Women in Politics: The New Normal

The 2018 midterm was the elec-
tion of a record-breaking number of women, many of whom achieved his-
toric “firsts” as individuals. To name a few, Rashida Tlaib became the first Muslim woman elected to Congress, Alexandria Ocasio-Cortez the young-
est woman elected to Congress, and Ayanna Pressley the first openly bi-
sexual woman. There are currently 102 women serving in the House of Representatives and 25 in the Senate.

One of the key factors that helped facilitate these numbers was Emily Cain, who serves as the Executive Direc-
tor of EMILY’s List.

On Thursday, Mar. 7, Emily Cain visited Bates and gave a presenta-
tion entitled, “Women in Politics: The New Normal.” Her talk touched on the founding and history of EMILY’s List as well as its role in sup-
porting the representation of women in office. Upon graduating from Har-
vard, Cain worked as a member of the Maine House of Representatives in 2004 and served in office for 10 years. She was named the Maine House of Representatives Free
targets the revolution in women in politics, Cain continued. The political system needs women voices. It is not about being perfect. It is about who you are and the values that you hold. It is about who you are and what you believe in.

While the beginning of her talk focused on the recent successes for women in politics, Cain also made it clear that there is much work ahead. This is not a trend, and it is not a reality.

To conclude her talk, Cain re-
affirmed the audience that the “new normal” does not just apply to poli-

