 nationally ranked Bates College men's tennis team cruised to an emphatic 9-0 win over Connecticut College on Saturday's open to NESCAC competition. After a disappointing loss to Brandeis University earlier this month, the Bobcats bounced back to sweep the Camels.

The Bobcats began dismantling the Camels early in the afternoon, with Josh Quijano '19 and Jacob Kauppila '20 defeated Conn College's Guillermo Garcia and Will Cannon in their No. 1 doubles match.

In light of their loss at

Brandeis, this was an important step forward for the Bobcats.

"I hate losing so I never really forget my losses, but I do my best to learn from them and I think our loss against Brandeis helped me and Q work on some things leading up to the Conn match which we were able to use to our advantage," Kauppila said

The Bobcats' doubles supremacy continued, with Vidyut Yadav '20 and Nick Glover '20 securing an 8-4 win. Senior captain Duane Davis '19 and Ben Eckardt '19 teamed up to complete

the sweep of the Camels.

The Bobcats, hungry for more, continued their on-slaught as singles' play continued throughout the afternoon. Quijano extended his winning streak to three by easily dispatching Garcia in two sets. Eckardt also had a strong singles' showing with a victory over Ben Jenkins.

Other Bates' singles wins took a little longer, with Kauppila, Jacob Eisenberg '20, Alex Kennedy '21, and Alex Jacobs '22 all needing the extra set to get the job done. After falling behind to SangJin Song in the first set, Kauppila battled back to win

the next two sets to secure the victory.

"The first set against Sang was a really difficult one," Kauppila said. "Conn. College's courts and facility are a lot different than many of the places we play, so I was struggling, in the beginning to get adjusted and play the way I wanted to play"

"But after the first set and down a break in the second, I eventually told myself I was going to put every ball back in the court and make this guy beat me instead of beating myself," he continued. "This ended up working out as he eventually broke down and allowed me to come back with some momentum after I won the second set."

The Bobcats will head south to Fredericksburg, Virginia, looking to continue their domination against the University of Mary Washington and the University of Wisconsin-Whitewater. Kauppila is optimistic about the team's potential.

"Our team's goal is to be #1 in the NESCAC and #1 in the Nation," he said. "It would be a dream come true if our team could make it nationals this year, and I'm hoping some of us can make it individually too."

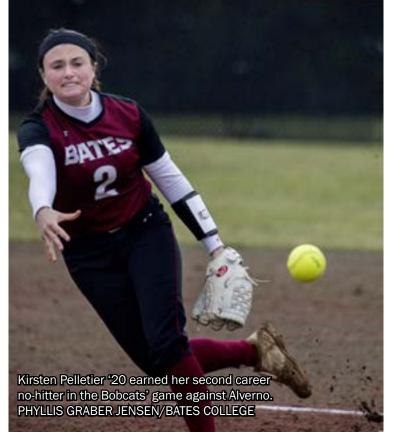
Back from Florida, Softball Prepares to Tackle the NESCAC

Cameron Carlson, Assistant Sports Editor

The Bobcat Softball team travelled to Florida just a few short weeks ago to kick off their season with 12 games against schools from all over the United States. They finished the trip with a 3-9 record, however there were some positives even though the results weren't exactly what they hoped for.

In the win over Alverno, junior pitcher Kirsten Pelletier '20 tossed her second career no-hitter, while her teammates pounded out 11 hits to get the win in the seven-inning game. This performance is impressive enough as it is, but it looks even more legitimate when you find out that Alverno came into the game undefeated, winners of their first five games of the season. The Bobcat squad may have had some early struggles, but a win like this shows what they are really capable of this

Leadoff hitter Caroline



Bass '21 paced the team with 14 hits through 12 games in just her second season at the collegiate level. Honestly, the Bates lineup has got some real potential this year, as evidenced by their numbers in Florida. Five of their top

seven hitters are hitting over .300, and this bodes very well especially given that they were playing some very tough competition this year on their spring trip.

