Letter to the Editor

April 26, 2019

Dear Editor,

I am writing to offer my support for the decision to re-purpose existing space in Merrill to create a new athletic training facility. As a student-athlete who has experienced the limitations of our current facilities, I believe that this upgrade is necessary to support the health and well-being of our student-athletes.

The current training facility in Merrill is inadequate for our needs. Athletes are often restricted to the small, poorly-lit training room on the third floor, which is not conducive to effective rehabilitation. Additionally, the lack of dedicated space for sports medicine rendering has led to delays in treatment for injuries. This is particularly concerning for athletes who require frequent visits to the training facility for ongoing injuries.

I understand the financial constraints that the college faces, but maintaining the health and well-being of our student-athletes should be a top priority. The new training facility will facilitate daily training exercises, enabling athletes to reach their peak performance. It will also provide a more comfortable and efficient environment for sports medicine rendering.

I urge the college to allocate resources to this initiative, as it will have a significant impact on the quality of care that student-athletes receive. Thank you for considering this request.

Sincerely,
[Your Name]
Aydin Ekehiro, Staff Writer

The single most important learning experience I’ve had thus far didn’t look like a classroom, no homework, and no tests. There is no professor. Although the professor may have been teaching English in a school in Bogota, Colombia, I am sure the shared experience is food—specifically your family. It also may sound strange, but the professor was a food service provider, Roberto, at the time I was in Bogota. The professor was not my teacher in the traditional sense of the word. He or she dispensed that any student is able to pursue Fulbright, whether they agree to every opportunity posed by the program or not. Not only is it inclusive, but you can learn about topics you find interesting and participate in conversations about masculinity. And those conversations are important because they help us learn about the people we share our classrooms with. Among many other learning opportunities that are available for students to learn about balance—above all, the balance between the push for food production and the pull of the environment, and between the needs of the present and the needs of the future. As Meghan recently pointed out, it is a question that has been discussed for generations. But it will be important for them to be able to think critically about the ways in which they should think about their role in society and what responsibilities they have to the community and to the planet. The food waste epidemic is one of the biggest challenges facing our world today. It is a problem that requires a collective effort to solve, and it is a problem that needs to be addressed. With the world facing a food security crisis, we must all come together to find solutions. The Fulbright program provides a platform for us to do just that. And I believe that if we can work together, we can make a difference. Thank you for your time.
Sachs: "To be honest, we debate the issue of diversity at Goldman. Aging director in Securities (Sales & Trading) has worked at Goldman Sachs and has worked at Goldman Sachs in the Consumer Investment Banking (CIB) area. Rozas, who has worked at Goldman Sachs and the Consumer Investment Banking (CIB) area. Rozas, who has worked at Goldman Sachs and the Consumer Investment Banking (CIB) area.

Rozas explained that the majority of Goldman Sachs employees chat before panel discussion about recruiting. SARAH DUPONT/THE BATES STUDENT

Christina Perrone, Managing News Editor

Goldman Sachs Comes to Bates

On Tuesday, April 23rd, many Bates students and families reacted to an email from President Clayton Spencer urging students to prepare for the upcoming tuition increase, which is expected to increase the total of the long-standing $7.8 billion in endowments and $1.5 trillion in assets over last year's total price. This increase is the largest in the college's history.

The 2013 Bates graduating class panel members were asked to comment on the tuition increase and whether it is worth the price. Many Bates students have expressed concern about the tuition increase and whether it is worth the price. Many Bates students have expressed concern about the tuition increase and whether it is worth the price.

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In the last week, many of you have probably noticed some troubling news: Bates' atmosphere is changing (including tuition, room, and board). This has led to some understandable concerns about our economic health and the stability of our schools. Bates currently has the highest percentage of students from the top 1% of the country's income distribution.

And to what ends?

Lewiston, and the general community of Bates students, the community of students across the campus, is not entitled to the exact same education as us. The peoples of this country should not be excluded from the best forms of education more than they should be excluded from the best forms of healthcare, housing and labor conditions. And just as with healthcare and housing, private universities and liberal markets are too inefficient too often to do it justly.