tics. “The revolution for the fund-
ing of women is just the tip of the iceberg. The real revolution is about the persistence of mental ill-
novation. The new normal means to fight against these sexist patterns of thinking and be a citizen there. It is about put-
ing it on your To-Do list now,” Cain said. "But if you don’t put it on there until somebody asks you or tells you or tells them to do this. We would change so much if we could get little girls to think about themselves. In order to do that, I work for the law that I do because I want to make sure that everybody gets to vote together and learn about the law."
What happened to me, and I'm sure that I was going to win Wimbledon," Moore said. "I had this terrifically solid career plan that I was going to be a lawyer, you know. And it was going to be a very high, many students both at Bates and abroad are finding that they are constantly on the move, and they're not sure what they want to do with their lives. Their worries are not new. On Friday, March 14,年度大新闻编辑的乔治娜·斯科维尔（Georgina Scoville）说，“我们试图做到上述的一切，正在着手做这件事。这是一个艰难的时期，这是一个开始的时期，这是一个重新开始的时期，这是一个新的开始。我们要做的一切，我们要做的，我们要做的，我们要做的，我们要做的，我们要做的，我们要做的，我们要做的，我们要做的，我们要做的，我们要做的，我们要做的，我们要做的，我们要做的，我们要做的，我们要做的，我们要做的，我们要做的，我们要做的，我们要做的，我们要做的，我们要做的，我们要做的，我们要做的，我们要做的，我们要做的，我们要做的，我们要做的，我们要做的，我们要做的，我们要做的，我们要做的，我们要做的，我们要做的，我们要做的，我们要做的，我们要做的，我们要做的，我们要做的，我们要做的，我们要做的，我们要做的，我们要做的，我们要做的，我们要做的，我们要做的，我们要做的，我们要做的，我们要做的，我们要做的，我们要做的，我们要做的，我们要做的，我们要做的，我们要做的，我们要做的，我们要做的，我们要做的，我们要做的，我们要做的，我们要做的，我们要做的，我们要做的，我们要做的，我们要做的，我们要做的，我们要做的，我们要做的，我们要做的，我们要做的，我们要做的，我们要做的，我们要做的，我们要做的，我们要做的，我们要做的，我们要做的，我们要做的，我们要做的，我们要做的，我们要做的，我们要做的，我们要做的，我们要做的，我们要做的，我们要做的，我们要做的，我们要做的，我们要做的，我们要做的，我们要做的，我们要做的，我们要做的，我们要做的，我们要做的，我们要做的，我们要做的，我们要做的，我们要做的，我们要做的，我们要做的，我们要做的，我们要做的，我们要做的，我们要做的，我们要做的，我们要做的，我们要做的，我们要做的，我们要做的，我们要做的，我们要做的，我们要做的，我们要做的，我们要做的，我们要做的，我们要做的，我们要做的，我们要做的，我们要做的，我们要做的，我们要做的，我们要做的，我们要做的，我们要做的，我们要做的，我们要做的，我们要做的，我们要做的，我们要做的，我们要做的，我们要做的，我们要做的，我们要做的，我们要做的，我们要做的，我们要做的，我们要做的，我们要做的，我们要做的，我们要做的，我们要做的，我们要做的，我们要做的，我们要做的，我们要做的，我们要做的，我们要做的，我们要做的，我们要做的，我们要做的，我们要做的，我们要做的，我们要做的，我们要做的，我们要做的，我们要做的，我们要做的，我们要做的，我们要做的，我们要做的，我们要做的，我们要做的，我们要做的，我们要做的，我们要做的，我们要做的，我们要做的，我们要做的，我们要做的，我们要做的，我们要做的，我们要做的，我们要做的，我们要做的，我们要做的，我们要做的，我们要做的，我们要做的，我们要做的，我们要做的，我们要做的，我们要做的，我们要做的，我们要做的，我们要做的，我们要做的，我们要做的，我们要做的，我们要做的，我们要做的，我们要做的，我们要做的，我们要做的，我们要做的，我们要做的，我们要做的，我们要做的，我们要做的，我们要做的，我们要做的，我们要做的，我们要做的，我们要做的，我们要做的，我们要做的，我们要做的，我们要做的，我们要做的，我们要做的，我们要做的，我们要做的，我们要做的，我们要做的，我们要做的，我们要做的，我们要做的，我们要做的，我们要做的，我们要做的，我们要做的，我们要做的，我们要做的，我们要做的，我们要做的，我们要做的，我们要做的，我们要做的，我们要做的，我们要做的，我们要做的，我们要做的，我们要做的，我们要做的，我们要做的，我们要做的，我们要做的，我们要做的，我们要做的，我们要做的，我们要做的，我们要做的，我们要做的，我们要做的，我们要做的，我们要做的，我们要做的，我们要做的，我们要做的，我们要做的，我们要做的，我们要做的，我们要做的，我们要做的，我们要做的，我们要做的，我们要做的，我们要做的，我们要做的，我们要做的，我们要做的，我们要做的，我们要做的，我们要做的，我们要做的，我们要做的，我们要做的，我们要做的，我们要做的，我们要做的，我们要做的，我们要做的，我们要做的，我们要做的，我们要做的，我们要做的，我们要做的，我们要做的，我们要做的，我们要做的，我们要做的，我们要做的，我们要做的，我们要做的，我们要做的，我们要做的，我们要做的，我们要做的，我们要做的，我们要做的，我们要做的，我们要做的，我们要做的，我们要做的，我们要做的，我们要做的，我们要做的，我们要做的，我们要做的，我们要做的，我们要做的，我们要做的，我们要做的，我们要做的，我们要做的，我们要做的，我们要做的，我们要做的，我们要做的，我们要做的，我们要做的，我们要做的，我们要做的，我们要做的，我们要做的，我们要做的，我们要做的，我们要做的，我们要做的，我们要做的，我们要做的，我们要做的，我们要做的，我们要做的，我们要做的，我们要做的，我们要做的，我们要做的，我们要做的，我们要做的，我们要做的，我们要做的，我们要做的，我们要做的，我们要做的，我们要做的，我们要做的，我们要做的，我们要做的，我们要做的，我们要做的，我们要做的，我们要做的，我们要做的，我们要做的，我们要做的，我们要做的，我们要做的，我们要做的，我们要做的，我们要做的，我们要做的，我们要做的，我们要做的，我们要做的，我们要做的，我们要做的，我们要做的，我们要做的，我们要做的，我们要做的，我们要做的，我们要做的，我们要做的，我们要做的，我们要做的，我们要做的，我们要做的，我们要做的，我们要做的，我们要做的，我们要做的，我们要做的，我们要做的，我们要做的，我们要做的，我们要做的，我们要做的，我们要做的，我们要做的，我们要做的，我们要做的，我们要做的，我们要做的，我们要做的，我们要做的，我们要做的，我们要做的，我们要做的，我们要做的，我们要做的，我们要做的，我们要做的，我们要做的，我们要做的，我们要做的，我们要做的，我们要做的，我们要做的，我们要做的，我们要做的，我们要做的，我们要做的，我们要做的，我们要做的，我们要做的，我们要做的，我们要做的，我们要做的，我们要做的，我们要做的，我们要做的，我们要做的，我们要做的，我们要做的，我们要做的，我们要做的，我们要做的，我们要做的，我们要做的，我们要做的，我们要做的，我们要做的，我们要做的，我们要做的，我们要做的，我们要做的，我们要做的，我们要做的，我们要做的，我们要做的，我们要做的，我们要做的，我们要做的，我们要做的，我们要做的，我们要做的，我们要做的，我们要做的，我们要做的，我们要做的，我们要做的，我们要做的，我们要做的,
The Bates Student says ear, the Dean of Admissions and Financial Aid, Leigh Wiesenberg, on Friday, May 13, 2023, announcing the results of the 2023 applicant pool. The next morning, incoming-admissions decision letters were sent out with their admission decisions. The 2023 applicant pool is another one for Princeton. Wiesenberg was happy to share her thoughts with The Bates Student at the culmination of the application process.