This competition is something that could end up

really making a difference for them as we move later into the year. In fact, last year the softball team went on the very same trip to Florida but played a much different schedule and returned home sporting a 9-3 overall record. What made things different last year was that this 9-3 record did not end up translating into NESCAC play, and they finished with a 5-7 record in conference games.

Sure, everyone can agree that it's a lot of fun to go 9-3, but it's useless if they're not going to prepare the team for the games that really count. The Bobcats are not going to be able to compete with the high level of talent that exists in the NESCAC if they are not able to schedule some of the very best opponents they can at the start of the year.

It's fun to win, but there are ultimately only 12 games per year (conference games) that have any influence on the playoffs and those are the

ones that count.

There's no doubt that

Coach Barnes and co. have a sour taste in their mouths after struggling a bit against a tough schedule in Florida, but they still have a very long way to go this season. If playing a tougher, early-season schedule is going to bring them more success down the road, then that's what they should do.

Sports seasons are always a long haul. They often appear to be a roller coaster of emotions, providing a different attitude after every game. The Bobcats open up the NESCAC season with a visit to Tufts next weekend, where we may begin to find out exactly how much they've grown in Florida.

A 3-9 record is not ideal at this point in the season, but there's a lot left to play and they have plenty of time to figure things out. You know what they say – all's well that ends well.



Mueller, Woods Race to Finish at Ski NCAA's

Vanessa Paolella, Managing Sports Editor

This year, the women's ski teams sent two athletes to the NCAA Championships in Stowe, Vt. Kaelyn Woods '20 raced the 5K Individual Freestyle and the 15K Classic on Mar. 6 and 8; Griffin Mueller '21 competed in the Slalom on Mar. 9 and placed 28th. Altogether, the Bobcats took home 20th out of 24 scoring teams with 11 points.

Woods put Bates in 16th place after her performance in the 5K Individual Freestyle where she completed the course in 14:42.7, 1.1 seconds ahead of a skier from Bowdoin for 30th place out of 40 athletes. Her performance earned Bates one point

as the last scoring place in

In the second day, Woods raced a solid performance of 50:20.5 in the 15K Classic, placing 24th and earning seven points. She was the third skier from a majority Div. III school to finish the race, out competing a Middlebury skier to the line by four seconds.

"I think that the most challenging part of NCAA's is the competition and trying to juggle how to deal with the stress because of the competition," Woods said. "[The competition] is always changing...This makes it harder to set goals based on results and what not because it is hard to compare yourself to a completely different field than the previous year."

Mueller rounded out the Bobcats' performance at the NCAA's, earning 28th place in the Slalom and winning three points for Bates.

Also a second-year returnee, Mueller knew what she was getting into.

"This time around I was just as excited, but a little more equipped to deal with the excited and happy energy I had going into the week," she said.

In her first run, Mueller raced down the slopes in a time of 57.19, the 24th fastest first run. In the second run, she slowed down a touch, still managing a relatively even time of 58.80 as the 23rd fastest second run.

"This year NCAA's was really challenging because I was battling illness," Mueller said. "[However, it was fun] being there and being able to compete against the best in the country.

As one of two Div. I sports at Bates, skiers must carefully plan their winter semester schedules and balance athletic commitments worse than the average Div. III athlete. Both the Alpine and Nordic Ski teams must commute to practice daily and often travel for competitions on Fridays, placing huge time constraints on skiing Bobcats. Unlike some of their competitors who come



from classic Div. I schools, Bates skiers must manage this extra demand with little special support by the school.

"Although stressful at times, the NCAA skiing experience is so much fun and I get to see so many friends that race in different regions of the U.S, so being able to be in one common place and all racing against one another is really fun. The skiing community is really cool and incredibly supportive so being able to compete at the highest level in this really closeknit community is always so rewarding."

This NCAA's was Mueller and Wood's second NCAA appearance in two years.

Last year, Mueller competed in the slalom and giant slalom, placing 22nd and 30th. Woods earned 25th in the Classic and 23rd in the Freestyle for a team total of 23 points and 18th place.

