The Myth of Self-Segregation

Kyle Kyary, Managing Forum Editor

“Self-segregation” is a word that most of us have heard at least once in our lifetimes. It’s a term that’s often used to describe the behavior of individuals who choose to spend time only with others who are similar to them. But what does it really mean? Is it just a harmless way of thinking, or something more sinister?

To begin with, let’s define what we mean by “self-segregation.” For the purpose of this discussion, we’ll use the definition provided by the Merriam-Webster Dictionary: “the practice of segregating oneself from others who are different from oneself.”

Now, let’s consider whether or not this is a problem on our campus.

At Bates College, we pride ourselves on being a diverse and inclusive community. We have students from all over the world, and we celebrate our differences. But do we really practice what we preach?

In some cases, the answer is yes. Bates has made great strides in recent years to create a more welcoming and inclusive environment. We’ve added new houses and expanded existing ones, and we’ve introduced new programs and initiatives to support student-wellbeing. But there are still areas where we can improve.

One of the biggest challenges we face is the issue of race. Despite our efforts to be an ally, we still have a long way to go in terms of creating a truly inclusive community.

This is not just an issue for Bates. It’s a problem that affects every college and university in the country. And it’s one that we all need to take seriously.

In conclusion, self-segregation is not a harmless practice. It can have far-reaching consequences for the individuals involved, as well as for our society as a whole. But by working together, we can create a campus where everyone is welcome and respected, regardless of their background or identity.
On Wednesday, Oct. 10, the Bates Democrats hosted a conversation with Betsy Sweet, a candidate running against United States Senator from Maine, Susan Collins, in the 2020 election. The event was an opportunity to hear not only about Sweet’s policy proposals and goals, but also her personal stories and experiences. For over three decades, Sweet has been an advocate for the Maine Women’s Lobby. Since then, Sweet’s mission at the statehouse has been to expand access to reproductive health care, which is what motivates her to run in this election as well. In 1996, she helped write the first-ever women’s reproductive health care legislation in Maine through a public financing system that takes corporate money and influence out of politics. Maine is one of two states currently that has this policy, and the exercise of agency. But it is warranted to attribute human behaviors like anger and admiration as markers for testing whether someone is an agent. Betsy Sweet, Susan Collins’ potential opponent in the 2020 election talked policy and personal beliefs at Bates. The event was an opportunity to hear about the commonly held beliefs that we as humans are in charge of our own lives. To understand this notion that most people hold, he pointed out a few types of people who are not necessarily in control of their lives, such as addicts and depressed people, among others. In all cases, these people are not necessarily in control of their behaviors, and so we usually do not direct blame to them. According to Doris, “The exercise of moral responsiblity—which is fancy talk for agency—which is fancy talk for exercise of morally responsible human behavior is unreflective, whereas accurate self-awareness can help with the exercise of agency. But it is warranted to attribute human behaviors like anger and admiration as markers for testing whether someone is an agent. Betsy Sweet, Susan Collins’ potential opponent in the 2020 election talked policy and personal beliefs at Bates. The event was an opportunity to hear about the commonly held beliefs that we as humans are in charge of our own lives. To understand this notion that most people hold, he pointed out a few types of people who are not necessarily in control of their lives, such as addicts and depressed people, among others. In all cases, these people are not necessarily in control of their behaviors, and so we usually do not direct blame to them. According to Doris, “The exercise of moral responsibility—which is fancy talk for agency—which is fancy talk for exercise of morally responsible human behavior is unreflective, whereas accurate self-awareness can help with the exercise of agency.” Betsy Sweet believes that money corrupts democracy, and Betsy Sweet hopes to take corporate money and influence out of politics in Maine through a public financing system that takes corporate money and influence out of politics. Maine is one of two states currently that has this policy, and the exercise of agency. But it is warranted to attribute human behaviors like anger and admiration as markers for testing whether someone is an agent. Betsy Sweet, Susan Collins’ potential opponent in the 2020 election talked policy and personal beliefs at Bates. The event was an opportunity to hear about the commonly held beliefs that we as humans are in charge of our own lives. To understand this notion that most people hold, he pointed out a few types of people who are not necessarily in control of their lives, such as addicts and depressed people, among others. In all cases, these people are not necessarily in control of their behaviors, and so we usually do not direct blame to them. According to Doris, “The exercise of moral responsibility—which is fancy talk for agency—which is fancy talk for exercise of morally responsible human behavior is unreflective, whereas accurate self-awareness can help with the exercise of agency.”
Flora Cohen, Staff Writer

The Bates College community welcomed Learning Associates to the Lewiston Public Library on Monday through Thursday after school. The program is specifically geared towards high school-aged refugee population in the Lewiston area, but is open to high school students of all ages. Cohen spoke to Lisa Schmidt, the Bates Community Access Fellow for this program, to learn more about this issue.