The Bates Student (BS): What excites you about the class of 2023 applicant pool?

Leigh Wiesenberg (WS): It’s thrilling that it is a record-break ing pool and the fact that we have 8,212 applicants to the college—exciting. That is about a 30% increase over last year. Last year, we had a margin of about 10% to 12%. So, just the continued growth was growth and strength on strength. So, it’s not just about the number, and I mean that honestly, it’s very about diversity and talent and see to us that we are not just about the number, it was growth across diverse students with students who are truly talented and interested in the Bates programs.

BS: Do you still support the number of applicants we have?

WS: I think there are three or four main factors that contributed not just last year’s rise of 45%, but we had a continued increase in what we refer to as meaningful, and also drastically reduced the number of students who applied, and I mean that sincerely, it’s really a privilege to read student’s essays, and see how to curate this information and make it up. So, the staff, first and foremost is obviously their academic strength and potential.

We have a responsibility to consider what responsibility this privilege gives us. Because it is such a privilege to have students applying to the college to the highest standards, and I mean that sincerely, it’s really a privilege to read student’s essays, and you don’t really know them, and then they come alive. It’s very exciting. Some students you read their applications and you don’t see them until their junior year, and they like “remember your story.” Especially when it’s this incredible pool, some for Bates, we take seriously, and with respect, the way we spend our time.

We want to get to know the applicants incredibly well. That’s what’s the most surprising aspect of this year’s admission process?

WS: I would guess, maybe not surprising our attention, it’s just kind of a surprise, that the pool size in response to the large class of 2022 and decided not to react to the increase in the applicant pool last year. We know that some students select Bates based on growth and strength on strength. That doesn’t mean every class applies to this college, but we have to reduce our impact as much as we can, and not play a role in this global climate issue. It is also important to hold ourselves accountable to a standard that aligns with our values as a college. We take human rights, justice, and equity, and if we are to value the way we must live according to climate change is an urgent imperative. We have made a significant change in Maine, the United States, and the world, and the Bates community! We want to reach our goal of being entirely carbon neutral by 2050 to hold our college to the highest standards, in a way that accurately reflects the students’ values that have a responsibility to consider what responsibility this privilege gives us. Because it is such a privilege to have students applying to the college to the highest standards, and I mean that sincerely, it’s really a privilege to read student’s essays, and you don’t really know them, and then they come alive. It’s very exciting. Some students you read their applications and you don’t see them until their junior year, and they like “remember your story.” Especially when it’s this incredible pool, some for Bates, we take seriously, and with respect, the way we spend our time.

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Our Lick-It

Anonymous

After getting my first Pap smear at the gynecologist this year, I was terrified of what was to come. I already knew how much I hated going to the doctor, but I didn’t realize just how much I hated going to the doctor. I always had dysplasia on my first Pap smear and now I knew it was going to be years long nights in the library, late hours at practice, and spending time doing stupid things that I didn’t have time to do. The worst part was that I didn’t even know it. It’s impossible to know who has HPV from looking at them. If you’ve been vaccinated, you have a better chance of fighting it and clearing it. It’s also said to clear quicker in men than women, although many doctors do not know that they have it and cause them to show physical symptoms.