"The competition is super elite at this event, so to just be there competing is a huge accomplishment," Head Nordic Coach Becky Woods said. "I don't really compare year to year as the competition changes depending on conditions and race courses. Instead, we talk a lot about skiing "your seed" or above. Kaelyn had her best skate race of the year at the event - we'll take it."

Men's Lacrosse Starts Season with a Vengeance

Eleanor Boyle, Staff Writer

Kaelyn Woods 20 raced both the 5K Individual

Freestyle and 15K Classic at NOAA's

BREITWILHELM/GEITY IMAGES

The weather may not be showing it, but things are certainly heating up on the Bates campus. Men's lacrosse currently has a six game winning, including defeating defending national champion Wesleyan (15-12) and a nail biting 20-19 victory over Trinity.

Wesleyan has knocked Bates out of their season two years in a row, so, "it was a little bit personal," according to Curtis Knapton '20. "To play as well as we did . . . [it] was really cool."

Though the Wesleyan game displayed Bates' strength in both defense and offense, team captains Curtis Knapton '20, Matt Chlastawa '20, Rocco Fantoni '19, and Stephen Bull '19 all agreed that every NESCAC game is, and will be, difficult.

"It's hard to win any NESCAC game; any win, you're going to take it with the same weight," Bull added.

streak-and they're only a few weeks into their season. While it might only be natural for the captains to focus on their successes so far, they haven't let this momentum blur their focus.

Sure, the team feels confident about their teamwork and skill, but they recognize that every time they step out onto the field, there is a chance to learn, a chance to improve.

It's a quality that their Head Coach Peter Lasagna has taught his players: "Stay humble and hungry."

Combined, the four captains have all the positions of lacrosse covered. Knapton is a midfielder, Chlastawa is an attackmen, and Fantoni and Bull are defensemen.

The captains' strength is also found throughout the entire team. With more than fifty players, the team has a lot to work with.

"We have a next-man mentality: if someone ends The team is on a hot up on bench and a new person comes off, we're fully confidant in whatever they're going to do," Chlastawa commented.

"With fifty-some kids on the team, there's a lot of potential, a lot of talent," Fantoni agreed.

The confidence they have in their teammates is evident in the fact that even though players from all years have played in games, one cannot tell the difference in the dynamic between the players. Passes are smooth. Turnovers are anticipated. Communication is constant.

After Wesleyan, they cruised to a decisive victory over Western New England University.

"They are an excellent, scrappy, well-coached team who we were fortunate to defeat in overtime last spring. It will be a great test for us," Lasagna said.

The game didn't go into overtime this time; In fact, the Bobcats were victorious with a final score of 20-8.



The Bobcats also had a vicious game this past weekend facing the Trinity Bantams. Bates held the lead throughout the game, but the Bantams continuously matched their points. It came down to the final two minutes when Knapton scored the goal that won the game for Bates.

The men are currently ranked number two in the NESCAC and 13th in the country. Their next game is this Saturday against Williams (3-1).



SPORTS

Cameron Carlson, Assistant Editor

Sports Update

Track and Field Delivers Stellar Performance at NCAA's

Jackson Elkins, Contributing Writer

On the biggest stage that DIII Track and Field has to offer, Bates Track and Field delivered some of the strongest performances of the meet. Overall, the team placed 13th out of 109 teams.

The women were seeded in three different events: Ayden Eickhoff '19, ranked in the top 10 nationally, in the 800m, while Katie Barker '19 qualified for a particularly competitive 3000m field. Additionally, the Distance Medley Relay (DMR), composed of Vanessa Paolella '21, Amanda Kaufman '21, Elise Lambert '22, and Eickhoff, was also set to compete.

Johnny Rex '21 was the sole representative for the Bates men, qualifying for a very deep weight throw field.

Barker led off for Bates, running a lifetime PR of 9:54.7 in the preliminary race, earning her a spot in the finals the following day. Eickhoff followed in the 800m preliminary, placing second with a time of 2:11.8, good for an automatic qualification for the finals the next

Eickhoff then doubled back to join her teammates in the DMR later that night, where the group ran one of the best races in recent Bates Track and Field history.