And what is Bates?

before, and new friends would send me into culture shock...I am no longer the fresh, new student who walked into the elevator of the gymnasium and felt like I didn't belong. My world, which I didn't think would be doomed to repeat it, is vastly different. The world in which I was at the center of my existence in high school, in New York City, is a terribly unequal place long before Bates was.

The Paradox of Presentism

Christopher Hassan, Managing Editor

JULY 2023

The GW developments are hardly an outlier. Not too long ago, activists at Princeton called for the removal of President Washington's name from the School of Public and International Affairs, citing his defense of segregationist policies. And the history extends far beyond names and symbols. The internet abounds with poignant pieces by English teachers and professors – many from the same communities that piqued my interest, were too inefficient too often to do it justly.

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From April 11 to May 23, over 90,000 eligible voters in the United States cast their votes in the lowest turnout election in American history. The outcome was a repudiation of the nationalistic Prime Minister, Narendra Modi, and a victory for the more liberal term in a bitterly-fought general election that is a referendum on the policies of the ruling Bharatiya Janata Party. Under Modi's close watch, India has experienced a constant deterioration in minority rights, press freedom, and space for civil society organizations at home. India’s closest neighbors, like Pakistan, China, and Bangladesh, have increased their involvement which has threatened regional stability.

It is needless to say that India’s ongoing general election will be the most important political event of this year. These upcoming votes will decide many things, from India’s economic power with a billion people to the future’s security in the region. Despite these distinctive trends, from the rise of social media to the ramifications, mainstream news outlets have failed to report India’s record-breaking election and its implications. No news outlet in the United States, for example, has a dedicated India page. The result is that while Indians are being treated as major players in the upcoming weeks, the world is only partially aware of this development.

But for Indians, the upsurge in voter turnout is a second revolution. The first was the announcement of ‘universal adult franchise’ in 1951, a year after India’s independence. The second is the country’s first open and direct election with a turnout that is higher than any previous national election.

In the course of democracy, the Indian electorate’s ability to select its leaders is crucial. It is the power of its participation, in the form of ‘vote,’ that empowers the people and makes the government accountable. It is the duty of the electorate to participate in the democratic process and voice their opinions. It is also the duty of the political parties to ensure that the process is fair and free from any form of corruption or interference.

In the upcoming weeks, it is critical for voters to be aware of the political landscape and make informed decisions. They should be aware of the policies and promises of each political party and how they align with their own values and priorities. It is also important for voters to be informed about the candidates and their past records, as well as the potential impact of their election.

We as citizens can play a crucial role in this process by being informed, active, and engaged. By staying informed, we can make educated decisions and hold our elected officials accountable. By being active, we can participate in the political process and make our voices heard. By being engaged, we can work towards creating a more just and equitable society.

The Art of Saying Goodbye

Sara Richman, Editor-in-Chief

Have you ever sat down to write, only to find that the final chapter is missing? The last page is torn out. The last sentence has been erased. The last word? I have no set answers but one thing is for sure: I have to be a permanent ending to this story. This is why I am sitting down now to write this last piece of advice: Never feel the pressure to write a perfect “goodbye.” Now, I know that it can be simple. It is not because it is meaningless. Saying goodbye is a complex and emotional process. It is not easy to let go of someone or something that has been a part of your life for a long time. There is a sense of fear, loss, and sadness that can be overwhelming. But here are a few tips to help you through this process:

1. Reflect on the events that occurred this year. I have come to realize that my college experience has been a journey. My relationship with my professors, my friends, and my school have all played a role in shaping who I am today.

2. Let go of the past. You cannot live in the past. You cannot relive past experiences. You need to move on and start living in the present.

3. Focus on the future. You have a bright future ahead of you. You have the opportunity to make your dreams come true.

4. Use your experiences to help others. You have been through what you have been through, and the lessons you have learned in the process are priceless. You can use them to help others.

5. Be patient. The process of saying goodbye can be slow and painful. You need to be patient with yourself and with others.

In conclusion, I want to say that saying goodbye is a complex and emotional process. It is not easy to let go of someone or something that has been a part of your life for a long time. But by following these tips, you can make the process easier and less painful.
Question on the Quad

What are some good books and/or movies for short-term?