I then went to the next doctor’s office, but I had never had sex before. I thought it was supposed to be easy, but it didn’t work out like that. HPV can be contracted by being intimate with anyone who has it, and there are two types: high-risk and low-risk. It’s important to get vaccinated against HPV, but if you’re already infected, you may want to see your doctor about treatment options.

Our Lick-It

Lynn Wynn, Staff Writer

I have many friends on this campus who talk about how hard it is to navigate the college experience. It’s hard to find people to talk about their experiences with, let alone have the courage to share them. I found out that I have high-risk HPV from something on my radar; I thought it would never happen to me until it did. I remember feeling uneasy one morning, thinking something was wrong, and then I felt a bump. Naturally, I panicked. But when I assured myself it was razor burn, wrong, and then I felt a bump.

Mental Health: The Persistence of a Major Problem

We’re Not Invincible: Living with STDs

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Surviving March Madness

Kyle Larry, Assistant Forum Editor

If you were to go around and ask a dozen of random Bates students what the hardest month in the school year is, you’ll likely hear that most of them would say March. Between the weather rapidly changing from a snow-covered campus to a sunny paradise, and professors handing out assignments with a very short timeline for completion, many students find themselves exhausted by the end of the month. I can speak from personal experience. As a sophomore and a double major in psychology and politics, I’m currently enrolled in courses required for my major. However, each course requires a large amount of time and energy, and I have been stretching myself pretty thin. When you add how the coursework affects you in a physical and mental aspect as well, you are torn apart. Sometimes it feels like you can’t digest old material because there is too much new information being thrown at you. Not to mention how half of the time it’s actually raining or snowing, which can invite negative emotions into your day. Overall, for me, March is a month that is overwhelming. Not to mention how you have to study for upcoming exams, and professors are still giving new assignments that are due in half of the time it’s always raining or snowing, it’s bound to create stress for any student. You are worn out. In order to keep your mind and body healthy, you are required to take breaks to digest old material. It is also important to find time to relax and get some exercise. Running, working out, and even just taking a break from studying are important to maintaining mental health.

One Reason: In March, Friday the 13th and St. Patrick’s Day often coincide, which can lead to a party atmosphere on campus. This can be both fun and stressful for students. It can be difficult to balance socializing with studying, especially when there are assignments due the next day. It is important to manage your time effectively and prioritize your responsibilities.

Another Reason: In March, the weather can be unpredictable. It can go from sunny and warm one day to cold and snowy the next. This can affect students’ moods and affect their ability to focus on their studies.

But that’s the thing! You have to stop yourself from reaching for that outlet. Instead, you have to be proactive and find a way to manage your time effectively. It can be difficult, but it is possible.

The Bates Student
Question on the Quad

What Are You Looking Forward to Doing Most When the Weather Gets Warm?

Julia Jesurum ’22
“I’m most excited to sit outside and do my homework. I want to use my hammock outside on some of the trees near Alumni Walk.”

Sophie Matt ’22 and Abigail Merk ’22
“Because we’re on the soccer team together, we’re most excited to get back out on Garcelon to start playing and go to [Range Pond].”

Candance Johnson ’22
“I’m excited to study outside, to read outside, to just be able to walk around and enjoy the warmth. I need to explore the campus in general because I feel like I go to the same places so new paths and new directions.”
This past weekend, I had the pleasure of attending the Bates College Choir's performance in the Benjamin Mays Center on Friday, Mar. 8. It was a resounding success. The piece worked quite nicely for the current College Choir performers and was a pleasant surprise to attend. It will be sad to see Corrie go, but I look forward to many more enjoyable College Choir performances in the future.

The concert was somewhat bittersweet as it was director John Corrie’s final performance with the choir before he retires at the end of the year. His final performance with the choir was a resounding success. The piece worked quite nicely for the current College Choir performers and was a pleasant surprise to attend. It will be sad to see Corrie go, but I look forward to many more enjoyable College Choir performances in the future.

The concert was somewhat bittersweet as it was director John Corrie’s final performance with the choir before he retires at the end of the year. His final performance with the choir was a resounding success. The piece worked quite nicely for the current College Choir performers and was a pleasant surprise to attend. It will be sad to see Corrie go, but I look forward to many more enjoyable College Choir performances in the future.
Growing up, my mom loved to pamper my sisters and me with a facewash and some good-smelling lotions before we went to bed. Eventually, as indulgent as this sounds, I grew up and got my very own good-smell- ing facewash. My dad calls the bottles of products my mom and I use “lotions and potions” as they quickly fill countertops in our bathrooms. I grew up valuing the time of day where you take special care and show a little extra kindness for the skin on your body. Especially growing up in the Wyoming Mountains where days in the sun are long and intense, this kind routine built of lotions and potions became important.