Paolella was able to give the group a tremendous start, passing the baton to Kaufman, who ran a great 400m leg to help Bates stay competitive going into the 800m and 1600m legs. Lambert ran yet another outstanding 800m, passing the baton to Eickhoff who, despite doubling after a very fast 800m preliminary race earlier that day, managed to run all the way to the front, leading the race heading into the final 200m.

The Bates DMR entered the NCAA's as the seventh seed and while very talented on paper, not many would've picked them to be leading with just 200m to go.

Eickhoff was run down by an extremely talented Brandeis miler (who went on to win the mile finals on Sunday), she held off the rest of the field by five meters and split 4:49, giving the Bobcats a second place finish (11:43.51) and All-American honors at NCAAs.

"Finishing second in the DMR was so great just because of how genuinely happy they all were at that moment," Coach Jay Hartshorn said. "We were all just hoping to be all American and to come in second and break the school record was just awesome mostly because it was so unexpected."

The following day, Barker would go on to finish ninth in the nation, an extremely impressive finish given the quality of the field. Eickhoff ran yet again, running a lifetime PR and school record of 2:11.37, finishing third and adding another All-American honor to her collection.

"It was an absolute dream compete at nationals," Lambert said. "The energy in the facility was immense and it was an amazing experience to compete at such a high level."

While Lambert competed in the DMR, she had also posted a top ten ranked time in the 800m going into NCAAs. However, she and Coach Jay decided to forgo the individual race in favor of keeping the DMR more competitive.

Commenting on the DMR, Lambert said that the biggest emotion she felt regarding their historic finish was "excitement...I was so surprised by our finish and so proud of my teammates."

Given that three of the four legs of the DMR are sophomores or younger, plan on the group making a return trip to nationals or two over the next few years.

On the men's side, Johnny Rex threw 17.10m in the weight throw, giving him a 19th place finish. While Rex was not quite at his all-time best of 18.22m, he has had an unbelievable season and progression from his firstyear season.

As the youngest competitor in the field, Rex has to be regarded as one of the best up-and-coming throwers in the nation and a significant threat to do real damage both this upcoming outdoor track season and in the years

Overall, these championships can be regarded as one of Bates' best in recent memory. Two top-three performances, five total All-American honors, and competing as the youngest weight thrower at NCAA's, this indoor season has been a massive success for both the men's and women's programs.

Mar. 13 - 19 Women's Alpine & Nordic Ski Mar. 6-9: NCAA Championship, 20th/24

Baseball

(3-5, 0-0 NESCAC)

Mar. 9: Salem State, W 11-0

Mar. 9: Nichols College, W 5-4

Mar. 14: Endicott College, L 8-0

Men's Lacrosse (5-1, 3-0 **NESCAC**)

Mar. 9: Wesleyan, W 15-12

Mar. 12: Western New England, W 20-8

Mar. 16: Trinity, W 20-19

Mar. 19: Keene State, W 12-9

Women's Lacrosse (5-3, 1-2 NESCAC)

Mar. 6: Babson College, L 17-6

Mar. 9: Wesleyan, L 16-6

Mar. 11: Plymouth State, W 15-3

Mar. 16: Trinity, L 12-8

Mar. 18: St. Joseph's, W 19-4

Softball (3-9, 0-0 NESCAC)

Mar. 7: Alverno College, W 4-0

Mar. 7: Bridgewater College, L 6-4

Mar. 8: York College, L 9-8

Mar. 8: Carthage College, L 3-1

Mar. 9: Catholic University, W 1-0

Men's Tennis (3-2, 1-0 NESCAC)

Mar. 9: Connecticut College, W 9-0

Women's Tennis (4-5, 1-0 NESCAC)

Mar. 9: Connecticut College, W 8-1

Mar. 15: John Hopkins, L 8-1

Mar. 16: Gustavus Adolphus College, W 6-3

Mar. 17: Southwestern University, L 6-3

Women's Track and Field

Mar. 8-9: NCAA Div. III Indoor Championships, 18th/109