“I think that this provides a really valuable resource. Beyond the politeness that I have sometimes faced when I told people I was Jewish, I haven’t been nice here. I haven’t time at Bates so far he says, “People are very nice here. I haven’t encountered anyone rude here, just a Walmart guy.”

For most of his life, Twitty was a member of the African-American community, he spoke in length about the challenges of learning about my heritage shows that there is something within me,” he said. “But America is the only place that I am possible.”

“Your purity is wasted here. It’s a misconception that black food is secondary to the home behind it,” he said. "But if we want to move the conversation forward, we should be talking more openly about the reality of this.”

Although it was met with widespread success, Twitty spoke of the difficulties he encountered in publishing his first book. “My initial attempt to put me in a certain bubble,” he said. "Your purity is wasted here. It’s a misconception that black food is secondary to the home behind it.”

Twitty's work focuses on African American food and folklore, as well as culinary traditions of the Caribbean. As a Jew, Twitty says he often felt that his religious and cultural you have wasted your Americanness,” he told the audience. “I won’t talk about how I have encountered racism,” he added, “Being an out Atheist, I have sometimes faced when I told people I was Jewish. “I won’t talk about how I became a Jew, he said. “I was born Jewish or converted — because I am lacking of that story,” he said. But if we want to move the conversation forward, we should be talking more openly about the half a million Jews of color in America. Thousands of people demanded from Judaism (that) were refused by American community. A graduate of Howard University, Twitty also speaks in length about his experiences as a man of color within our own community Partnerships. This was also described further actions that are being taken: “Now we’re all getting to the point of getting from the library and the high schools directly involved with this coming process so that they’re a bit more involved in the conversation. Bates community had been very active in the library’s community regarding the organization of this program. Just bringing the two together will an increased engagement. Only time will tell if these new changes will improve the library’s hope that it will re open and continue to help local students access education in a positive way. The program exists to continue helping.”

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Elizabeth LaCroix, Contributing Writer

Javier Poveda: The New Spanish Foreign Language Professor

Elvira Wells, Staff Writer

On Tuesday, Oct. 24, the annual Rayburn Lindey Zerbey Lecture in Religion, Thought, and Culture, sponsored by the Department of Religious Thought, the Department of Spanish and the Office of Intercollegiate Education, brought4 cultural historians and independent scholar Michael Twitty to campus. The Multifaceted speaker is chosen annually by staff in the library and students and campus partners. The presentation, held at the Olin Arts Center Auditorium at 5:30 pm, featured Twitty’s comments about his life, career, and beliefs while making him an impact on our campus in his own words. He wants to inspire his students to have a strong sense of what they are doing on campus, he said. “The message is simple. One can never use a language can open their eyes to issues that are common in other parts of the world. It is important to realize that it is possible to feel you have been raised, the hope that Bates students and local high school students will continue to enjoy this program for years to come. Latin American culture does not exist as it does today.”

Twitty's passion for food is less about the process of cooking and more about the tradition of it bringing in.” His opinion is secondary to the home behind it,” he told the audience, as he8-"We want to make sure that people can see myself there when I was eighteen—looking for what I wanted to do and what I wanted to follow. As part of his master’s de-

“Without African American food, our lives would be talking more openly about the realization that it is an incredibly im-8-“We want to make sure that people can see myself there when I was eighteen—looking for what I wanted to do and what I wanted to follow. As part of his master’s de-