My skin care routine has since evolved after countless adventures through stores looking for different products. But I have never strayed from finding formulas that keep my skin happy and healthy, my complexion clear, and my confidence high. I have recently been using products from Tata Harper which is a company based in Vermont that creates formulas free from GMOs, toxins, fillers, artificial colors, artificial fragrances, and synthetic chemicals. I love all of the products I have used from the brand. Its fragrance is both soothing and invigorating, and I love all of the ingredients it uses as much as possible. After the toner has dried I put on a Repa- rative Moisturizer and a Retinol Nutrient face oil. I usually only do these two steps in the evening because both give my face a chance to heal while I sleep. In the morning I start with the same steps, but instead of the moisturizer and face oil, I put on a BB crème from the Body Shop that acts as a moisturizer and a refreshing start to the day. During the summer, I put sunscreen on daily as an additional step to the process. I also use a licorice oil from Dr. Hauschka, which is a similar brand to Tata Harper. I often put the oil on my neck and chest before I go to bed, after I have done all of the other steps to my routine. I recognize that our skin deserves all the best, as it endures stress, sun, and all of the other parts of the day. This routine has become some of the most relaxing and revitalizing parts of my day. The “lotions and potions” that fill the bathroom countertops are all put to good use.

I am ‘Proud to Present’ my Honest Review

Steve Carroll, Contributing Writer

“Are We Proud to Present a Presentation... about the Herero of Namibia, formally known as Southwest Africa from the year 1844-1915” written in 2012 by Jackie Sibblies Drury, is a difficul- tly play to put on and perform. But its presentational, metatheatrical narrative accompanied by an en- semble dynamic creates a complex theatrical task for any director. The play itself is engaging, and geared to provoke thought which might make audience members and readers feel uncomfortable. Under the di- rection of Timothy Dugan, Bates College Theater Department’s pro- duction does not shy away from the uncomfortable; it confronts the discomfort of the show and brings the audience along. The objective of the play it- self is to ask questions and to start a conversation. The meta-play, much like a presentation, gives audiences an oppor- tunity about the process and his- tory of the Herero Tribe of Namibia from 1844-1915, a period when the Herero people experienced changes under German colonial rule. The play showcases themes of victimization, colonizedness, leadership, backstory, which is important. The history of the Herero Tribe is presented by a group of actors and the adver- tisement about the Herero and their genocide. Leadership has been acknowledged more often than they actually were because of their inferior behavior. Although this created a welcoming atmosphere, I was left with an abhorrent and somewhat cartoon-like image (though this wasn’t the fault of the actors who portrayed them). At the end of the play, Dugan chose not to include an import- ant stage direction by Drury. The stage direction calls for the white actors to perform the fate of the Herero. I asked Dugan why he excluded Drury's final direction, he said that he chose instead to give the actors “latitude” to portray the characters. This was based on the feeling in the audi- ence as well as an appreciation of pace and performance. I feel that Dugan’s choice was all right. He decided to make the play more of a propelling factor of anti-black racism in the play. Dugan’s decision acknowledges the roles the white actors play as white actors portraying German characters. Dugan started the audience with three questions: How do we live comfortably in a space together in or- der to make this show happen? Who else’s story and do it justice? Who takes accountability for privilege? In my view, laughter in the audience is not a factor in the play. Laughter is a way for people to escape from serious situations. The play is about the Herero and their colonization. The Herero are African Americans who were faced with many challenges during their time, and their laughter has an impact on the play. Dugan’s decision to include laughter in the play is an important factor in the play. The laughter in the audience is not a factor in the play.

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Motivation with Maru

When Hozier released his second album, “Wasteland, Baby!” (2020), and his single “Movement” last year, it had been almost five years since the Irish singer-songwriter released the world with “Take Me to Church.” Upon listening to “Nina Cried Power,” a Hozier fan, I instantly was excited to see what he was going to create with his newest album. But like movie trailers for a blockbuster, the album does not build the same amount of hype as a teaser. So, let us approach the new work with an open mind.