Nicholas Hansen ’22
“Thats a hard question, but Enders Game is a good book!”

McCoy Sikes ’21
“Harry Potter! Both the books and the movies!”

Kerry Manuel ’21
Shawshank Redemption. Did you know it was also filmed in Maine?!”
“...the musical is more than just a great bonding experience; it is an integral part of the Robinson Players’ community involvement” — Rebecca Berger ‘19
In February of 2017, I decided to stop taking birth control. I wanted to see what my life would be like free of artificial hormones and learn to manage my monthly bouts of anxiety without the pill. Unfortunately, not only did I completely lose my period, but my skin went crazy. I started breaking out all over my chin, my jaw line, and my chest.

Until then, I had only dealt with some acne on my forehead and back during puberty and had experienced mostly clear skin afterwards. The breakouts were new for me and I figured they would clear up and my period would come back in a month or so after my body adjusted to not being on the pill. But, after 8 weeks, I decided to go on an antidepressant to figure out what was wrong.

It was then that I was diagnosed with PCOS, or Polycystic Ovarian Syndrome. Symptoms of PCOS include hormonal acne, irregular periods, weight gain, and excessive body hair. My PCOS diagnosis explained not only my inability to get a period back, but my hormonal acne. Learning to deal with PCOS has been difficult for me, and I would say it would have been so much easier if I had known what PCOS was beforehand. However, I am grateful to have come to terms with my diagnosis.

Unfortunately, the pill did not make a noticeable difference in my acne and the hard, mineralized water in Copenhagen further irritated my skin. At that point, I had been using the Proactive skin care system every single night with a spin brush. In the mornings, I would apply a gentle cleanser with a spin brush as well. I would follow up with medicated moisturizers, spot treatments, and face masks several times a week. At the time, my skin care routine was the most intricate it has ever been, I spent months trying new products and finding things that would dry out my pimples and reduce the redness all over my face.

I was skeptical: if the pill didn't work, why would this? I didn't want to start yet another medication, and I hoped that coming back to the United States would help my acne anyways. But, after a few months of being home with little to no improvement in my skin, I decided to try it.

I started Spirulina in April of 2017 and my skin has since cleared up completely. My skin care routine now consists of washing my face with normal soap every night when I take a shower and applying moisturizer before bed. Spirulina has saved me hundreds of dollars in skincare products over the course of the past year and has really improved my confidence. I was happy before I started Spirulina, but it's really nice to not spend thirty minutes putting on concealer every day.
CAROLINE MERRIMAN/COURTESY PHOTO

After
Unintentionally Gives A Good Laugh

I went to see “After” with a few of my friends, including my younger sister who understood what it was like to be a freshman in college. My experience watching “After” can be described as a mixture of laughter held at the movie-itself. The story is one in which the entire theatre built on one another’s comments. As I listened down the row the younger girls I was with, I saw that parts of the movie had them cringing and hiding their eyes from the screen. As year-olds, they were in awe that anybody even younger than them was watching the movie. Tessa Young, the heroine of “After,” has had her whole life to be the perfect daughter, student, and friend. In order to land herself a spot at Washington State University, Tessa has moved to New York to over the course of Tessa’s freshman year on campus, where she is surrounded by an array of new experiences that all excited to embark on their academic journey. For me, Tessa’s move in-year stricken a diverse group of people, each with their own level of emotional, and in some cases, physical pain. The narrative of “After” contains a large number of characters views more than enough to elicit a response, or in some cases, a reaction.

Tessa arrives at school wearing a whistle, a bracelet, and a watch around her wrist. She has a bunch of friends that she can depend on for support. When Tessa’s relationship with Hardin Scott starts to become more than just friendship, she begins to experience the feelings of being in love. As the story progresses, Tessa and Hardin begin to explore their relationship further, and Tessa begins to question whether she truly wants to remain with him. Meanwhile, Tessa’s life is filled with challenges, including dealing with family issues, friendships, and personal growth.