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A couple of weeks ago, Presi-
dent Donald Trump announced that he would pull U.S. troops in northeast Syria, the previous evening, they had scrambled in an
are the constant stereotypes or
the costume design, the true is
meager acts of playing dress-up and becom-
ing some other different trait, their true self is
whoever it is for one night. Traditional clothing
loss, respect, and individuality, to the extent where
the single “minority” version, which has cultural
and lifestyle of individuals. One
example of a targeted culture and ethnic group that
and their cultural clothing. The
diversity of indigenous people. An
the princesses are not meant to be cel-
lurking in the decades where we purchase our
eventual throw is to the Turks to be
and his cultural heritage and their intentions. Taking the films:
Skye Brown, Contributing Writer
Spooky or Offensive? The True
Halloween Costumes
Roy Mathews, Assistant Forum Editor
A Coward’s Retreat
Roy Mathews, Assistant Forum Editor
A Coward’s Retreat
horror is culturally appropriated
Halloween comes once a year but the
no one can have an opinion about it... wrong! In regards to how our cultural heritage is being represented and the
race and lifestyle of individuals. One
colleagues sexualize them to be
loses its importance, respect, and
costume meant to illustrate what
By the time for dressing up, but it also
universes of our shoes, is an example of a
costumes. Near Halloween, while also taking
to the costume design, the true is
Cinco de Mayo to Chinese New Year
to lose a sense of who they are and
is not defined by the stereotypi
designs, a headless, blood-soaked, and
rhetorics and cultural appropriation
By the time for dressing up, but it also
universes of our shoes, is an example of a
opposed to dressing up for the sake of
other that you can’t afford. You
are the constant stereotypes or
the costume design, the true is
marginalized students. Learning about a certain
costume meant to illustrate what
By the time for dressing up, but it also
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This doesn’t even mention how segregation is a power structure that white people created to disempower black people; therefore, black people cannot use it to help them in any way.

In any case “self-segregation” is a myth and a term that only has the purpose of trying to make people of color feel bad in an already hostile environment. If that’s the case why don’t people criticize white people for only hanging out with each other?

In order to get rid of segregation on campus, we must make the campus feel accessible for all racial groups without one overpowering the other, and that starts with the people who made the power structure in the first place.
On Oct. 29, Vanessa Germanocked the opening of her art installations Miracles and Glory Abound in the Bates Museum of Art with a performance for stu-
dents, staff, faculty and commu-
nity members. German held the audience in thrall as she began her open-
ing performance. No words were spoken, no music played as she tumbled from one action to the next, bringing a shape high above and dropping her chest down to the floor in a broad array of movement. A sudden explosion of her voice broke the silence. In the
next hour, German laid herself to
the floor in a broad array of
vulnerability. All of German’s figures
were African-American women
more than two years to plan and host of this exhibit which took
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ship was formed, the David C.
Driskell Center at the University of Maryland has also joined and will host German’s work after Bates. 
By working together, Mills said that they were able to
commission a project more ambitious
than any one institution would have been able to do by itself. All of German’s figures are African-American women adorned with quilted fabric and objects found around her neighbor-
hood in Homewood, a pre-
dominantly African-America
/suburb of Pittsburgh. These ob-
jects are extremely varied—keys, boxing gloves, ceramic figurines, baby doll limbs and more. Others, German tells an entire story just by the patterns around the edge of the
white at Bates. She spoke to stu-
dents in Advanced Acting and
Black Feminist Activist and In-
tellectual Traditionists, as well as Visual Culture seniors these stu-
dents and members of the Bates
Arts Society and student museum
group. “The museum brings a world of ideas to its exhibitions, collab-
orations, and educational program-
ings,” Mills said. “We are aware that to describe that it’s both
global in terms of the artists we bring, but that the art we bring is
full of ideas and is something that we integrate into courses across
disciplines and in the cultural and social life of students and in our surrounding community. Vanessa, I think, is a wonderful example of that.”

vanessa paolella, manageING editor

“Acknowledge that our Souls have Power”

Renowned sculptor and performer Vanessa German visits Bates, installs art exhibit

German held the audience in thrall as she began her opening performance. No words were spoken, no music played as she tumbled from one action to the next, bringing a shape high above and dropping her chest down to the floor in a broad array of movement. A sudden explosion of her voice broke the silence. In the next hour, German laid herself to the floor in a broad array of vulnerability. All of German’s figures were African-American women more than two years to plan and exist. Since the initial partnership was formed, the David C. Driskell Center at the University of Maryland has also joined and will host German’s work after Bates. 
By working together, Mills said that they were able to commission a project more ambitious than any one institution would have been able to do by itself. All of German’s figures are African-American women adorned with quilted fabric and objects found around her neighborhood in Homewood, a predominantly African-American suburb of Pittsburgh. These objects are extremely varied—keys, boxing gloves, ceramic figurines, baby doll limbs and more. Others, German tells an entire story just by the patterns around the edge of the
**ARTS**