All of my love, 

Mara

Mary Richardson, Staff Writer

“Wasteland, Baby!” was released within the last year. The singer-songwriter put so much of his heart into his homeland of Ireland to present to his former self, or the Hozier that came before the singer’s debut album, “Hozier.” Since its release, major societal and environmental factors (both good and bad) have shaped our world, although in the public eye, Hozier’’s songwriting has mostly been focused on personal and emotion-centered topics. However, that all changed with “Nina Cried Power,” a send-up to civil rights activists like Nina Simone. Hozier is able to showcase his lyrical talent with this album in an emotional, gripping way that we don’t often see in modern artists; melancholic and intimate, his lyrics read like a的时间s like he’s singing about what his life was going to create with his newest album. But like movie trailers for a blockbuster, the album does not build the same amount of hype as a teaser. So, let us approach the new work with an open mind.

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Back from Florida, Softball Prepares to Tackle the NESCAC

The Bobcats Softball team travelled to Florida just a few short weeks ago to kick off their season with 12 games against schools from all over the United States. They finished the trip with a 3-9 record, however there were some positives even though the results weren’t exactly what they hoped for.

In the win over Alverno, junior pitcher Kristen Pelletier ’22 tossed her second career no-no, while her teammates pounded out 11 hits to hit the win in the seven-inning game. This performance is impressive enough as it is, but it looks even more legitmate when you find out that Alverno came into the game un-defeated, winners of their first five games of the season. The Bobcat squad may have had some early struggles, but a win like that will probably make them really capable of this year.

Leadoff hitter Caroline Branden, this was an important step forward for the Bobcats.

“I hate losing so I never really forget my losses, but after the first set and I think our loss against Brandeis helped me and Q work on some things leading up to the Conn match which we were able to use to our advantage,” Kauppila said. Phyllis Graber Jensen/Bates College

The Bobcats hungry for more, continued their dominance in singles’ play continued throughout the afternoon. Qiaoqiao extended his singles streak to three by easily dispatching Garcia in two sets. Eckardt also had a strong singles’ showing with a victory over Ben Jenkins.

Other Bates’ singles took a little longer, with Kauppila, Jacob Eisenberg ’21, and Alex Yoon ’22 all needing the extra set to get the job done. After falling behind to Sungjin Song in the first set, Kauppila battled back to win the next two sets to secure the sweep of the Camels. The Bobcats, hungry for more, continued their dominance in singles’ play continued throughout the afternoon. Qiaoqiao extended his singles streak to three by easily dispatching Garcia in two sets. Eckardt also had a strong singles’ showing with a victory over Ben Jenkins.

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“After the first set and I think our loss against Brandeis helped me and Q work on some things leading up to the Conn match which we were able to use to our advantage,” Kauppila said. “Our team’s goal is to be #1 in the NESCAC and #1 in the Nation,” he said. “It would be a dream come true if our team could make it nationals this year, and I’m hoping some of us can make it that far.”

Sports seasons are always a long haul. They often appear to be a roller coaster of emotions, providing a different attitude after every game. The Bobcats open up the NESCAC season with a visit to Tufts next weekend, where we intend to be.”

For the team who lost to Williams back to sweep the last week of the season and Head Coach Bobcats, hungry for more, continued their dominance in singles’ play continued throughout the afternoon. Qiaoqiao extended his singles streak to three by easily dispatching Garcia in two sets. Eckardt also had a strong singles’ showing with a victory over Ben Jenkins.

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For the team who lost to Williams
Mueller, Woods Race to Finish at Ski NCAA's

Vanessa Pavlidis, Sports Managing Editor

This year, the women's ski teams sent two athletes to the NCAA Championships in Stowe, Vt. Kaelyn Woods '20 raced the 5K Individual Freestyle and the 15K Classic on Mar. 6 and 8. Griffin Mueller, a two-sport student athlete, raced in both the Slalom and Super-G on Mar. 9 and placed 28th. All together, the Bobcats took home 20th place with 24 scoring places with 11 points.