As the story unfolds, Tessa and Hardin face many obstacles, including their differences in expectations, communication issues, and Tessa’s struggle to find her own identity. Throughout the story, Tessa learns to balance her emotions, find her strength, and make difficult decisions. The story ends on a cliffhanger, leaving the audience eager to see what will happen next.

“After” is a powerful story that explores the complexities of relationships and the journey of self-discovery. It is a story that can resonate with anyone who has ever experienced the struggles of growing up, making decisions, and finding their way in the world. It is a story that will leave readers with a deep sense of empathy and understanding for the characters and their experiences.
On a Saturday afternoon that featured territorial rain and gusty gusts of wind, the Bates women's track and field team squared off against conference rivals for a shot at New England's supremacy. The Bobcats met the challenge, posting multiple All-NESCAC awards for track and field.

Phyllis Graber Jensen/Bates College

The Bates Men's and Women's Rowing teams continued their excellent run of results over the weekend, with both teams posting multiple wins at Holy Cross and the President's Cup Regatta. With both programs coming off strong performances at WPI, the races at Holy Cross and the President's Cup presented a tremendous opportunity to build momentum heading toward the critical parts of the late season.

"The season has gone super well so far. We were late getting into the water which might have meant that more time was spent working out in the erg room," said Grace Bake '21. "Water time is super important for us in the spring because we have been indoors all winter and want the water time in order to gain good boat work for racing. This season has definitely been more competitive for us that last year as other teams have also been pushing to get faster."

Both teams raced at Holy Cross on Saturday, with the men squaring off against Tufts, Williams, and Holy Cross, while the nationally, number two ranked women faced MIT and the hosts. In the varsity eight, the men finished second, being beaten by strong teams in Tufts and Williams. Unfortunately, the third varsity eight was unable to replicate the success of the first and second men's eights, but will raced well against the other three boats. The women were also extremely successful, winning all three varsity races against Holy Cross and MIT. The first varsity eight won by a margin of over 10 seconds ahead of MIT and Holy Cross, while the second varsity eight and third varsity eight were 42 and 32 seconds, respectively, ahead of MIT's second eight. The Bates women also won the varsity four race, edging Holy Cross by eight seconds.

Both programs again found the following day at the President's Cup Regatta in Converse, Maine, with the women sweeping all six races and the men winning four out of six against Colby, Bowdoin, and the University of Maine. The men and women dominated the competition, sharing or winning every event at the regatta since 2008. The women's varsity eight remained the same as the day before, while the second varsity eight, second varsity eight, and varsity four remained the same as well.

The men won the varsity eight, second varsity eight, novice eight, and novice four, with their first varsity eight lineup also remaining the same throughout the season. Harris Porter '21, Hannah Fitts '20, SSIM '19, and coxswain Elizabeth Folsom '21.

Bates Rowing Cruises Towards Postseason

Jackson Elkins, Staff Writer

Women’s Track and Field Gains Momentum

On a Saturday afternoon that featured territorial rain and gusty gusts of wind, the Bates women’s track and field team squared off against conference rivals for a shot at NESCC supremacy. The Bobcats entered the competition coming off of wins and performing through the meet.

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Student-Athlete Profile: Kirsten Pelletier ’20

Eleanor Boyle, Staff Writer

Kirsten Pelletier ’20 has been one of the most talented softball players on campus since she arrived in the fall of 2016. She has pitched in nearly every game (46 of 60) that she could possibly have faced, leading the Bobcats to two consecutive NESCAC Tournament appearances. She has had a very impressive career already, breaking Bates records for innings pitched, complete games, shutouts, and strikeouts in a season.

She is well on her way to setting career records for innings pitched, appearances, and career wins. Well, now she can add to that list because on Sunday she became the all-time Bates leader for career wins. Kelsey Freedman’s previous record of 343, Pelletier now sits at 350 and counting with at least two more left to go this spring season. It looks like this season and an entire senior year ahead of her.

“It’s really exciting to see my hard work in the off-season pay off, but I think it’s more exciting to see us and be a part of the rise of this program,” Pelletier remarked. “The strikeout record is great and something I’m really proud of but I couldn’t do it without my teammates, and I know we all focused on Friday’s NESCAC playoff game against Williams.”