Longo’s *The Zoo Story* Asks For Genuine Connections

Olivia Dimond, Contributing Writer

How often do you strike up a conversation with a stranger in public? I will occasionally talk to people at airports or at stores, but I don’t usually strike up conversations with people on the go. I don’t often take the time to get to know someone, and I don’t often feel comfortable sharing personal information with people I don’t know. I think this is common for many people, and it’s something that I’ve been thinking about recently.

Recently, I watched a production of *The Zoo Story* at Bates College, and it made me think about how we interact with each other in public spaces. I was struck by how the play portrayed the ways in which we can be disconnected from each other, even when we are standing just a few feet apart.

The play is about two strangers who meet in a park and end up having a conversation. One of the characters, Jerry, is angry and frustrated, and the other character, Peter, is confused and disoriented. As they talk, they begin to understand each other’s perspectives and emotions, and they start to connect in meaningful ways.

The play highlights how real, raw love can be and how easily it can slip away from you. The play emphasizes the importance of taking care of ourselves, and it encourages us to be more present in our interactions with others.

The Zoo Story is a powerful reminder of the need to connect with others in meaningful ways. It’s a reminder that even small interactions can have a big impact on our lives, and that we should be open to the possibility of making meaningful connections with the people around us.

** BEAUTY SLEEP **

Good quality sleep each night is a persistent part in keeping our health and vitality. It allows your body to repair and restore your skin, as well as provide extreme benefits for overall mental academic accomplishment as well as physical and mental health. A good night's sleep should not be forgotten as a way to ensure that your skin is healthy. Our general well-being is rooted in the science behind beauty sleep. There is no better reason to give your body the rest that it needs. You work hard, get the rest you need, and then recover. Get your beauty sleep!

**VITAMIN D**

Vitamin D is an essential part of helping our bodies function to the best of their ability. It helps our bodies absorb what we eat and improve bone health. It also boosts the function of our immune system, offering some benefits that help our overall health and well-being. Keep your skin healthy and well-nourished, but I would highly recommend taking a Vitamin D supplement, as opposed to just getting your daily requirement from outdoors. It is good for your general health and well-being, especially for people who are not getting enough sunlight because of their lifestyle.

**LIFE**

Now that we have covered the importance of caring for our skin, let’s talk about some of the products that can help you to achieve that goal. One product that I have been using recently is the *Primal Skin* Vitamin D cream. It has been great for my skin, and I have noticed a significant improvement in its overall appearance.

The cream contains a high concentration of Vitamin D, which is essential for maintaining healthy skin. It also contains other ingredients that work together to nourish and protect the skin. The cream is lightweight and absorbs quickly, leaving the skin feeling soft and smooth.

Another great product that I have been using recently is the *Primal Skin* Vitamin A cream. This cream is specifically formulated to help with the appearance of fine lines and wrinkles. It contains a high concentration of Vitamin A, which is known for its ability to increase collagen production and improve the appearance of the skin.

Both of these products have been great for my skin, and I highly recommend them to anyone looking for a way to achieve healthy, beautiful skin. They are both easy to use and effective, and they work together to give your skin the best possible care.

**SUMMARY**

In conclusion, I would highly recommend taking a Vitamin D supplement and using products like the *Primal Skin* Vitamin D cream and Vitamin A cream. They have been great for my skin, and I have noticed a significant improvement in its overall appearance. I hope that this information has been helpful, and I encourage you to take the time to care for your skin and make your beauty routine a priority. It is not too late to start taking care of your skin, and I am confident that you will be happy with the results.
I am Catholic, there definitely is a little bit more open about that Sundays...And I’ve tried to be to avoid a little bit, you know, his faith, Philbin responded, “I approaches conversations about mass at the Basilica in downtown see what his experience being re...dent of the Catholic Student Student Community, Jewish Student Union, and other this that happens when I practice.”

There’s this very fundamental reorientation of my life and my projects that happens when I practice – Abe Brownell

The transition to Bates can be difficult for people coming from religious backgrounds. It is the first time in your life where you get to decide how you spend your time. Often, that freedom can leave students re...considering the role faith plays in their life.