Wesleyan (15-12) and a nail biter this past weekend. The men's team cruised to a decisive victory over Bates (14-2) with a final score of 20-8. The game didn't go into overtime this time; In fact, the Bobcats were victorious in overtime last spring. "It will be a great test for us," Chlastawa said. "It's a quality that their opponents have. Our team is the most disciplined of all racing against one another and trying to juggle how to deal with the stress because of the competition," Woods said. "[The competition] is always changing. This makes it harder to set goals based on what and not what is hard to compare yourself to just as excited, but a little bit more personal," according to the excited and happy energy was there and being able to compete against the best in the country. "This time around I was like, I had going into the week," Mueller knew what to do. "This year NCAA's was really challenging because I was battling illness," Mueller said. "[However, it was fun] being there and being able to compete against the best in the country." 

As one of two Div. I athletes at Bates, skiers must carefully plan their winter semester schedules and balance athletic commitments worse than the average Div. III athlete. Both the Alpine and Nordic Ski teams are anticipated. "Although stressful at times, the NCAA skiing experience is so much fun and I get to see so many friends that race in different regions of the U.S. so being able to be in one common place and all racing against one another is really fun. The skiing community is really cool and incredibly supportive so being able to compete at the high level in this really close-knit community is always so rewarding," Mueller rounded out the field than the previous year." This NCAA's was Mueller and Woods' second NCAA appearance in two years. Last year, Mueller competed in the slalom and giant slalom, placing 22nd and 30th. Woods earned 25th in the Classic and 23rd in the Free-Style for a team total of 23 points and 18th place. "The competition is super elite at this event, so just to be there competing is a huge accomplishment," Mueller said. "I don't really compare year to year as the competition changes depending on conditions and race courses. Instead, we talk a lot about skiing "your own" or above. Kaelyn had her best skate race of the year at the event - we'll take it."

Men’s, Lacrosse Starts Season with a Vengeance

Eleanor Boyle, Staff Writer

The weather may not be showing it, but things are certainly heating up on the Bates campus. Men's lacrosse currently has a six game winning streak, including defeating defending national champion Wesleyan (15-12) and a nail biter 20-19 victory over Trinity. Wesleyan has knocked Bates out of their season two years in a row, so, "it was a little bit personal," according to Curtis Knapton '20. "To play as well as we did ... [it] was really cool." Though the Wesleyan game displayed Bates' strength in both defense and offense, team captains Curtis Knapton '20, Matt Chlastawa '20, Rocco Fantoni '19, and Stephen Bull '19 all agreed that every NESCAF game, and is, will be difficult. "It's hard to win any NESCAF game; any win, you're going to take it with the same weight," Bull added.

The team is on a hot streak and they're only a few weeks into their season. While it might only be natural for the captains to focus on their successes so far, they haven't let this momentum blur their focus. "It's a quality that their opponents have. Our team is the most disciplined of all racing against one another and trying to juggle how to deal with the stress because of the competition," Woods said. "[The competition] is always changing. This makes it harder to set goals based on what and not what is hard to compare yourself to just as excited, but a little bit more personal," according to the excited and happy energy was there and being able to compete against the best in the country. "This time around I was like, I had going into the week," Mueller knew what to do. "This year NCAA's was really challenging because I was battling illness," Mueller said. "[However, it was fun] being there and being able to compete against the best in the country." 

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Sports Update

Mar. 13 - 19

**Women’s Alpine & Nordic Ski**
Mar. 6-9: NCAA Championship, 20th/24

**Baseball**
(3-5, 0-0 NEC) NCAA
Mar. 9: Salem State, W 11-0
Mar. 9: Nichols College, W 5-4
Mar. 14: Endicott College, L 8-0

**Men’s Lacrosse**
(5-1, 3-0 NEC) NCAA
Mar. 9: Wesleyan, W 15-12
Mar. 12: Western New England, W 20-8
Mar. 16: Trinity, W 20-19
Mar. 19: Keene State, W 12-9

**Women’s Lacrosse**
(5-3, 1-2 NEC) NCAA
Mar. 6: Babson College, L 17-6
Mar. 9: Wesleyan, L 16-6
Mar. 11: Plymouth State, W 15-3
Mar. 16: Trinity, L 12-8
Mar. 18: St. Joseph’s, W 19-4

**Softball**
(3-9, 0-0 NEC) NCAA
Mar. 7: Alverno College, W 4-0
Mar. 7: Bridgewater College, L 6-4
Mar. 8: York College, L 9-8
Mar. 8: Carthage College, L 3-1
Mar. 9: Catholic University, W 1-0