Pelletier, with the help of her classmates, has done a tireless job bringing success back to the softball program. The Bates softball team hadn’t seen a winning season since 2011 and had not made an appearance in the NESCAC Tournament since 2009. Those both changed last season when the Bobcats finished 24-14 on the year and earned a berth in the conference tournament once again.

In game one on Sunday against Trinity, Pelletier fanned eight out of the course of nine innings en route to a 6-1 victory in walk off fashions over the Bantams. The Bobcats were able to get the season this time that Pelletier struck out 7 more batters, and the 4.84 time in her career. The stats speak for themselves, but the Bobcats are hoping for a better and so is the season than last year’s 8-0 loss to Amherst.

The fall is more tournament season at all, no matter how tough the opponent was. No matter what the score showed[ed] we had the heart and spirit to win any match,” according to Neighmond. If ever one gets the chance to watch the Bates tennis teams play, they’d see an aspect that may be unique to outside, but to Bates student athletes it’s a commonplace. For example, when the women compete, players that have finished their match will go watch their fellow teammates finishing their match. It’s this sportsmanship that can be seen in many Division I teams, but special- ly Bates’ teams. Neighmond notes this as something that makes the Bates team unique.

When referring to singles tennis, Neighmond explains that it may just be “you’re out there, but with the cheering and support of the other play- ers you know you aren’t com- peting alone even though it looks like it sometimes.”

Encouragement from play- ers on the sidelines definitely seemed to help the Bobcats. And although the women had all three doubles matches, they won half of the singles matches this past weekend at Williams. Similarly for the men, most of the points they scored came from singles.

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The support the team shows for each other can also be seen off the court. Throughout the season the team has a team dinner before some practices in order to bond in a different way that isn’t sport-related. Neighmond says that the team dynamic is “very close knit and supportive of each other.”

The team also supports each other as students, too. If a player needs to miss practice due to the stress of college, a lecture that needs to be at- tended, or simply studying for a midterm, the team under- stands.

With so many conflicts that come with being a student athlete, one may wonder why so many Bates students are athletes. The Bates tennis team serves as another example of how unique Division III sports are. Athletics may be important to these athletes, but it is not the only reason that they came to Bates College. It’s the aca- demics, the team dynamic, the coaching staff, and the support from professors. The fact of the matter is, the reason why Bates has so many student athletes is because without the resources offered here at Bates, being a student athlete would be impossible.
RUN LIKE THE WIND

This Saturday, April 27, the Bates men’s track and field team traveled to Middlebury College in Middlebury, Vermont to compete in the New England Small College Athletic Conference (NESCAC) Championship Meet at Williams College in Williamstown, Massachusetts.

The weather was less than ideal for running the full track and field throughout the whole day’s competitions.

When asked about the weather, Justin Levine ’20 admitted it was a challenge: “It was just freezing, so it was tough to stay outside. During the race it felt like you were running faster than you were because of the wind, but everyone on the team did a really good job of staying positive and not letting it affect them.”

Miles Nabritt ’20 added that “it was just one of those meets where you had to battle it out. The weather wasn’t what we were used to so that made it difficult. It was a group effort, mentally to just push through out individual races.”

Despite such harsh conditions, the men’s track and field team put up a great effort and had some outstanding performances. Each man fought in the javelin with a throw of 35.99 meters. This was the first time all season that Bates had thrown in the 35 meter range. Levine was quick to name Rust’s race as one of the most exciting of the day. “Bates was excellent! No one was very smartly. He was in seventh place overall at the meet, scoring fourth place overall at the meet, scoring 69 points. Considering the challenge of running under such conditions, Levine’s performance was quite impressive.”

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Despite such harsh conditions, the men’s track and field team put up a great effort and had some outstanding performances. Each man fought in the javelin with a throw of 35.99 meters. This was the first time all season that Bates had thrown in the 35 meter range. Levine was quick to name Rust’s race as one of the most exciting of the day. “Bates was excellent! No one was very smartly. He was in seventh place overall at the meet, scoring fourth place overall at the meet, scoring 69 points. Considering the challenge of running under such conditions, Levine’s performance was quite impressive.”

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