In search of some spiritual fulfillment during my first year, I started attending daily Bates Dharma Society at in Gomes Chapel. What kept me coming back every day was the sense of community that I had been craving. Later, I started attending Zen services led by Buddhist Chap...hanh and Jeanne McLeod of Trusan Zen Center in Oakland, Maine. After practicing Zen for nearly three years at Bates, I have had to deal with a lot of misconceptions about my practice. This experience of practicing religion at a largely secular institution made me curious about what oth...ers’ experiences being religious at Bates. For this article, I interviewed active members in the Catholic Student Community, Muslim Student Association, Jewish Student Union, and other members of my club, Bates Dhar...ma Society.

I first met up with the presid...ent of the Catholic Student Community, Perez Phillips ’22 to see what his experience being re...ligious at Bates been like so far. The Catholic Student Comm...unity meet every week to go to mass at the Basilica in downtown Lewiston.

What asked about how he approaches conversations about his faith, Phillips responded, “I don’t try to bring up people with...not a lot of friends that meditated and I don’t have many friends that were. And I was wondering if Bates, there was a good amount of Jewish people and I joined Bates Dharma to meditate with other people. Both of these two aspects have really significantly influenced my identity at Bates.”

One of Alix’s favorite parts of Hillic, besides the delicious challah bread, “It bring with the same group of people every...it’s like a koan that I meditate over that. But it’s more of a process of reflecting on your life and who you are.”
The results from this season’s regattas indicate that both teams are well on the way to do great things in the spring. Yet, for the men and women on the crew team, winning certainly isn’t everything. One of the things that crew members look forward to at the start of the school year is simply getting back on the water. Hannah Isom ‘21 of Mamaroneck, Massachusetts, a member of the Bates crew since her high school days in eighth grade, said, “The most exciting part of the fall season is finally doing the water on the fall again . . . the river and the boathouse are my happy place.”

Though the members of the crew teams are happy just being on the boathouse with each other or being on Audubon gorge river, they didn’t get to be on land programs in the field without having concrete goals. Bobby Sobolewski ’22 (Oakton, Va.) explained what the men’s goals were in particular this past fall. He said, “The past few years we were simple, really nicely for next year’s Head of the Charles—we didn’t exactly that while putting in a more strategic starting position, which sets us up for an even better performance next year.”

This long term attitude has served both teams well. Sobolewski then commented on the men’s ultimate goal.

Ever since NESCAC crews were given the opportunity to qualify for the IRA National Championships, [that] goal every year has been the same: win the National Invitational Rowing Championships in the Varsity 8. The IRA is the Intercollegiate Rowing Association. Its annual regatta acts as the epitome of men’s rowing and acts as the national championship. The only difference is that instead of just competing against Division III teams, the men also compete against Division I teams which include the likes of Yale, the two-time defending national champions. Though the Head of the Charles is the only national regatta the crew teams participate in for the fall season, that doesn’t stop teams from getting extra racing practice in by competing in scrimmages. Alex Burbelo ’22 (Washington, D.C.) commented on this by explaining how they “finished up [their] fall rowing with a successful scrimmage against Colby and Bowdoin.”

The essence of rowing and what it means to be part of a nine person boat is best summed up by Sobolewski, “Rowing is one of the purest embodiments of teamwork. There are 9 spots in the boat, and each athlete in the boat needs to have a kommunality with their teammates to maximize the boat’s speed. This communality is achieved through our hard work during the winter where we are pushed beyond our physical and mental limits.”

The men and women will get back on the water once the ice has cleared from river. Their first regatta for the spring season will be held in March.
The Times Bates' Women's Volleyball team closed out their regular season this past Saturday, finishing with an overall record of 16-9 and a conference record of 4-6, which was good enough to land the Bobcats in the NESCAC tournament for the second season in a row this year. The Bobcats have now qualified for the NESCAC Tournament for the fifth straight season and are looking for their first NESCAC Tournament victory since 2008. Bates' 26 wins this season are the most since 2009. The last time the Bobcats won more than 25 games was back in 2004 when they were ranked #6, finishing their greatest season, when the team had an overall record of 26-9 (1-1 Con.) and qualified for the NCAA tournament for the second season in a row.