**Men’s Tennis**
(3-2, 1-0 NESCAC)
Mar. 9: Connecticut College, W 9-0

**Women’s Tennis**
(4-5, 1-0 NESCAC)
Mar. 9: Connecticut College, W 8-1
Mar. 15: John Hopkins, L 8-1
Mar. 16: Gustavus Adolphus College, W 6-3
Mar. 17: Southwestern University, L 6-3

**Women’s Track and Field**
Mar. 8-9: NCAA Div. III Indoor Championships, 18th/109

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**Track and Field Delivers Stellar Performance at NCAA’s**

Jackson Elkins, Contributing Writer

On the biggest stage that DIII Track and Field has to offer, Bates Track and Field delivered some of the strongest performances of the meet. Overall, the team placed 13th out of 109 teams. The women were seeded in three different events: Ayden Eickhoff ’19, ranked in the top 10 nationally, in the 800m, while Katie Barker ’21 and Ayden Eickhoff ’19 qualified for a particularly competitive 800m field. Additionally, the Distance Medley Relay (DMR), composed of Vanessa Paolella ’21, Amanda Kaufman ’21, Elise Lambert ’22, and Eickhoff, was also set to compete. Johnny Rex ’21 was the sole representative for the Bates men, qualifying for a very deep weight throw field. Barker led off for Bates, running a lifetime PR of 9:54.7 in the preliminary race, earning her a spot in the finals the following day. Eickhoff followed in the 800m preliminary, placing second with a time of 2:11.8, good for an automatic qualification for the finals the next day. Eickhoff then duplicated back to join the teammates in the DMR later that night, where the group ran one of the best races in recent Bates Track and Field history. Paolella was able to give the group a tremendous start, passing the baton to Kaufman, who ran a great 400m leg to help Bates stay competitive going into the 800m and 1600m legs. Lambert was particularly competitive going into the 800m leg to help Bates stay competitive. Lambert, who ran a great 400m, passing the baton to Kaufman, who ran a great 400m, passing the baton to the powerful Eickhoff, who, despite double-peating after a very fast 800m preliminary race earlier that day, managed to run all the way to the front, leading the race heading into the final 200m. The Bates DMR entered the NCAAs as the seventh seed and while very talented on paper, not many would’ve picked them to be leading with just 200m to go. Eickhoff was run down by an extremely talented Brandeis milee (who were on to win the mile finals on Sunday), she held off the rest of the field by five meters and split 4:49, giving the Bobcats a second place finish (11:43.51) and All-American honors at NCAAs. “Finishing second in the DMR was so great just because of how genuinely happy they all were at that moment,” Coach Jay Hartshorn said. “We were all just hoping to be all American and to come in second and break the school record was just awesome mostly because it was so unexpected.” The following day, Barker would go on to finish ninth in the nation, an extremely impressive finish given the quality of the field. Eickhoff ran yet again, running a lifetime PR and school record of 2:11.37, finishing third and adding another All-American honor to her collection. “It was an absolute dream to compete at nationals,” Lambert said. “The energy in the facility was immense and it was an amazing experience to compete at such a high level.” While Lambert competed in the DMR, she had also posted a top ten ranked time in the 800m going into NCAAs. However, she and Caudill Jay decided to forgo the individual race in favor of keeping the DMR more competitive. Commenting on the DMR, Lambert said that the biggest emotion she felt regarding their historic finish was “excitement…I was so surprised by our finish and so proud of my teammates.” Given that three of the four legs of the DMR are sophomores or younger, plan on the group making a return trip to nationals or two over the next few years. On the men’s side, John- ny Rex threw 17.10m in the weight throw, giving him a 19th place finish. While Rex was not quite at his all-time best of 18.22m, he has had an unbelievable season and progression from his first year season. As the youngest competitor in the field, Rex has to be regarded as one of the best up-and-coming throwers in the nation and a significant threat to do real damage in both this upcoming outdoor track season and in the years to follow. Overall, these championships can be regarded as one of Bates’ best in recent mem- ory. Two top-three performances, five total All-American honors, and competing as the youngest weight thrower at NCAAs, this indoor season has had a massive suc- cess for both the men’s and women’s programs.