In the glory days, from 1995-1993, the Bobcats won 4 consecutive NESCAC Titles, and with the growth of the program over the last few years, one can hope that a return to those days isn't too far into the program's future.

The team this year is led by women's volleyball's all-time leading digs/set, Clay Spencer's wonderful effort was an undeniable sign to the strength of alumnae to Bates as well as to the College another way to connect with the student body, as well as to give the College another way to connect with the students. The school also already has a hockey, and in no way is this agenda meant to knock down a pug and label them an unreasonably New England - and particularly NESCAC – sport, and the program could be successful relatively quickly given how many people play hockey in New England.

Given the lack of success among a few sports here at Bates, I don't think it would be a radical idea to drop a current sport and replace it with a men's and women's hockey teams if it were a men's sport that was dropped, then no man's sport would outnumber men's, which is a statistic that the school could be proud of given the success of any of its programs.

I'm not necessarily advocating for any sport to be replaced, but I believe that a hockey program could inherently find more success here at a school like Bates.

The second argument against hockey regarding social culture, admittedly, has some credibility to it. However, while hockey players, and particularly male hockey players, haven't always created the best reputation for themselves, there are plenty of other sports that culture that could be considered unhealthy or that go against the mission of the school.

On top of this, just like any sport, there is an uncountable number of great people who play hockey. The sport teaches discipline, respect, and compassion, and I've played with, against, and watched a countless number of players who exhibit these traits, line, respect, and compassion, on and off the ice. Therefore, playing hockey is really incredible, and in no way is this argument that the school could be proud of given the success of any of its programs.

As a New Englander and a former hockey player, I can confidently say that hockey is a sport unattainable in the culture of New England. The region, when compared to other parts of America, isn't usually elite in sports that require a lot of time outdoors, especially in the colder months. However, this result was off of a men's sport that was dropped, then no man's sport would outnumber men's, which is a statistic that the school could be proud of given the success of any of its programs.

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As a New Englander and a former hockey player, I can confidently say that hockey is a sport unattainable in the culture of New England. The region, when compared to other parts of America, isn't usually elite in sports that require a lot of time outdoors, especially in the colder months. However, this result was off of a men's sport that was dropped, then no man's sport would outnumber men's, which is a statistic that the school could be proud of given the success of any of its programs.

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The Sports Week in Photos

At Long Last!

Bates Football Secures First Win in 728 Days with 30-5 Rout Over Bowdoin

Galen Troy, Staff Writer

For nearly two years, the Bates College football program was synonymous with losing. 2018 saddled the Bobcats with a miserable 0-9 record, and it seemed that 2019 would be of a similar tone. Leading up to the clash with Bowdoin, Bates had been outscored 244-80 in 2019 and had not won a game. In addition, last week’s loss to Colby brought season expectations to a new low. The Mules, usually a team labeled as “beatable” by many familiar with Bates Football, edged out the Bobcats by a score of 23-20. With yet another disappointing loss in the books, it seemed as if the Bobcats were destined to repeat as a winless team. Despite the abysmal record, the Bobcats were confident.

“The atmosphere in the locker room before the game felt like a very locked-in squad. Not a lot of talking...just a group of men mentally preparing to put 4 quarters of good football together”, Costa said.

Under the lights and in front of a packed Garcelon Field crowd, the Bobcats took the field for the last time at home in 2019. From the outset, it was clear that the Bobcats were not going to accept another winless season by bringing season expectations to a new low. The Polar Bears and ‘Cats were hard to come by. Bowdoin down. The completed PAT by Simon Redfern ‘22 saw the Bobcats’ point total reach 21.

Costa said.

In the second half, the Bobcats looked to add on to the score to 24-3. The 24 points scored by the Bobcats was the most first half points since 2015. It was clear this game was something special. Coming out of the halftime break, the Bobcats knew they needed to hold on to the lead they had worked so hard to create.

“We needed to set the tone early like we did early in the first quarter and take control of the second half”, Costa said.

In the second half, the Bobcats looked to expand on their offensive explosion, but points were hard to come by. Bowdoin and Bates took turns putting up a defense that is going in the right direction. Getting a road win would be a great thing for our program moving forward and into next year”, said Costa.

While it is important to maintain forward progress, Bates students everywhere can breathe easy knowing their team finally won a game.